

2013 New Releases Catalogue

August



CD-ROM ★ DVD ★ VOD



www.learningmall.com ★ inquiry@learningmall.com

CONTENT

ACCEPTANCE AND COMMITMENT THERAPY (ACT)	3
ADDICTION	4
ADVANCED CLINICAL SKILLS	7
AFRICAN AMERICAN STUDIES	7
AFRICAN STUDIES	8
AMERICAN GOVERNMENT	8
AMERICAN STUDIES	8
ANALYTICAL CHEMISTRY	9
ANGER MANAGEMENT	9
ANXIETY	10
ART THERAPY	10
ARTS AND CULTURE	10
ARTS AND HUMANITIES	11
ASIA AND THE PACIFIC	11
ASIAN STUDIES	11
ASIAN/PACIFIC STUDIES	11
BEGINNING THERAPISTS	12
BEHAVIOR MANAGEMENT	12
BETTER LIVIN'	12
BUDDHISM	12
BULLYING	13
BULLYING AND ABUSE	13
BUSINESS	13
CHEMICAL BONDING AND COMPOUNDS	13
CHEMICAL REACTIONS, ACIDS AND PH	14
CHEMICALS AND HAZARDOUS MATERIALS SAFETY	14
CHILD THERAPY	14
CLASSROOM MANAGEMENT	15
COGNITIVE-BEHAVIORAL	15
COMMUNITIES	16
COMMUNITY SERVICES	17
COMPARATIVE RELIGION	17
CONSTRUCTION SAFETY	18
CONSULTATION AND SUPERVISION	18
CONTEMPORARY ISSUES	18
COUPLES THERAPY	19
CRIMINOLOGY	19
CULTURE DIVERSITY	19
DEATH AND DYING	20
DIVORCE	21
DOCUMENTARY	21
DOMESTIC VIOLENCE	21
DRAMA	22
EARTH SCIENCE, GEOLOGY AND ECOLOGY	22
EASTERN PHILOSOPHY	22
EDUCATION	23
ENERGY CHANGE	23
ENVIRONMENTAL HEALTH	23
ENVIRONMENTAL PROBLEMS AND MANAGEMENT	23
EXISTENTIAL-HUMANISTIC	23
FAMILY AND RELATIONSHIPS	24
FAMILY RELATIONS	24
FAMILY THERAPY	24
FEMINISM	25
FRENCH CINEMA AND CULTURE	26
GESTALT	26
GLOBAL POLITICS	26
GRIEF/LOSS	27
GROUP THERAPY	28
HAZARD COMMUNICATION (HAZCOM)	29
HEALTH AND HEALING	29
HEALTH EDUCATION	29
HUMAN GEOGRAPHY	29
HUMAN RIGHTS	30
ITALIAN	30
JOB SEARCH SKILLS	30
LABORATORY SAFETY	30
LEARNING AND MIND	30
LITERATURE AND THEATER	31

MANUFACTURING SAFETY	31
MARRIAGE	32
MEDIA STUDIES.....	32
MIGRATION	32
MINDFULNESS.....	32
MOTIVATIONAL INTERVIEWING	33
MULTICULTURAL	34
MULTICULTURAL ISSUES	34
NARRATIVE THERAPY	34
OBSESSIVE-COMPULSIVE	34
OFFICE ADMINISTRATION	36
PARENTING.....	36
PERSONALITY DISORDERS	37
PERSON-CENTERED	37
PHILOSOPHY AND SCIENCE	38
PHOTOGRAPHY.....	38
PSYCHODRAMA	38
RATIONAL EMOTIVE BEHAVIOR THERAPY	38
REGULATORY COMPLIANCE.....	39
RELATIONSHIPS.....	40
RELIGION	40
RELIGION AND SPIRITUALITY.....	40
SCIENCE AND MATHEMATICS.....	41
SOCIAL INSTITUTIONS.....	41
SOCIAL ISSUES AND PASTORAL CARE	41
SOCIAL MEDIA.....	42
SOCIAL NETWORKING.....	42
SOCIOLOGY	42
SOFTBALL	42
SUPPLYING AND USING ENERGY	43
SUSTAINABILITY.....	43
TOTAL QUALITY MANAGEMENT	43
TRAUMA/PTSD.....	44
URBAN.....	45
WAR.....	45
WEIGHT MANAGEMENT	45
WOMEN'S MOVEMENT.....	46
WOMEN'S STUDIES.....	46
WORLD HISTORY	46
WORLD REGIONAL GEOGRAPHY.....	47
韓國學.....	47
歷史.....	47
人物.....	47
社會.....	48
文化.....	50

ACCEPTANCE AND COMMITMENT THERAPY (ACT)

ACT IN ACTION: COGNITIVE DEFUSION

By Steven Hayes

In this video, you will learn about the core ACT principle of cognitive defusion—a process of de-fusing from your thoughts and learning to accept them without struggle so that you are free engage with life more consciously and intentionally.

In these sessions with clients struggling with depression and anxiety, ACT founder Steven Hayes and master ACT clinician Rainer Sonntag, demonstrate a variety of cognitive defusion techniques that therapists can easily integrate into clinical practice.

Using "deliteralization," Hayes helps his client separate words from their meanings, examine her automatic thoughts and create some space between her thoughts and emotions. And in a session with an anxious and resistant client, we learn about "physicalizing" thoughts—giving them shape, form and definition so that clients can more easily disidentify from them.

Synthesizing both mindfulness and cognitive behavior techniques, cognitive defusion is a therapeutic tool that every therapist should have in their tool box. As you watch these master clinicians help their clients move from depression and anxiety to hope and authentic engagement in the work of therapy, you will no doubt want to learn more about ACT.

By watching this video, you will:

- Gain a deep understanding of cognitive defusion.
- Observe a number of different techniques for introducing and explaining cognitive defusion.
- Learn about common pitfalls with cognitive defusion, as well as skills to recognize and remedy them.

Item no. : PS07620240
Format : Streaming (1 Year)
Duration : 124 minutes

ACT IN ACTION: CONTROL AND ACCEPTANCE

By Steven Hayes

In this video, you will learn how ACT takes on the power of our unruly thoughts and unwanted feelings.

Working with a client who struggles with intense social anxiety, ACT founder Steven Hayes, PhD, demonstrates the principle of accepting what we cannot control. Though his client believes eliminating his anxiety is that path to freedom, Hayes helps him understand that he may never eliminate his anxiety,

because he cannot control his inner world. Instead, he can choose to accept it without struggle and live in accordance with his highest personal values.

However, there's also a risk of falling too quickly into what Hayes calls "pseudo-acceptance," which is what we see in the next session with a teacher struggling with panic disorder. With Hayes insightful commentary, you'll learn to identify the signs and manage this pitfall with your own clients.

Then in a poignant session with a mother suffering from depression, Hayes introduces us to the classic principle of cognitive defusion, which he employs to help his client detach from her thoughts and engage more deeply in therapy.

By watching this video, you will:

- Learn how to help clients accept their thoughts and feelings, releasing the need to control or eliminate them.
- Begin to understand cognitive defusion and learn methods for introducing it to clients.
- Learn to seamlessly integrate ACT "eyes closed" techniques into your sessions with powerful effects.

Item no. : MB07620241
Format : Streaming (1 Year)
Duration : 104 minutes

ACT IN ACTION: FACING THE STRUGGLE

By Steven Hayes

In excerpts of sessions with several different clients, Hayes introduces us to creative hopelessness—a process unique to ACT, in which clients examine how controlling and avoiding difficult feelings has diminished the quality of their lives.

You will meet Steven Hayes, PhD, founder of Acceptance and Commitment Therapy (ACT), who will guide you through the core processes and principles used in this evidence-based approach.

Hayes first works with Jerry, a man suffering from significant social anxiety who has very little access to his emotions. Using the concept of creative hopelessness, he helps Jerry drop into his feelings and sensations and begin to more deeply engage in the work of therapy.

You'll get to watch several ACT therapists demonstrate techniques and interventions used in the opening stages of therapy with a variety of clients, including a young mother struggling with anxiety and depression, a teacher with panic disorder and a woman who suffers from chronic pain. Offering commentary throughout, Hayes illustrates the key concepts of ACT as they are unfolding moment-to-moment in these riveting therapy sessions.

By watching this video, you'll learn:

- The core theory and principles of ACT.
- How creative hopelessness lays the

- groundwork for ACT to be effective.
- How to incorporate your personal style in the early stages of ACT.

Item no. : EB07620242
Format : Streaming (1 Year)
Duration : 117 minutes

ACT IN ACTION: MINDFULNESS, SELF, AND CONTACT WITH THE PRESENT MOMENT

By Steven Hayes

In this video, you'll learn about the mindfulness components of ACT.

In a session with Tony, a client in recovery from addiction, ACT founder Stephen Hayes demonstrates techniques for helping clients slow down and connect with themselves at the beginning of sessions so that they can engage more deeply in the work of therapy. Utilizing an "eyes-closed" exercise, Hayes helps Tony contact his observing self—the transcendent awareness that resides below thoughts and emotions and can serve to ground us in troubled times. With commentary throughout, Hayes offers a script for bringing mindfulness practices into the therapy room.

ACT co-founder Kelly Wilson then conducts a powerful piece of clinical supervision with a struggling ACT therapist. Seeking support for her work with a hostile, resistant and demeaning client, the therapist quite convincingly role-plays her own client, while Wilson introduces several brilliant techniques to help her manage her anxiety and engage more deeply with the fear and loneliness behind her client's hostility.

By watching this video, you will:

- Learn several different eyes-closed exercises you can immediately integrate into your work.
- Increase your confidence at using mindfulness exercises in session.
- Understand and learn to facilitate awareness of the observing self with your own clients.

Item no. : ZS07620243
Format : Streaming (1 Year)
Duration : 106 minutes

ACT IN ACTION: PSYCHOLOGICAL FLEXIBILITY

By Steven Hayes

Psychological flexibility—or the ability to make contact with our experiences in the present moment fully and without defense—is the theme unifying the constellation of client issues presented in this video.

Incorporating concepts from the previous 5 videos in this series, ACT founder

Steven Hayes demonstrates how to integrate various ACT processes into actual treatment scenarios.

We first meet a mother having trouble letting go of her adult children. In session with a gentle and caring ACT therapist, she comes to some realizations about her own values and sees new ways to move forward. Then Maggie, an ACT therapist, is the client in a session conducted in a "fishbowl." Utilizing a brief-therapy model of ACT, master ACT clinician Kirk Strosahl helps Maggie come to terms with her difficult relationship with her brother.

Hayes then conducts a compelling session with a man diagnosed with OCD. Beginning with a detailed explanation of how exposure is integrated into ACT, Hayes carefully guides the client through the exposure, keeping him open to his own experience rather than letting him shut down.

You won't want to miss this final installment in the series, as it beautifully ties together the components of the ACT model for use in a variety of contexts by therapists of every orientation.

By watching this video, you will:

- Learn ways to adapt ACT in brief-therapy settings and situations.
- Learn how exposure therapy is used within the ACT paradigm, and how to help clients get the most benefit from it.
- Learn ways to incorporate relational work within the ACT model.

Item no. : NU07620244
Format : Streaming (1 Year)
Duration : 120 minutes

ACT IN ACTION: VALUES AND ACTION

By Steven Hayes

In this video, we learn about the importance of values in therapy and how to incorporate them into clinical practice.

In his customary active and engaged style, ACT founder Stephen Hayes uses a series of mindfulness techniques to help Tony, a client in recovery from addiction, come into contact with his most deeply-held values and beliefs. Once these values are clearly established, Hayes works experientially with Tony to uncover the link between his values and his emotional pain, creating the groundwork for Tony to create goals imbued with meaning and purpose.

We also get to see how the ACT model is applied to working with chronic pain patients in sessions with a teenager and an adult, each of whom struggle with severe daily pain. The "Acceptance" aspect of ACT is fundamental in working with these clients, since they cannot connect with their deeper values without squarely facing the reality of their chronic pain conditions. And in an impressive session with a depressed young mother, master ACT therapist Rainer Sonntag

quickly and deftly helps her define her values as a parent and set goals for herself.

In this video you will learn:

- How ACT distinguishes values from goals
- What ACT defines as the Pain-Values Connection
- Ways to modify ACT techniques for increased effectiveness with adolescents

Item no. : WD07620245
Format : Streaming (1 Year)
Duration : 99 minutes

ADDICTION

7 SKILLS FOR ADDICTION-FREE LIVING: ALTERNATIVES TO SUBSTANCE ABUSE

By Robert Meyers, PhD & Jane Ellen Smith, PhD

In this supportive video, Robert Meyers and Jane Ellen Smith help people in the recovery process develop the skills necessary to make significant lifestyle changes, as they lead them on a captivating exploration of alternatives to substance use.

With the guidance of Robert Meyers and Jane Ellen Smith, viewers will have the opportunity to:

- Brainstorm a list of pleasurable activities that they would like to incorporate into their life
- Rate various areas of their life on a happiness scale and identify steps to increase their happiness
- Learn how to overcome obstacles that might get in the way of making these big lifestyle changes
- Develop the communication skills that will enable them to create a rewarding social life that supports them in their recovery and overall well-being

Item no. : DW07620231
Format : Streaming (1 Year)
Duration : 114 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: ASSERTIVENESS

By Robert Alberti

Learn techniques and strategies that will give people in recovery choices on how and when to be assertive, and enable them to navigate challenging life situations without compromising their self respect and commitment to recovery.

By watching this video viewers will:

- Learn how to say no and express themselves more easily, firmly and powerfully without demeaning others.

- Develop the skills and attitude that will help them overcome obstacles to standing up for themselves.
- Gain more self-respect by identifying ways to make choices that support them in living their best life.

Item no. : NM07620232
Format : Streaming (1 Year)
Duration : 110 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: BEHAVIORAL SELF-CONTROL

By Reid Hester

Join Reid Hester as he guides viewers through a step-by-step process of changing the old, stuck behavior patterns that often plague individuals in the recovery process, and replacing them with healthier ways of living.

By watching this video the audience will:

- Learn how to set reasonable goals for changing or eliminating problematic behavior patterns;
- Practice self-monitoring of their habitual behaviors to discover their effects on their life;
- Discover "new roads" to the lifestyle they wish to have, by identifying healthy behaviors that will reward them in the same way old habits did.

Item no. : JV07620233
Format : Streaming (1 Year)
Duration : 114 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: MANAGING EMOTIONS

By Peter Palanca

Using a simple step-by-step process, therapist Peter Palanca will help you identify the powerful and confusing feelings that many people in recovery struggle with, and learn to manage them in productive, healthy ways.

With Palanca's expert guidance, viewers will learn to:

- Recognize emotions that are often overwhelming and confusing
- Successfully manage their emotions as they arise
- Utilize self-talk to "deflate" strong negative emotions
- Express feelings effectively to other people in order to achieve positive outcomes in difficult situations

Item no. : HT07620234
Format : Streaming (1 Year)
Duration : 117 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: PROBLEM SOLVING

By Terrence Real

Watch therapist Terrence Real work with an audience in recovery using his five-step approach to problem solving: defining the problem, visualizing solutions, dealing with obstacles, identifying sources of help, and making an action plan.

By viewing this program, you will:

- Learn to define the problems you face and answer the question of whether change or acceptance is the right solution;
- Get creative in generating potential solutions;
- Distinguish between internal and external factors of a problem, and choose strategies for handling each;
- Practice laying out short-term and long-term action plans, including dealing with obstacles and identifying internal and external resources to help you.

Item no. : NF07620235
Format : Streaming (1 Year)
Duration : 116 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: SOCIAL SKILLS

By Lorraine Collins

Watch an addiction psychologist work with people in recovery to develop the fundamental social skills needed to start and strengthen rewarding relationships with new friends.

By viewing this program, you will:

- Identify tricks to initiating and ending casual conversations in any situation;
- Practice strategies for offering constructive feedback to resolve conflicts;
- Rehearse accepting and considering criticism;
- Learn how to strengthen new friendships by requesting and reciprocating emotional and practical support.

Item no. : TK07620236
Format : Streaming (1 Year)
Duration : 112 minutes

7 SKILLS FOR ADDICTION-FREE LIVING: STRESS MANAGEMENT

By Jon Carlson, PsyD, EdD, and Judy Lewis

Watch two therapists demonstrate psychoeducational activities to clients in recovery, including relaxation exercises, lifestyle adjustment strategies, thought

pattern correction methods, and the creation of action plans for preventing stressful circumstances.

By viewing this video, you will:

- Learn two relaxation and meditation strategies for use in any situation;
- Discover the importance of creating good habits for diet, exercise, and sleep that improve the body's ability to handle normal daily stress;
- Identify common stress-creating thought patterns and practice techniques to replace these with stress-relieving thoughts;
- Make plans to cope with and prevent future stressful situations you encounter in your day-to-day life.

Item no. : RC07620237
Format : Streaming (1 Year)
Duration : 107 minutes

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME I: EVOLUTION OF THE ENCOUNTER GROUP

With Rod Mullen

Mullen explores the evolution of encounter groups beginning with the first groups created by Synanon founder Chuck Dederich in the 1950s. Mullen discusses the essential elements of these first groups including honesty, authenticity and mutual self-help—elements that are still core to encounter groups today. He highlights that although the brutal confrontational style of the first groups have softened, the commitment to hold oneself and other accountable remains central. He also discusses the challenges that face encounter groups and offers guidance on how to work within managed care systems while holding on to the traditions that make encounter groups such an effective means for change.

From watching this program, you'll be able to:

- Describe the most integral aspects of encounter groups that have remained relevant from the 1950s to the present.
- Discuss the early history of encounter groups and how they came about.
- Explain how encounter groups have changed over time, and how changes in the field during the last 20 years have posed significant challenges to running effective encounter groups.

Item no. : KT07620302
Format : Streaming (1 Year)
Duration : 65 minutes

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME II: PITFALLS & SOLUTIONS

With Rod Mullen

Mullen walks us through several groups to show us what works and what does not work when facilitating an encounter group. He warns us of several traps facilitators can fall into: dominating the group, getting into power struggles, not being prepared or knowing the group members, and leading groups that are too large and don't go deep enough. Through numerous vignettes, he illustrates solutions to these common problems, and offers words of experience and wisdom to the encounter group facilitator: know your people, be prepared, get feedback, and listen, listen, listen!

From watching this program, you'll be able to:

- Implement strategies for breaking the we/they dichotomy between staff and group members.
- Explain why it is important for a facilitator to know the members of his or her group and what the dangers are if they don't.
- Compare the differences between large and small groups, the effectiveness of both, and ways to make them each work.

Item no. : PC07620303
Format : Streaming (1 Year)
Duration : 75 minutes

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME III: KEYS TO FOSTERING GROWTH

With Rod Mullen

Mullen discusses several key components to fostering growth and change in groups. He first explores the "marathon group" and how these day or weeklong sessions can bring participants into deeper understanding of themselves and what they need to change. He then discusses the importance of moral growth and ways in which facilitators can lead groups that foster moral growth by providing credible role models, healthy levels of conflict, role-reversal, and the teaching of responsibility. Finally, Mullen discusses the prevalence of PTSD among addicts and how encounter groups offer opportunities to heal from childhood abuse.

From watching this program, you'll be able to discuss:

- Describe ways marathon groups differ from regular encounter groups, the importance of them for group members, and different possibilities for doing them today.
- Discuss the conditions a facilitator must create to foster moral growth within group members.
- Explain how PTSD increases a person's risk for abusing drugs, and how trauma can be worked through in encounter groups.

Item no. : GE07620304

Format : Streaming (1 Year)
Duration : 75 minutes

METH INSIDE OUT I. HUMAN IMPACT

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Human Impact provides an eye-opening introduction to meth's effect on individuals, families, and communities across the globe. This video explores the motivations for use, including the need to escape negative feelings, lose weight, enhance sex, and increase energy. It also reveals how many of these factors impact women disproportionately, resulting in specialized needs in recovery. Spotlighting the link between meth and violent crime, as well as the magnitude and consequences of use—including job and property loss, poverty, incarceration, and effects on children—this video offers realistic solutions for clinicians working with current and former users.

Item no. : HT07620225
Format : DVD (With Instructor's Manual)
Duration : 34 minutes
Price : USD 181.00

METH INSIDE OUT I. HUMAN IMPACT

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Human Impact provides an eye-opening introduction to meth's effect on individuals, families, and communities across the globe. This video explores the motivations for use, including the need to escape negative feelings, lose weight, enhance sex, and increase energy. It also reveals how many of these factors impact women disproportionately, resulting in specialized needs in recovery. Spotlighting the link between meth and violent crime, as well as the magnitude and consequences of use—including job and property loss, poverty, incarceration, and effects on children—this video offers realistic solutions for clinicians working with current and former users.

Item no. : LN07620345
Format : Streaming (1 Year)
Duration : 34 minutes

METH INSIDE OUT II. BRAIN & BEHAVIOR

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Brain & Behavior equips viewers with an understanding of how meth changes the brain and, consequently, behavior. 3D animations of changes in the brain, accessible explanations, and personal accounts of use and recovery help viewers understand the complex effects of meth use on the brain. Meth users often come to believe that their lack of impulse control and decreased pleasure from ordinary life are permanent. From this video, users learn how to better cope with the stages of meth addiction and recovery by gaining an understanding of the biological underpinnings of the high, tolerance, craving, paranoia, aggression, anhedonia, and healing.

Item no. : SR07620226
Format : DVD (With Instructor's Manual)
Duration : 34 minutes
Price : USD 181.00

METH INSIDE OUT II. BRAIN & BEHAVIOR

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Brain & Behavior equips viewers with an understanding of how meth changes the brain and, consequently, behavior. 3D animations of changes in the brain, accessible explanations, and personal accounts of use and recovery help viewers understand the complex effects of meth use on the brain. Meth users often come to believe that their lack of impulse control and decreased pleasure from ordinary life are permanent. From this video, users learn how to better cope with the stages of meth addiction and recovery by gaining an understanding of the biological underpinnings of the high, tolerance, craving, paranoia, aggression, anhedonia, and healing.

Item no. : DD07620346
Format : Streaming (1 Year)
Duration : 34 minutes

METH INSIDE OUT III. WINDOWS TO RECOVERY

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Windows to Recovery explores effective treatment practices across program types and settings. For users, learning about the process of recovery often increases commitment to change. This episode empowers the viewer by providing information and concrete tools to support the recovery process, including creating structure, participating in sober activities, avoiding high-risk situations, and coping with craving. Windows to Recovery reveals that treatment is not a quick fix, but a set of activities leading to long-term changes in lifestyle, thinking, and behavior. The episode shows, without a doubt, that recovery is within reach.

Item no. : HH07620227
Format : DVD (With Instructor's Manual)
Duration : 42 minutes
Price : USD 181.00

METH INSIDE OUT III. WINDOWS TO RECOVERY

Meth Inside Out is a groundbreaking video-based treatment curriculum on methamphetamine addiction and recovery. The series is designed to equip meth users, their families, and the professionals who assist them with a solid understanding of the biological basis of addiction, effective tools for recovery, and, most important, hope for the future.

Meth: Windows to Recovery explores effective treatment practices across program types and settings. For users, learning about the process of recovery often increases commitment to change. This episode empowers the viewer by providing information and concrete tools to support the recovery process, including creating structure, participating in sober activities, avoiding high-risk situations, and coping with craving. Windows to Recovery reveals that treatment is not a quick fix, but a set of activities leading to long-term changes in lifestyle, thinking, and behavior. The episode shows, without a doubt, that recovery is within reach.

Item no. : NY07620347
Format : Streaming (1 Year)
Duration : 42 minutes

ADVANCED CLINICAL SKILLS

THERAPEUTIC RELATIONSHIP, INDIVIDUALIZED TREATMENT AND OTHER KEYS TO SUCCESSFUL PSYCHOTHERAPY, THE

By John C. Norcross

In this compelling interview with one of the most prominent psychotherapy researchers of our time, Dr. John Norcross presents the results from fourteen meta-analyses that reveal the secrets to successful therapy.

By watching this video, you will:

- Learn what three questions to ask all of your patients in order to: tailor the psychotherapy to each individual; maximize the effectiveness of treatment; and reduce the rate of premature terminations.
- Understand the importance of the therapeutic relationship and how to skillfully address and repair alliance ruptures.
- Identify evidence-based steps you can take to improve your therapeutic effectiveness.

If you're skeptical of the idea that psychotherapy is akin to a medical procedure, and uncomfortable with the trend towards empirically validated treatments which don't acknowledge the therapeutic relationship, then this video will show you that your doubts are more than reasonable, and, in fact, backed up by decades of research. Norcross persuasively makes the case that the human element inherent in psychotherapy should take center stage, because it is scientifically proven to play a significant role in successful treatment outcomes.

Item no. : VD07620411
Format : Streaming (1 Year)
Duration : 81 minutes

AFRICAN AMERICAN STUDIES

MEN AT WORK: VOICES FROM DETROIT'S UNDERGROUND ECONOMY

By H. James Gilmore, Carolyn Kraus

In Detroit, the most segregated American city, vast stretches of boarded-up storefronts and weed-choked lots evidence decades of white and middle-class flight from the black central city. In the last 60 years, Detroit has lost more than half its residents, falling from a zenith of two million in the '50s during its

heyday as an automotive mecca to a population of 700,000. After decades of factory layoffs and amid aftershocks of the current economic crisis, more than a third of Detroit's remaining population and nearly half of its children live below the poverty line. Twenty-nine Detroit schools closed recently, and nearly half of the city's adults are functionally illiterate.

Particularly hard hit are Detroit's men, with an unofficial unemployment rate hovering near 50% and a third incarcerated or on parole. Not surprisingly, Detroit, which recently came in first on Forbes magazine's "Miserable Cities Index," is viewed as the national reference point for all that has gone wrong in the urban landscapes of America.

But abandonment and decay are not the only stories in the poorest, most dramatically shrinking major American city. Detroit is also a tale of ingenuity and reinvention born of necessity. This thought-provoking and richly discussable documentary profiles a number of the original and creative individuals who are finding ways to survive in a time of turmoil.

This is the story of how, in an economic climate apparently designed to ensure their failure, some resilient men find work on their own terms, get food and shelter, and raise their children – often making up the means to do so as they go along.

Men at Work focuses on eight essentially well-meaning men and explores their efforts to improvise a reality that succeeds for them. Although their survival strategies are largely "off the books," most have been willing, even anxious, to tell their stories. In one example, a handyman gives a new slant to the concept of "living off the grid," as he explains the dangerous process by which many residents jury-rig utility meters to pirate electricity and gas. Like many others he knows, he is a squatter in a bank-foreclosed home and says of himself: "I'm not in the system. I don't exist."

There are stories, too, of recycling and reassembly, but not in the sense that the mainstream uses these terms. A craftsperson pulls down the cornice moldings and copper wiring from an abandoned house and fashions them into tables and sculptures, selling the leftovers on the junk market. This is what day-to-day life looks like in many Detroit neighborhoods — the reassembly of a city, being piloted solo and without a map or navigation system. Men at Work provides viewers an opportunity to hear these stories told in the voices of those who live them and listen, for once, to the full explanation.

Men at Work will open students' eyes and hearts to stories ignored by the mainstream media and hidden from the national consciousness. It will inspire thought and discussion in a wide variety of classes in sociology and social issues, ethnic studies, urban studies, psychology, social work, and gender studies.

Item no. : FF07790184

Format : DVD (Color)
Duration : 57 minutes
Copyright : 2012
Price : USD 270.00

TO CATCH A DOLLAR: MUHAMMAD YUNUS BANKS ON AMERICA

By Gayle Ferraro

This thought-provoking and powerful documentary follows Nobel Peace Prize winner Muhammad Yunus as he brings his revolutionary microfinance program to the United States, establishing Grameen America. The first stop: Queens, New York, 2008, just as the financial crisis explodes and the American economy plummets.

The groundbreaking Grameen Bank in Bangladesh was built on the radical notion that if it loaned poor women money within the context of peer support, not only would they repay their loans and sustain the bank, but they would also elevate their communities in the process. But will the principles of solidarity that work so well in the Third-World translate to an ethnically diverse group of inner-city women in this country? Can nonprofit financiers really succeed in importing revolutionary Third-World social-justice enterprise to the very bastion of First-World capitalism?

With an intimate camera eye and a deft editing hand, the film relates the compelling stories of the first women borrowers, capturing moments of both triumph and despair. It incisively explores the challenges the women face and the successes they achieve as they learn sustainable methods to rise from poverty by starting and growing their own businesses with the education, support, and collateral-free microloans they receive.

At the same time, the film also examines the experiences of the young Grameen America workers, showing how their hope and idealism are deeply tested by the realities of their jobs in organizing and motivating the micro-entrepreneurs in a collapsing economic environment.

To Catch a Dollar is alternately intense, humorous, heartbreaking, and exhilarating. It provides an unflinching, honest, but ultimately hopeful portrait of the initial audacious work of Grameen America. It will certainly capture and hold student attention and inspire thought, discussion, and analysis in a wide variety of courses in American studies, economics and development issues, sociology and social problems, women's studies, social psychology, and intercultural communication, among many others.

Item no. : WE07790186
Format : DVD (Color)
Duration : 58 minutes
Copyright : 2013
Price : USD 295.00

AFRICAN STUDIES

DANCE WITH THE WODAABES

By Sandrine Loncke

This widely acclaimed and visually stunning ethnographic documentary explores, from the point of view of its participants, the complex cultural significance of one of Africa's most spectacular but frequently misunderstood and sensationalized ritual celebrations.

In the heart of the Nigerien Sahel (Azawak region), far from any urban center, thousands of Fulbe Wodaabe nomads come together every year to celebrate their cultural identity in a vast ceremonial gathering named the Daddo. For seven days and seven nights, opposing ancestral lineages take part in a complex ritual courtship competition called the Geerewol.

Under the strict control of their elders, elaborately ornamented young men made up with traditional face paint form lines to dance and sing. At the end of each dance, the young women of the opposing lineage come forward to designate the "most beautiful" male of the group. The ceremony is a ritualization of conflict, which probably replaces ancestral feuds and wars over women from opposing clans, and enables the Wodaabe to break the ceremony in peace after mutually recognizing their cultural uniformity.

Each year, organizing the massive gathering becomes more and more difficult, due to the ongoing Sahel ecological crisis and droughts. But according to the Wodaabes, this traditional ceremony is the only opportunity for the nomadic lineages to gather and forge links despite their geographic dispersion. If the ceremony were to be stopped, it would signal to them the end of their society as a unique cultural entity.

Fearing that the tradition may die out, Ouba Hassane, 40, and his wife Kedi, 39, chose to appear on screen and relate their experiences and understanding of the ritual. The film follows as Ouba teaches his son about Wodaabe traditions, myths, and religious beliefs. The couple's commentary, along with that of the ceremony participants (dancers, young women, those in charge of the youth, societal elders) provide viewers with deep insight into the full occasion, extending beyond the dance.

The Geerewol ritual has been the subject of several films and "studies" in the West since the 1950s. These have largely fueled a fantasy image of a ceremony in which "effeminate" men allow women the privilege of choosing male lovers for a night during a male beauty contest. Filmmaker and ethnomusicologist Sandrine Loncke, who spent ten years among the Wodaabe researching and filming, offers a compelling and powerful reframing of the events. She enables the Wodaabe themselves to decipher for us the subtext of the ritual, examining the full spectrum of gender, social, political,

educational, and religious beliefs that underscore Wodaabe cultural identity and help ensure their survival.

Keenly observed, beautifully filmed, and engagingly edited, the film will richly reward viewing and inspire discussion in a wide range of courses in cultural anthropology, African studies, gender studies, and ethnomusicology.

Item no. : RB07790182
Format : DVD (Color, With English Subtitles)
Duration : 90 minutes
Copyright : 2012
Price : USD 315.00

HIJACKING THE ARAB SPRING? THE RISE OF THE ISLAMISTS

For decades, the Muslim Brotherhood was an outlawed organization, marginalized and persecuted. Today, along with the Salafists and other Muslim groups, they are the principal winners of the Arab revolutions. They believe in a "Turkish model" of Islamic rule, and their speech is well-crafted to avoid scaring away the West. But what kind of policies do they want to introduce? Should political Islam be feared? Abdel Hakim Belhadj, leader of the Islamic al-Watan Party in Libya, has long been on the CIA's radar. In Morocco, radical preacher Sheikh Mohamad Fizazi is enjoying a comeback. And in Syria, insurgents are fighting to introduce Sharia law. From Libya to Morocco to Syria, this program investigates the new parties jostling for power.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan and South Africa.

Item no. : CG02455269
Format : DVD
Duration : 51 minutes
Copyright : 2012
StdBkNo : 9781617538551
Price : USD 170.00

NIGERIA: ENDLESS OIL SPILLS

Over the years, Nigeria has become an economy based almost entirely on the mining of crude oil. But having a single economic focus has not kept the country safe from violent rifts and factionalism—indeed, rebel groups have regularly battled the government for control of oil pipelines while attacking the installations of foreign oil companies. Meanwhile, those companies often came up short in their obligations to maintain and repair the infrastructure that keeps oil flowing. This film illustrates what resulted from the chaos, both military and corporate, that engulfed Nigeria's foremost industry between 2003 and 2009: case after case of oil spilling from a damaged pipeline, with tremendous commercial and ecological ramifications. In retrospect, is

sabotage largely to blame, or are the aloof, profit-driven corporations? Is the conflict really over now? It depends on whom you ask—but this documentary faces the issue head-on as it searches for answers.

Item no. : DL02305271
Format : DVD (Portions with English subtitles)
Duration : 22 minutes
Copyright : 2012
StdBkNo : 9781617535352
Price : USD 130.00

AMERICAN GOVERNMENT

INVESTIGATION INTO DEPLETED URANIUM, AN

For 20 years, scientists, doctors, and activists—including some veterans—have denounced the use of depleted uranium in military and civilian technology, citing a wide range of negative health consequences. And yet more than 50 countries now possess weapons and other industrial applications based on DU, with arms industry lobbyists and nuclear authorities continuing to downplay the risks. This film visits combat zones in Iraq and the Balkans as it compares and contrasts the arguments of those who defend and attack the technology. Presented with archival documents, expert interviews, and testimony from those who have witnessed DU hazards firsthand, viewers are introduced to vital background information as well as a clear analysis of the conflicting viewpoints at the heart of the debate.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan, Ireland, Malta and South Africa.

Item no. : NZ00275270
Format : DVD
Duration : 52 minutes
Copyright : 2012
StdBkNo : 9781617535550
Price : USD 170.00

AMERICAN STUDIES

MY LOUISIANA LOVE

By Sharon Linezo Hong, Julie Mallozzi, Monique Michelle Verdin

Every few years a new documentary comes along that so powerfully resonates both emotionally and intellectually that it can truly be deemed unforgettable. My Louisiana Love is such a film. This profoundly poignant exploration of environmental injustice and loss focuses a revelatory light on an otherwise invisible American tragedy.

My Louisiana Love follows a young Native

American woman, Monique Verdin, as she returns to Southeast Louisiana to reunite with her Houma Indian family. Soon, however, she recognizes that her people's traditional way of life - fishing, trapping, and hunting the fragile Mississippi Delta wetlands - is threatened by an unceasing cycle of man-made environmental crises.

As Louisiana is devastated by hurricanes Katrina and Rita and then the massive BP oil leak, Monique finds herself increasingly turning to environmental activism. She documents her family's struggle to stay close to the land despite the cycle of disasters and the rapidly disappearing coastline. Accompanying Monique, the film examines the complex and unequal relationship between the oil industry and the Delta's indigenous Native American community, revealing in the process how the political and economic policies dictated by the oil industry are wreaking havoc to the Delta environment and the survival of the local indigenous culture.

But My Louisiana Love does not derive its power just from the social issues it so clearly examines. Echoing the larger social picture around her, Monique herself must overcome tremendous loss: the destruction of her family home, the death of her father, and the suicide of her partner. By following her calling as a storyteller, Monique draws strength from deep relationships and traditions and redefines the meaning of home. She perseveres and becomes a resilient voice for her unrecognized people.

My Louisiana Love is at once a riveting social documentary and an intimate portrait of a complex and memorable individual. Although it is suffused with an almost elegiac poignancy and sense of loss, the film is ultimately an inspiring profile in courage, community, and commitment. This tension is what gives the film its overwhelming impact.

My Louisiana Love will motivate student thought and discussion and be an indispensable teaching tool in a wide array of classes in Native American studies, American studies, sociology and social issues, the environment, cultural anthropology, and women's studies.

Item no. : SL07680185
Format : DVD (Color)
Duration : 66 minutes
Copyright : 2013
Price : USD 315.00

ANALYTICAL CHEMISTRY

CHEMICAL ANALYSIS TECHNIQUES

Chemical analysis has wide-ranging applications, from its use in many different industries such as mining, environmental management and chemical manufacturing, to forensic science and cutting-edge medical testing and procedures. This high quality production explores a range of

important chemical analysis techniques, including chromatography, mass spectrometry, infra-red and nuclear magnetic resonance (NMR). It explains how chemical principles are applied in the various analysis techniques and how it is possible to identify very specific chemical elements and compounds using them. Students of Chemistry will find the structure of this outstanding resource, together with the graphics and other visual imagery, engaging and effective in explaining the range of concepts covered.

Please contact us for primary and secondary schools pricing.

Item no. : KJ08691949
Format : DVD
Duration : 23 minutes
Copyright : 2013
Price : AUD 235.00

ANGER MANAGEMENT

COGNITIVE BEHAVIORAL PERSPECTIVE ON AGGRESSION, A: AN INTERVIEW WITH DR. DONALD MEICHENBAUM

By Donald Meichenbaum

In this lively interview, Meichenbaum discusses early intervention strategies for children and adolescents who are prone to bullying and violent behaviors, the neurological consequences of abuse and neglect, and the components of stress inoculation used to break the cycle of violence.

In this engaging interview with CBT and aggression expert Dr. Donald Meichenbaum discusses violence and aggression, from origin to treatment. Drawing upon his unique expertise, he articulates both how violent individuals are created and the thoughts that drive violent behavior. Meichenbaum advocates for stress "Stress-Inoculation Training," which he describes as the "best evidence-based intervention in working with angry and aggressive individuals."

By watching this video you will:

- Describe key components of Meichenbaum's theory of early childhood development and its relationship to violence and aggression
- Identify the predictors for violence and the interventions used in schools to decrease violent behavior
- Explain the key elements of effective treatment for violence

Item no. : RV07620279
Format : Streaming (1 Year)
Duration : 33 minutes

EFFECTIVELY INTERVENING WITH VIOLENT BEHAVIOR: AN INTERVIEW WITH DR. PETER FONAGY

By Peter Fonagy

In this lively and engaging interview, Peter Fonagy, PhD, offers both a theoretical foundation for understanding violent behaviors as well as practical tools for clinicians working with violent offenders.

In this video, Peter Fonagy, PhD, eloquently articulates effective methods of intervening with violent behavior. He begins with child development, emphasizing that early attachment often inhibits violent tendencies. Providing viewers with a series of effective examples, Fonagy discusses the importance of mentalization or self-reflective functioning as a method for intervening with violence. He also addresses social factors affecting violence, risk factors and thoughts that drive violent behavior, and counseling violent offenders in a variety of settings, including in prisons, group therapy and individual therapy.

By watching this video you will:

- Describe Fonagy's psychosocial approach to understanding and treating violent offenders
- Understand the importance of facilitating mentalization with violent offenders and learn tools to utilize it with clients
- Identify the specific skills necessary to work safely with violent individuals

Item no. : AS07620300
Format : Streaming (1 Year)
Duration : 65 minutes

GETTING CONTROL OF YOURSELF: ANGER MANAGEMENT TOOLS AND TECHNIQUES

By Christian Conte

In this lively and instructive video, watch anger management expert, Christian Conte, PhD, present his comprehensive and practical theory for treating—and healing—even the most violent offenders.

Conte's easygoing style and use of stories and metaphors create a memorable experience, so you will easily recall the tools when they next arise in session. You will never again have to resort to outdated techniques: instead, you can pair your compassion and understanding with the modern, tested methods of a master trainer. Whether shown to clients in an anger management group or loaned to clients to watch as homework, this video will be a valuable resource in every therapist or counselor's library.

By watching this video, you will:

- Learn the key components of Conte's

- anger management model
- Identify the different types of rage people experience, as well as their psychological origin
- Understand the tools for de-escalating anger and making healthier choices in moments of conflict

Item no. : YY07620323
Format : Streaming (1 Year)
Duration : 75 minutes

ANXIETY

DAVID BARLOW ON TREATING ANXIETY DISORDERS

By David Barlow

This motivating conversation with distinguished anxiety expert Dr. David Barlow covers his development of a novel approach to anxiety treatment, the origins of behavioral therapy techniques, and implications for the future of psychotherapy as a whole.

By watching this video, you will:

- Learn the history of behavioral therapy research and training
- Understand the benefits of single-case experimental design
- Explore the advantages of collaboration between psychology and medical sciences
- Gain perspective on the economics of psychotherapy research and practice

Item no. : ED07620293
Format : Streaming (1 Year)
Duration : 69 minutes

STRATEGIC TREATMENT OF ANXIETY DISORDERS: COGNITIVE THERAPY FOR PANIC DISORDER

By Reid Wilson

In this live session with a real patient, anxiety disorder expert Reid Wilson applies a provocative cognitive behavioral approach to one of the most vexing problems therapists encounter: panic disorder.

If you're struggling using traditional approaches with clients who have panic or other anxiety disorders, let Wilson guide you in a radically different, counterintuitive and extremely effective approach.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating panic disorder
- Understand how to conduct a highly focused assessment
- Identify tools for helping clients tolerate discomfort and panic symptoms

Item no. : RG07620401
Format : Streaming (1 Year)

Duration : 68 minutes

ART THERAPY

ART THERAPY HAS MANY FACES

With Judith Aron Rubin, PhD

This program provides an introductory glimpse into the exciting and dynamic world of art therapy. With footage from art therapy sessions conducted all over the world and spanning several decades, you'll see the diversity of the field and the many benefits to incorporating an art therapy approach into your practice.

Art for healing is as ancient as the drawings on the walls of caves. Famous artists like Vincent Van Gogh, Jackson Pollock and Frida Kahlo used art to cope with their anguish. Now the practice of art as healing is a growing discipline that has been effective in helping those suffering schizophrenia, cancer, depression, trauma, grief, autism, physical or mental disability, AIDS and neurological disorders, among others. Further, art therapy can be used with children, families, the elderly, couples and groups.

In this program, you will be introduced to two major branches of art therapy: the use of art as a healing method unto itself, and the use of art as a tool in the psychotherapy process. In either approach, art therapy provides a way for clients to tell without talking, and a new way for therapists to listen.

From watching this program, you will:

- Understand the many benefits of using an art therapy approach in your practice.
- Learn how Art Therapy developed into a field, and who were its founders.
- Be inspired to pursue further education and practice in art therapy.

Item no. : EN07620255
Format : Streaming (1 Year)
Duration : 50 minutes

EXPRESSIVE ARTS THERAPY IN ACTION

By Natalie Rogers

Discover the transformative power of moving beyond words as Natalie Rogers demonstrates person-centered expressive arts therapy in two remarkable sessions with a woman struggling with a career decision.

Are you looking for new tools to enliven your work and help clients go deeper? Discover the transformative power of moving beyond words as Natalie Rogers demonstrates person-centered expressive arts therapy in two remarkable sessions with a woman struggling with a career decision.

Tired of her tedious accounting job, Suzen wants to devote her energy to the healing work she does with horses, but is trapped by negative thought patterns and afraid of going broke. Watch as Rogers engages Suzen in a deep exploration of her dilemma, modeling key aspects of the person-centered approach such as unconditional positive regard, empathic understanding, and congruence, while also integrating a variety of expressive arts modalities including movement, pastels, and clay. Through their work together, Suzen makes a dramatic shift from confusion to clarity about her career path. With Rogers's warm presence and expert facilitation skills, Suzen moves through fear and self-doubt and gains access to her authentic self who is ready to shine.

Before and after the sessions, Victor Yalom sits down with Rogers to discuss her approach, and Rogers's commentary is interspersed throughout the sessions. From tips on how to really listen to how to accurately reflect a client's emotional experience, this video will help therapists and their clients creatively uncover rich new material.

By watching this video, you will be able to:

- Understand the foundations of the person-centered approach and the core conditions for change.
- Identify how to help clients access unconscious feelings through a variety of expressive arts modalities.
- Integrate a person-centered expressive arts approach into your own work with clients.

Item no. : EY07620310
Format : Streaming (1 Year)
Duration : 154 minutes

ARTS AND CULTURE

DECEPTIVE PRACTICE: THE MYSTERIES AND MENTORS OF RICKY JAY

Director: Alan Edelstein, Molly Bernstein

Ricky Jay is a world-renowned magician, author, historian and actor (often a mischievous presence in the films of David Mamet and Paul Thomas Anderson) -- and a performer who regularly provokes astonishment from even the most jaded audiences. DECEPTIVE PRACTICE traces Jay's achievements and influences, from his apprenticeship at age 4 with his grandfather, to such now-forgotten legends as Al Flosso, Slydini, Cardini and his primary mentors, Dai Vernon and Charlie Miller. Featuring rare footage from his 1970s TV appearances (doing 3-card Monte with Steve Martin on The Dinah Shore Show) and told in Jay's inimitable voice, this is a remarkable journey inside the secretive world of magic and the small circle of eccentrics who are its perpetual devotees.

Reviews

- "Wonderfully engaging!" - New York Magazine
- "Full of happy surprises. Card tricks that leave his audience speechless." - David Edelstein, New York Magazine
- "He puts on a smashing show, whether on or off the stage... Mr. Jay proves a hugely entertaining guide..." - Manohla Dargis, The New York Times

Item no. : HF11990268
Format : DVD (Color)
Duration : 88 minutes
Copyright : 2013
Price : USD 249.00

ARTS AND HUMANITIES

LOSING KNOWLEDGE: 50 YEARS OF CHANGE

By Roberto Gonzalez, Laura Nader

This profound ethnographic documentary explores the myriad of ways in which centuries-old indigenous knowledge is rapidly vanishing throughout the world. The film focuses on the southern Mexican village of Talea, Oaxaca. For half a century, the Zapotec people of this region have experienced rapid modernization: The creation of a road linking the village to cities, the arrival of electricity, and the introduction of computers and Internet have all transformed the texture of daily life.

However, the people of Talea have often experienced "progress" as a double-edged sword. Farmers are now able to export coffee and other cash crops, but many of their children have migrated to the United States and today, fertile fields lay abandoned. Governance was once a village affair, but state and national government has disrupted and sometimes displaced local political autonomy. Most new buildings in Talea are constructed with imported concrete, not with regional materials. And traditional healing practices are rapidly being displaced by Western biomedicine.

By exploring the transformation of agriculture, governance, architecture, and medical practices in the village, filmmaker/anthropologists Laura Nader and Roberto Gonzalez pose a series of provocative questions: Is it possible that 50 years of "development" has done more to unravel local culture than 500 years of conquest? What are the long-term implications of the knowledge that has been lost? Is there any possibility these processes might be reversed?

The film also examines how disappearing indigenous knowledge isn't just a Zapotec problem. It is a global problem, for throughout the world, local knowledge developed over centuries -- a priceless intellectual treasure trove -- is withering

away at an alarming rate.

Losing Knowledge is both insightful and poignant. It will engage students and engender thought and discussion in a wide range of classes in cultural anthropology, Latin American studies, development issues and economics, and third-World studies.

Item no. : HC07680183
Format : DVD (Color)
Duration : 41 minutes
Copyright : 2012
Price : USD 245.00

ASIA AND THE PACIFIC

DEFECTOR, THE: ESCAPE FROM NORTH KOREA

Sook-ja is one of tens of thousands of North Koreans who have risked death to flee the abusive conditions of Kim Jong-un's regime, but her new life across the border is far from ideal. As an undocumented migrant, she may be exploited for labor or sold as a sex slave. If caught out as a defector she'll be sent back south and likely face imprisonment or even execution. Korean-Canadian filmmaker Ann Shin came to China to document the plight of North Korean defectors like Sook-ja, and learned that many pay human traffickers to smuggle them to safer locations in Asia. This program follows along as Shin, Sook-ja, and a trafficker named Dragon undertake a dangerous journey to Thailand, where Sook-ja can apply for asylum.

Item no. : NU00275267
Format : DVD (Portions with English subtitles)
Duration : 71 minutes
Copyright : 2012
Price : USD 170.00

ASIAN STUDIES

YANGSI

Jigme Lhundrup is the "Yangsi", the reincarnation of a greatly revered Tibetan Buddhist spiritual master. He must train to uphold this legacy from the age of four. Even with the loving support of his teachers and family the way forward is not always clear. Questions begin to arise about the place of his tradition in the modern world, and his own abilities. In this documentary film, director Mark Elliott ("The Lion's Roar", "Bodhisattva") follows a journey spanning fourteen years, culminating in the Yangsi's introduction to the world as a young man, when he must fully assume the mantle of his predecessor. With unprecedented access, "Yangsi" explores everyday life within a mystical tradition and reveals the unusual spirit of the boy at its center. Shot on location in Bhutan, Nepal, India, France, and the United States.

Reviews

- "An astonishing documentary" - Spirituality and Practice
- "A brilliant character sketch" - BlouinArtInfo

Item no. : PL11990275
Format : DVD (Color)
Duration : 82 minutes
Copyright : 2012
Price : USD 229.00

ASIAN/PACIFIC STUDIES

WATER PUPPETRY IN VIETNAM: AN ANCIENT TRADITION IN A MODERN WORLD

By Sam Pack

This insightful and original ethnographic documentary explores the complex interplay between the rise and development of the international tourism industry and the production of culture in the performance of Vietnamese water puppetry. The film, in the words of Prof. Lauren Meeker, of SUNY New Paltz, "addresses important issues in cultural heritage, tourism, reflexivity, and collaborative filmmaking. It sets up a contrast between the extractive process of 'collecting' heritage on film in which the finished product is not shared with the film subjects, and a collaborative filmmaking process in which the subjects are given the chance to comment upon academic films that have been made about them and then to represent their own culture by making their own short films."

The objective of the Water Puppetry filmmaking team was to return a series of government-made films about the ancient tradition of water puppetry to the village of Bao Ha in the Red River Delta in order to make this invaluable cultural heritage available to the very community recorded in the films. A community screening of these original films was organized and villagers were encouraged to express their opinions about them. Five villagers were subsequently selected and trained to make films of their own about water puppetry.

The filmmaking team then organized a second community screening, but this time, the featured films were made by community members themselves. In a powerfully symbolic way, this second set of films represents the process of digital repatriation traveling full circle. The hope was that this collaboration would serve as a model for ethnographic filmmaking, as more and more historically marginalized peoples gain the skills, technology, and need for a fuller understanding of their own past as well as a means to articulate their present and future.

Water Puppetry in Vietnam is a rich,

complex, and thought-provoking work that will captivate students and generate discussion in a wide variety of courses in cultural anthropology and ethnography, Asian studies, and development and tourism studies.

Item no. : YL07680187
Format : DVD (Color)
Duration : 31 minutes
Copyright : 2012
Price : USD 215.00

BEGINNING THERAPISTS

THERAPEUTIC RELATIONSHIP, INDIVIDUALIZED TREATMENT AND OTHER KEYS TO SUCCESSFUL PSYCHOTHERAPY, THE

By John C. Norcross

In this compelling interview with one of the most prominent psychotherapy researchers of our time, Dr. John Norcross presents the results from fourteen meta-analyses that reveal the secrets to successful therapy.

By watching this video, you will:

- Learn what three questions to ask all of your patients in order to: tailor the psychotherapy to each individual; maximize the effectiveness of treatment; and reduce the rate of premature terminations.
- Understand the importance of the therapeutic relationship and how to skillfully address and repair alliance ruptures.
- Identify evidence-based steps you can take to improve your therapeutic effectiveness.

If you're skeptical of the idea that psychotherapy is akin to a medical procedure, and uncomfortable with the trend towards empirically validated treatments which don't acknowledge the therapeutic relationship, then this video will show you that your doubts are more than reasonable, and, in fact, backed up by decades of research. Norcross persuasively makes the case that the human element inherent in psychotherapy should take center stage, because it is scientifically proven to play a significant role in successful treatment outcomes.

Item no. : VD07620411
Format : Streaming (1 Year)
Duration : 81 minutes

BEHAVIOR MANAGEMENT

BEHAVIOR EDUCATION PROGRAM, THE

A Check-In, Check-Out Intervention for Students at Risk

This professional training video demonstrates the Behavior Education Program (BEP), the Tier 2 intervention comprehensively described in the book Responding to Problem Behavior in Schools.

Scenes set in classrooms and other school and home settings depict such non-aggressive problem behaviors as disruption, defiance, and tardiness, and show how teachers, other school personnel, and parents can work with students effectively to implement the steps of the BEP. In addition, an interview with BEP co-developer Dr. Leanne S. Hawken provides answers to frequently asked questions.

Item no. : NN08360026
Format : DVD
Duration : 25 minutes
Audience : Elementary teachers, Administrators
Price : USD 115.00

BETTER LIVIN

FOOD: A CULTURAL CULINARY HISTORY

By Professor Ken Albala

In Food: A Cultural Culinary History, award-winning Professor Ken Albala of the University of the Pacific puts this extraordinary subject on the table, taking you on an enthralling journey into the human relationship to food. With this innovative course, you'll travel the world discovering fascinating food lore and culture of all regions and eras—as an eye-opening lesson in history as well as a unique window on what we eat today.

Item no. : VT09280658
Format : 6 DVDs (With Transcript Book)
Duration : 1080 minutes
Copyright : 2013
Price : USD 410.00

BUDDHISM

WHEN THE IRON BIRD FLIES

Director: Victress Hitchcock

"When the iron bird flies and horses run on wheels, the Tibetan people will be scattered like ants across the face of the earth." - Guru Padmasambhava of Tibet, 8th Century

In 1959, the Chinese invasion of Tibet threw open the doors to the mysterious realm of Tibetan Buddhism and suddenly this rich, ancient tradition was propelled into the modern world. Half a century later, Padmasambhava's prophecy has come true and the teachings of Tibetan Buddhism are found in every corner of the earth.

WHEN THE IRON BIRD FLIES takes us on an up-close and personal journey following the astounding path of one of the world's great spiritual traditions from the caves of Tibet to the mainstream of Western culture. Along the way, the film tackles the provocative exchanges between Buddhist practitioners and scholars and Western scientists, psychologists, and educators now at the heart of the emergence of a genuine Western tradition of Buddhism.

And the film investigates the question: In these increasingly challenging times, can these profound teachings help us find genuine happiness and create a saner, more compassionate 21st century world?

Through candid interviews with contemporary teachers and practitioners, rare archival footage, and striking images of modern life that illuminate and make accessible the Buddha's core teachings, the film creates a vivid and entertaining portrait of the world of Tibetan Buddhism, as it is manifesting in America and the West.

Item no. : KM11990274
Format : DVD (Color, Black and White)
Duration : 96 minutes
Copyright : 2012
Price : USD 229.00

BULLYING

GUM IN MY HAIR VERSION 2.0 - HOW TO COPE WITH A BULLY

It offers young people concrete techniques that they can practice and use in response to ongoing bullying.

- Improve your posture to convey self-confidence
- Try a variety of verbal responses from humorous to honest
- Discuss your situation with an adult
- And more ..

Gum In My Hair v2.0 looks at what bullying is, its effects on people and how it makes them feel. Gum In My Hair is a new way to deal with an old topic, and will be invaluable to anyone wanting to help children learn in a safe and supportive environment.

Item no. : VL31820003
Format : DVD (With Discussion Guide)
Duration : 20 minutes
Audience : Elementary, Middle School
Copyright : 2012
Price : USD 80.00

WILD WILD WEB, THE - A STUDENT'S GUIDE TO PREVENTING CYBER BULLYING

Cyber bullying is real and it's dangerous. It's in headlines all too often these days as literally millions of kids gain access to new technology and the seemingly lawless online world.

With incidents of cyber bullying on a dramatic rise, the Wild Wild Web – a students guide to preventing cyber bullying. In development for over a year, the DVD shows students that cyber bullying is not OK and there are ways to deal with the problem safely and skillfully, in a fun yet educational manner.

Filled with real-world techniques, testimonials and comments from experts and kids, the DVD establishes an open forum where students and adults can begin discussing this new phenomenon.

Item no. : SN31820005
Format : DVD (With Discussion Guide)
Duration : 26 minutes
Audience : Elementary School
Copyright : 2012
Price : USD 80.00

BULLYING AND ABUSE

RECOGNISING ABUSIVE RELATIONSHIPS

"There's no justification or reason good enough for someone to hurt, threaten, neglect or take advantage of you. Especially when the person doing it is supposed to care about the victim." Recognising Abusive Relationships is a compelling and informative program that tackles this important issue with sensitivity and openness. Viewers are provided with straightforward information to help them understand and identify what abuse looks like in family and dating relationships. Forms of abuse (physical, psychological, sexual, neglect) and warning signs are clearly outlined and supported through the dramatised voices of victims sharing their feelings on, and experiences of abuse. The strength of this program is that it dispels many common excuses of abusers and focuses on empowering the abused. Developed to address middle to senior secondary health and personal development courses, this resource is also a valuable tool for tertiary study in related fields.

Please contact us for primary and secondary schools pricing.

Item no. : WB08691953
Format : DVD
Duration : 21 minutes
Copyright : 2013
Price : AUD 235.00

SEXUAL IDENTITY

This program addresses the changes youth undergo as their sexuality and sexual identity develop during adolescence. The first half of the program discusses the complex nature of personal identity, gender, and sexual orientation. The second half looks at ways in which viewers can make informed, responsible choices about sex and examines key elements of healthy relationships like respect and open communication. Ideal for junior to middle secondary health and personal development students, the clever animated sequences and engaging, relatable young presenter are well suited for this audience. Above all, the program promotes the acceptance of diversity and highlights the importance of making decisions that are best for your health and well being.

Please contact us for primary and secondary schools pricing.

Item no. : ND08691954
Format : DVD
Duration : 17 minutes
Copyright : 2013
Price : AUD 235.00

BUSINESS

BEAR, THE - ESSENTIALS OF BUSINESS

Paws and learn The Bear Essentials of Business!

Travel to Shelburne, Vermont and take an inside look at what makes the Vermont Teddy Bear Company one of the nation's most famous and successful companies. See how it really cares about its customers and its employees.

Bear with us and learn:

- Why the customer comes first and is always number one.
- Why it's important to be dynamic and creative to truly make a difference.
- Why it is important to have a "Yes, we can," attitude.
- How teamwork can really make a difference.
- Why it's critical to recognize the worth of your customers and fellow employees.
- How having fun really makes a difference...right down to the bottom line!
- And this is just the bear beginning!

Item no. : CE29110223
Format : DVD (With Facilitator's Guide, CD-ROM (PowerPoint presentation))
Duration : 19 minutes

CHEMICAL BONDING AND COMPOUNDS

WATER: A UNIQUE CHEMICAL

Water is a unique chemical. Without it, life as we know it cannot exist. It exists in all three phases naturally on Earth. At first glance, the chemistry of water appears a very simple, but it has some remarkable and unique properties, because of its molecular structure and composition. This excellent production examines some of water's important chemical properties, including its polarity and the strength of bonds between water molecules, dispersion forces, heat capacity and its ability to self-ionise. Sections are titled: water, a unique chemical; the three states of being; the nearly universal solvent; and water and chemical reactions. It is an ideal learning resource for senior secondary level students of Chemistry, with high quality imagery used to explain complex principles.

Please contact us for primary and secondary schools pricing.

Item no. : CR08691955
Format : DVD
Duration : 22 minutes
Copyright : 2013
Price : AUD 235.00

CHEMICAL REACTIONS, ACIDS AND PH

CHEMICAL ANALYSIS TECHNIQUES

Chemical analysis has wide-ranging applications, from its use in many different industries such as mining, environmental management and chemical manufacturing, to forensic science and cutting-edge medical testing and procedures. This high quality production explores a range of important chemical analysis techniques, including chromatography, mass spectrometry, infra-red and nuclear magnetic resonance (NMR). It explains how chemical principles are applied in the various analysis techniques and how it is possible to identify very specific chemical elements and compounds using them. Students of Chemistry will find the structure of this outstanding resource, together with the graphics and other visual imagery, engaging and effective in explaining the range of concepts covered.

Please contact us for primary and secondary schools pricing.

Item no. : KJ08691949
Format : DVD
Duration : 23 minutes
Copyright : 2013
Price : AUD 235.00

ENERGY OF CHEMICAL REACTIONS, THE

Chemical changes occur around us, and inside us, all the time. When chemical reactions happen, one or more new substances are formed and energy is either given off or absorbed in the process. Spontaneous chemical reactions, those that occur naturally under favourable conditions release free energy, meaning they are exergonic. Endergonic reactions, by contrast, require net energy input to make the reaction happen. This excellent learning resource explores energy associated with chemical reactions, and cover areas such as activation energy and product formation, standard heats of reaction, thermochemical equations and Hess' Law, and specific heat capacity and calorimetry. It is essential viewing for any Chemistry student, providing clear explanations and easily understood visuals, including comprehensive chemical equations, about concepts that many students find challenging.

Please contact us for primary and secondary schools pricing.

Item no. : WT08691950
Format : DVD
Duration : 20 minutes
Copyright : 2013
Price : AUD 235.00

WATER: A UNIQUE CHEMICAL

Water is a unique chemical. Without it, life as we know it cannot exist. It exists in all three phases naturally on Earth. At first glance, the chemistry of water appears a very simple, but it has some remarkable and unique properties, because of its molecular structure and composition. This excellent production examines some of water's important chemical properties, including its polarity and the strength of bonds between water molecules, dispersion forces, heat capacity and its ability to self-ionise. Sections are titled: water, a unique chemical; the three states of being; the nearly universal solvent; and water and chemical reactions. It is an ideal learning resource for senior secondary level students of Chemistry, with high quality imagery used to explain complex principles.

Please contact us for primary and secondary schools pricing.

Item no. : CR08691955
Format : DVD
Duration : 22 minutes
Copyright : 2013
Price : AUD 235.00

CHEMICALS AND HAZARDOUS MATERIALS SAFETY

INTEGRATING GHS WITH HAZCOM

Integrating GHS with Hazcom (Safety Video) -This update to the Hazard Communication Standard will provide a common and coherent approach to classifying chemicals and communicating hazard information on labels and safety data sheets. Once implemented, the revised standard will improve the quality and consistency of hazard information in the workplace, making it safer for workers. This program covers topics such as Hazard classifications, labels and labeling, SDS, training and information, shipping and receiving, PPE, transitions between the old Hazcom and new GHS standards.

Item no. : VS08231158
Format : DVD
Duration : 15 minutes
Price : USD 273.00

CHILD THERAPY

CHILD THERAPY CASE CONSULTATION

By Violet Oaklander

In this live consultation, you will get a tangible sense of how Violet Oaklander works with a variety of children, while gaining practical skills to bring back to your own clients immediately.

By watching this program, you will:

- Understand how Oaklander integrates expressive arts and Gestalt therapy.
- Develop skills for working with children who have experienced various traumas.
- Learn techniques for helping children express emotions, particularly anger.

Item no. : YP07620266
Format : Streaming (1 Year)
Duration : 106 minutes

ERVING POLSTER ON GESTALT THERAPY

By Erving Polster

In this in-depth interview, you'll get to know Polster's unique take on Gestalt therapy, and see for yourself how he boldly elevates ordinary conversations into life-affirming encounters.

By watching this program, you will:

- Learn how to transform stale therapeutic interactions into fresh, vibrant, and engaging ones.
- Understand the fundamental principles, goals, and techniques of Gestalt therapy.
- Identify key differences between psychoanalysis and Gestalt therapy, such as the use of the therapeutic relationship and dream work.

Item no. : ZJ07620305
Format : Streaming (1 Year)
Duration : 59 minutes

GROUP COUNSELING WITH CHILDREN: A MULTICULTURAL APPROACH

By Sam Steen, PhD, & Sheri Bauman, PhD

Watch this diverse group of children engage in activities and discussions that increase their awareness of their own cultures and their appreciation for differences.

By watching this video, you will:

- Learn how to create a therapeutic environment to increase children's awareness and appreciation of multiculturalism.
- Increase your skills in leading and

- co-leading groups.
- Understand how to facilitate developmentally appropriate activities and discussions that foster reflection.

Item no. : ZF07620325
Format : Streaming (1 Year)
Duration : 286 minutes

MAKING CHILD THERAPY WORK

By Robin Walker

Watch master child therapist Robin Walker model therapeutic play with children in a series of vignettes aimed at helping therapists develop authentic, empathic, fun-filled relationships with kids.

By watching this video, you will:

- Understand how to build a therapeutic relationship that provides children with a "genuine experience of self."
- Identify the four stages of child therapy and how to be most effective in each stage.
- Learn how to help children identify, explore, and express their emotions.

Item no. : ZP07620343
Format : Streaming (1 Year)
Duration : 94 minutes

SIDNEY BIJOU ON BEHAVIORAL CHILD THERAPY

By Sidney Bijou

Sidney Bijou, often credited as the founder of child behavioral therapy, reveals here in conversation with Steven Hayes how he came to develop new treatments for autism and other developmental disorders. Examining his findings across child development fields, Bijou makes recommendations for the next generations of educators, parents, and psychologists.

- Identify behavioral techniques that can work with severe developmental disabilities.
- Understand the importance of child development research in the home environment.
- Recognize the roadblocks to integration of behavior therapy techniques into parenting and schooling practices.
- Appreciate the importance of training parents to use behavior therapy techniques at home.

Item no. : WV07620399
Format : Streaming (1 Year)
Duration : 66 minutes

CLASSROOM MANAGEMENT

SYSTEMATIC SUPERVISION FOR MIDDLE SCHOOL

A Positive Way to Monitor Common Areas

Using the principles of school-wide positive behavior support, staff who supervise hallways, cafeterias, study halls and hangout areas learn to:

- Effectively teach school rules and expectations
- Move and scan while supervising
- Build positive relationships with students
- Respond appropriately to problem behavior
- Communicate effectively with students, staff and parents
- Work as a team to support student behavior

Item no. : HV08360027
Format : DVD (With Viewer's Guide)
Duration : 43 minutes
Audience : All School Staff, Grades 6-8
Price : USD 349.00

COGNITIVE-BEHAVIORAL

AARON BECK ON COGNITIVE THERAPY

By Aaron Beck

In this animated interview with the founder of Cognitive Therapy, Aaron Beck shares about the experiences, people and ideas that shaped his iconoclastic career, offering insights into the radical transformation of modern psychology over the last century.

This interview gives viewers a thorough understanding of how one of the most influential therapeutic modalities of all time came to be. It's easy to think that CBT has always existed because of how prominent it is in today's therapy world, but here you'll have the chance to see just how it evolved, and how Beck's research and writings have profoundly shaped the field of psychotherapy—particularly the current emphasis on empirically-validated treatment.

As he reflects on his professional journey, you'll learn about how Beck broke from psychoanalysis and the birth of Cognitive Therapy. He shares his process of getting his early books published, and how his second book, Cognitive Therapy and the Emotional Disorders, was initially rejected by about 15 publishers. He ends with his predictions for the future of psychotherapy, some of which have come true, some not yet. All along, you'll get a sense of the

person behind the techniques and approach that have significantly improved countless lives: an open-minded, innovative scientist and clinician with a lifelong commitment to understanding and relieving human suffering.

By watching this video, you will:

- Identify Beck's key contributions to the understanding of personality, psychopathology, and psychotherapeutic treatment.
- Understand the origins of Cognitive Therapy and how it evolved out of Beck's research on depression.
- Learn the key components of the Cognitive Therapy model.

Item no. : AM07620238
Format : Streaming (1 Year)
Duration : 51 minutes

ALBERT BANDURA ON BEHAVIOR THERAPY, SELF EFFICACY & MODELING

By Albert Bandura

In this enlightening conversation with one of the most prolific and influential psychologists of all time, Dr. Albert Bandura relates the breakthrough moments leading to the development of social cognitive theory and his theories of social learning, guided mastery, and self-efficacy. He offers detailed descriptions of his theories in practice, providing the viewer with valuable clinical tools.

Item no. : RB07620249
Format : Streaming (1 Year)
Duration : 54 minutes

COGNITIVE THERAPY FOR WEIGHT LOSS: A COACHING SESSION

With Judith Beck, PhD

Clients with weight issues frequently become caught in a vicious cycle of losing weight and gaining it back, impairing their ability to enjoy their lives fully. At the same time, many therapists struggle with how to be helpful to these clients. In this video of an actual session, Dr. Judith Beck works with Anne to develop practical skills that will enable her to lose weight and make enduring changes to her lifestyle.

Anne has struggled all her life with food and weight issues and has dieted dozens of times, only to gain the weight back. In this very human, and touching session, Beck emphasizes the development of a new set of skills as the crucial element of weight loss. Beck takes an extensive dieting history—including Anne's assessment of "good eating days" and "bad eating days," she identifies Anne's motivations for losing weight and teaches self-motivation techniques, and she prepares Anne to recover quickly from the inevitable mistakes she will make. Other

techniques she uses include identifying the obstacles that may prevent Anne from making these changes, strategizing solutions, exploring Anne's eating triggers and working with Anne's "all-or-nothing" approach to dieting.

While Beck bases her approach on the core principles of Cognitive Therapy, the tools and techniques demonstrated in this video can be integrated with many types of therapeutic styles and will be useful to any therapist working with clients with weight issues.

By watching this program, you will:

- Learn Beck's approach to weight loss and maintenance, including the specific techniques used to help people lose weight and keep it off.
- Be able to identify common pitfalls dieters face and Beck's recommendations for preventing these pitfalls.
- Learn how to structure an initial session with a client who wants to lose weight.

Item no. : DC07620280
Format : Streaming (1 Year)
Duration : 75 minutes

COUPLES THERAPY WITH THE EXPERTS: BEHAVIORAL COUPLES THERAPY

By Richard Stuart

Richard Stuart demonstrates his integrative approach to Behavioral Couples Therapy in an actual couples therapy session.

Stuart utilizes basic principles of Behavioral Therapy to empower clients to change their own behaviors and develop insight and understanding into how what they do influences the behavior of others.

In this program, Stuart works with Adele and Wesley, a couple with many elements of a successful marriage but struggling to find a way to stay together. While issues from her past trouble Adele, Wesley feels hurt and rejected and does not know how to recapture his loving feelings for his wife.

Using information derived from a brief developmental history as well as pre-session questionnaires, Stuart is able to quickly dive into the language and metaphor of each client—using anecdotes and personal stories to reflect his understanding. He then moves on to identify each of their primary concerns, and reframe their understanding of problematic behaviors. After negotiating strategies for achieving a mutually desired solution, the clients are then asked to engage in specific behavioral changes that can be evaluated the following week.

Consistently focusing on their strengths and the positive aspects of their marriage, Stuart helps the couple re-commit to each

other in order to successfully undertake the behavioral changes asked for.

By watching this program, you will be able to:

- Describe the specific techniques used in Stuart's approach to couples therapy.
- Identify the basic principles of Stuart's Integrative Behavioral approach to couples therapy.
- Explain how a clinician employing Stuart's approach would conduct an initial session with a couple.

Item no. : PG07620285
Format : Streaming (1 Year)
Duration : 120 minutes

JOSEPH WOLPE ON SYSTEMATIC DESENSITIZATION

By Joseph Wolpe

In a fascinating discussion with Dr. Joseph Wolpe, he reveals how his experiences treating soldiers in World War II eventually led him to develop systematic desensitization as a treatment for anxiety and fear disorders. Wolpe offers viewers specific clinical advice about how and when to integrate cognitive therapy with behavior therapy techniques in the treatment of fear.

- Learn about the development of systematic desensitization.
- Understand the history of treatments for PTSD, anxiety, and fear-based disorders.
- Appreciate the importance of scientific experimentation to validate therapeutic technique.

Item no. : MZ07620337
Format : Streaming (1 Year)
Duration : 59 minutes

LEADING GROUPS WITH ADOLESCENTS

By Janice DeLucia-Waack, PhD & Allen Segrist, PhD

In this comprehensive DVD featuring a live, unscripted group with actual high school students, two expert group therapists share their extensive knowledge, making this video a must-see for those new to leading groups as well as for experienced group therapists looking to refine their skills.

One highlight of this video is that it walks the viewer through each stage of a group, giving you a comprehensive understanding of what to do from beginning to end. Beginning with the initial session, you will learn activities to help adolescents get to know each other and become more comfortable in the group, as well as how to talk about ground rules for safety and goal setting.

Then comes the middle stage of the group, in which the focus shifts to skill development and the learning of new behaviors. Here the group explores how thoughts influence feelings, as well as assertiveness skills and incorporating resilience. Finally, learn how to facilitate the termination of a group, which many group therapists would argue is the most important stage. Watch as the group explores what they have learned and how they have helped each other, as they say goodbye and reflect on their time together.

Another bonus to this video is the time the co-leaders and moderator spend reflecting on the group and processing what occurs. This gives the viewer a great degree of insight into the thinking processes of the co-leaders and why they chose specific activities and interventions. The video ends with a lively and candid discussion among the co-leaders and the moderator, in which the group members participate and add their input on how the group was for them.

By watching this video, you will:

- Learn how to create a therapeutic environment for adolescents that is fun and engaging as well as safe and structured.
- Discover techniques that help teens tap into their inner strength and resilience.
- Understand how to facilitate activities and discussions that foster self-discovery and interpersonal learning.

Item no. : NN07620338
Format : Streaming (1 Year)
Duration : 140 minutes

COMMUNITIES

MEDIA ARCHAEOLOGY OF BOSTON, A

By Jesse Shapins and Olga Touloumi

Using the Boston region as a laboratory for exploring different modes of urban representation across both history and media, A Media Archaeology of Boston exhibits a carefully-selected excavation of the city's spaces through a montage of short films, photographs, postcards, and soundscapes of the larger metropolitan area. Far from a comprehensive survey, A Media Archaeology of Boston aims to provoke new experiences of the city and, simultaneously, to challenge everyday perceptions of it.

Unlike Los Angeles or New York, whose image has been meticulously produced and systematically canonized through mass and independent media, Boston is a place where media practice has taken place on the margins of central venues of production and distribution. From industrial films by the Ford Motor Company to discharged advertising reels of local businesses to state-sponsored documentaries by experimental filmmakers investigating the harbor's environmental health, Media Archaeology

16

of Boston provides insight into a city that expands beyond its celebrated historical landscape to encompass a multiplicity of perspectives toward diverse parts of the metropolitan area.

Integrating content, form, time, place, and medium in our curatorial process, we aim to construct a more complex, subjective matrix of multiple perspectives on Boston, without any claims of objectivity or comprehensiveness. The DVD opens up this collection of documentations to the audience and invites participation in the construction of new stories, of new narratives. A Media Archaeology of Boston, above all, remains an open and incomplete collection that presents a map of possibilities.

Item no. : PM03790850
Format : DVD (Black and White, Color)
Duration : 120 minutes
Copyright : 2013
Price : USD 282.00

COMMUNITY SERVICES

ENVIRONMENTAL PRACTICES AT WORK: HOSPITALITY

Sustainable environmental practices not only minimise an organisation's environmental footprint but there is also potential for significant bottom-line gains. This program focuses on environmental sustainability in hospitality where the focus in recent decades has been very much about efficient resource use, minimising waste and maximising productivity. Areas covered include identifying resources and environmental issues, compliance with regulations, and improving resource efficiency. Award-winning Melbourne-based Alto Hotel, Australia's first carbon-neutral hotel, presents an excellent case study. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : KA08691956
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL PRACTICES AT WORK: MANUFACTURING

Environmental sustainability is about designing and implementing practices and processes within a workplace that do not waste or exhaust natural resources or cause ecological damage. This program focuses on environmental sustainability in the manufacturing and light industry,

where technology and innovation have contributed significantly to greater efficiency in both resource use and productivity. Areas covered include identifying resources and environmental issues, compliance with regulations and improving resource efficiency. Award-winning Melbourne-based printing company, Vega Press, is an excellent case study and a range of its initiatives are examined. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : HM08691957
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL PRACTICES AT WORK: OFFICE

This program focuses on environmental sustainability in an office environment where recent decades have seen major gains made in minimizing waste and using resources more efficiently. Areas covered include identifying resources and environmental issues, compliance with regulations and improving resource efficiency. Two experts offer a range of insightful comments, including a representative from a major regional waste management group, and an industry trainer from Kangan Institute's Centre for Competitive Operations. This is an excellent program for students in various disciplines who are examining contemporary issues in today's workplace.

Please contact us for primary and secondary schools pricing.

Item no. : RC08691958
Format : DVD
Duration : 17 minutes
Copyright : 2013
Price : AUD 235.00

COMPARATIVE RELIGION

CELEBRATING SEMANA SANTA: CHANGE, CONFLICT, AND CONTINUITY IN RURAL HONDURAS

By Sam Pack

This "superb, thought-provoking" ethnographic documentary explores the vitality and controversies surrounding a remarkable syncretic religious ceremony held in neighboring remote villages in rural Honduras during the Easter Holy Week.

The ritual drama enacted in this ceremony resonates with persistent indigenous beliefs although expressed within a familiar Catholic framework.

During the week leading up to Semana Santa, the two villages are literally overrun by characters called "Judios" (Spanish for "Jews"), masked individuals who carry wooden swords, speak in a strange guttural manner, and generally cause mayhem by staging riotous mock sword fights. Not surprisingly, members of the local Catholic Church - most notably the parish priest - consider these indigenous celebrations to be sacrilegious and want them ended.

Tensions between Church members and the celebration participants are high, and the conflict is further exacerbated because the opposing sides are not comfortable speaking directly to one another about the issues involved. However, by including the divergent perspectives of members of the various constituencies, one of the principal goals of the film itself is to facilitate a channel of communication between the opposing parties that will enable dialogue to take place between them.

With that goal in mind, the filmmaker returned to Honduras to screen a preliminary version of the film in order to make this invaluable cultural heritage available to the very community to which it belongs. Community members with opposing views were asked for their reactions, which were then incorporated into a final version of Celebrating Semana Santa, thereby adding a unique reflexive component to the film.

Celebrating Semana Santa powerfully illustrates how symbols from the past may be re-interpreted in modern contexts and not simply survive but thrive in those radically changed situations. In so doing the film illuminates the varied ways that people craft their understanding of the present with reference to the past and their hopes for the future.

The film will engage students and inspire thought and discussion in a wide variety of courses in Latin American studies, cultural anthropology and ethnography, and religious studies.

Item no. : TF07680181
Format : DVD (Color, Spanish with English Subtitles)
Duration : 43 minutes
Copyright : 2012
Price : USD 270.00

CONSTRUCTION SAFETY

HAZARD COMMUNICATION IN CONSTRUCTION ENVIRONMENTS

Created specifically to assist building and construction companies of all types in complying with federal, state and municipal Hazard Communication regulations, this kit also addresses the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in Construction Environments" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in building and construction environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : TM01500261
Format : DVD
Duration : 20 minutes
Price : USD 229.00

HAZARD COMMUNICATION IN CONSTRUCTION ENVIRONMENTS - A REFRESHER PROGRAM

All of OSHA's recent regulations not only call for employees to receive initial training, but require that employees knowledge be "refreshed"... through retraining... on at least an annual basis. Since the detailed information that is required by the regulations has normally been given to employees during their initial training, retraining sessions can usually focus on things like reminding employees that they should be paying attention to the regulation in question... and heightening their "awareness" about how the regulation affects their jobs.

MARCOM's refresher training products on "Hazard Communication" give employees the information they need to refresh their knowledge of OSHA's Hazard Communication Standard... as cost effectively as possible. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.

- Personal protective equipment and chemical storage.
- Spills and clean-up.

Item no. : CC01500262
Format : DVD
Duration : 14 minutes
Price : USD 129.00

CONSULTATION AND SUPERVISION

ARCHETYPAL PSYCHOLOGY AND PSYCHOTHERAPY, THE: JAMES HILLMAN ON ARCHETYPAL PSYCHOTHERAPY

By James Hillman

In James Hillman on Archetypal Psychotherapy, be prepared to be both challenged and inspired as Dr. Hillman doesn't hold back in his critique of modern psychology.

From watching this video, you will:

- Gain an understanding of archetypal psychotherapy
- Develop ways to think imaginatively about mental illness and how to relate to clients' symptoms with curiosity and awe
- Learn to ask new kinds of questions that point clients in the direction of greater enjoyment and liberation.

Item no. : TN07620252
Format : Streaming (1 Year)
Duration : 67 minutes

ARCHETYPAL PSYCHOLOGY AND PSYCHOTHERAPY, THE: JAMES HILLMAN ON THE SOULLESS SOCIETY

James Hillman on the Soulless Society is an enlivening critique of modern American society and a call for awakening more authenticity in our daily lives.

From watching this video, you will:

- Learn how to cultivate more curiosity and awe in your everyday life.
- Be motivated to think critically about the role of psychology and psychotherapy in modern American society
- Learn about the possibility of re-visioning psychology to include the soul

Item no. : FP07620253
Format : Streaming (1 Year)
Duration : 62 minutes

CREATIVE HEALING IN MENTAL HEALTH

By Judith Rubin, PhD & Eleanor Irwin, PhD

Here is a rare opportunity to witness world-famous art and drama therapists working with clients from all walks of life on their journeys to healing, including an adolescent boy with Asperger's, families affected by cancer, an Alzheimer's patient, and combat veterans.

By watching this program, you will:

- Discover art and drama therapy techniques to help clients live fuller, more creative lives.
- Learn the essential conditions for reducing anxiety, stimulating the imagination, and helping patients feel less self-conscious during art therapy sessions.
- Identify how to achieve assessment and treatment goals using art and drama.

Item no. : DN07620292
Format : Streaming (1 Year)
Duration : 50 minutes

CONTEMPORARY ISSUES

WHAT KEEPS THEM GOING

By Fedor Ikelaar

The road, to most of us, is simply a highway leading to a destination. But to many truck drivers, the road itself is their destination, their goal, and their home. To them the road can be a cold-hearted mistress that dominates their lives. This trenchant documentary follows three such truck drivers on that road as they passionately explain what drew them to truck driving and what is so compelling about their jobs.

Keenly observed and engagingly edited, the film provides riveting portraits of the three drivers as they speak openly and thoughtfully within the intimacy of their cabs and relate the thoughts, hopes, dreams, and aspirations that keep them going and help them integrate this demanding job into their lives. There is both humor and sorrow in their stories, and the film exposes surprising dimension and depth to the seemingly tough and straightforward men.

Filmed in The Netherlands and in Canada, What Keeps Them Going is a unique exploration of one of the largest occupational groups among men in most Western countries. It is both insightful and poignant and it will richly reward viewing and inspire discussion in a wide range of courses in cultural anthropology and sociology, especially those that deal with contemporary occupational issues, men and masculinity, and European anthropology.

Review

- "Beautifully captures the moods and motivations of long-distance truck drivers as they criss-cross the flat Dutch landscape and as they enrich it with sharply perceptive observations, sardonic and sentimental by turns. As they simultaneously scan the endless roads ahead and the lives now receding behind them, they turn their cramped cabs into hospitable windows on a surprisingly engaging world." - Michael Herzfeld, Professor of Anthropology, Harvard University

Item no. : DH07790188
Format : DVD (Color, Dutch and English with English Subtitles)
Duration : 29 minutes
Copyright : 2012
Price : USD 215.00

COUPLES THERAPY

ACTION METHODS IN COUPLES THERAPY

By Daniel Wiener

We frequently struggle to help our clients get out of their heads and into the present moment. Improvisation is a powerful tool in the therapy room to help people let go of their fixed identities and experience more freedom, spontaneity, and aliveness. It is especially useful with couples, who often get stuck in limiting relational patterns. In this video, you get to see the transformation of a married couple as they participate in various theater games that help them creatively explore common themes that most couples face, such as: power, competition, dealing with differences, vulnerability, conflict, mutuality, and sex. Dr. Wiener will show you how to create a safe space for your clients to experiment with different ways of being and how to facilitate insight-oriented discussions about the exercises, so that they can discover a host of options and possibilities they never knew they had.

Although many innovators in our field claim that their approaches work for all populations, Wiener freely (and refreshingly) admits that many couples are not open or interested in trying out these exercises; but these improvisations techniques are indeed a valuable resource to have in your therapy toolbox. If you find yourself feeling restless with therapy as usual, this video may add some creative spark to your practice.

By watching this video, you will:

- Understand the components of Rehearsals for Growth™ and how to apply these improvisational techniques to assessment and therapy with couples.
- Learn how to facilitate discussions that will enrich each couple's understanding of their relational tendencies, enabling them to try out new ways of being.
- Find more ease in transitioning between action methods and talk

therapy.

Item no. : DH07620246
Format : Streaming (1 Year)
Duration : 99 minutes

RECOVERING FROM AN AFFAIR: 6 SESSIONS OF COUPLES THERAPY

By Richard Schwartz

What really happens in therapy over time? Watch from the front row as Richard Schwartz, founder of Internal Family Systems Therapy, conducts six full-length sessions with a real couple facing a devastating crisis.

Renee and Dennis, married for sixteen years, enter treatment a month after Renee discovered Dennis had been having an affair. This video documents their entire course of therapy, as Schwartz demonstrates how to help a couple work through this difficult issue.

See how Schwartz helps Renee and Dennis gradually identify the key parts of themselves that interfere with their ability to be intimate with each other; for instance, Dennis's "minimizer" part activates Renee's rageful "Cruella" part by concealing and trivializing the details of his affair. While they still have work to do by the end of the sixth session, you'll be impressed with how far this couple has come with Schwartz's expert guidance.

The video also includes Schwartz's introduction to the principles and techniques of Internal Family Systems Therapy, along with his commentary after each session, giving the viewer an opportunity to hear why he chose specific interventions.

By watching this video, you will be able to:

- Help couples identify their own parts that get in the way of getting and staying close to each other,
- Create a safe atmosphere for couples to drop their defenses and engage in Self-to-Self connection,
- Apply IFS principles to your own countertransference reactions so you can be more present with your clients.

Item no. : RB07620393
Format : Streaming (1 Year)
Duration : 332 minutes

CRIMINOLOGY

FEAR THAT HAS A THOUSAND EYES, THE: SECURITY AND SURVEILLANCE IN THE 21ST CENTURY

London. New York. Oklahoma City. Each was the site of a horrific and violent attack

on the public, as were Madrid, Oslo, and many other urban areas. In the wake of every such tragedy has come a dramatic increase in security: not only more closed-circuit cameras, biometric scanning, and specially designed architecture, but also new laws that allow intense surveillance of individuals, organizations, and their activities. Clearly, the public needs protecting—but what are the consequences? Are basic personal freedoms at stake? This program explores 21st-century responses to the threat of terrorism and how they have changed urban life. Focusing on security measures deployed in London as it prepared for the 2012 Olympic Games, the film looks ahead to changes that are bound to come to cities large and small across the globe. An effective departure point for discussing the fragile balance between our need for safety and the civil liberties we hold dear.

Item no. : NF02305268
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 170.00

CULTURE DIVERSITY

CHILDREN OF THE CAMPS: THE DOCUMENTARY

With Satsuki Ina, PhD

A powerful, thought-provoking program perfect for use in cultural competency and awareness classes. We are sure it will provide you and your students a deeper understanding of the impact of racism, and discussions that travel far outside the classroom.

Shortly after the Japanese attack on Pearl Harbor, President Franklin D. Roosevelt issued Executive Order 9066. It led to the mass evacuation and incarceration of over 120,000 persons of Japanese ancestry... more than half were children.

The impact of the World War II internment on Japanese Americans still lingers in the form of humiliation, anger, shame, regret and abandonment. This program provides a rare glimpse into the very private lives of a few of these Japanese Americans who have not previously talked openly about the trauma of their internment experience. Satsuki Ina, a psychologist and former internee, leads a three-day intensive group therapy where the participants give words to their childhood trauma and mirror each other's experiences. In so doing, the group members allow themselves to feel and subsequently let go of the humiliation and shame they have been holding onto for many years.

This film is a powerful lesson in racism in the United States, and provides a group therapy model on how to help heal the wounds caused by institutionalized oppression. In light of the recent wars in the Middle East, this film is more important than ever, and is a must-see for anyone

wanting to understand how intolerance, prejudice and racism deeply impact the lives of Americans.

Item no. : EW07620278
Format : Streaming (1 Year)
Duration : 57 minutes

DEATH AND DYING

CONFRONTING DEATH AND OTHER EXISTENTIAL ISSUES IN PSYCHOTHERAPY

By Irvin Yalom

Here's a chance to have a front row seat as Dr. Irvin Yalom talks to a packed room of therapists about a topic rarely discussed in our field: death. Sharing ideas from his most recent book, *Staring at the Sun*, Yalom shows us how to confront death in order to invigorate and enhance our own lives and the lives of our patients.

By watching this video, you will:

- Learn how to recognize the presence of death anxiety in your patients, and learn techniques to not only alleviate their excessive anxiety, but to truly enhance their lives.
- Understand how to apply an existential perspective to any psychotherapy approach.
- Identify ways to utilize the here-and-now of the therapeutic relationship to help clients gain a deeper understanding of their interpersonal world.

Item no. : PS07620282
Format : Streaming (1 Year)
Duration : 94 minutes

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME I: A BRIEF PSYCHODYNAMIC TREATMENT

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Over the course of four actual sessions, Milton Viederman, MD demonstrates a psychoanalytic approach to working with grief.

Paying detailed attention to the subtle nuances of the therapeutic relationship, Viederman adapts the principles of psychoanalysis to a course of brief therapy. Pat is the primary caregiver for her dying husband and is experiencing the grief and fear around his impending death. Forming an interpretation of Pat's core conflict and

elaborating this theme throughout the sessions, Viederman helps Pat explore the early life experiences that give meaning to her current emotional responses. He builds rapport and trust with this open and engaging client, offering her a supportive environment in which true insight is produced. In a poignant follow-up session, Pat reveals that the therapy was instrumental in helping her be at peace with her husband's death.

By watching Volume I, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of this approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : BZ07620223
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 81 minutes
StdBkNo : 1601242212
Price : USD 209.00

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME I: A BRIEF PSYCHODYNAMIC TREATMENT

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Over the course of four actual sessions, Milton Viederman, MD demonstrates a psychoanalytic approach to working with grief.

Paying detailed attention to the subtle nuances of the therapeutic relationship, Viederman adapts the principles of psychoanalysis to a course of brief therapy. Pat is the primary caregiver for her dying husband and is experiencing the grief and fear around his impending death. Forming an interpretation of Pat's core conflict and elaborating this theme throughout the sessions, Viederman helps Pat explore the early life experiences that give meaning to her current emotional responses. He builds rapport and trust with this open and engaging client, offering her a supportive environment in which true insight is produced. In a poignant follow-up session, Pat reveals that the therapy was instrumental in helping her be at peace with her husband's death.

By watching Volume I, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of this

approach to working with people who are dealing with the sickness and death of a loved one.

- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : JW07620294
Format : Streaming (1 Year)
Duration : 81 minutes

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME II: HOSPITAL CONSULTATION WITH MEDICALLY ILL PATIENTS

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Milton Viederman, MD, brings his psychoanalytic orientation to actual hospital consultations with cancer patients.

In this companion volume, Viederman continues his exploration of the application of psychoanalytic principles to brief therapy. While many of us feel comfortable meeting clients on our own turf, we are often less certain how to navigate the therapeutic relationship in a hospital setting with visibly ill patients. Working quickly to assess the conscious and unconscious coping mechanisms that affect the patient's experience of illness and treatment, Viederman's main objective is to create a supportive relationship and relieve patient distress. Interspersed with illuminating commentary, Viederman skillfully demonstrates when to probe defensive structures and when to leave them alone so as not to increase the patient's anxiety.

By watching Volume II, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of Viederman's approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : PD07620224
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 104 minutes
StdBkNo : 1601242239
Price : USD 209.00

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME II: HOSPITAL CONSULTATION WITH MEDICALLY ILL PATIENTS

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Milton Viederman, MD, brings his psychoanalytic orientation to actual hospital consultations with cancer patients.

In this companion volume, Viederman continues his exploration of the application of psychoanalytic principles to brief therapy. While many of us feel comfortable meeting clients on our own turf, we are often less certain how to navigate the therapeutic relationship in a hospital setting with visibly ill patients. Working quickly to assess the conscious and unconscious coping mechanisms that affect the patient's experience of illness and treatment, Viederman's main objective is to create a supportive relationship and relieve patient distress. Interspersed with illuminating commentary, Viederman skillfully demonstrates when to probe defensive structures and when to leave them alone so as not to increase the patient's anxiety.

By watching Volume II, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of Viederman's approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : HV07620295
Format : Streaming (1 Year)
Duration : 104 minutes

DIVORCE

PSYCHOTHERAPY WITH THE EXPERTS: EXISTENTIAL-HUMANISTIC PSYCHOTHERAPY

By James Bugental, PhD

Watch legendary psychotherapist James Bugental masterfully demonstrate Existential Therapy in an actual therapy session in this 3-part program.

Bugental believes that each of us has a great deal more potential than we utilize, and he aims to help his clients live out their potential more fully, focusing almost

exclusively on the client's experience in the present moment. In this program, Bugental helps a client let down the walls that keep her in constant survival mode. He gently and persistently brings attention to her implicit emotional cues, including snide laughs and hidden self insults, ultimately bringing to light her impulsive self-judgment, which covers up the "hurt under the mountain." Through Bugental's guidance she is able to stay with her feelings in the moment—a feat she admits she never allows herself on her own. Hosts Jon Carlson and Diane Kjos introduce Dr. Bugental and facilitate an enlightening discussion of the approach.

From watching this existential therapy program, you will:

- Develop an understanding of the key concepts of Existential-Humanistic Psychotherapy including helping clients maximize their full potential and determine their actions by choice instead of habit.
- Gain insight into James Bugental's therapy style and how he brings attention to clients' implicit speech and gestures to help them be more fully in the moment.
- Learn how to apply an Existential-Humanistic approach to your own therapeutic work with clients.

Item no. : VM07620374
Format : Streaming (1 Year)
Duration : 114 minutes

DOCUMENTARY

DECEPTIVE PRACTICE: THE MYSTERIES AND MENTORS OF RICKY JAY

Director: Alan Edelstein, Molly Bernstein

Ricky Jay is a world-renowned magician, author, historian and actor (often a mischievous presence in the films of David Mamet and Paul Thomas Anderson) -- and a performer who regularly provokes astonishment from even the most jaded audiences. DECEPTIVE PRACTICE traces Jay's achievements and influences, from his apprenticeship at age 4 with his grandfather, to such now-forgotten legends as Al Flosso, Slydini, Cardini and his primary mentors, Dai Vernon and Charlie Miller. Featuring rare footage from his 1970s TV appearances (doing 3-card Monte with Steve Martin on The Dinah Shore Show) and told in Jay's inimitable voice, this is a remarkable journey inside the secretive world of magic and the small circle of eccentrics who are its perpetual devotees.

Reviews

- "Wonderfully engaging!" - New York Magazine
- "Full of happy surprises. Card tricks that leave his audience speechless." - David Edelstein, New York Magazine
- "He puts on a smashing show,

whether on or off the stage... Mr. Jay proves a hugely entertaining guide..." - Manohla Dargis, The New York Times

Item no. : HF11990268
Format : DVD (Color)
Duration : 88 minutes
Copyright : 2013
Price : USD 249.00

YANGSI

Jigme Lhundrup is the "Yangsi", the reincarnation of a greatly revered Tibetan Buddhist spiritual master. He must train to uphold this legacy from the age of four. Even with the loving support of his teachers and family the way forward is not always clear. Questions begin to arise about the place of his tradition in the modern world, and his own abilities. In this documentary film, director Mark Elliott ("The Lion's Roar", "Bodhisattva") follows a journey spanning fourteen years, culminating in the Yangsi's introduction to the world as a young man, when he must fully assume the mantle of his predecessor. With unprecedented access, "Yangsi" explores everyday life within a mystical tradition and reveals the unusual spirit of the boy at its center. Shot on location in Bhutan, Nepal, India, France, and the United States.

Reviews

- "An astonishing documentary" - Spirituality and Practice
- "A brilliant character sketch" - BlouinArtInfo

Item no. : PL11990275
Format : DVD (Color)
Duration : 82 minutes
Copyright : 2012
Price : USD 229.00

DOMESTIC VIOLENCE

SURVIVAL FROM DOMESTIC VIOLENCE: STORIES OF HOPE AND HEALING

By Angelea Panos

Watch the stories and reflections of women who transformed their lives after escaping domestic violence.

Breaking out of an abusive relationship is extraordinarily challenging, usually requiring multiple attempts. Learn the steps these women survivors took to create safety, build a support system, and find independence. Their firsthand accounts show how healing and recovery are possible, and expert commentary offers information about the signs of domestic violence as well as resources available to victims and survivors.

This program is especially suitable for:

- Community counseling service administrators,
- Trainers, educators and supervisors of mental health and other professionals
- Professors of human/women's sexuality
- Therapists who wish to share it with their clients
- Volunteer coordinators and trainers

Item no. : FN07620406
Format : Streaming (1 Year)
Duration : 14 minutes

VOICES OF VIOLENCE, THE: PART ONE - THE ROOTS OF VIOLENCE

In Part One, Ten experts elucidate the root causes of violent behavior. They offer a probing look into the unsettling childhood experiences of violent offenders, examining the disturbed parent-child attachment styles, destructive thought processes, and distorted social perceptions that underlie violence. In addition to the expert commentary, riveting interviews with both incarcerated and rehabilitated offenders offer direct insight into the thinking that led to violent crimes.

From watching this program, you will be able to:

- Describe the features of insecure attachment styles
- Understand the link between insecure attachment and violent behavior
- Explain the connection between violent and self-destructive behavior
- Conceptualize the social perspective of violent offenders

Item no. : ZH07620422
Format : Streaming (1 Year)
Duration : 58 minutes

VOICES OF VIOLENCE, THE: PART TWO - EFFECTIVE TREATMENT OF VIOLENT INDIVIDUALS

In Part Two, ten experts examine the critical components of effective treatment programs for violent individuals by focusing on prison programs in California and the U.K. Beyond the creation of an environment of safety and respect, these therapists confront the patriarchal beliefs, social misperceptions, and destructive thoughts that precipitate violent responses to real or perceived threats.

From watching this program, you will be able to:

- Understand the common social misperceptions that lead offenders to violent behavior
- Describe the key elements of effective treatment for violence
- Identify the specific skills necessary to

work safely with violent individuals

Item no. : TF07620423
Format : Streaming (1 Year)
Duration : 60 minutes

DRAMA

YOU AIN'T SEEN NOTHIN' YET

Director: Alain Resnais

Based on two works by the playwright Jean Anouilh, *You Ain't Seen Nothin' Yet* opens with a who's-who of French acting royalty (including Mathieu Amalric, Michel Piccoli and frequent Resnais muse Sabine Azema) being summoned to the reading of a late playwright's last will and testament. There, the playwright (Denis Podalydes) appears on a TV screen from beyond the grave and asks his erstwhile collaborators to evaluate a recording of an experimental theater company performing his *Eurydice*—a play they themselves all appeared in over the years. But as the video unspools, instead of watching passively, these seasoned thespians begin acting out the text alongside their youthful avatars, looking back into the past rather like mythic Orpheus himself. Gorgeously shot by cinematographer Eric Gautier on stylized sets that recall the French poetic realism of the 1930s, *You Ain't Seen Nothin' Yet* is an alternately wry and wistful valentine to actors and the art of performance from a director long fascinated by the intersection of life, theater and cinema.

Reviews

- "An elegant, moving and mischievous meditation on the passage of time and the tenacity of art." - A.O. Scott, *The New York Times*
- "A film of bristling intelligence that will delight lovers of cerebral upmarket cinema." - Jonathan Romney, *Screen International*

Item no. : AM11990276
Format : DVD (Color, French with English Subtitles)
Duration : 115 minutes
Copyright : 2012
Price : USD 249.00

EARTH SCIENCE, GEOLOGY AND ECOLOGY

NEW HISTORY OF LIFE, A

By Professor Stuart Sutherland

A *New History of Life* tells this all-embracing story of life on Earth—its origins, extinctions, and evolutions—in 36 lavishly illustrated lectures that assume no background in science. At half an hour per lecture, you cover the entire

4.54-billion-year history of Earth in 18 hours, averaging 70,000 years per second! Professor Stuart Sutherland of The University of British Columbia gives a gripping account, showing why he is an award-winning and nationally recognized teacher.

Item no. : SN09280657
Format : 6 DVDs (With Transcript Book)
Duration : 1080 minutes
Copyright : 2012
Price : USD 410.00

EASTERN PHILOSOPHY

WHEN THE IRON BIRD FLIES

Director: Victress Hitchcock

"When the iron bird flies and horses run on wheels, the Tibetan people will be scattered like ants across the face of the earth." - Guru Padmasambhava of Tibet, 8th Century

In 1959, the Chinese invasion of Tibet threw open the doors to the mysterious realm of Tibetan Buddhism and suddenly this rich, ancient tradition was propelled into the modern world. Half a century later, Padmasambhava's prophecy has come true and the teachings of Tibetan Buddhism are found in every corner of the earth.

WHEN THE IRON BIRD FLIES takes us on an up-close and personal journey following the astounding path of one of the world's great spiritual traditions from the caves of Tibet to the mainstream of Western culture. Along the way, the film tackles the provocative exchanges between Buddhist practitioners and scholars and Western scientists, psychologists, and educators now at the heart of the emergence of a genuine Western tradition of Buddhism.

And the film investigates the question: In these increasingly challenging times, can these profound teachings help us find genuine happiness and create a saner, more compassionate 21st century world?

Through candid interviews with contemporary teachers and practitioners, rare archival footage, and striking images of modern life that illuminate and make accessible the Buddha's core teachings, the film creates a vivid and entertaining portrait of the world of Tibetan Buddhism, as it is manifesting in America and the West.

Item no. : KM11990274
Format : DVD (Color, Black and White)
Duration : 96 minutes
Copyright : 2012
Price : USD 229.00

EDUCATION

CHAIRMAN AND THE LIONS, THE

Directed by Peter Biella

As recently as forty years ago, most sections of the Maasai were semi-nomadic and relatively independent of the nation-state. However, political, social and economic changes in East Africa have forced many herders to adopt a sedentary lifestyle. The Chairman and the Lions introduces Frank Kaipai Ikoyo, a charismatic Iparakuyo Maasai who, at thirty-three, is the leader of a Tanzanian village called Lesoit. Ikoyo was elected to his post at the age of twenty-six in part because he had completed primary school. That someone so young would be accorded such authority would have been without precedent not long ago. Yet this ethnography of Ikoyo's duties as village chairman shows how literacy and insight into the workings of the nation-state are essential for Maasai to combat the many lions, both real and figurative, that beset them: land grabbers, "bush" lawyers, unemployment, out-migration and poverty.

Like leaders of many indigenous groups, Ikoyo understands education to be a double-edged sword. He advocates schooling as a key to village self-determination, while still seeking to preserve the foundations of pastoralist identity. For as one Maasai woman argues, schooling may well transform their children into "educated criminals." The film depicts Ikoyo contending with the invasion of village land by a non-Maasai farmer, interrogating spies in a lawsuit, persuading mothers to send their daughters to school, navigating the legalese of an exploitative contract, and eliciting help from a renowned elder to train young warriors in the art of lion hunting. The Chairman and the Lions interweaves its observational vignettes of Ikoyo's activities with narrative accounts by the chairman himself.

Awards

- Special Jury Award, Zanzibar International Film Festival (ZIFF), Tanzania, 2013
- First Prize, ETNOFilm Festival for Ethnographic and Anthropological Film, Croatia, 2013

Item no. : TH03720849
Format : DVD (Color, Maa and Swahili with English Subtitles)
Duration : 46 minutes
Copyright : 2012
Price : USD 252.00

ENERGY CHANGE

FORMS OF ENERGY

Energy is never created nor destroyed - just transferred from one form to another. It's one of the most fundamental concepts in physics, but can be one that students find challenging when first introduced to it.

This video production uses an engaging presenter and familiar objects and scenarios - including skateboarding, tennis, vehicles and plant growth to explore different forms of energy, their effects on objects and processes and conversion from one form to another. Sections include what is energy, kinetic energy (including electrical, radiant and sound), potential energy and energy transformations. Students of Science at lower to middle levels will find this resource ideal for consolidating their understanding of these important fundamental areas.

Please contact us for primary and secondary schools pricing.

Item no. : TB08691951
Format : DVD
Duration : 13 minutes
Copyright : 2013
Price : AUD 235.00

PUSH AND PULL FORCES

Any type of motion means a force is at work, it is one of the most fundamental concepts in physics, and has formed the basis of the work of many pioneering scientists, including Isaac Newton. This program introduces forces and some important basic laws and principles of physics. Content covered includes defining and identifying forces, balanced forces, unbalanced forces and inertia. Led by a presenter, a range of familiar objects is used to demonstrate and simplify a number of concepts, including a car, a canoe, a bicycle and even a milkshake. It is an engaging resource, aimed at lower to middle level secondary students of Science, which uses every day situations to explain these important fundamental areas.

Please contact us for primary and secondary schools pricing.

Item no. : HN08691952
Format : DVD
Duration : 12 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL HEALTH

BAY OF ALL SAINTS

By Annie Eastman

In Salvador, Bahia, next to one of Brazil's wealthiest cities, generations of impoverished families have lived in a community of palafitas, shacks built on stilts over the ocean bay. Under a government program to reclaim and restore the bay, hundreds of families face forced relocation.

The stories of Geni, Jesus, and Dona Maria, three single mothers and their families shape this film's narrative as they confront uncertainty and insecurity. Each

woman offers a perspective of hope and self-determination, often graced by humor, in facing frequently dire circumstances. As their community is almost completely torn down and paved over, each begins to fight anew for the future. Filmed over six years, this extraordinary documentary offers fresh insights into environmental justice and notions of home for citizens bypassed by Brazil's economic boom. With the World Cup coming in 2014 and the Olympics two years later, this is an essential film for understanding a country that will soon be in the world spotlight.

Item no. : LY01880598
Format : DVD (Portuguese, Color)
Duration : 74 minutes
Copyright : 2012
Price : USD 350.00

ENVIRONMENTAL PROBLEMS AND MANAGEMENT

INVESTIGATION INTO DEPLETED URANIUM, AN

For 20 years, scientists, doctors, and activists—including some veterans—have denounced the use of depleted uranium in military and civilian technology, citing a wide range of negative health consequences. And yet more than 50 countries now possess weapons and other industrial applications based on DU, with arms industry lobbyists and nuclear authorities continuing to downplay the risks. This film visits combat zones in Iraq and the Balkans as it compares and contrasts the arguments of those who defend and attack the technology. Presented with archival documents, expert interviews, and testimony from those who have witnessed DU hazards firsthand, viewers are introduced to vital background information as well as a clear analysis of the conflicting viewpoints at the heart of the debate.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan, Ireland, Malta and South Africa.

Item no. : NZ00275270
Format : DVD
Duration : 52 minutes
Copyright : 2012
StdBkNo : 9781617535550
Price : USD 170.00

EXISTENTIAL-HUMANISTIC

GROUP THERAPY: A LIVE DEMONSTRATION

By Irvin Yalom, MD & Molyn Leszcz, MD

This video captures a historic presentation at the American Group Psychotherapy

Association Annual Meeting, and the release on DVD has been eagerly anticipated. It is a must see for group therapists and fans of Irvin Yalom and Moly Leszcz alike. The video is enhanced by a discussion between Irvin Yalom and Victor Yalom.

By watching this video, you will:

- See Yalom's model of group therapy in action.
- Learn techniques for engaging and maintaining the group in here-and-now interactions.
- Gain a deeper understanding of the theory and practice of this approach.

Item no. : WA07620326
Format : Streaming (1 Year)
Duration : 201 minutes

FAMILY AND RELATIONSHIPS

RECOGNISING ABUSIVE RELATIONSHIPS

"There's no justification or reason good enough for someone to hurt, threaten, neglect or take advantage of you. Especially when the person doing it is supposed to care about the victim." Recognising Abusive Relationships is a compelling and informative program that tackles this important issue with sensitivity and openness. Viewers are provided with straightforward information to help them understand and identify what abuse looks like in family and dating relationships. Forms of abuse (physical, psychological, sexual, neglect) and warning signs are clearly outlined and supported through the dramatised voices of victims sharing their feelings on, and experiences of abuse. The strength of this program is that it dispels many common excuses of abusers and focuses on empowering the abused. Developed to address middle to senior secondary health and personal development courses, this resource is also a valuable tool for tertiary study in related fields.

Please contact us for primary and secondary schools pricing.

Item no. : WB08691953
Format : DVD
Duration : 21 minutes
Copyright : 2013
Price : AUD 235.00

SEXUAL IDENTITY

This program addresses the changes youth undergo as their sexuality and sexual identity develop during adolescence. The first half of the program discusses the complex nature of personal identity, gender, and sexual orientation. The second half looks at ways in which viewers can make informed, responsible choices about sex and examines key elements of healthy relationships like respect and open communication. Ideal for

junior to middle secondary health and personal development students, the clever animated sequences and engaging, relatable young presenter are well suited for this audience. Above all, the program promotes the acceptance of diversity and highlights the importance of making decisions that are best for your health and well being.

Please contact us for primary and secondary schools pricing.

Item no. : ND08691954
Format : DVD
Duration : 17 minutes
Copyright : 2013
Price : AUD 235.00

FAMILY RELATIONS

BAY OF ALL SAINTS

By Annie Eastman

In Salvador, Bahia, next to one of Brazil's wealthiest cities, generations of impoverished families have lived in a community of palafitas, shacks built on stilts over the ocean bay. Under a government program to reclaim and restore the bay, hundreds of families face forced relocation.

The stories of Geni, Jesus, and Dona Maria, three single mothers and their families shape this film's narrative as they confront uncertainty and insecurity. Each woman offers a perspective of hope and self-determination, often graced by humor, in facing frequently dire circumstances. As their community is almost completely torn down and paved over, each begins to fight anew for the future. Filmed over six years, this extraordinary documentary offers fresh insights into environmental justice and notions of home for citizens bypassed by Brazil's economic boom. With the World Cup coming in 2014 and the Olympics two years later, this is an essential film for understanding a country that will soon be in the world spotlight.

Item no. : LY01880598
Format : DVD (Portugese, Color)
Duration : 74 minutes
Copyright : 2012
Price : USD 350.00

FAMILY THERAPY

FAMILY THERAPY WITH THE EXPERTS: BOWENIAN FAMILY THERAPY

By Philip Guerin

Watch Dr. Guerin masterfully conducting a live family therapy session, followed by an illuminating discussion about his innovative and sophisticated approach to Bowenian Family Therapy.

As noted above, Pam clearly has some sort of developmental disability, although it is unclear what the nature of her deficit is. But it is quite striking to notice how Guerin finds a way to engage her as a full adult member of the family, not talking down to her in any way, and in doing so provides effective modeling for the parents. Note that this is the same family as in the video Structural Family Therapy featuring Harry Aponte, so it is interesting to contrast the styles of these two master therapists.

By watching this video, you will:

- Learn the theoretical components of Bowenian Family Therapy.
- Identify specific techniques and interventions characteristic of Bowenian Family Therapy.
- Observe how a clinician employing a Bowenian Therapy approach conducts an initial family therapy session.

Item no. : EH07620313
Format : Streaming (1 Year)
Duration : 117 minutes

FAMILY THERAPY WITH THE EXPERTS: INTEGRATIVE FAMILY THERAPY

By Kenneth V. Hardy

Watch Integrative Family Therapy in action as Kenneth V. Hardy masterfully applies his holistic approach in an actual family therapy session with a single African-American mother and her teenage daughter.

By watching this video you will:

- Develop an understanding of the key tenets of Integrative Family Therapy, including: embracing a "both/and" philosophy; looking for the "pearls of functionality;" and the significance of the broader social context.
- Gain insight into Kenneth Hardy's therapeutic style and how he brings together various theories of family therapy.
- Learn how to apply an Integrative approach to your own therapeutic work with families.

Item no. : TJ07620315
Format : Streaming (1 Year)
Duration : 117 minutes

FAMILY THERAPY WITH THE EXPERTS: NARRATIVE FAMILY THERAPY

By Stephen Madigan

Ollie is a 12 year-old African-American boy who has been court-ordered to therapy after hitting his classmate with his belt. Watch Stephen Madigan, expert Narrative therapist, as he compassionately engages Ollie and his mother in a fascinating inquiry into their experience of racism,

discovering there's much more to this incident than meets the eye.

Madigan shares a refreshing approach to therapy that genuinely honors the individual's experience. A great tool for learning the theory and techniques of Narrative Therapy, this video is also an exceptional example of how to truly listen to your clients. At the end of this family therapy session, the mother says to Madigan, "I didn't know we would get to tell the story but it is a true story." This session reminds us how healing it can be for people to have a space to tell their stories to a concerned and interested listener, and Madigan teaches us how to create that space.

By watching this video, you will:

- Learn how to conduct a therapeutic interview using Narrative Therapy techniques such as deconstruction, re-authoring, and identifying communities of concern.
- Understand the significance of privileging the client's understanding of the problem and how to do this in an effective way.
- Develop skills for engaging clients in conversations about how socio-political issues such as racism play a role in the problems they are currently facing.

Item no. : FJ07620316
Format : Streaming (1 Year)
Duration : 112 minutes

FAMILY THERAPY WITH THE EXPERTS: STRUCTURAL FAMILY THERAPY

By Harry Aponte

Watch Harry J. Aponte, a highly regarded therapist who worked closely with Salvador Minuchin, demonstrate his unique approach to Structural Therapy in this compelling family therapy session.

By watching this video, you will:

- Learn the theoretical components of Structural Family Therapy.
- Identify specific techniques and interventions characteristic of Structural Family Therapy.
- Observe how a clinician employing a Structural Therapy

Item no. : CH07620320
Format : Streaming (1 Year)
Duration : 114 minutes

HARNESSING THE POWER OF GENOGRAMS IN PSYCHOTHERAPY

By Monica McGoldrick

Watch master family therapist Monica McGoldrick, MSW, create a genogram on the spot in this live session with a client struggling to understand why he is

distancing from his wife.

This is a rare opportunity to watch the therapist who developed and popularized genograms demonstrate how to actually create and utilize them in a therapy session. In this video, you will see Monica McGoldrick in action as she masterfully conducts an initial interview with a new client, demonstrating the step-by-step process of gathering historical information, creating the genogram, and contextualizing the client's presenting problem within a multigenerational family systems framework.

John is a 39-year-old African-American graphic designer who is having marital problems. Mystified and distressed by his pattern of distancing from his wife who is six months pregnant, he desperately wants to understand why he is pulling away. McGoldrick's focused interest in John's family story gently guides him in a thorough investigation of the social and historical context of his current struggles. With McGoldrick as an ally, John makes fascinating discoveries as he uncovers surprising coincidences, poignant tragedies and inspiring sources of resilience.

Watching McGoldrick engage a client in exploring the connection between his presenting problem and his family-of-origin issues is a treat in and of itself, but a bonus feature of this video is following McGoldrick's step-by-step creation of John's genogram on the spot. It makes for a compelling and highly educational experience.

By watching this video, you will learn how to:

- Utilize the genogram to place clients' presenting problems in a historical and social context
- Respond when a client resists exploring family issues
- Explain to clients why exploring family background is relevant

Item no. : NG07620327
Format : Streaming (1 Year)
Duration : 113 minutes

SALVADOR MINUCHIN ON FAMILY THERAPY

By Salvador Minuchin

In this fascinating interview with his beloved friend and mentee of over thirty years, Jay Lappin, Salvador Minuchin discusses a wide range of themes, from his early influences to his thoughts on how to best teach new therapists. With candor and humility, he discusses personal and provocative topics such as:

- the impact of being a Jew in an anti-Semitic country and how he developed a sense of being the "Other;"
- why psychodynamic therapy isn't enough;
- pivotal moments and mistakes;
- the essential elements of therapeutic change;

- how therapists are too nice and why they need to challenge their clients more;
- the importance of "daring when you're doubting;" and
- why he thinks Attachment Theory doesn't make any sense.

This is a great interview to watch with colleagues or to show in a class because it is sure to spark lively debate and to get viewers really thinking about their own beliefs about therapy.

By watching this video you will:

- Learn the theory, goals, and techniques of Structural Family Therapy.
- Understand the history of family therapy and how Minuchin developed his approach to working with diverse populations.
- Identify effective strategies for joining with clients and challenging them to find alternative ways of relating with each other.

Item no. : ZH07620396
Format : Streaming (1 Year)
Duration : 81 minutes

FEMINISM

HOW TO LOSE YOUR VIRGINITY

By Therese Shechter

Female virginity. The US government has spent 1.5 billion dollars promoting it. It has fetched \$750,000 at auction. There is no official medical definition for it. And 50 years after the sexual revolution, it continues to define young women's morality and self-worth.

This hilarious, eye-opening, occasionally alarming documentary uses the filmmaker's own path out of virginity to explore its continuing value in our otherwise hypersexualized society. Layering verite interviews and vintage sex-ed films with candid self-reflection and wry narration, Shechter reveals myths, dogmas and misconceptions behind this "precious gift." Sex educators, porn producers, abstinence advocates, and outspoken teens share their own stories of having - or not having - sex.

In a culture where "Be sexy, but don't have sex" is the overwhelming message to young women, the film goes through the looking glass to understand a milestone almost everyone thinks about but no one actually understands.

Reviews

- "Virginity is a powerful and malleable concept, as evidenced by the teenagers in Therese Shechter's smart, funny and provoking documentary." - Soraya Chemaly, The Huffington Post
- "Shechter gets us talking about our V-cards (whether we've cashed them in or whether we're holding on tight)

25

and creates an important documentary in the process." - Bust Magazine

Item no. : MP01880599
Format : DVD (Color)
Duration : 66 minutes
Copyright : 2013
Price : USD 295.00

FRENCH CINEMA AND CULTURE

YOU AIN'T SEEN NOTHIN' YET

Director: Alain Resnais

Based on two works by the playwright Jean Anouilh, *You Ain't Seen Nothin' Yet* opens with a who's-who of French acting royalty (including Mathieu Amalric, Michel Piccoli and frequent Resnais muse Sabine Azema) being summoned to the reading of a late playwright's last will and testament. There, the playwright (Denis Podalydes) appears on a TV screen from beyond the grave and asks his erstwhile collaborators to evaluate a recording of an experimental theater company performing his *Eurydice*--a play they themselves all appeared in over the years. But as the video unspools, instead of watching passively, these seasoned thespians begin acting out the text alongside their youthful avatars, looking back into the past rather like mythic Orpheus himself. Gorgeously shot by cinematographer Eric Gautier on stylized sets that recall the French poetic realism of the 1930s, *You Ain't Seen Nothin' Yet* is an alternately wry and wistful valentine to actors and the art of performance from a director long fascinated by the intersection of life, theater and cinema.

Reviews

- "An elegant, moving and mischievous meditation on the passage of time and the tenacity of art." - A.O. Scott, *The New York Times*
- "A film of bristling intelligence that will delight lovers of cerebral upmarket cinema." - Jonathan Romney, *Screen International*

Item no. : AM11990276
Format : DVD (Color, French with English Subtitles)
Duration : 115 minutes
Copyright : 2012
Price : USD 249.00

GESTALT

CHILD THERAPY CASE CONSULTATION

By Violet Oaklander

In this live consultation, you will get a tangible sense of how Violet Oaklander works with a variety of children, while

gaining practical skills to bring back to your own clients immediately.

By watching this program, you will:

- Understand how Oaklander integrates expressive arts and Gestalt therapy.
- Develop skills for working with children who have experienced various traumas.
- Learn techniques for helping children express emotions, particularly anger.

Item no. : YP07620266
Format : Streaming (1 Year)
Duration : 106 minutes

ERVING POLSTER ON GESTALT THERAPY

By Erving Polster

In this in-depth interview, you'll get to know Polster's unique take on Gestalt therapy, and see for yourself how he boldly elevates ordinary conversations into life-affirming encounters.

By watching this program, you will:

- Learn how to transform stale therapeutic interactions into fresh, vibrant, and engaging ones.
- Understand the fundamental principles, goals, and techniques of Gestalt therapy.
- Identify key differences between psychoanalysis and Gestalt therapy, such as the use of the therapeutic relationship and dream work.

Item no. : ZJ07620305
Format : Streaming (1 Year)
Duration : 59 minutes

GLOBAL POLITICS

DEFECTOR, THE: ESCAPE FROM NORTH KOREA

Sook-ja is one of tens of thousands of North Koreans who have risked death to flee the abusive conditions of Kim Jong-un's regime, but her new life across the border is far from ideal. As an undocumented migrant, she may be exploited for labor or sold as a sex slave. If caught out as a defector she'll be sent back south and likely face imprisonment or even execution. Korean-Canadian filmmaker Ann Shin came to China to document the plight of North Korean defectors like Sook-ja, and learned that many pay human traffickers to smuggle them to safer locations in Asia. This program follows along as Shin, Sook-ja, and a trafficker named Dragon undertake a dangerous journey to Thailand, where Sook-ja can apply for asylum.

Item no. : NU00275267
Format : DVD (Portions with English subtitles)
Duration : 71 minutes
Copyright : 2012
Price : USD 170.00

FEAR THAT HAS A THOUSAND EYES, THE: SECURITY AND SURVEILLANCE IN THE 21ST CENTURY

London. New York. Oklahoma City. Each was the site of a horrific and violent attack on the public, as were Madrid, Oslo, and many other urban areas. In the wake of every such tragedy has come a dramatic increase in security: not only more closed-circuit cameras, biometric scanning, and specially designed architecture, but also new laws that allow intense surveillance of individuals, organizations, and their activities. Clearly, the public needs protecting—but what are the consequences? Are basic personal freedoms at stake? This program explores 21st-century responses to the threat of terrorism and how they have changed urban life. Focusing on security measures deployed in London as it prepared for the 2012 Olympic Games, the film looks ahead to changes that are bound to come to cities large and small across the globe. An effective departure point for discussing the fragile balance between our need for safety and the civil liberties we hold dear.

Item no. : NF02305268
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 170.00

HIJACKING THE ARAB SPRING? THE RISE OF THE ISLAMISTS

For decades, the Muslim Brotherhood was an outlawed organization, marginalized and persecuted. Today, along with the Salafists and other Muslim groups, they are the principal winners of the Arab revolutions. They believe in a "Turkish model" of Islamic rule, and their speech is well-crafted to avoid scaring away the West. But what kind of policies do they want to introduce? Should political Islam be feared? Abdel Hakim Belhadj, leader of the Islamic al-Watan Party in Libya, has long been on the CIA's radar. In Morocco, radical preacher Sheikh Mohamad Fizazi is enjoying a comeback. And in Syria, insurgents are fighting to introduce Sharia law. From Libya to Morocco to Syria, this program investigates the new parties jostling for power.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan and South Africa.

Item no. : CG02455269
Format : DVD
Duration : 51 minutes
Copyright : 2012
StdBkNo : 9781617538551
Price : USD 170.00

INVESTIGATION INTO DEPLETED URANIUM, AN

For 20 years, scientists, doctors, and activists—including some veterans—have denounced the use of depleted uranium in military and civilian technology, citing a wide range of negative health consequences. And yet more than 50 countries now possess weapons and other industrial applications based on DU, with arms industry lobbyists and nuclear authorities continuing to downplay the risks. This film visits combat zones in Iraq and the Balkans as it compares and contrasts the arguments of those who defend and attack the technology. Presented with archival documents, expert interviews, and testimony from those who have witnessed DU hazards firsthand, viewers are introduced to vital background information as well as a clear analysis of the conflicting viewpoints at the heart of the debate.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan, Ireland, Malta and South Africa.

Item no. : NZ00275270
Format : DVD
Duration : 52 minutes
Copyright : 2012
StdBkNo : 9781617535550
Price : USD 170.00

GRIEF/LOSS

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME I: A BRIEF PSYCHODYNAMIC TREATMENT

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Over the course of four actual sessions, Milton Viederman, MD demonstrates a psychoanalytic approach to working with grief.

Paying detailed attention to the subtle nuances of the therapeutic relationship, Viederman adapts the principles of psychoanalysis to a course of brief therapy. Pat is the primary caregiver for her dying husband and is experiencing the grief and fear around his impending death. Forming an interpretation of Pat's core conflict and elaborating this theme throughout the sessions, Viederman helps Pat explore the early life experiences that give meaning to her current emotional responses. He builds rapport and trust with this open and engaging client, offering her a supportive environment in which true insight is produced. In a poignant follow-up session, Pat reveals that the therapy was

instrumental in helping her be at peace with her husband's death.

By watching Volume I, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of this approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : BZ07620223
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 81 minutes
StdBkNo : 1601242212
Price : USD 209.00

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME I: A BRIEF PSYCHODYNAMIC TREATMENT

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Over the course of four actual sessions, Milton Viederman, MD demonstrates a psychoanalytic approach to working with grief.

Paying detailed attention to the subtle nuances of the therapeutic relationship, Viederman adapts the principles of psychoanalysis to a course of brief therapy. Pat is the primary caregiver for her dying husband and is experiencing the grief and fear around his impending death. Forming an interpretation of Pat's core conflict and elaborating this theme throughout the sessions, Viederman helps Pat explore the early life experiences that give meaning to her current emotional responses. He builds rapport and trust with this open and engaging client, offering her a supportive environment in which true insight is produced. In a poignant follow-up session, Pat reveals that the therapy was instrumental in helping her be at peace with her husband's death.

By watching Volume I, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of this approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : JW07620294

Format : Streaming (1 Year)
Duration : 81 minutes

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME II: HOSPITAL CONSULTATION WITH MEDICALLY ILL PATIENTS

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Milton Viederman, MD, brings his psychoanalytic orientation to actual hospital consultations with cancer patients.

In this companion volume, Viederman continues his exploration of the application of psychoanalytic principles to brief therapy. While many of us feel comfortable meeting clients on our own turf, we are often less certain how to navigate the therapeutic relationship in a hospital setting with visibly ill patients. Working quickly to assess the conscious and unconscious coping mechanisms that affect the patient's experience of illness and treatment, Viederman's main objective is to create a supportive relationship and relieve patient distress. Interspersed with illuminating commentary, Viederman skillfully demonstrates when to probe defensive structures and when to leave them alone so as not to increase the patient's anxiety.

By watching Volume II, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of Viederman's approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : PD07620224
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 104 minutes
StdBkNo : 1601242239
Price : USD 209.00

DEATH, DYING AND GRIEF IN PSYCHOTHERAPY VOLUME II: HOSPITAL CONSULTATION WITH MEDICALLY ILL PATIENTS

By Milton Viederman

Therapists of all orientations will benefit from seeing how psychoanalytic and

psychodynamic principles can be effectively adapted to short-term therapy with clients and patients facing issues of grief, death and dying.

Milton Viederman, MD, brings his psychoanalytic orientation to actual hospital consultations with cancer patients.

In this companion volume, Viederman continues his exploration of the application of psychoanalytic principles to brief therapy. While many of us feel comfortable meeting clients on our own turf, we are often less certain how to navigate the therapeutic relationship in a hospital setting with visibly ill patients. Working quickly to assess the conscious and unconscious coping mechanisms that affect the patient's experience of illness and treatment, Viederman's main objective is to create a supportive relationship and relieve patient distress. Interspersed with illuminating commentary, Viederman skillfully demonstrates when to probe defensive structures and when to leave them alone so as not to increase the patient's anxiety.

By watching Volume II, you will be able to:

- Describe the specific techniques used in Viederman's approach to brief psychodynamic treatment.
- Identify the basic principles of Viederman's approach to working with people who are dealing with the sickness and death of a loved one.
- Explain how a clinician employing Viederman's approach would conduct an initial interview with someone dealing with death, dying, and grief.

Item no. : HV07620295
Format : Streaming (1 Year)
Duration : 104 minutes

GROUP THERAPY

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME I: EVOLUTION OF THE ENCOUNTER GROUP

With Rod Mullen

Mullen explores the evolution of encounter groups beginning with the first groups created by Synanon founder Chuck Dederich in the 1950s. Mullen discusses the essential elements of these first groups including honesty, authenticity and mutual self-help—elements that are still core to encounter groups today. He highlights that although the brutal confrontational style of the first groups have softened, the commitment to hold oneself and other accountable remains central. He also discusses the challenges that face encounter groups and offers guidance on how to work within managed care systems while holding on to the traditions that make encounter groups such an effective means for change.

From watching this program, you'll be able

to:

- Describe the most integral aspects of encounter groups that have remained relevant from the 1950s to the present.
- Discuss the early history of encounter groups and how they came about.
- Explain how encounter groups have changed over time, and how changes in the field during the last 20 years have posed significant challenges to running effective encounter groups.

Item no. : KT07620302
Format : Streaming (1 Year)
Duration : 65 minutes

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME II: PITFALLS & SOLUTIONS

With Rod Mullen

Mullen walks us through several groups to show us what works and what does not work when facilitating an encounter group. He warns us of several traps facilitators can fall into: dominating the group, getting into power struggles, not being prepared or knowing the group members, and leading groups that are too large and don't go deep enough. Through numerous vignettes, he illustrates solutions to these common problems, and offers words of experience and wisdom to the encounter group facilitator: know your people, be prepared, get feedback, and listen, listen, listen!

From watching this program, you'll be able to:

- Implement strategies for breaking the we/they dichotomy between staff and group members.
- Explain why it is important for a facilitator to know the members of his or her group and what the dangers are if they don't.
- Compare the differences between large and small groups, the effectiveness of both, and ways to make them each work.

Item no. : PC07620303
Format : Streaming (1 Year)
Duration : 75 minutes

ENCOUNTER GROUPS FOR ADDICTIONS VOLUME III: KEYS TO FOSTERING GROWTH

With Rod Mullen

Mullen discusses several key components to fostering growth and change in groups. He first explores the "marathon group" and how these day or weeklong sessions can bring participants into deeper understanding of themselves and what they need to change. He then discusses the importance of moral growth and ways in which facilitators can lead groups that

foster moral growth by providing credible role models, healthy levels of conflict, role-reversal, and the teaching of responsibility. Finally, Mullen discusses the prevalence of PTSD among addicts and how encounter groups offer opportunities to heal from childhood abuse.

From watching this program, you'll be able to discuss:

- Describe ways marathon groups differ from regular encounter groups, the importance of them for group members, and different possibilities for doing them today.
- Discuss the conditions a facilitator must create to foster moral growth within group members.
- Explain how PTSD increases a person's risk for abusing drugs, and how trauma can be worked through in encounter groups.

Item no. : GE07620304
Format : Streaming (1 Year)
Duration : 75 minutes

GROUP THERAPY: A LIVE DEMONSTRATION

By Irvin Yalom, MD & Mlyn Leszcz, MD

This video captures a historic presentation at the American Group Psychotherapy Association Annual Meeting, and the release on DVD has been eagerly anticipated. It is a must see for group therapists and fans of Irvin Yalom and Mlyn Leszcz alike. The video is enhanced by a discussion between Irvin Yalom and Victor Yalom.

By watching this video, you will:

- See Yalom's model of group therapy in action.
- Learn techniques for engaging and maintaining the group in here-and-now interactions.
- Gain a deeper understanding of the theory and practice of this approach.

Item no. : WA07620326
Format : Streaming (1 Year)
Duration : 201 minutes

LEADING GROUPS WITH ADOLESCENTS

By Janice DeLucia-Waack, PhD & Allen Segrist, PhD

In this comprehensive DVD featuring a live, unscripted group with actual high school students, two expert group therapists share their extensive knowledge, making this video a must-see for those new to leading groups as well as for experienced group therapists looking to refine their skills.

One highlight of this video is that it walks the viewer through each stage of a group, giving you a comprehensive understanding of what to do from

beginning to end. Beginning with the initial session, you will learn activities to help adolescents get to know each other and become more comfortable in the group, as well as how to talk about ground rules for safety and goal setting.

Then comes the middle stage of the group, in which the focus shifts to skill development and the learning of new behaviors. Here the group explores how thoughts influence feelings, as well as assertiveness skills and incorporating resilience. Finally, learn how to facilitate the termination of a group, which many group therapists would argue is the most important stage. Watch as the group explores what they have learned and how they have helped each other, as they say goodbye and reflect on their time together.

Another bonus to this video is the time the co-leaders and moderator spend reflecting on the group and processing what occurs. This gives the viewer a great degree of insight into the thinking processes of the co-leaders and why they chose specific activities and interventions. The video ends with a lively and candid discussion among the co-leaders and the moderator, in which the group members participate and add their input on how the group was for them.

By watching this video, you will:

- Learn how to create a therapeutic environment for adolescents that is fun and engaging as well as safe and structured.
- Discover techniques that help teens tap into their inner strength and resilience.
- Understand how to facilitate activities and discussions that foster self-discovery and interpersonal learning.

Item no. : NN07620338
Format : Streaming (1 Year)
Duration : 140 minutes

HAZARD COMMUNICATION (HAZCOM)

(GHS) GLOBALLY HARMONIZED SYSTEM

(GHS) – Globally Harmonized System program fully explains the new GHS and how it is to be integrated with your current HAZCOM program. For the first time in world history, globalization is reaching every corner of every business. All users of chemical products throughout the world need to know what chemicals are present and the hazards. Sound management of chemicals includes systems through which chemical hazards are identified and communicate to all who may be exposed. GHS cuts away the wasted time and efforts from confusion, inconsistent requirements that ultimately reduces worker protection. The focus on this program is to introduce what employers will need to know about the new GHS that

OSHA will adopt.

Item no. : PV08231156
Format : DVD
Duration : 20 minutes
Price : USD 273.00

HOW TO COMPLY WITH THE NEW GHS HAZCOM PROGRAM

How to Comply with the New GHS HAZCOM Program - The Globally Harmonized System (GHS) is an International approach to hazard communication, providing agreed criteria for classification of chemical hazards, and a standardized approach to label elements and safety data sheets. There is a lot of information about the new Hazard Communications program that's changing the way organizations comply with the new rules. This program is an explanation of how to comply, without changing your entire HAZCOM program. The topics in this program include: changes to HAZCOM, hazard classifications, labels, pictograms, and the new safety data sheets (SDS).

Item no. : FV08231157
Format : DVD
Duration : 15 minutes
Price : USD 273.00

INTEGRATING GHS WITH HAZCOM

Integrating GHS with Hazcom (Safety Video) -This update to the Hazard Communication Standard will provide a common and coherent approach to classifying chemicals and communicating hazard information on labels and safety data sheets. Once implemented, the revised standard will improve the quality and consistency of hazard information in the workplace, making it safer for workers. This program covers topics such as Hazard classifications, labels and labeling, SDS, training and information, shipping and receiving, PPE, transitions between the old Hazcom and new GHS standards.

Item no. : VS08231158
Format : DVD
Duration : 15 minutes
Price : USD 273.00

HEALTH AND HEALING

BREATH OF THE GODS

Director: Jan Schmidt-Garre

Modern yoga, that is, the form practiced daily by tens of millions of people around the world, goes back directly to the god Shiva according to Indian tradition. At the same time, however, modern yoga originated in the early 20th century - a creation of Indian savant T.

Krishnamacharya (1888-1989). That story is far less known.

Krishnamacharya's life and teachings are seen through the eyes of the director Jan Schmidt-Garre on his search for authentic yoga. His journey leads him from the legendary students and relatives of Krishnamacharya's to the source of modern yoga, at the palace of the Maharaja of Mysore. From Pattabhi Jois Jan learns the Sun salutation, from Iyengar the King of Asanas, the headstand, and finally Sribhashyam reveals to him his father's secret Life Saving Yoga Session.

Item no. : NA11990266
Format : DVD (Color)
Duration : 105 minutes
Copyright : 2012
Price : USD 229.00

HEALTH EDUCATION

CARING FOR AN INFANT'S OR TODDLER'S OSTOMY

17-minute training video for family care givers and medical staff

This 17-minute educational DVD is designed for the nurses and family care givers of an infant or toddler with a colostomy. The video explains the basic function of an ostomy, describes the various types of ostomies and demonstrates in step-by-step fashion the procedure for cleaning and changing a one-piece and two-piece appliance. Tips for daily care and problems to watch for are also covered. The video has no commercial bias or product promotions. The information is generic, so all parents and care givers will benefit from the video, regardless of the brand of ostomy appliance used.

Item no. : TN07510012
Format : DVD
Duration : 17 minutes
Price : USD 99.00

HUMAN GEOGRAPHY

DEFECTOR, THE: ESCAPE FROM NORTH KOREA

Sook-ja is one of tens of thousands of North Koreans who have risked death to flee the abusive conditions of Kim Jong-un's regime, but her new life across the border is far from ideal. As an undocumented migrant, she may be exploited for labor or sold as a sex slave. If caught out as a defector she'll be sent back south and likely face imprisonment or even execution. Korean-Canadian filmmaker Ann Shin came to China to document the plight of North Korean defectors like Sook-ja, and learned that many pay human traffickers to smuggle

them to safer locations in Asia. This program follows along as Shin, Sook-ja, and a trafficker named Dragon undertake a dangerous journey to Thailand, where Sook-ja can apply for asylum.

Item no. : NU00275267
Format : DVD (Portions with English subtitles)
Duration : 71 minutes
Copyright : 2012
Price : USD 170.00

HUMAN RIGHTS

ABUELAS: GRANDMOTHERS ON A MISSION

By Noemi Weis

In 1985, the Academy Award nominated film LAS MADRES: THE MOTHERS OF PLAZA DE MAYO profiled the Argentinian mothers' movement to demand to know the fate of 30,000 "disappeared" sons and daughters. Now three decades later, Argentina's courageous Grandmothers, or "Abuelas", have been searching for their grandchildren: the children of their sons and daughters who disappeared during Argentina's "dirty war." The women in ABUELAS are seeking answers about their children that nobody else will give — answers about a generation that survived, but were kidnapped and relocated to families linked with the regime that murdered their parents.

Argentine filmmaker Noemi Weis beautifully documents the grandmothers' painstaking work and its results - dramatic, inspiring and sometimes controversial - as the women make contact with grandchildren who have grown up living lies created by their adoptive parents. Their tireless work continues today: the justice they are seeking for their children's murder, their drive to find their grandchildren, and their international status speaking out for family reunification.

Reviews

- 'Noemi Weis' films deal with really raw, emotional and powerful subjects. She gives a voice to the voiceless." - Catherine Hubbard, The Argentinean Independent
- "The 'Abuelas' are an impressive group. Weis' film is a tribute and reminds people of a chapter of Argentine history most want to forget but can't until those who have disappeared have been brought home." - Latina Lista
- "An impressive testimony of dictatorships' impact on families and on the strength of women's hope through decades." - Sandrine Crisostomo, FEMCINE

Awards

- Winner, Jury Award, International Film Festival of Cine Político, Buenos Aires.

- Best Documentary, Art and Politics at the Yorkton Film Festival, Canada

Item no. : NK01880597
Format : DVD (Portuguese, Color)
Duration : 28 minutes
Copyright : 2012
Price : USD 275.00

BAY OF ALL SAINTS

By Annie Eastman

In Salvador, Bahia, next to one of Brazil's wealthiest cities, generations of impoverished families have lived in a community of palafitas, shacks built on stilts over the ocean bay. Under a government program to reclaim and restore the bay, hundreds of families face forced relocation.

The stories of Geni, Jesus, and Dona Maria, three single mothers and their families shape this film's narrative as they confront uncertainty and insecurity. Each woman offers a perspective of hope and self-determination, often graced by humor, in facing frequently dire circumstances. As their community is almost completely torn down and paved over, each begins to fight anew for the future. Filmed over six years, this extraordinary documentary offers fresh insights into environmental justice and notions of home for citizens bypassed by Brazil's economic boom. With the World Cup coming in 2014 and the Olympics two years later, this is an essential film for understanding a country that will soon be in the world spotlight.

Item no. : LY01880598
Format : DVD (Portuguese, Color)
Duration : 74 minutes
Copyright : 2012
Price : USD 350.00

ITALIAN

FOREIGN SERVICE INSTITUTE - PROGRAMMED ITALIAN

This course is designed to introduce you to spoken Italian. It covers virtually the entire sound-system of the language and introduces the basic grammatical categories, and consists of thirty-four units that accompany the cassettes. "Programmed" means that the information is presented and practiced in small steps that are numbered, which in this case are called "frames." Innovative features in the text include; emphasis on concept understanding, analyses for Italian of intonation and double consonants. Renowned Italian linguists Stephen Zappala and Egle Camozzo designed, wrote and edited all the materials. Members of the talented FSI staff also contributed useful suggestions. Egle Camozzo, Emilia Francini, Giovanni Salvo, as well as Stephen Zappala himself voice the recorded program.

Item no. : FM29110222
Format : 23 Audio CDs

JOB SEARCH SKILLS

ACE THE INTERVIEW

Provides an entertaining and creative approach to learning about the job interview process.

Combines the power of the computer with full-motion video, audio, graphics, and text to provide an entertaining and creative approach to learning about the job interview process. Guides users through a series of interview scenarios and reveals expert tips. Shows realistic portrayals of skills being taught. Exposes users to a variety of interview situations. Interactive format provides opportunities for learner input.

Item no. : TB29110224
Format : CD-ROM (Win)

LABORATORY SAFETY

GHS SAFETY DATA SHEETS IN THE LABORATORY

Created specifically to assist facilities in complying with the employee training requirements of OSHA's newly adopted GHS regulations, these products discuss using GHS Safety Data Sheets.

This training products on "GHS Safety Data Sheets in the Laboratory" review the composition of GHS Safety Data Sheets, the information that's contained in each section and how SDS's are different from Material Safety Data Sheets. Topics covered in the program include:

- Material Safety Data Sheets and GHS SDS's.
- Materials and their hazards.
- Hazardous materials emergencies.
- Handling hazardous materials.

Item no. : GS01500258
Format : DVD
Duration : 17 minutes
Price : USD 149.00

LEARNING AND MIND

LEARNING & MIND: FIVE MINDS FOR THE FUTURE

By Howard Gardner

In Five Minds for the Future, Howard Gardner examines how contemporary trends—globalization, the biological and digital revolutions, and lifelong learning—

will affect education and human thought; he also puts forth his theory of the five minds that should be valorized in our time ("disciplined," "synthesizing," "creating," "respectful," and "ethical"). He shares the research findings of the GoodWork Project and looks ahead to how we might nurture and cultivate ethics and good work in the years ahead.

- Part 1. Megatrends
- Part 2. Five Minds: The Cognitive Sphere
- Part 3. The Sphere of Human Relations
- Part 4. The "Triple Helix" of Good Work
- Part 5. Minds in a Digital Age

Item no. : SW06240018
Format : DVD
Duration : Approx. 1 hour
Price : USD 249.00

LEARNING & MIND: MULTIPLE INTELLIGENCES

By Howard Gardner

Howard Gardner introduces his theory of Multiple Intelligences; explores the theory's claims, implications, and common myths; and examines the question of assessment as well as how our thinking about intelligences may evolve.

- Part 1. Intelligence & Intelligences
- Part 2. MI: The Analogy of 8 Computers
- Part 3. Claims & Implications
- Part 4. Myths & Reality
- Part 5. Assessment
- Part 6. Intelligences in the Future

Item no. : HT06240019
Format : DVD
Duration : Approx. 1 hour
Price : USD 249.00

LEARNING & MIND: UNDERSTANDING

By Howard Gardner

In Understanding, Howard Gardner delves into notions of understanding, the meaning of the scholarly disciplines, and the possibilities and challenges of interdisciplinary thinking. He explores how the disciplines (including their knowledge, skills, concepts, and methods) are applied in new situations to understand phenomena both familiar and strange.

- Part 1. Disciplines, Performances, & Understanding
- Part 2. The Unschooled Mind
- Part 3. The Disciplined Mind
- Part 4. MI Meets Understanding
- Part 5. What Disciplinary Thinking is Not
- Part 6. Interdisciplinary Thinking
- Part 7. Understanding in the Digital Age

Item no. : WH06240020
Format : DVD
Duration : Approx. 1 hour
Price : USD 249.00

LITERATURE AND THEATER

YOU AIN'T SEEN NOTHIN' YET

Director: Alain Resnais

Based on two works by the playwright Jean Anouilh, *You Ain't Seen Nothin' Yet* opens with a who's-who of French acting royalty (including Mathieu Amalric, Michel Piccoli and frequent Resnais muse Sabine Azema) being summoned to the reading of a late playwright's last will and testament. There, the playwright (Denis Podalydes) appears on a TV screen from beyond the grave and asks his erstwhile collaborators to evaluate a recording of an experimental theater company performing his *Eurydice*—a play they themselves all appeared in over the years. But as the video unspools, instead of watching passively, these seasoned thespians begin acting out the text alongside their youthful avatars, looking back into the past rather like mythic Orpheus himself. Gorgeously shot by cinematographer Eric Gautier on stylized sets that recall the French poetic realism of the 1930s, *You Ain't Seen Nothin' Yet* is an alternately wry and wistful valentine to actors and the art of performance from a director long fascinated by the intersection of life, theater and cinema.

Reviews

- "An elegant, moving and mischievous meditation on the passage of time and the tenacity of art." - A.O. Scott, *The New York Times*
- "A film of bristling intelligence that will delight lovers of cerebral upmarket cinema." - Jonathan Romney, *Screen International*

Item no. : AM11990276
Format : DVD (Color, French with English Subtitles)
Duration : 115 minutes
Copyright : 2012
Price : USD 249.00

MANUFACTURING SAFETY

(GHS) GLOBALLY HARMONIZED SYSTEM

(GHS) – Globally Harmonized System program fully explains the new GHS and how it is to be integrated with your current HAZCOM program. For the first time in world history, globalization is reaching every corner of every business. All users of chemical products throughout the world need to know what chemicals are present and the hazards. Sound management of chemicals includes systems through which chemical hazards are identified and communicate to all who may be exposed. GHS cuts away the wasted time and efforts from confusion, inconsistent requirements that ultimately reduces

worker protection. The focus on this program is to introduce what employers will need to know about the new GHS that OSHA will adopt.

Item no. : PV08231156
Format : DVD
Duration : 20 minutes
Price : USD 273.00

HOW TO COMPLY WITH THE NEW GHS HAZCOM PROGRAM

How to Comply with the New GHS HAZCOM Program - The Globally Harmonized System (GHS) is an International approach to hazard communication, providing agreed criteria for classification of chemical hazards, and a standardized approach to label elements and safety data sheets. There is a lot of information about the new Hazard Communications program that's changing the way organizations comply with the new rules. This program is an explanation of how to comply, without changing your entire HAZCOM program. The topics in this program include: changes to HAZCOM, hazard classifications, labels, pictograms, and the new safety data sheets (SDS).

Item no. : FV08231157
Format : DVD
Duration : 15 minutes
Price : USD 273.00

INTEGRATING GHS WITH HAZCOM

Integrating GHS with Hazcom (Safety Video) -This update to the Hazard Communication Standard will provide a common and coherent approach to classifying chemicals and communicating hazard information on labels and safety data sheets. Once implemented, the revised standard will improve the quality and consistency of hazard information in the workplace, making it safer for workers. This program covers topics such as Hazard classifications, labels and labeling, SDS, training and information, shipping and receiving, PPE, transitions between the old Hazcom and new GHS standards.

Item no. : VS08231158
Format : DVD
Duration : 15 minutes
Price : USD 273.00

MARRIAGE

VIRGIN TALES

By Mirjam von Arx

Evangelical Christians are calling out for a second sexual revolution: chastity! As a counter-movement to the attitudes and practices of contemporary culture, one in eight girls in the U.S. today has vowed to remain "unsoiled" until marriage. But the seven children of Randy and Lisa Wilson, the Colorado Springs founders of the Purity Ball, take the concept one step further. They save even the first kiss for the altar.

Following the Wilsons for two years, this impressive documentary observes the family's life up close as some of their children prepare for their fairytale vision of romance and marriage, and seek out their own prince and princess spouses. As VIRGIN TALES takes in home routines, church services, social gatherings, conventions and purity balls, a broader theme emerges: how the religious right is grooming a young generation of virgins to embody an Evangelically-grounded Utopia in America.

Reviews

- "There's something indescribably creepy about watching teenage girls at father-daughter purity balls pledge to marry men just like Daddy, which is why Mirjam von Arx's scrupulously respectful stance in VIRGIN TALES is the wisest position she could take." - Variety
- "The film provides an important glimpse into fundamentalisms' modus operandi and their preferred battleground: Women's bodies. VIRGIN TALES successfully captures the inner workings of masculinist supremacy, its coding as religion awakening, and its dressing in gowns and tuxedos." - Claudia Brazzale, Ph.D., Global Scholar, Institute for Research on Women, Rutgers
- "An intriguing glimpse into the touchy-feely faith and lifestyle of a modern American Evangelical family..." - Screen Daily

Item no. : SH01880601
Format : DVD (Color)
Duration : 87 minutes
Copyright : 2012
Price : USD 350.00

MEDIA STUDIES

MEDIA ARCHAEOLOGY OF BOSTON, A

By Jesse Shapins and Olga Touloumi

Using the Boston region as a laboratory for exploring different modes of urban representation across both history and media, A Media Archaeology of Boston exhibits a carefully-selected excavation of

the city's spaces through a montage of short films, photographs, postcards, and soundscapes of the larger metropolitan area. Far from a comprehensive survey, A Media Archaeology of Boston aims to provoke new experiences of the city and, simultaneously, to challenge everyday perceptions of it.

Unlike Los Angeles or New York, whose image has been meticulously produced and systematically canonized through mass and independent media, Boston is a place where media practice has taken place on the margins of central venues of production and distribution. From industrial films by the Ford Motor Company to discharged advertising reels of local businesses to state-sponsored documentaries by experimental filmmakers investigating the harbor's environmental health, Media Archaeology of Boston provides insight into a city that expands beyond its celebrated historical landscape to encompass a multiplicity of perspectives toward diverse parts of the metropolitan area.

Integrating content, form, time, place, and medium in our curatorial process, we aim to construct a more complex, subjective matrix of multiple perspectives on Boston, without any claims of objectivity or comprehensiveness. The DVD opens up this collection of documentations to the audience and invites participation in the construction of new stories, of new narratives. A Media Archaeology of Boston, above all, remains an open and incomplete collection that presents a map of possibilities.

Item no. : PM03790850
Format : DVD (Black and White, Color)
Duration : 120 minutes
Copyright : 2013
Price : USD 282.00

MIGRATION

CHAIRMAN AND THE LIONS, THE

Directed by Peter Biella

As recently as forty years ago, most sections of the Maasai were semi-nomadic and relatively independent of the nation-state. However, political, social and economic changes in East Africa have forced many herders to adopt a sedentary lifestyle. The Chairman and the Lions introduces Frank Kaipai Ikoyo, a charismatic Ilparakuyo Maasai who, at thirty-three, is the leader of a Tanzanian village called Lesoit. Ikoyo was elected to his post at the age of twenty-six in part because he had completed primary school. That someone so young would be accorded such authority would have been without precedent not long ago. Yet this ethnography of Ikoyo's duties as village chairman shows how literacy and insight into the workings of the nation-state are essential for Maasai to combat the many lions, both real and figurative, that beset them: land grabbers, "bush" lawyers,

unemployment, out-migration and poverty.

Like leaders of many indigenous groups, Ikoyo understands education to be a double-edged sword. He advocates schooling as a key to village self-determination, while still seeking to preserve the foundations of pastoralist identity. For as one Maasai woman argues, schooling may well transform their children into "educated criminals." The film depicts Ikoyo contending with the invasion of village land by a non-Maasai farmer, interrogating spies in a lawsuit, persuading mothers to send their daughters to school, navigating the legalese of an exploitative contract, and eliciting help from a renowned elder to train young warriors in the art of lion hunting. The Chairman and the Lions interweaves its observational vignettes of Ikoyo's activities with narrative accounts by the chairman himself.

Awards

- Special Jury Award, Zanzibar International Film Festival (ZIFF), Tanzania, 2013
- First Prize, ETNOFilm Festival for Ethnographic and Anthropological Film, Croatia, 2013

Item no. : TH03720849
Format : DVD (Color, Maa and Swahili with English Subtitles)
Duration : 46 minutes
Copyright : 2012
Price : USD 252.00

MINDFULNESS

HEALING POWER OF MINDFUL PARENTING, THE

By Jon Kabat-Zinn, Myla Kabat-Zinn

Most parents would agree that parenting is one of the most stressful occupations on the planet, for which there is very little training. Here Jon and Myla Kabat-Zinn, preeminent experts on mindful parenting, combine ancient wisdom with the latest psychological research to offer tools and techniques to help parents—and the therapists who treat them—navigate the challenges of parenting.

Mindfulness is paying attention purposefully and without judgment to the present moment; mindful parenting is about bringing that quality of awareness to relationships with children of all ages. Guiding a live studio audience in an exploration of the fundamentals of mindful parenting, the Kabat-Zinns share how parents can practice and apply mindfulness for their own well-being and to enhance their relationships with their children. From getting the most out of ordinary moments in a family's day, to navigating challenging situations, to creating a haven in the home, viewers will learn simple and profound ways to cultivate a deeper intimacy with the present moment, thereby deriving greater satisfaction out of the extraordinary enterprise of parenting.

Parents, step-parents, parent educators, and therapists will find this video filled with healing principles and highly practical tools. Conveniently organized segments, exercises, and slides make it easy to use for parent education classes and workshops.

By watching this video, you will be able to:

- Understand how to practice mindfulness and how it is relevant to parenting
- Identify the nine steps parents can use for responding rather than reacting in difficult situations
- Explain how to create a space in the home that reflects the family's values

Item no. : PD07620331
Format : Streaming (1 Year)
Duration : 115 minutes

MINDFULNESS FOR LIFE: AN INTERVIEW WITH JON KABAT-ZINN

By Jon Kabat-Zinn

In an era of smartphones, Facebook, and endless distractions, practicing mindfulness is a radical act. Kabat-Zinn defines mindfulness as purposefully and non-judgmentally paying attention to the present moment, as if your life depended on it. Preoccupied with planning for the future or ruminating about the past, the present moment so often gets completely overlooked, robbing us of the opportunity to be fully, consciously, and responsibly alive. Mindfulness is the antidote to this tendency to sleepwalk through our days, and an invitation to reclaim our lives.

Mindfulness-based therapies have been empirically validated as highly effective for reducing stress and preventing relapse in depression and addictions. Furthermore, research indicates that therapy outcomes are much improved when the therapist practices mindfulness. Whatever your therapeutic approach, cultivating mindfulness will enable you to be more fully present with your clients, while enhancing empathy and strengthening the therapeutic alliance. Whether you're wanting to cultivate your own awareness of that of your clients, this video will point you in the right direction.

By watching this video, you will be able to:

- Define mindfulness and understand the significance of practice
- Explain how mindfulness applies to parenting
- Describe how mindfulness is used in psychotherapy

Item no. : KT07620348
Format : Streaming (1 Year)
Duration : 43 minutes

MOTIVATIONAL INTERVIEWING

MOTIVATIONAL INTERVIEWING STEP BY STEP: BUILDING CONFIDENCE IN MOTIVATIONAL INTERVIEWING

By Cathy Cole

Having a plan isn't enough. Learn to help clients build the confidence they need to put a change plan into action. Cathy Cole works with three clients who lack confidence in their ability to achieve their goals.

By watching this video, you will be able to:

- Identify in sessions various roadblocks to confidence in effecting change.
- Learn to utilize personal strengths, values, and past successes.
- Use MI techniques best suited for clients who want to change but are low in confidence.

Item no. : EA07620354
Format : Streaming (1 Year)
Duration : 116 minutes

MOTIVATIONAL INTERVIEWING STEP BY STEP: CORE CONCEPTS OF MOTIVATIONAL INTERVIEWING

By Cathy Cole

Expert MI trainer Cathy Cole discusses the principles and spirit of MI, along with core concepts and techniques and ingredients for change.

By watching this video, you will be able to:

- Describe the spirit of Motivational Interviewing and how it differs from other approaches.
- Understand how MI is applied in counseling sessions, including developing a partnership, and listening and responding to the language of change.
- Identify and practice specific techniques used in MI to engage clients, help them fully explore their ambivalence to change, and develop an action plan.

Item no. : VV07620355
Format : Streaming (1 Year)
Duration : 135 minutes

MOTIVATIONAL INTERVIEWING STEP BY STEP: INCREASING IMPORTANCE IN MOTIVATIONAL INTERVIEWING

By Cathy Cole

With three full-length sessions in diverse client settings, Cathy Cole demonstrates strategies for working with clients who are initially reluctant to change.

By watching this video, you will be able to:

- Understand the critical issue of importance in MI.
- Learn how to conduct an MI session with people who initially don't think changing is important.
- Identify specific strategies and techniques used to address importance

Item no. : CE07620356
Format : Streaming (1 Year)
Duration : 123 minutes

MOTIVATIONAL INTERVIEWING STEP BY STEP: RESOLVING AMBIGUANCE IN MOTIVATIONAL INTERVIEWING

By Cathy Cole

Learn Motivational Interviewing's tools and techniques for helping clients fully explore their ambivalence as a critical part of the change process.

By watching this video, you will be able to:

- Learn MI strategies useful with clients stuck in ambivalence.
- Recognize the difference between sustain talk and change talk.
- Identify specific techniques used to reinforce change talk and move toward a change plan.

Item no. : MC07620357
Format : Streaming (1 Year)
Duration : 101 minutes

WILLIAM MILLER ON MOTIVATIONAL INTERVIEWING

By William R. Miller

In this compelling interview, Miller elucidates how people change and how we, as clinicians, can effectively facilitate the process. He discusses the evolution of Motivational Interviewing, the spirit of MI, and specific techniques that clinicians can begin applying immediately. Miller addresses how to deal with clients' resistance and denial, particularly when the clinician feels impatient and frustrated,

and talks about ways to build clients' confidence to enhance motivation.

If you're looking for a respectful, compassionate, evidence-based tool to incorporate into your repertoire, and are ready to really make a difference in your clients' lives, it's time to begin using Motivational Interviewing. Get started here by learning directly from the creator himself, and join countless others who have used this approach with great success in diverse fields, including addiction counseling, criminal justice, and health care.

By watching this video, you will be able to:

- Describe the Motivational Interviewing approach to change, including the spirit of Motivational Interviewing and specific techniques used to help people change.
- Identify when Motivational Interviewing is and is not recommended.
- Explain how a clinician employing Motivational Interviewing techniques would respond to resistance.

Item no. : WW07620426
Format : Streaming (1 Year)
Duration : 60 minutes

MULTICULTURAL

GROUP COUNSELING WITH CHILDREN: A MULTICULTURAL APPROACH

By Sam Steen, PhD, & Sheri Bauman, PhD

Watch this diverse group of children engage in activities and discussions that increase their awareness of their own cultures and their appreciation for differences.

By watching this video, you will:

- Learn how to create a therapeutic environment to increase children's awareness and appreciation of multiculturalism.
- Increase your skills in leading and co-leading groups.
- Understand how to facilitate developmentally appropriate activities and discussions that foster reflection.

Item no. : ZF07620325
Format : Streaming (1 Year)
Duration : 286 minutes

MULTICULTURAL ISSUES

FAMILY THERAPY WITH THE EXPERTS: INTEGRATIVE FAMILY THERAPY

By Kenneth V. Hardy

Watch Integrative Family Therapy in action as Kenneth V. Hardy masterfully applies his holistic approach in an actual family therapy session with a single African-American mother and her teenage daughter.

By watching this video you will:

- Develop an understanding of the key tenets of Integrative Family Therapy, including: embracing a "both/and" philosophy; looking for the "pearls of functionality;" and the significance of the broader social context.
- Gain insight into Kenneth Hardy's therapeutic style and how he brings together various theories of family therapy.
- Learn how to apply an Integrative approach to your own therapeutic work with families.

Item no. : TJ07620315
Format : Streaming (1 Year)
Duration : 117 minutes

NARRATIVE THERAPY

FAMILY THERAPY WITH THE EXPERTS: NARRATIVE FAMILY THERAPY

By Stephen Madigan

Ollie is a 12 year-old African-American boy who has been court-ordered to therapy after hitting his classmate with his belt. Watch Stephen Madigan, expert Narrative therapist, as he compassionately engages Ollie and his mother in a fascinating inquiry into their experience of racism, discovering there's much more to this incident than meets the eye.

Madigan shares a refreshing approach to therapy that genuinely honors the individual's experience. A great tool for learning the theory and techniques of Narrative Therapy, this video is also an exceptional example of how to truly listen to your clients. At the end of this family therapy session, the mother says to Madigan, "I didn't know we would get to tell the story but it is a true story." This session reminds us how healing it can be for people to have a space to tell their stories to a concerned and interested listener, and Madigan teaches us how to create that space.

By watching this video, you will:

- Learn how to conduct a therapeutic

interview using Narrative Therapy techniques such as deconstruction, re-authoring, and identifying communities of concern.

- Understand the significance of privileging the client's understanding of the problem and how to do this in an effective way.
- Develop skills for engaging clients in conversations about how socio-political issues such as racism play a role in the problems they are currently facing.

Item no. : FJ07620316
Format : Streaming (1 Year)
Duration : 112 minutes

OBSESSIVE-COMPULSIVE

STRATEGIC TREATMENT OF ANXIETY DISORDERS: COGNITIVE THERAPY FOR OBSESSIONS

By Reid Wilson

In these live sessions with a patient suffering from obsessive thinking, Reid Wilson demonstrates tools and techniques of cognitive therapy that clinicians can begin to apply immediately.

With humor, compassion and impressive persistence, Wilson masterfully helps Rita do a 180 when it comes to how she's approaching her health anxiety. Challenging conventional wisdom about how to get better, Wilson's paradoxical approach to change is reminiscent of Buddhist teachings that talk about suffering coming from resistance. Urging her to want her symptoms as opposed to trying to get rid of them, he turns everything upside down, making for a fascinating and refreshing approach to anxiety disorders in particular and life in general.

While kind and patient, Wilson is at times somewhat pushy and aggressive. On this aspect of his approach he says: "This method can be challenging to therapists who work in a less directive, more client-centered way. But these clients are really stuck in a faulty belief system. If we aren't aggressive in our tactics, then we are going to be at the work for a long time."

If you're looking for a way to really make some inroads with your clients with anxiety disorders in a short period of time, this video is definitely for you.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating anxiety disorders.
- Understand how to conduct a highly focused assessment.
- Identify tools for helping clients increase their tolerance of uncertainty and discomfort

Item no. : WB07620400
Format : Streaming (1 Year)
Duration : 164 minutes

STRATEGIC TREATMENT OF ANXIETY DISORDERS: ENGAGING THE AMBIVALENT OCD CLIENT

By Reid Wilson

Working with therapeutic resistance is often discussed in psychotherapy training, but the ambivalent OCD client poses a unique challenge for clinicians. Here, anxiety expert Reid Wilson demonstrates a counterintuitive cognitive-behavioral approach to confronting safety-seeking behaviors that can help these clients maintain commitment to recovery.

Given Kathleen's belief in the content of her obsessive thinking around safety and cleanliness, she's to be commended for her strides with the therapeutic exposure practices Wilson offers. Many of Kathleen's obsessions are grounded in reasonable concerns we all deal with; but OCD's ability to exaggerate these concerns makes treatment a challenge for therapists and clients alike. Over two sessions, Wilson proposes several tailored modifications intended to support Kathleen in "moving toward" the anxiety that drives her compulsive behaviors, helping her more fully engage with her recovery and see real change.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating the ambivalent OCD client.
- Understand how to conduct a highly focused assessment.
- Identify tools for helping clients increase their tolerance of uncertainty and discomfort.

Item no. : TR07620228
Format : DVD (With Instructor's Manual)
Duration : 182 minutes
StdBkNo : 1601243634
Price : USD 223.00

STRATEGIC TREATMENT OF ANXIETY DISORDERS: ENGAGING THE AMBIVALENT OCD CLIENT

By Reid Wilson

Working with therapeutic resistance is often discussed in psychotherapy training, but the ambivalent OCD client poses a unique challenge for clinicians. Here, anxiety expert Reid Wilson demonstrates a counterintuitive cognitive-behavioral approach to confronting safety-seeking behaviors that can help these clients maintain commitment to recovery.

Given Kathleen's belief in the content of her obsessive thinking around safety and

cleanliness, she's to be commended for her strides with the therapeutic exposure practices Wilson offers. Many of Kathleen's obsessions are grounded in reasonable concerns we all deal with; but OCD's ability to exaggerate these concerns makes treatment a challenge for therapists and clients alike. Over two sessions, Wilson proposes several tailored modifications intended to support Kathleen in "moving toward" the anxiety that drives her compulsive behaviors, helping her more fully engage with her recovery and see real change.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating the ambivalent OCD client.
- Understand how to conduct a highly focused assessment.
- Identify tools for helping clients increase their tolerance of uncertainty and discomfort.

Item no. : CP07620402
Format : Streaming (1 Year)
Duration : 182 minutes

STRATEGIC TREATMENT OF ANXIETY DISORDERS: EXPOSURE THERAPY FOR PHOBIAS

By Reid Wilson

In these live sessions with a real patient, Reid Wilson demonstrates Exposure Therapy in action, offering a frame of reference that clinicians can begin to apply immediately.

After watching these two remarkable sessions with a woman who is afraid of flying, you'll surely be wondering, "Well, how did the flight go?" (She was leaving for a flight right after her second session with Wilson). Without giving too much away, we're pleased to report that the work she did with Wilson in these two sessions made a huge difference, and she updated us that she managed without medication, didn't feel nearly as much panic as she usually does, and she was able to talk herself down fairly quickly when anxiety arose. She also shared that she was amazed by her progress and all that she was able to do. Pretty impressive for just two sessions! Once you see Wilson in action, you'll understand how to help your own clients make similar progress with their phobias.

By watching this video you will:

- Learn the core concepts of Wilson's approach to treating phobias
- Understand how to conduct a highly focused assessment
- Identify tools for facilitating habituation through exposure therapy techniques.

Item no. : TL07620403
Format : Streaming (1 Year)
Duration : 177 minutes

STRATEGIC TREATMENT OF ANXIETY DISORDERS: TREATING THE SEVERE OCD CLIENT

By Reid Wilson

Severe OCD can seem hopelessly intractable, especially when a client has invested significant time in past therapy. Here, anxiety disorder expert Reid Wilson employs a variation of cognitive and strategic methods in two live sessions, demonstrating his paradoxical approach to tackling obsessive thinking.

Months of previous exposure-based therapy hasn't given Bob much relief; he comes to Wilson claiming that now is his worst time with OCD, which he's suffered from since age 10. Intelligent and physically fit yet consumed with "repeater" behavior that detracts from his life goals, Bob lacks real-world tools to manage his anxiety, and lacks much hope for change.

Wilson's compassionate but firm approach takes the view that "If [clients] don't risk the feared consequence, they can't get better." Over two sessions, Wilson leverages Bob's innate fighting spirit to support him in "moving toward" the anxiety that drives his compulsive behaviors, helping him more fully engage with his discomfort and fundamentally change his circumstances.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating the severe OCD client.
- Understand how to conduct a highly focused assessment.
- Identify tools for helping clients increase their tolerance of uncertainty and discomfort.

Item no. : EN07620229
Format : DVD (With Instructor's Manual)
Duration : 162 minutes
StdBkNo : 1601243618
Price : USD 223.00

STRATEGIC TREATMENT OF ANXIETY DISORDERS: TREATING THE SEVERE OCD CLIENT

By Reid Wilson

Severe OCD can seem hopelessly intractable, especially when a client has invested significant time in past therapy. Here, anxiety disorder expert Reid Wilson employs a variation of cognitive and strategic methods in two live sessions, demonstrating his paradoxical approach to tackling obsessive thinking.

Months of previous exposure-based therapy hasn't given Bob much relief; he comes to Wilson claiming that now is his worst time with OCD, which he's suffered from since age 10. Intelligent and physically fit yet consumed with "repeater"

behavior that detracts from his life goals, Bob lacks real-world tools to manage his anxiety, and lacks much hope for change.

Wilson's compassionate but firm approach takes the view that "If [clients] don't risk the feared consequence, they can't get better." Over two sessions, Wilson leverages Bob's innate fighting spirit to support him in "moving toward" the anxiety that drives his compulsive behaviors, helping him more fully engage with his discomfort and fundamentally change his circumstances.

By watching this video, you will:

- Learn the core concepts of Wilson's approach to treating the severe OCD client.
- Understand how to conduct a highly focused assessment.
- Identify tools for helping clients increase their tolerance of uncertainty and discomfort.

Item no. : TR07620404
Format : Streaming (1 Year)
Duration : 162 minutes

OFFICE ADMINISTRATION

ENVIRONMENTAL PRACTICES AT WORK: HOSPITALITY

Sustainable environmental practices not only minimise an organisation's environmental footprint but there is also potential for significant bottom-line gains. This program focuses on environmental sustainability in hospitality where the focus in recent decades has been very much about efficient resource use, minimising waste and maximising productivity. Areas covered include identifying resources and environmental issues, compliance with regulations, and improving resource efficiency. Award-winning Melbourne-based Alto Hotel, Australia's first carbon-neutral hotel, presents an excellent case study. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : KA08691956
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL PRACTICES AT WORK: MANUFACTURING

Environmental sustainability is about designing and implementing practices and processes within a workplace that do not waste or exhaust natural resources or cause ecological damage. This program

focuses on environmental sustainability in the manufacturing and light industry, where technology and innovation have contributed significantly to greater efficiency in both resource use and productivity. Areas covered include identifying resources and environmental issues, compliance with regulations and improving resource efficiency. Award-winning Melbourne-based printing company, Vega Press, is an excellent case study and a range of its initiatives are examined. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : HM08691957
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL PRACTICES AT WORK: OFFICE

This program focuses on environmental sustainability in an office environment where recent decades have seen major gains made in minimizing waste and using resources more efficiently. Areas covered include identifying resources and environmental issues, compliance with regulations and improving resource efficiency. Two experts offer a range of insightful comments, including a representative from a major regional waste management group, and an industry trainer from Kangan Institute's Centre for Competitive Operations. This is an excellent program for students in various disciplines who are examining contemporary issues in today's workplace.

Please contact us for primary and secondary schools pricing.

Item no. : RC08691958
Format : DVD
Duration : 17 minutes
Copyright : 2013
Price : AUD 235.00

PARENTING

FAMILY THERAPY WITH THE EXPERTS: ADLERIAN FAMILY THERAPY

By James Bitter

Watch James Bitter masterfully demonstrate Alfred Adler's values and techniques in an actual therapy session with a family caught in a typical power struggle, followed by a fascinating discussion of the nuances of this influential approach to helping families thrive.

By watching this video you will:

- Learn how to integrate an Adlerian approach into your own therapeutic work with families.
- Develop an understanding of the key components of Adlerian Family Therapy, including how to conduct a "Typical Day" assessment and the role of birth order in understanding families.
- Gain insight into how to adopt an encouraging attitude by reframing problems into possibilities.

Item no. : VN07620312
Format : Streaming (1 Year)
Duration : 115 minutes

FAMILY THERAPY WITH THE EXPERTS: EMPOWERMENT FAMILY THERAPY

By Frank Pittman

Do you want to be more effective at empowering your clients to make the changes in their lives that will get them what they really want? Dr. Frank Pittman is one of the most passionate therapists around when it comes to helping people take responsibility for their lives, as you'll see in this live couples therapy session.

If there's one thing Pittman can't stand, it's a therapeutic approach that enhances a client's sense of being a victim. Empowerment Therapy is a character-building experience in which therapists tell clients that they are responsible for what they do -- no matter how they feel, no matter what's happened to them. If you're reaching your limit with clients who aren't making the changes they claim to want to make, spend a little time with Frank Pittman in this video: his no-nonsense approach to change may be just the inspiration you and your clients need.

By watching this video, you will:

- Learn how to develop a therapeutic relationship with clients that empowers them to make the changes they want in their lives.
- Develop an understanding of how to negotiate a family's resistance to change.
- Discover how to help parents make responsible decisions that are in their family's long-term best interest.

Item no. : DU07620314
Format : Streaming (1 Year)
Duration : 114 minutes

HEALING POWER OF MINDFUL PARENTING, THE

By Jon Kabat-Zinn, Myla Kabat-Zinn

Most parents would agree that parenting is one of the most stressful occupations on the planet, for which there is very little training. Here Jon and Myla Kabat-Zinn,

preeminent experts on mindful parenting, combine ancient wisdom with the latest psychological research to offer tools and techniques to help parents—and the therapists who treat them—navigate the challenges of parenting.

Mindfulness is paying attention purposefully and without judgment to the present moment; mindful parenting is about bringing that quality of awareness to relationships with children of all ages. Guiding a live studio audience in an exploration of the fundamentals of mindful parenting, the Kabat-Zinns share how parents can practice and apply mindfulness for their own well-being and to enhance their relationships with their children. From getting the most out of ordinary moments in a family's day, to navigating challenging situations, to creating a haven in the home, viewers will learn simple and profound ways to cultivate a deeper intimacy with the present moment, thereby deriving greater satisfaction out of the extraordinary enterprise of parenting.

Parents, step-parents, parent educators, and therapists will find this video filled with healing principles and highly practical tools. Conveniently organized segments, exercises, and slides make it easy to use for parent education classes and workshops.

By watching this video, you will be able to:

- Understand how to practice mindfulness and how it is relevant to parenting
- Identify the nine steps parents can use for responding rather than reacting in difficult situations
- Explain how to create a space in the home that reflects the family's values

Item no. : PD07620331
Format : Streaming (1 Year)
Duration : 115 minutes

PERSONALITY DISORDERS

DIALECTICAL BEHAVIOR THERAPY

By Marsha Linehan

Watch Marsha Linehan, founder of Dialectical Behavior Therapy (DBT), in action in this session with a middle-aged man with a significant personality disorder struggling with suicidal depression and anger after being left by his girlfriend.

Perhaps no therapist of the last several decades has so influenced current practice as Marsha Linehan. Though she does a great deal of teaching and training, opportunities to see her practicing with a client in a full-length session are few and far between. Therapists, DBT practitioners, and newcomers alike will relish this rare opportunity.

In this initial session, Linehan works with a fascinating and difficult client. He makes it

clear that he is actively suicidal, has little faith in therapy, and is not necessarily committed to treatment. He bobs and weaves as Linehan works with him, concealing some of the most damaging aspects of his own past behaviors and painting himself as an angry and wounded victim. With her upfront and frank style, Linehan defines the client's goals, makes clear to him which behaviors must change immediately, and gets him to agree to postpone suicidality in favor of further investigating her treatment. Throughout the session, Linehan gives voiced-over explanations of why she made certain choices and what compelled her towards different interventions. Prepare to be fascinated, both by the client and by Linehan!

By watching this video, you will learn:

- How to conduct an initial behavioral assessment using DBT
- How to implement elements of DBT style and strategy with your own clients
- How a DBT therapist assesses for suicidality and obtains commitment to therapy

Item no. : CC07620297
Format : Streaming (1 Year)
Duration : 108 minutes

PERSON-CENTERED

CARL ROGERS ON PERSON-CENTERED THERAPY

By Carl Rogers, Natalie Rogers

The founder of the person-centered approach reflects on his major contributions and explores his provocative opinions on psychotherapy, education, and social change.

Don't miss this rare opportunity to get up close and personal with the man named the single most influential psychotherapist of the past quarter-century. In this historic interview with Carl Rogers, filmed just two years before he passed away, the founder of the person-centered approach reflects on his major contributions and explores his provocative opinions on a wide range of topics including therapy, education, and social change.

With thoughtfulness, authenticity, and humility, Rogers shares himself in such a way that viewers really get a sense of who he is as a person, as he discusses a range of topics, from how his early upbringing influenced the development of his person-centered approach to his peace-building work with Protestants and Catholics in Northern Ireland. Throughout the interview, his "way of being"—which is the heart of his approach—shines through, revealing a man who passionately believes in the goodness of human nature and cares deeply about contributing to a better world.

This video also features an original interview with Carl's daughter, Dr. Natalie Rogers, who sits down with Victor Yalom and offers her unique reflections and perspectives on her father's life and work.

By watching this video, you will:

- Understand the philosophical stance behind the person-centered approach.
- Learn Rogers's core conditions necessary to bring about change in psychotherapy.
- Identify Rogers's key contributions to psychology and psychotherapy.

Item no. : PH07620265
Format : Streaming (1 Year)
Duration : 70 minutes

EXPRESSIVE ARTS THERAPY IN ACTION

By Natalie Rogers

Discover the transformative power of moving beyond words as Natalie Rogers demonstrates person-centered expressive arts therapy in two remarkable sessions with a woman struggling with a career decision.

Are you looking for new tools to enliven your work and help clients go deeper? Discover the transformative power of moving beyond words as Natalie Rogers demonstrates person-centered expressive arts therapy in two remarkable sessions with a woman struggling with a career decision.

Tired of her tedious accounting job, Suzen wants to devote her energy to the healing work she does with horses, but is trapped by negative thought patterns and afraid of going broke. Watch as Rogers engages Suzen in a deep exploration of her dilemma, modeling key aspects of the person-centered approach such as unconditional positive regard, empathic understanding, and congruence, while also integrating a variety of expressive arts modalities including movement, pastels, and clay. Through their work together, Suzen makes a dramatic shift from confusion to clarity about her career path. With Rogers's warm presence and expert facilitation skills, Suzen moves through fear and self-doubt and gains access to her authentic self who is ready to shine.

Before and after the sessions, Victor Yalom sits down with Rogers to discuss her approach, and Rogers's commentary is interspersed throughout the sessions. From tips on how to really listen to how to accurately reflect a client's emotional experience, this video will help therapists and their clients creatively uncover rich new material.

By watching this video, you will be able to:

- Understand the foundations of the person-centered approach and the core conditions for change.
- Identify how to help clients access unconscious feelings through a variety of expressive arts modalities.

- Integrate a person-centered expressive arts approach into your own work with clients.

Item no. : EY07620310
Format : Streaming (1 Year)
Duration : 154 minutes

PHILOSOPHY AND SCIENCE

BREATH OF THE GODS

Director: Jan Schmidt-Garre

Modern yoga, that is, the form practiced daily by tens of millions of people around the world, goes back directly to the god Shiva according to Indian tradition. At the same time, however, modern yoga originated in the early 20th century - a creation of Indian savant T. Krishnamacharya (1888-1989). That story is far less known.

Krishnamacharya's life and teachings are seen through the eyes of the director Jan Schmidt-Garre on his search for authentic yoga. His journey leads him from the legendary students and relatives of Krishnamacharya's to the source of modern yoga, at the palace of the Maharaja of Mysore. From Pattabhi Jois Jan learns the Sun salutation, from Iyengar the King of Asanas, the headstand, and finally Sribhashyam reveals to him his father's secret Life Saving Yoga Session.

Item no. : NA11990266
Format : DVD (Color)
Duration : 105 minutes
Copyright : 2012
Price : USD 229.00

PHOTOGRAPHY

SPEAKING OF ART: TINA BARNEY

Director: Edgar B. Howard, Muffie Dunn

Since 1975 Tina Barney has been producing large-scale photographs of family and friends. Her meticulous tableaux chronicle the complexity of interpersonal relationships. These lush color prints have been exhibited and collected by major institutions around the world from MoMA to The National Gallery, London. Barney has been the recipient of a John Simon Guggenheim Memorial Fellowship in 1991, and the 2010 Lucie Award for Achievement in Portraiture. In 2004 Barney selected work from two of her monographs Theatre of Manners and The Europeans to present in a lecture, which Checkerboard had the privilege of filming. With her unique sense of wit and humor, she recounts her photographic evolution - from her introduction to the work of Toulouse Lautrec as a young girl in Paris to her eight-year tour creating portraits throughout Europe. Barney did not begin making photographs until she

was 30 and living in Sun Valley, Idaho. There, she quickly identified her interest in the East Coast world she had left behind. Returning to Rhode Island and New York, she started photographing her own family and friends, choreographing photographs and utilizing architectural divides employed by early Italian Renaissance painters and those of the Dutch Golden Age. This 55-minute visual journey, offers a comprehensive and enlightening look at the work of one of America's preeminent photographers.

Item no. : BL09270054
Format : DVD (Color)
Duration : 55 minutes
Copyright : 2013
Price : USD 150.00

PSYCHODRAMA

PSYCHODRAMA UNMASKED: ESSENTIAL TOOLS AND TECHNIQUES

By Tobi Klein

In these live sessions, master psychodramatist Tobi Klein, MSW, teaches the core principles and techniques of psychodrama.

Ready to bring more vitality into your sessions? Psychodrama offers a wide array of action-oriented techniques that help clients get out of their heads and into their bodies, moving beyond what is possible in traditional talk therapy. This video offers a thorough introduction to the key concepts and methodology of psychodrama, and will prove useful not only for those who facilitate actual psychodramas, but also for more traditional therapists seeking tools and techniques to engage clients in new ways.

Calling on teachings from psychodrama's founder, J.L. Moreno, master psychodramatist Tobi Klein offers an enriching learning experience by directing three live psychodramas while simultaneously teaching viewers the how-to's. Her demonstrations and explanations highlight how compelling, cathartic, and effective this approach can be.

By watching this video, you will:

- Learn how to direct psychodramas that allow clients to have corrective emotional experiences and see their conflicts in a new light
- Understand the three stages and five personae core to Klein's approach
- Identify several key psychodrama techniques, such as doubling and role-reversal

Item no. : NS07620361
Format : Streaming (1 Year)
Duration : 80 minutes

RATIONAL EMOTIVE BEHAVIOR THERAPY

ALBERT ELLIS ON REBT

By Albert Ellis

In these lively and occasionally outrageous interviews, Albert Ellis, who many consider the founder of cognitive behavioral therapy, shares about the life experiences and intellectual influences that shaped his career and led him to create Rational Emotive Behavior Therapy (REBT).

One thing you won't be wondering after watching these two interviews is, "What does Ellis really think about people?" In a refreshingly authentic, no-holds-barred manner, Ellis shares his honest thoughts and strong opinions on such topics as human nature, neurosis, self-esteem, therapists, spirituality, and death. When describing himself he says, "I have the guts to call a spade a spade," and his no-nonsense attitude certainly comes through in these lively interviews. While he uses a lot of four-letter words and can come across as somewhat harsh and righteous, the heart of his message is actually quite loving and even spiritual: accept yourself and others unconditionally, no matter what, and don't take everything so personally.

In the first interview with Philip Kendall, Ellis shares his opinions on a host of theorists in the field of psychotherapy, including Carl Rogers, Sigmund Freud, Aaron Beck, and Fritz Perls. This gives viewers a deeper understanding of each of these theories and how Ellis perceives other approaches, which makes for an even richer learning experience.

By watching this video, you will be able to:

- Understand the origins of REBT and how it evolved over time.
- Describe the three irrational beliefs that underlie most neuroses.
- Learn the key principles and techniques of the REBT model.

Item no. : HV07620250
Format : Streaming (1 Year)
Duration : 50 minutes

REGULATORY COMPLIANCE

HAZARD COMMUNICATION IN AUTO SERVICE FACILITIES

Created specifically to assist auto service facilities of all types in complying with federal, state and municipal Hazard Communication regulations, these products also address the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in Auto Service Facilities" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in auto service environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : WR01500259
Format : DVD
Duration : 21 minutes
Price : USD 229.00

HAZARD COMMUNICATION IN CLEANING AND MAINTENANCE OPERATIONS

Created specifically to assist cleaning and maintenance facilities of all types in complying with federal, state and municipal Hazard Communication regulations, these products also address the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in Cleaning and Maintenance Operations" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in cleaning & maintenance environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : AC01500260
Format : DVD

Duration : 20 minutes
Price : USD 229.00

HAZARD COMMUNICATION IN HEALTHCARE FACILITIES

Created specifically to assist healthcare facilities of all types in complying with federal, state and municipal Hazard Communication regulations, these products also address the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in Healthcare Facilities" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in healthcare environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : TP01500263
Format : DVD
Duration : 20 minutes
Price : USD 229.00

HAZARD COMMUNICATION IN INDUSTRIAL FACILITIES

Created specifically to assist industrial facilities of all types in complying with federal, state and municipal Hazard Communication regulations, these products also address the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in Industrial Facilities" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in industrial environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : DR01500264
Format : DVD
Duration : 20 minutes
Price : USD 229.00

HAZARD COMMUNICATION IN THE HOSPITALITY INDUSTRY

Created specifically to assist hospitality facilities of all types in complying with federal, state and municipal Hazard Communication regulations, these products also address the major education and training requirements in these "chemical hazard" laws.

This training products on "Hazard Communication in the Hospitality Industry" both introduce employees to the Hazard Communication regulations and provide training on the various types of chemicals found in hospitality environments. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and cleanup.

Item no. : AU01500265
Format : DVD
Duration : 20 minutes
Price : USD 229.00

HAZARD COMMUNICATION REFRESHER TRAINING

All of OSHA's recent regulations not only call for employees to receive initial training, but require that employees knowledge be "refreshed"... through retraining... on at least an annual basis. Since the detailed information that is required by the regulations has normally been given to employees during their initial training, retraining sessions can usually focus on things like reminding employees that they should be paying attention to the regulation in question... and heightening their "awareness" about how the regulation affects their jobs.

MARCOM's refresher training products on "Hazard Communication" give employees the information they need to refresh their knowledge of OSHA's Hazard Communication Standard... as cost effectively as possible. Topics covered in these products include:

- GHS Safety Data Sheets and container labels.
- Toxins, corrosives and irritants.
- Flammables, combustibles and gases.
- Carcinogens and radiation.
- Exposure situations.
- Personal protective equipment and chemical storage.
- Spills and clean-up.

Item no. : SW01500266
Format : DVD
Duration : 14 minutes
Price : USD 129.00

RELATIONSHIPS

COUPLES THERAPY WITH THE EXPERTS: BEHAVIORAL COUPLES THERAPY

By Richard Stuart

Richard Stuart demonstrates his integrative approach to Behavioral Couples Therapy in an actual couples therapy session.

Stuart utilizes basic principles of Behavioral Therapy to empower clients to change their own behaviors and develop insight and understanding into how what they do influences the behavior of others.

In this program, Stuart works with Adele and Wesley, a couple with many elements of a successful marriage but struggling to find a way to stay together. While issues from her past trouble Adele, Wesley feels hurt and rejected and does not know how to recapture his loving feelings for his wife.

Using information derived from a brief developmental history as well as pre-session questionnaires, Stuart is able to quickly dive into the language and metaphor of each client—using anecdotes and personal stories to reflect his understanding. He then moves on to identify each of their primary concerns, and reframe their understanding of problematic behaviors. After negotiating strategies for achieving a mutually desired solution, the clients are then asked to engage in specific behavioral changes that can be evaluated the following week.

Consistently focusing on their strengths and the positive aspects of their marriage, Stuart helps the couple re-commit to each other in order to successfully undertake the behavioral changes asked for.

By watching this program, you will be able to:

- Describe the specific techniques used in Stuart's approach to couples therapy.
- Identify the basic principles of Stuart's Integrative Behavioral approach to couples therapy.
- Explain how a clinician employing Stuart's approach would conduct an initial session with a couple.

Item no. : PG07620285
Format : Streaming (1 Year)
Duration : 120 minutes

COUPLES THERAPY WITH THE EXPERTS: STRATEGIC COUPLES THERAPY

By James Coyne

James Coyne demonstrates Strategic Couples Therapy in an actual session with a gay couple. Watch this master therapist and learn the basic principles of Strategic

Therapy, which seeks to help the couple develop a problem-solving strategy tailored to their specific concerns and values.

Hugh and Alan have been together more than a decade, and now find themselves ready to work on some of the more persistent annoyances in their relationship. Coyne illustrates many core Strategic Therapy techniques, including meeting with each partner individually prior to bringing them in together, describing the problem explicitly and concisely, investigating all solutions that have been previously tried, defining a clear and concrete change to be achieved and formulating and implementing a strategy for change.

Coyne demonstrates other techniques such as reframing, and gives Hugh and Alan a paradoxical homework assignment: permission to do what they are already doing in order to view their conflicts as an opportunity for change. The therapy session is both preceded and followed by an in-depth exploration of the principles of Strategic Therapy and a discussion of Coyne's own thought process and methodology.

By watching this program, you will:

- Describe Coyne's approach to couples therapy, including the specific techniques used in Strategic Therapy.
- Identify the basic principles of Strategic Therapy.
- Explain how a clinician employing a Strategic Therapy approach would conduct an initial session with a couple in conflict.

Item no. : YV07620290
Format : Streaming (1 Year)
Duration : 120 minutes

RELIGION

VIRGIN TALES

By Mirjam von Arx

Evangelical Christians are calling out for a second sexual revolution: chastity! As a counter-movement to the attitudes and practices of contemporary culture, one in eight girls in the U.S. today has vowed to remain "unsoiled" until marriage. But the seven children of Randy and Lisa Wilson, the Colorado Springs founders of the Purity Ball, take the concept one step further. They save even the first kiss for the altar.

Following the Wilsons for two years, this impressive documentary observes the family's life up close as some of their children prepare for their fairytale vision of romance and marriage, and seek out their own prince and princess spouses. As VIRGIN TALES takes in home routines, church services, social gatherings, conventions and purity balls, a broader theme emerges: how the religious right is grooming a young generation of virgins to embody an Evangelically-grounded Utopia

in America.

Reviews

- "There's something indescribably creepy about watching teenage girls at father-daughter purity balls pledge to marry men just like Daddy, which is why Mirjam von Arx's scrupulously respectful stance in VIRGIN TALES is the wisest position she could take." - Variety
- "The film provides an important glimpse into fundamentalisms' modus operandi and their preferred battleground: Women's bodies. VIRGIN TALES successfully captures the inner workings of masculinist supremacy, its coding as religion awakening, and its dressing in gowns and tuxedos." - Claudia Brazzale, Ph.D., Global Scholar, Institute for Research on Women, Rutgers
- "An intriguing glimpse into the touchy-feely faith and lifestyle of a modern American Evangelical family..." - Screen Daily

Item no. : SH01880601
Format : DVD (Color)
Duration : 87 minutes
Copyright : 2012
Price : USD 350.00

RELIGION AND SPIRITUALITY

BREATH OF THE GODS

Director: Jan Schmidt-Garre

Modern yoga, that is, the form practiced daily by tens of millions of people around the world, goes back directly to the god Shiva according to Indian tradition. At the same time, however, modern yoga originated in the early 20th century - a creation of Indian savant T. Krishnamacharya (1888-1989). That story is far less known.

Krishnamacharya's life and teachings are seen through the eyes of the director Jan Schmidt-Garre on his search for authentic yoga. His journey leads him from the legendary students and relatives of Krishnamacharya's to the source of modern yoga, at the palace of the Maharaja of Mysore. From Pattabhi Jois Jan learns the Sun salutation, from Iyengar the King of Asanas, the headstand, and finally Sribhashyam reveals to him his father's secret Life Saving Yoga Session.

Item no. : NA11990266
Format : DVD (Color)
Duration : 105 minutes
Copyright : 2012
Price : USD 229.00

HIJACKING THE ARAB SPRING? THE RISE OF THE ISLAMISTS

For decades, the Muslim Brotherhood was an outlawed organization, marginalized and persecuted. Today, along with the Salafists and other Muslim groups, they are the principal winners of the Arab revolutions. They believe in a "Turkish model" of Islamic rule, and their speech is well-crafted to avoid scaring away the West. But what kind of policies do they want to introduce? Should political Islam be feared? Abdel Hakim Belhadj, leader of the Islamic al-Watan Party in Libya, has long been on the CIA's radar. In Morocco, radical preacher Sheikh Mohamad Fizazi is enjoying a comeback. And in Syria, insurgents are fighting to introduce Sharia law. From Libya to Morocco to Syria, this program investigates the new parties jostling for power.

Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan and South Africa.

Item no. : CG02455269
Format : DVD
Duration : 51 minutes
Copyright : 2012
StdBkNo : 9781617538551
Price : USD 170.00

WHEN THE IRON BIRD FLIES

Director: Victress Hitchcock

"When the iron bird flies and horses run on wheels, the Tibetan people will be scattered like ants across the face of the earth." - Guru Padmasambhava of Tibet, 8th Century

In 1959, the Chinese invasion of Tibet threw open the doors to the mysterious realm of Tibetan Buddhism and suddenly this rich, ancient tradition was propelled into the modern world. Half a century later, Padmasambhava's prophecy has come true and the teachings of Tibetan Buddhism are found in every corner of the earth.

WHEN THE IRON BIRD FLIES takes us on an up-close and personal journey following the astounding path of one of the world's great spiritual traditions from the caves of Tibet to the mainstream of Western culture. Along the way, the film tackles the provocative exchanges between Buddhist practitioners and scholars and Western scientists, psychologists, and educators now at the heart of the emergence of a genuine Western tradition of Buddhism.

And the film investigates the question: In these increasingly challenging times, can these profound teachings help us find genuine happiness and create a saner, more compassionate 21st century world?

Through candid interviews with contemporary teachers and practitioners,

rare archival footage, and striking images of modern life that illuminate and make accessible the Buddha's core teachings, the film creates a vivid and entertaining portrait of the world of Tibetan Buddhism, as it is manifesting in America and the West.

Item no. : KM11990274
Format : DVD (Color, Black and White)
Duration : 96 minutes
Copyright : 2012
Price : USD 229.00

YANGSI

Jigme Lhundrup is the "Yangsi", the reincarnation of a greatly revered Tibetan Buddhist spiritual master. He must train to uphold this legacy from the age of four. Even with the loving support of his teachers and family the way forward is not always clear. Questions begin to arise about the place of his tradition in the modern world, and his own abilities. In this documentary film, director Mark Elliott ("The Lion's Roar", "Bodhisattva") follows a journey spanning fourteen years, culminating in the Yangsi's introduction to the world as a young man, when he must fully assume the mantle of his predecessor. With unprecedented access, "Yangsi" explores everyday life within a mystical tradition and reveals the unusual spirit of the boy at its center. Shot on location in Bhutan, Nepal, India, France, and the United States.

Reviews

- "An astonishing documentary" - Spirituality and Practice
- "A brilliant character sketch" - BlouinArtInfo

Item no. : PL11990275
Format : DVD (Color)
Duration : 82 minutes
Copyright : 2012
Price : USD 229.00

SCIENCE AND MATHEMATICS

WHAT SCIENCE KNOWS ABOUT CANCER

By Professor David Sadava

What Science Knows about Cancer reports from the front lines of the war on cancer with a clear and scientifically precise—yet thoroughly accessible—guide to how the disease develops, thrives, and can potentially be conquered. Taught by David Sadava, a laboratory researcher at the City of Hope Medical Center and an award-winning professor of biology at The Claremont Colleges, this fascinating 24-lecture course leaves no stone unturned in explaining the amazing ways cancer works to subvert the body's normal functioning, and how therapies can

reverse these insidious processes.

Item no. : FH09280656
Format : 4 DVDs (With Transcript Book)
Duration : 720 minutes
Copyright : 2012
Price : USD 280.00

SOCIAL INSTITUTIONS

FEAR THAT HAS A THOUSAND EYES, THE: SECURITY AND SURVEILLANCE IN THE 21ST CENTURY

London. New York. Oklahoma City. Each was the site of a horrific and violent attack on the public, as were Madrid, Oslo, and many other urban areas. In the wake of every such tragedy has come a dramatic increase in security: not only more closed-circuit cameras, biometric scanning, and specially designed architecture, but also new laws that allow intense surveillance of individuals, organizations, and their activities. Clearly, the public needs protecting—but what are the consequences? Are basic personal freedoms at stake? This program explores 21st-century responses to the threat of terrorism and how they have changed urban life. Focusing on security measures deployed in London as it prepared for the 2012 Olympic Games, the film looks ahead to changes that are bound to come to cities large and small across the globe. An effective departure point for discussing the fragile balance between our need for safety and the civil liberties we hold dear.

Item no. : NF02305268
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 170.00

SOCIAL ISSUES AND PASTORAL CARE

LOVING SOMEONE WITH AN ADDICTION

Living with an addiction is both heartbreaking and exhausting. Family members are torn between how to help the addict and how to avoid supporting the addiction.

Through interviews with experts and with families who have experienced the addiction of a loved one, this video will offer hope-filled support in the form of practical information, advice from others who have been there, and the power of shared experiences.

Topics discussed include:

- Understanding addiction
- Addiction affects the whole family
- Grieving the loss of the person you once knew
- Pitfalls for families when dealing with addiction
- Feelings of guilt/shame/stigma
- Dealing with denial, fear, hopelessness and despair
- Detaching with love
- The importance of educating oneself about addiction
- Suggestions for recovery and where families can turn for help

Featuring interviews with these experts:

Phillip Valentine, Executive Director Connecticut Community for Addiction Recovery (CCAR)

Dr. Domenic Ciraulo, MD Professor and Chairman, Division of Psychiatry and Psychiatrist-in-Chief, Boston Medical Center

Terri Blackstock, NY Times best selling author

Item no. : LU02540094
Format : DVD
Duration : 60 minutes
Copyright : 2013
StdBkNo : 9781612614205
Price : USD 90.00

SOCIAL MEDIA

DIGITAL BLACKOUT - DISENGAGING FROM SOCIAL MEDIA (FOR AWHILE)

The Digital Blackout tells the story of a high school that conducted a "Social Experiment." They challenged their student body (and faculty) to put away the Facebook and Twitter, the text and instant messaging, and record their experience.

The Digital Blackout is eye opening. It highlights, among other things:

- The astounding amount of time that we routinely devote to online social networks
- The face-to-face experiences and real friendships that the internet has maybe devalued
- The stress brought on by our over-connectedness
- And (yes!) the many benefits of our digitally inter-connected world that one rightly misses during a Blackout.

The Digital Blackout also includes the latest research on the effects of multitasking and social networking from acclaimed Stanford Professor Clifford Nass. In the excerpt below, Nass explains the importance of face-to-face relationships and the impact they have in developing one's emotional intelligence.

The Digital Blackout is equal parts intriguing documentary, motivation for a fun challenge, and fascinating social experiment for the 21st century.

Item no. : KN31820001
Format : DVD
Duration : 20 minutes
Copyright : 2012
Price : USD 89.00

SOCIAL NETWORKING

DIGITAL TATTOO - THE PERILS, PITFALLS AND BENEFITS OF SOCIAL NETWORKING

A full-faceted video that addresses the issues, challenges, dangers, and the benefits, for young people in joining Facebook, Twitter, Google+, and other social networks yet to be invented.

The Digital Tattoo takes a fun and fast-paced look at all aspects – good and bad – of the social media experience. From Facebook to Twitter, and all sites in-between, this 20-minute DVD produced by students highlights issues that are not immediately apparent to users. The Digital Tattoo examines:

- The perpetual (or tattoo-esque) nature of careless online posting that can haunt a person for many years
- How Facebook has changed the meaning of "friendship" and has made many relationships more superficial
- The viral spread of social networks and how it can unknowingly impact a person's privacy
- The benefits of bridging the knowledge gap between parents and students and their understanding of online networking
- The addictive potential of social media
- And even the appropriate approach for sending out funny tweets, presented by a professional standup comic

The Digital Tattoo is not a program meant to scare students or their parents away from Facebook or Twitter, but to help everyone make smart choices and become savvy participants in this increasingly interconnected world.

Item no. : ME31820002
Format : DVD
Duration : 20 minutes
Copyright : 2012
Price : USD 89.00

SOCIOLOGY

HOW TO LOSE YOUR VIRGINITY

By Therese Shechter

Female virginity. The US government has spent 1.5 billion dollars promoting it. It has fetched \$750,000 at auction. There is no official medical definition for it. And 50

years after the sexual revolution, it continues to define young women's morality and self-worth.

This hilarious, eye-opening, occasionally alarming documentary uses the filmmaker's own path out of virginity to explore its continuing value in our otherwise hypersexualized society. Layering verite interviews and vintage sex-ed films with candid self-reflection and wry narration, Shechter reveals myths, dogmas and misconceptions behind this "precious gift." Sex educators, porn producers, abstinence advocates, and outspoken teens share their own stories of having - or not having - sex.

In a culture where "Be sexy, but don't have sex" is the overwhelming message to young women, the film goes through the looking glass to understand a milestone almost everyone thinks about but no one actually understands.

Reviews

- "Virginity is a powerful and malleable concept, as evidenced by the teenagers in Therese Shechter's smart, funny and provoking documentary." - Soraya Chemaly, The Huffington Post
- "Shechter gets us talking about our V-cards (whether we've cashed them in or whether we're holding on tight) and creates an important documentary in the process." - Bust Magazine

Item no. : MP01880599
Format : DVD (Color)
Duration : 66 minutes
Copyright : 2013
Price : USD 295.00

SOFTBALL

SOFTBALL SLAP HITTING & BUNTING

With Pacific University Head Coach Tim Hill. A must have series teaching fundamental coaching techniques and drills for the Hard Slap & Bunting for Hits. Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their short game by incorporating standard slapping and bunting techniques into their hitting arsenal. Tim Hill demonstrates the basic fundamentals of slapping to advanced bunting, teaching players how to manufacture and score more runs and win more games. Coach Hill takes you through his extensive hitting program of drills, techniques and winning strategies. From hitting drills to advanced bunting techniques, players demonstrate drills to develop correct footwork, shoulder position, hand and eye co-ordination, hand elevation and correct grip.

Teaches: Slap Hitting, Footwork & Positioning, Slap Hitting Drills, Bunting Fundamentals, Advanced Bunting, Advanced Bunting drills, Correcting

42

Slapping Mistakes, Coaching & Recruiting.

Item no. : WZ00941227
Format : DVD
Copyright : 2013
Price : USD 60.00

SOFTBALL WINNING CATCHING

With Pacific University Head Coach Tim Hill. A must have series teaching fundamental coaching techniques and drills for Fast Pitch Catchers. Learn from an outstanding coach who knows how to teach game winning techniques. Catching is one of the most important positions on the softball field. This program demonstrates how your players can enhance their game by incorporating and mastering the 5 most difficult plays into their catching arsenal. Tim Hill demonstrates the basic fundamentals of blocking the pitch, retrieving wild pitches, fielding the bunt and blocking the plate. Coach Hill teaches the 5 Must know plays for Fast Pitch Catchers: Blocking the Pitch in the Dirt, Retrieving Wild Pitches, Fielding the Bunt, Throwing to 1st Base on Blocked 3rd Strike in the Dirt, Blocking the Plate from base runners.

Item no. : PG06041228
Format : DVD
Copyright : 2013
Price : USD 60.00

SOFTBALL WINNING DRILLS

With Pacific University Head Coach Tim Hill. A must have series teaching fundamental coaching techniques for winning drills. Learn from an outstanding coach who knows how to teach game winning techniques. This program demonstrates how your players can enhance their game by incorporating and mastering winning drills into their playing arsenal. Coach Tim Hill takes you through his extensive program of drills, techniques and winning strategies and demonstrates the fundamentals of throwing and receiving, outfielding, infielding, drills and base running.

Teaches: Throwing and Receiving, Outfielding, Infielding, Drills, Base Running.

Item no. : SD06111229
Format : DVD
Copyright : 2013
Price : USD 60.00

SOFTBALL WINNING STRATEGY

With Pacific University Head Coach Tim Hill. A must have series teaching fundamental coaching techniques for winning strategy. Learn from an outstanding coach who knows how to teach game winning strategy and

techniques. This program demonstrates how your players can enhance their game by incorporating and mastering winning strategy into their playing arsenal. Coach Tim Hill takes you through his extensive background and what has made him successful for several decades including practice organization, strategy, pitching and hitting techniques and coaching bases.

Teaches: Practice Organization, Hitting Trends, Strategy, Pitching, Coaching Bases.

Item no. : SP00941230
Format : DVD
Copyright : 2013
Price : USD 60.00

SUPPLYING AND USING ENERGY

ENERGY OF CHEMICAL REACTIONS, THE

Chemical changes occur around us, and inside us, all the time. When chemical reactions happen, one or more new substances are formed and energy is either given off or absorbed in the process. Spontaneous chemical reactions, those that occur naturally under favourable conditions release free energy, meaning they are exergonic. Endergonic reactions, by contrast, require net energy input to make the reaction happen. This excellent learning resource explores energy associated with chemical reactions, and cover areas such as activation energy and product formation, standard heats of reaction, thermochemical equations and Hess' Law, and specific heat capacity and calorimetry. It is essential viewing for any Chemistry student, providing clear explanations and easily understood visuals, including comprehensive chemical equations, about concepts that many students find challenging.

Please contact us for primary and secondary schools pricing.

Item no. : WT08691950
Format : DVD
Duration : 20 minutes
Copyright : 2013
Price : AUD 235.00

SUSTAINABILITY

ENVIRONMENTAL PRACTICES AT WORK: HOSPITALITY

Sustainable environmental practices not only minimise an organisation's environmental footprint but there is also potential for significant bottom-line gains. This program focuses on environmental sustainability in hospitality where the focus in recent decades has been very much about efficient resource use, minimising

waste and maximising productivity. Areas covered include identifying resources and environmental issues, compliance with regulations, and improving resource efficiency. Award-winning Melbourne-based Alto Hotel, Australia's first carbon-neutral hotel, presents an excellent case study. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : KA08691956
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

ENVIRONMENTAL PRACTICES AT WORK: MANUFACTURING

Environmental sustainability is about designing and implementing practices and processes within a workplace that do not waste or exhaust natural resources or cause ecological damage. This program focuses on environmental sustainability in the manufacturing and light industry, where technology and innovation have contributed significantly to greater efficiency in both resource use and productivity. Areas covered include identifying resources and environmental issues, compliance with regulations and improving resource efficiency. Award-winning Melbourne-based printing company, Vega Press, is an excellent case study and a range of its initiatives are examined. Further expert comment is offered by an industry trainer from Kangan Institute's Centre for Competitive Operations.

Please contact us for primary and secondary schools pricing.

Item no. : HM08691957
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : AUD 235.00

TOTAL QUALITY MANAGEMENT

GAUGE BASICS I

This DVD contains the first seven episodes of our popular Technorazzi online videos that featured Craig Howell from CPM labs.

Each of these episodes gives a quick, concise overview of how to handle/use a variety of basic gauges.

Item no. : ZW07370027
Format : DVD
Price : USD 99.00

GAUGE BASICS II

This DVD contains more episodes of our popular Technorazzi online videos featuring Craig Howell from CPM labs.

Each of these episodes gives a quick, concise overview of how to handle/use a variety of basic gauges.

Item no. : JV07370028
Format : DVD
Price : USD 99.00

SMARTGD&T: AN ADVANCED BEGINNER'S COURSE

Presented by Bill Tandler

Episode 1
Course Overview
Precise definitions of GD&T.

Episode 2
The shortcomings of Classical tolerancing
The GD&T tool kit
An overview of the perfect imaginary world of GD&T
GD&T at work.

Episode 3
Features and Feature Components
Detail looks at Geometry Control Tools for Size, Form, Orientation and Location
Feature Control Frame types: Compound versus Composite.

Episode 4
Datum Features
Datum Feature Simulators
Datums
Datum Reference Frames

Episode 5
Basic Dimensions
Material Condition Modifiers
Actual Values

Episode 6
Feature Control Frame Anatomy

Episode 7
Decoding Feature Control Frames

Episode 8
Establishing Datum Reference Frames

Episode 9
A Datum Reference Frame Establishment Exercise

Item no. : NK07370029
Format : DVD
Price : USD 99.00

TRAUMA/PTSD

EMOTIONALLY FOCUSED THERAPY IN ACTION

By Sue Johnson

Dr. Sue Johnson has been hailed as "the most original contributor to couples

therapy to come along in the last 30 years." Now you'll have the chance to watch her conduct an actual session with a challenging couple haunted by the "echoes of war."

By watching this video you'll learn:

- The core theory and principles of EFT;
- How to help couples identify the negative cycles that keep them stuck;
- Specific techniques to help clients access the primary emotions that drive their conflicts, including reframing, amplification, "relentless empathy," and enactments.

Item no. : TB07620301
Format : Streaming (1 Year)
Duration : 213 minutes

LIVING WITH PTSD: LESSONS FOR PARTNERS, FRIENDS, AND SUPPORTERS

By Frank Ochberg, PhD, and Angie Panos

Watch two trauma experts offer family and community members clear, useful information about the nature and symptoms of PTSD, as well as concrete advice about how they can assist their loved ones in the recovery process.

Friends, relatives, and caretakers of trauma survivors often struggle to understand the wrenching depth and complexity of PTSD, even as the fallout from this medical disorder pervades their lives. It can be confusing and frustrating, even heartbreaking, to see those close to us suddenly become unrecognizable, well past what we think is the "normal recovery period" after a tragic or horrific event.

This film, featuring Dr. Frank Ochberg and Dr. Angelea Panos, offers family and community members clear, useful information about the nature and symptoms of PTSD, as well as concrete advice about how they can assist their loved ones in the recovery process. Designed for those individuals whose intimate circles have been marked by this disorder, this valuable DVD also discusses PTSD's effect upon families and other relationships, currently available treatment methods, and ways for caregivers to cope with their unique psychological fatigue.

This DVD is ideal for those close to someone who suffers PTSD, as well as for community, volunteer, and caregiver training.

Item no. : DT07620342
Format : Streaming (1 Year)
Duration : 18 minutes

PSYCHOTHERAPY FOR CHRONIC PTSD: A VIETNAM VET'S JOURNEY

By Frank Ochberg

Watch a veteran's two-year-long therapeutic process of healing from chronic PTSD, and enhance your skills in working with traumatized populations.

By watching this program, you will:

- Gain in-depth knowledge of the psychological impact of PTSD
- Learn to assess, diagnose, and treat clients with PTSD.
- Understand Ochberg's techniques for managing anxiety and processing trauma, including the Color Wheel and the Counting Method.
- Learn to work with survivor's guilt and other common symptoms presented by veterans and other trauma survivors.

Item no. : DA07620363
Format : Streaming (1 Year)
Duration : 167 minutes

PTSD IN CHILDREN: MOVE IN THE RHYTHM OF THE CHILD

By Frank Ochberg

Learn about symptoms, circumstances and therapeutic techniques for children with acute post-traumatic stress disorder.

This DVD is an excellent teaching tool for all individuals whose lives are dedicated to the resolution of traumatic experience. Specifically, therapists, social workers, school personnel, health professionals, and all members of community "critical incident" teams would benefit from viewing this presentation.

By watching this video, you will:

- learn how to recognize the symptoms of PTSD in children
- understand the various stages of treatment, from first-aid to initial assessment, to brief therapy and long-term treatment.
- through the voice of therapists recounting their experiences, hear about various treatment issues that may arise when treating traumatized children

Item no. : TA07620388
Format : Streaming (1 Year)
Duration : 59 minutes

WHEN HELPING HURTS: SUSTAINING TRAUMA WORKERS

By Charles Figley

Six noted therapists and experts offer their stories and advice on dealing with Compassion Fatigue, and discuss ways of recognizing and addressing this condition in yourself and others.

Produced for trauma workers, relief workers and those exposed to trauma due to their profession or work as volunteers,

this DVD addresses the issue of Secondary Traumatization and Compassion Fatigue. These conditions are a hazard to the helping professionals that deal with traumatic events and through the voice of six therapists and experts, this DVD heightens awareness of symptoms and risks, and provides new information about prevention, resilience and treatment. Specific strategies on awareness, lifestyle balance and connecting with others are given to assist trauma workers. You will hear personal stories and advice from Frank Ochberg, MD, Charles Figley, PhD, John Wilson, PhD, Carl Bell, MD, Atle Dyregrov, PhD, and Angie Panos, PhD. This DVD is used by the US Army as part of their Sexual Assault Prevention and Response Program.

This DVD features a Full Version (52 min) and an Abbreviated version (17 min) which can be used in workshops, training and classrooms.

Item no. : HY07620425
Format : Streaming (1 Year)
Duration : 69 minutes

URBAN

MEDIA ARCHAEOLOGY OF BOSTON, A

By Jesse Shapins and Olga Touloumi

Using the Boston region as a laboratory for exploring different modes of urban representation across both history and media, A Media Archaeology of Boston exhibits a carefully-selected excavation of the city's spaces through a montage of short films, photographs, postcards, and soundscapes of the larger metropolitan area. Far from a comprehensive survey, A Media Archaeology of Boston aims to provoke new experiences of the city and, simultaneously, to challenge everyday perceptions of it.

Unlike Los Angeles or New York, whose image has been meticulously produced and systematically canonized through mass and independent media, Boston is a place where media practice has taken place on the margins of central venues of production and distribution. From industrial films by the Ford Motor Company to discharged advertising reels of local businesses to state-sponsored documentaries by experimental filmmakers investigating the harbor's environmental health, Media Archaeology of Boston provides insight into a city that expands beyond its celebrated historical landscape to encompass a multiplicity of perspectives toward diverse parts of the metropolitan area.

Integrating content, form, time, place, and medium in our curatorial process, we aim to construct a more complex, subjective matrix of multiple perspectives on Boston, without any claims of objectivity or comprehensiveness. The DVD opens up this collection of documentations to the audience and invites participation in the

construction of new stories, of new narratives. A Media Archaeology of Boston, above all, remains an open and incomplete collection that presents a map of possibilities.

Item no. : PM03790850
Format : DVD (Black and White, Color)
Duration : 120 minutes
Copyright : 2013
Price : USD 282.00

WAR

ABUELAS: GRANDMOTHERS ON A MISSION

By Noemi Weis

In 1985, the Academy Award nominated film LAS MADRES: THE MOTHERS OF PLAZA DE MAYO profiled the Argentinian mothers' movement to demand to know the fate of 30,000 "disappeared" sons and daughters. Now three decades later, Argentina's courageous Grandmothers, or "Abuelas", have been searching for their grandchildren: the children of their sons and daughters who disappeared during Argentina's "dirty war." The women in ABUELAS are seeking answers about their children that nobody else will give — answers about a generation that survived, but were kidnapped and relocated to families linked with the regime that murdered their parents.

Argentine filmmaker Noemi Weis beautifully documents the grandmothers' painstaking work and its results - dramatic, inspiring and sometimes controversial - as the women make contact with grandchildren who have grown up living lies created by their adoptive parents. Their tireless work continues today: the justice they are seeking for their children's murder, their drive to find their grandchildren, and their international status speaking out for family reunification.

Reviews

- 'Noemi Weis' films deal with really raw, emotional and powerful subjects. She gives a voice to the voiceless." - Catherine Hubbard, The Argentinean Independent
- "The 'Abuelas' are an impressive group. Weis' film is a tribute and reminds people of a chapter of Argentine history most want to forget but can't until those who have disappeared have been brought home." - Latina Lista
- "An impressive testimony of dictatorships' impact on families and on the strength of women's hope through decades." - Sandrine Crisostomo, FEMCINE

Awards

- Winner, Jury Award, International Film Festival of Cine Politico, Buenos Aires.

- Best Documentary, Art and Politics at the Yorkton Film Festival, Canada

Item no. : NK01880597
Format : DVD (Portuguese, Color)
Duration : 28 minutes
Copyright : 2012
Price : USD 275.00

WEIGHT MANAGEMENT

COGNITIVE THERAPY FOR WEIGHT LOSS: A COACHING SESSION

With Judith Beck, PhD

Clients with weight issues frequently become caught in a vicious cycle of losing weight and gaining it back, impairing their ability to enjoy their lives fully. At the same time, many therapists struggle with how to be helpful to these clients. In this video of an actual session, Dr. Judith Beck works with Anne to develop practical skills that will enable her to lose weight and make enduring changes to her lifestyle.

Anne has struggled all her life with food and weight issues and has dieted dozens of times, only to gain the weight back. In this very human, and touching session, Beck emphasizes the development of a new set of skills as the crucial element of weight loss. Beck takes an extensive dieting history—including Anne's assessment of "good eating days" and "bad eating days," she identifies Anne's motivations for losing weight and teaches self-motivation techniques, and she prepares Anne to recover quickly from the inevitable mistakes she will make. Other techniques she uses include identifying the obstacles that may prevent Anne from making these changes, strategizing solutions, exploring Anne's eating triggers and working with Anne's "all-or-nothing" approach to dieting.

While Beck bases her approach on the core principles of Cognitive Therapy, the tools and techniques demonstrated in this video can be integrated with many types of therapeutic styles and will be useful to any therapist working with clients with weight issues.

By watching this program, you will:

- Learn Beck's approach to weight loss and maintenance, including the specific techniques used to help people lose weight and keep it off.
- Be able to identify common pitfalls dieters face and Beck's recommendations for preventing these pitfalls.
- Learn how to structure an initial session with a client who wants to lose weight.

Item no. : DC07620280
Format : Streaming (1 Year)
Duration : 75 minutes

WOMEN'S MOVEMENT

ABUELAS: GRANDMOTHERS ON A MISSION

By Noemi Weis

In 1985, the Academy Award nominated film LAS MADRES: THE MOTHERS OF PLAZA DE MAYO profiled the Argentinian mothers' movement to demand to know the fate of 30,000 "disappeared" sons and daughters. Now three decades later, Argentina's courageous Grandmothers, or "Abuelas", have been searching for their grandchildren: the children of their sons and daughters who disappeared during Argentina's "dirty war." The women in ABUELAS are seeking answers about their children that nobody else will give — answers about a generation that survived, but were kidnapped and relocated to families linked with the regime that murdered their parents.

Argentine filmmaker Noemi Weis beautifully documents the grandmothers' painstaking work and its results - dramatic, inspiring and sometimes controversial - as the women make contact with grandchildren who have grown up living lies created by their adoptive parents. Their tireless work continues today: the justice they are seeking for their children's murder, their drive to find their grandchildren, and their international status speaking out for family reunification.

Reviews

- 'Noemi Weis' films deal with really raw, emotional and powerful subjects. She gives a voice to the voiceless." - Catherine Hubbard, The Argentinean Independent
- "The 'Abuelas' are an impressive group. Weis' film is a tribute and reminds people of a chapter of Argentine history most want to forget but can't until those who have disappeared have been brought home." - Latina Lista
- "An impressive testimony of dictatorships' impact on families and on the strength of women's hope through decades." - Sandrine Crisostomo, FEMCINE

Awards

- Winner, Jury Award, International Film Festival of Cine Político, Buenos Aires.
- Best Documentary, Art and Politics at the Yorkton Film Festival, Canada

Item no. : NK01880597
Format : DVD (Portuguese, Color)
Duration : 28 minutes
Copyright : 2012
Price : USD 275.00

WOMEN'S STUDIES

HOW TO LOSE YOUR VIRGINITY

By Therese Shechter

Female virginity. The US government has spent 1.5 billion dollars promoting it. It has fetched \$750,000 at auction. There is no official medical definition for it. And 50 years after the sexual revolution, it continues to define young women's morality and self-worth.

This hilarious, eye-opening, occasionally alarming documentary uses the filmmaker's own path out of virginity to explore its continuing value in our otherwise hypersexualized society. Layering verite interviews and vintage sex-ed films with candid self-reflection and wry narration, Shechter reveals myths, dogmas and misconceptions behind this "precious gift." Sex educators, porn producers, abstinence advocates, and outspoken teens share their own stories of having - or not having - sex.

In a culture where "Be sexy, but don't have sex" is the overwhelming message to young women, the film goes through the looking glass to understand a milestone almost everyone thinks about but no one actually understands.

Reviews

- "Virginity is a powerful and malleable concept, as evidenced by the teenagers in Therese Shechter's smart, funny and provoking documentary." - Soraya Chemaly, The Huffington Post
- "Shechter gets us talking about our V-cards (whether we've cashed them in or whether we're holding on tight) and creates an important documentary in the process." - Bust Magazine

Item no. : MP01880599
Format : DVD (Color)
Duration : 66 minutes
Copyright : 2013
Price : USD 295.00

VIRGIN TALES

By Mirjam von Arx

Evangelical Christians are calling out for a second sexual revolution: chastity! As a counter-movement to the attitudes and practices of contemporary culture, one in eight girls in the U.S. today has vowed to remain "unsoiled" until marriage. But the seven children of Randy and Lisa Wilson, the Colorado Springs founders of the Purity Ball, take the concept one step further. They save even the first kiss for the altar.

Following the Wilsons for two years, this impressive documentary observes the family's life up close as some of their children prepare for their fairytale vision of romance and marriage, and seek out their

own prince and princess spouses. As VIRGIN TALES takes in home routines, church services, social gatherings, conventions and purity balls, a broader theme emerges: how the religious right is grooming a young generation of virgins to embody an Evangelically-grounded Utopia in America.

Reviews

- "There's something indescribably creepy about watching teenage girls at father-daughter purity balls pledge to marry men just like Daddy, which is why Mirjam von Arx's scrupulously respectful stance in VIRGIN TALES is the wisest position she could take." - Variety
- "The film provides an important glimpse into fundamentalisms' modus operandi and their preferred battleground: Women's bodies. VIRGIN TALES successfully captures the inner workings of masculinist supremacy, its coding as religion awakening, and its dressing in gowns and tuxedos." - Claudia Brazzale, Ph.D., Global Scholar, Institute for Research on Women, Rutgers
- "An intriguing glimpse into the touchy-feely faith and lifestyle of a modern American Evangelical family..." - Screen Daily

Item no. : SH01880601
Format : DVD (Color)
Duration : 87 minutes
Copyright : 2012
Price : USD 350.00

WORLD HISTORY

NIGERIA: ENDLESS OIL SPILLS

Over the years, Nigeria has become an economy based almost entirely on the mining of crude oil. But having a single economic focus has not kept the country safe from violent rifts and factionalism—indeed, rebel groups have regularly battled the government for control of oil pipelines while attacking the installations of foreign oil companies. Meanwhile, those companies often came up short in their obligations to maintain and repair the infrastructure that keeps oil flowing. This film illustrates what resulted from the chaos, both military and corporate, that engulfed Nigeria's foremost industry between 2003 and 2009: case after case of oil spilling from a damaged pipeline, with tremendous commercial and ecological ramifications. In retrospect, is sabotage largely to blame, or are the aloof, profit-driven corporations? Is the conflict really over now? It depends on whom you ask—but this documentary faces the issue head-on as it searches for answers.

Item no. : DL02305271
Format : DVD (Portions with English subtitles)
Duration : 22 minutes
Copyright : 2012
StdBkNo : 9781617535352

Price : USD 130.00

WORLD REGIONAL GEOGRAPHY

NIGERIA: ENDLESS OIL SPILLS

Over the years, Nigeria has become an economy based almost entirely on the mining of crude oil. But having a single economic focus has not kept the country safe from violent rifts and factionalism—indeed, rebel groups have regularly battled the government for control of oil pipelines while attacking the installations of foreign oil companies. Meanwhile, those companies often came up short in their obligations to maintain and repair the infrastructure that keeps oil flowing. This film illustrates what resulted from the chaos, both military and corporate, that engulfed Nigeria's foremost industry between 2003 and 2009: case after case of oil spilling from a damaged pipeline, with tremendous commercial and ecological ramifications. In retrospect, is sabotage largely to blame, or are the aloof, profit-driven corporations? Is the conflict really over now? It depends on whom you ask—but this documentary faces the issue head-on as it searches for answers.

Item no. : DL02305271
Format : DVD (Portions with English subtitles)
Duration : 22 minutes
Copyright : 2012
StdBkNo : 9781617535352
Price : USD 130.00

韓國學

韓國歷代文集叢書

收書總目

~ 是韓國文化的總集結以及韓流的來源。
~ 是把韓國歷代主要人物三千五百餘人的文集編而成的，算是韓國的四庫全書。

《韓國歷代文集叢書》是從韓國古代（新羅時代）到近代（日據時期），把三千五百餘人的文集收集而編成的三千本資料集。為了理解韓國的歷史和文化，利用許多資料，其資料的來源大部份是文集。尤其《韓國歷代文集叢書》收錄尚未公開的資料之八成，而其份量和價值是無可匹敵的。是在韓國歷史文化的研究上最基本的資料。

《韓國歷代文集叢書》不僅是韓國學研究的基本資料，而且是提供韓流文化內容的寶庫。即各文集收錄的歷史、文學、藝術、外交和雜學等的內容，是提供文化工作方面的重要內容來源。除了韓國學研究者外，還有文化工作者也可利用本叢書找出新的構想。這都是對韓國學發展上的重要意義。

語言: 漢文
冊數: 3,000

- Collection for Korean culture
- Korean version of | w consisted of major 3,500 people's anthologies through Korean history

《A Series of Korean Successive Literary Works(韓國歷代文集叢書)》n is the data compiled into 3,000 volumes about a literary collection of more than 3,500 major figures from Korean ancient times(Silla) to modern times(the Japanese ruling era). Various kinds of data are used in contacting Korean history and literature, but the absolute resource of the data is in a series of literary works. Especially m A Series of Korean Successive Literary Works n includes about 80% of the materials which are not reported thus far, and it is unrivaled in its quantity and value. It is the most fundamental data in the research of Korean history and literature.

m A Series of Korean Successive Literary Works n is not only the basic data for the research of Korean studies but also a treasury of the contents Korean culture to lead Korean wave in future. The inexhaustible contents of a diversity of historic events, literature, art, diplomacy, general knowledge etc. put in each literary collection are the ones to present a storytelling of Korean culture and lead Korean wave. In addition, it provides the source of the culture of Korean wave more easily to the culture-interested people as well as the researchers of Korean studies in the world, and it has its great significance in that it has prepared an important foundation for the development of Korean studies.

Item no. : GC31640009
Format : Online Database (1 Year Subscription)

歷史

劉伯承元帥

導演: 尙昌儀

一位寒門少年成長為開國元帥的傳奇歷程，
一幅人民軍隊誕生與發展壯大的風雲畫卷。

本片通過大量珍貴的影像檔案資料走進歷史的帷幕，解讀了劉伯承如何從一個貧苦的農家子弟成長為叱吒風雲的軍事家；

通過經典戰例和敵我交鋒的戰爭活劇，詮釋了劉伯承卓越的軍事指揮藝術和戰爭制勝的謀略，生動地再現了劉伯承和他的戰友們在中國革命歷史的舞臺上，為中華民族的自由和解放，征戰沙場、九死一生的英雄傳奇。

Item no. : TK31850010
Format : VOD
Duration : 360 分鐘
Copyright : 2012

遷徙 - 在尋找幸福的路上

導演: 周衛平

本片以“遷徙”為大背景，從一個人、一個家庭、一個村落作為故事的切入點，以散落于雲嶺高原的民族生活狀態為小細節，通過紀錄一個個體的生活狀態，追溯並勾勒出一個族群的歷史。意圖探尋西南民族遷徙的故事，展現西南多元民族與多元化文化融合的過程，捕捉華夏文明及世界文明形成的軌跡。

本片是國內首次真實紀錄和展現西南少數民族遷徙之旅的紀錄片。通過記錄中國歷史上影響最深遠的民族大融合之路，探秘民族和文化的遷徙行為和歷史，揭示生命和文明在遷徙中碰撞、融合、重鑄的機理和過程，呈現出古文明和古文化在現代的變化和發展脈絡，同時反映出社會與文化的時代痕跡。《遷徙——在尋找幸福的路上》是一部形式唯美，充滿詩情畫意的史詩式紀錄片。

第一集 遷徙、遷徙
第二集 靈性高原
第三集 哀牢山
第四集 媽媽我想回家
第五集 梯田
第六集 臨安府

銷售區域: 香港, 澳門, 台灣, 亞洲, 非洲, 美國, 澳洲

Item no. : GZ31850012
Format : VOD
Duration : 180 分鐘
Copyright : 2012

人物

成長的秘密之小學時代

導演: 張同道

系列紀錄片《成長的秘密》所記錄的十幾名兒童，從一所共同的幼稚園進入體制各不相同的小學，從 2-5 歲到 6-11 歲的生命階段，每一個獨特的生命都擁有自己的軌跡，這些孩子的成長歷程展示了兒童生命的奇跡，這也是中國影視首次長期連續跟蹤兒童的成長歷程。《成長的秘密》系列紀錄片是一部關於兒童的生活戲劇——記錄了發生在真實環境裏的真實故事。

1. 錫坤新世界
2. 貓女郎日誌
3. 愛的分離
4. 孩子王的小學時代（1）
5. 孩子王的小學時代（2）
6. 愛的陪伴
7. 樂樂的大學生活
8. 美女與奧數
9. 愛的平行線
10. ——
11. 小夥伴
12. 功夫小子

Item no. : VM31850003
Format : VOD
Duration : 360 分鐘
Copyright : 2012

點燃理想的日子 - 東方時空傳奇

八集紀錄片《點燃理想的日子——〈東方時空〉傳奇》，試圖以“獨立的立場和客觀公正的視角”，審視二十年前剛剛發生的歷史，探訪一代電視人的生命歷程，再現他們不一般的生活，“用他們所追求的理想，所負載的價值觀，影響當下的觀眾，促進中國社會更深層次的變革”。

片中一共採訪了 58 人，其中有決策的台領導，有負責欄目創意的“七君子”，但大多數是“打工仔”身份的策劃、編導、攝影、主持人。

憑著這部紀錄片，第一代東方時空人完成了一次跨越時空的相聚，也進行了一次超越二十年的總結和反省。

幾乎每一個訪談都進行了兩三個小時甚至更長的時間，聊的話題也不斷地深入，圍繞著《東方時空》的創立和發展，圍繞著曾經的激情和理想，圍繞著成長的歡喜與疼痛。

Item no. : BY31850006
Format : 8 DVDs (Mandarin)
Duration : 480 分鐘
Copyright : 2013
Price : USD 480.00

豆腐味道

導演：陳韋曦

七集人文紀錄片《豆腐味道》以關注健康飲食方式、提倡節儉且富有創意的生活為主題，通過每集一個故事，站在小人物的角度，講述人與食物之間的永恆話題。

豆腐起源於中國，很久以前，古人已在詩詞中將豆腐比喻為田中之肉。中華民族的營養素質，在很大程度上是靠豆製品來維繫的。豆腐中所包含的豐富營養，以及美味的口感和製作上的多樣性，使豆腐在數千年以來，始終受到中國人的喜愛。這種喜愛，甚至影響了其他國家的飲食習慣，使豆腐逐漸成為一種世界級美食。低脂、低熱量、低膽固醇的豆腐，是中國人對於世界健康的最大貢獻。

千百年來，中國人將豆腐這一食材演繹出許多品種。炭火上燒烤的燒豆腐；鍋中與蘑菇一同沸騰的燉豆腐；滾燙的油鍋中酥脆誘人的炸豆腐；皚皚白雪中靜置一晚的凍豆腐……都會在豆腐味道中被一一紀錄與呈現。而豐富多樣的傳統豆腐製作工藝，也將會在豆腐味道裏一一亮相。

《豆腐味道》將鏡頭對準了一群真正以豆腐為生的中國人。他們通過自己辛勤的勞動，以及從祖輩所傳承的豆腐製作手藝，認真而努力地生活著。他們把自己對於豆腐的理解和喜愛轉換為一道道美食，為自己的家鄉百姓帶來美味的享受。他們也通過豆腐，實踐著自己對於生活的理解，表達著對生活的熱愛。

第一集 豆腐之城
第二集 古道釀豆腐
第三集 土家奶奶的豆腐人生
第四集 李勇的豆腐夢
第五集 倘塘豆腐控著實

第六集 鹽神的豆腐
第七集 彩雲之南燒豆腐

Item no. : LP31850007
Format : VOD
Duration : 182 分鐘
Copyright : 2013

江南味道

導演：陳建鄩

這是一部“以味求道”的紀錄片。

八集高清系列紀錄片《江南味道》通過記錄人間天堂之地的各色美食和美食家，全景式展現了江南地區的美食傳承和透過美食的生命追求。

在《江南味道》中，既有難得一見的烹飪大師，也有為朋友稱道的私家菜館；既有對當地著名菜品的精心製作，也有最富創意的民間美食料理。但最令人心曠神怡的是蘊含在一道道菜品背後的情感故事。本片以細膩生動的鏡頭語言，勾勒出江南生活中獨有的人生況味和生命感悟，是一部真正意義上的“以味求道”的精心之作。

在製作方面，本片採用了世界級的高端設備和技術手段，力圖從視聽感覺上最大限度地呈現江南特有的人文風情。在敘事方面，每一集獨立講述一個完整故事。通過對故事主人公和他們身邊人與事的記錄，探尋江南味道的層層機理，從“飲食習慣、手藝傳承、人倫情感、創意生活”等多個角度，描繪出一幅現代江南生活的精神圖冊。

第一集：不時不食
第二集：梨花陳釀
第三集：玩味袁掌櫃
第四集：耕讀兄弟
第五集：本味茶樓
第六集：笑笑的創意
第七集：因緣天成
第八集：古鎮糕店

Item no. : KA31850009
Format : VOD
Duration : 208 分鐘
Copyright : 2012

劉伯承元帥

導演：尚昌儀

一位寒門少年成長為開國元帥的傳奇歷程，一幅人民軍隊誕生與發展壯大的風雲畫卷。

本片通過大量珍貴的影像檔案資料走進歷史的帷幕，解讀了劉伯承如何從一個貧苦的農家子弟成長為叱吒風雲的軍事家；

通過經典戰例和敵我交鋒的戰爭活劇，詮釋了劉伯承卓越的軍事指揮藝術和戰爭制勝的謀略，生動地再現了劉伯承和他的戰友們在中國革命歷史的舞臺上，為中華民族的自由和解放，征戰沙場、九死一生的英雄傳奇。

Item no. : TK31850010
Format : VOD

Duration : 360 分鐘
Copyright : 2012

遷徙 - 在尋找幸福的路上

導演：周衛平

本片以“遷徙”為大背景，從一個人、一個家庭、一個村落作為故事的切入點，以散落于雲嶺高原的民族生活狀態為小細節，通過紀錄一個個體的生活狀態，追溯並勾勒出一個族群的歷史。意圖探尋西南民族遷徙的故事，展現西南多元民族與多元化文化融合的過程，捕捉華夏文明及世界文明形成的軌跡。

本片是國內首次真實紀錄和展現西南少數民族遷徙之旅的紀錄片。通過記錄中國歷史上影響最深遠的民族大融和之路，探秘民族和文化的遷徙行為和歷史，揭示生命和文明在遷徙中碰撞、融合、重鑄的機理和過程，呈現出古文明和古文化在現代的變化和發展脈絡，同時反映出社會與文化的時代痕跡。《遷徙——在尋找幸福的路上》是一部形式唯美，充滿詩情畫意的史詩式紀錄片。

第一集 遷徙、遷徙
第二集 靈性高原
第三集 哀牢山
第四集 媽媽我想回家
第五集 梯田
第六集 臨安府

銷售區域：香港，澳門，台灣，亞洲，非洲，美國，澳洲

Item no. : GZ31850012
Format : VOD
Duration : 180 分鐘
Copyright : 2012

社會

成長的秘密之小學時代

導演：張同道

系列紀錄片《成長的秘密》所記錄的十幾名兒童，從一所共同的幼稚園進入體制各不相同的小學，從 2-5 歲到 6-11 歲的生命階段，每一個獨特的生命都擁有自己的軌跡，這些孩子的成長歷程展示了兒童生命的奇跡，這也是中國影視首次長期連續跟蹤兒童的成長歷程。《成長的秘密》系列紀錄片是一部關於兒童的生活戲劇——記錄了發生在真實環境裏的真實故事。

1. 錫坤新世界
2. 貓女郎日誌
3. 愛的分離
4. 孩子王的小學時代（1）
5. 孩子王的小學時代（2）
6. 愛的陪伴
7. 樂樂的大學生活
8. 美女與奧數
9. 愛的平行線
10. ——
11. 小夥伴
12. 功夫小子

Item no. : VM31850003
Format : VOD
Duration : 360 分鐘
Copyright : 2012

璀璨真言

導演：陳燮君 / 許俊 / 胡江

這部從上海歷史說起的紀錄片，透過不同人物的訪談、對話、表述與情景再現，述說上海博物館百萬件的館藏文物當中，那些曾經發生過的不朽傳奇、不為人知 的故事。整部紀錄片分為《歲月風骨》《國之瑰寶》《逝水年華》《典藏脈動》和《樂古鑄今》5 集，拍攝足跡遍佈英國、法國、德國、西班牙、美國、俄羅斯、日 本等國。

Item no. : KU31850004
Format : VOD
Duration : 175 分鐘
Copyright : 2012

點燃理想的日子 - 東方時空傳奇

八集紀錄片《點燃理想的日子——〈東方時空〉傳奇》，試圖以“獨立的立場和客觀公正的視角”，審視二十年前剛剛發生的歷史，探訪一代電視人的生命歷程，再現他們不一般的生活，“用他們所追求的理想，所負載的價值觀，影響當下的觀眾，促進中國社會更深層次的變革”。

片中一共採訪了 58 人，其中有決策的台領導，有負責欄目創意的“七君子”，但大多數是“打工仔”身份的策劃、編導、攝影、主持人。

憑著這部紀錄片，第一代東方時空人完成了一次跨越時空的相聚，也進行了一次超越二十年的總結和反省。

幾乎每一個訪談都進行了兩三個小時甚至更長的時間，聊的話題也不斷地深入，圍繞著《東方時空》的創立和發展，圍繞著曾經的激情和理想，圍繞著成長的歡喜與疼痛。

Item no. : BY31850006
Format : 8 DVDs (Mandarin)
Duration : 480 分鐘
Copyright : 2013
Price : USD 480.00

豆腐味道

導演：陳韋曦

七集人文紀錄片《豆腐味道》以關注健康飲食方式、提倡節儉且富有創意的生活為主題，通過每集一個故事，站在小人物的角度，講述人與食物之間的永恆話題。

豆腐起源於中國，很久以前，古人已在詩詞中將豆腐比喻為田中之肉。中華民族的營養素質，在很大程度上是靠豆製品來維繫的。豆腐中所包含的豐富營養，以及美味的口感和製作上的多樣性，使豆腐在數千年以來，始終受到中國人的喜愛。這種喜愛，甚至影響了其他國家的飲食習慣，使豆腐逐漸成為一種世界級美食。低脂、低熱量、低膽固醇

的豆腐，是中國人對於世界健康的最大貢獻。

千百年來，中國人將豆腐這一食材演繹出許多品種。炭火上燒烤的燒豆腐；鍋中與蘑菇一同沸騰的嫩豆腐；滾燙的油鍋中酥脆誘人的炸豆腐；皚皚白雪中靜置一晚的凍豆腐……都會在 豆腐味道中被一一紀錄與呈現。而豐富多樣的傳統豆腐製作工藝，也將會在 豆腐味道裏一一亮相。

《豆腐味道》將鏡頭對準了一群真正以豆腐為生的中國人。他們通過自己辛勤的勞動，以及從祖輩所傳承的豆腐製作手藝，認真而努力地生活著。他們把自己對於豆腐的理解和喜愛轉換為一道道美食，為自己的家鄉百姓帶來美味的享受。他們也通過豆腐，實踐著自己對於生活的理解，表達著對生活的熱愛。

第一集 豆腐之城
第二集 古道蠶豆腐
第三集 土家奶奶的豆腐人生
第四集 李勇的豆腐夢
第五集 倘塘豆腐捨著賣
第六集 鹽神的豆腐
第七集 彩雲之南燒豆腐

Item no. : LP31850007
Format : VOD
Duration : 182 分鐘
Copyright : 2013

江南味道

導演：陳建鄧

這是一部“以味求道”的紀錄片。

八集高清系列紀錄片《江南味道》通過記錄人間天堂之地的各色美食和美食家，全景式展現了江南地區的美食傳承和透過美食的生命追求。

在《江南味道》中，既有難得一見的烹飪大師，也有為朋友稱道的私家菜館；既有對當地著名菜品的精心製作，也有最富創意的民間美食料理。但最令人感懷的是蘊含在一道道菜品背後的情感故事。本片以細膩生動的鏡頭語言，勾勒出江南生活中獨有的人生況味和生命感悟，是一部真正意義上的“以味求道”的精心之作。

在製作方面，本片採用了世界級的高端設備和技術手段，力圖從視聽感覺上最大限度地呈現江南特有的人文風情。在敘事方面，每一集獨立講述一個完整故事。通過對故事主人公和他們身邊人與事的記錄，探尋江南味道的層層機理，從“飲食習慣、手藝傳承、人倫情感、創意生活”等多個角度，描繪出一幅現代江南生活的精神圖冊。

第一集：不時不食
第二集：梨花陳釀
第三集：玩味袁掌櫃
第四集：耕讀兄弟
第五集：本味茶樓
第六集：笑笑的創意
第七集：因緣天成
第八集：古鎮糕店

Item no. : KA31850009

Format : VOD
Duration : 208 分鐘
Copyright : 2012

劉伯承元帥

導演：尚昌儀

一位寒門少年成長為開國元帥的傳奇歷程，

一幅人民軍隊誕生與發展壯大的風雲畫卷。

本片通過大量珍貴的影像檔案資料走進歷史的帷幕，解讀了劉伯承如何從一個貧苦的農家子弟成長為叱吒風雲的軍事家；

通過經典戰例和敵我交鋒的戰爭活劇，詮釋了劉伯承卓越的軍事指揮藝術和戰爭制勝的謀略，生動地再現了劉伯承和他的戰友們在中國革命歷史的舞臺上，為中華民族的自由和解放，征戰沙場、九死一生的英雄傳奇。

Item no. : TK31850010
Format : VOD
Duration : 360 分鐘
Copyright : 2012

遷徙 - 在尋找幸福的路上

導演：周衛平

本片以“遷徙”為大背景，從一個人、一個家庭、一個村落作為故事的切入點，以散落于雲嶺高原的民族生活狀態為小細節，通過紀錄一個個體的生活狀態，追溯並勾勒出一個族群的歷史。意圖探尋西南民族遷徙的故事，展現西南多元民族與多元化文化融合的過程，捕捉華夏文明及世界文明形成的軌跡。

本片是國內首次真實紀錄和展現西南少數民族遷徙之旅的紀錄片。通過記錄中國歷史上影響最深遠的民族大融和之路，探秘民族和文化的遷徙行為和歷史，揭示生命和文明在遷徙中碰撞、融合、重鑄的機理和過程，呈現出古文明和古文化在現代的變化和發展脈絡，同時反映出社會與文化的時代痕跡。《遷徙——在尋找幸福的路上》是一部形式唯美，充滿詩情畫意的史詩式紀錄片。

第一集 遷徙、遷徙
第二集 靈性高原
第三集 哀牢山
第四集 媽媽我想回家
第五集 梯田
第六集 臨安府

銷售區域：香港，澳門，台灣，亞洲，非洲，美國，澳洲

Item no. : GZ31850012
Format : VOD
Duration : 180 分鐘
Copyright : 2012

收藏春秋

《收藏春秋》集知識性、藝術性、市場性為一體，是一部高品位、有故事、有思想，有獨家視角、獨家鏡頭的專業收藏類紀錄片。

《收藏春秋》通過介紹國內外著名拍賣行和藝術品市場上頂級藏品，走訪私人收藏家，展示私人博物館的珍貴藏品，來講述私人收藏家與藏品之間的傳奇故事，並揭示出這些收藏珍品在其令人驚訝的市場價值的背後，所蘊含的豐富的歷史價值、藝術價值和科技價值。

《收藏春秋》在內容上，將以強烈的矛盾衝突、豐富的戲劇效果，講述珍寶及其主人的傳奇命運。通過製造意想不到的懸念、營造跌宕起伏的情緒，最大程度吸引觀眾的關注度。

此外，《收藏春秋》聚攏整個收藏行業的優勢資源，獨家展示、解讀國際國內各大拍賣行歷年的頂級拍品。《收藏春秋》將是全國唯一針對收藏界頂級珍寶的全景紀錄。

- 第一集 四億字帖——《砥柱銘》
- 第二集 《平定太平天國戰圖》
- 第三集 華封三祝緯絲掛屏
- 第四集 王蒙《稚川移居圖》
- 第五集 《采芝圖》
- 第六集 《放下你的鞭子》
- 第七集 海外藏家與中國犀角杯
- 第八集 放山居的中國藝術品
- 第九集 清帝禦寶
- 第十集 價值連城的乾隆鐘錶
- 第十一集 張大千《空行母》
- 第十二集 張大千《天女散花》
- 第十三集 《百花圖》
- 第十四集 寫生珍禽圖
- 第十五集 禦制料胎畫琺瑯西洋母子圖筆筒
- 第十六集 圓明園十二生肖獸首

銷售區域：香港，澳門，台灣

Item no. : MH31850013
Format : VOD
Duration : 240 分鐘
Copyright : 2012

文化

豆腐味道

導演：陳韋曦

七集人文紀錄片《豆腐味道》以關注健康飲食方式、提倡節儉且富有創意的生活為主題，通過每集一個故事，站在小人物的角度，講述人與食物之間的永恆話題。

豆腐起源於中國，很久以前，古人已在詩詞中將豆腐比喻為田中之肉。中華民族的營養素質，在很大程度上是靠豆製品來維繫的。豆腐中所包含的豐富營養，以及美味的口感和製作上的多樣性，使豆腐在數千年以來，始終受到中國人的喜愛。這種喜愛，甚至影響了其他國家的飲食習慣，使豆腐逐漸成為一種世界級美食。低脂、低熱量、低膽固醇的豆腐，是中國人對於世界健康的最大貢獻。

千百年來，中國人將豆腐這一食材演繹出許

多品種。炭火上燒烤的燒豆腐；鍋中與蘑菇一同沸騰的燉豆腐；滾燙的油鍋中酥脆誘人的炸豆腐；皚皚白雪中靜置一晚的凍豆腐……都會在豆腐味道中被一一紀錄與呈現。而豐富多樣的傳統豆腐製作工藝，也將會在豆腐味道裏一一亮相。

《豆腐味道》將鏡頭對準了一群真正以豆腐為生的中國人。他們通過自己辛勤的勞動，以及從祖輩所傳承的豆腐製作手藝，認真而努力地生活著。他們把自己對於豆腐的理解和喜愛轉換為一道道美食，為自己的家鄉百姓帶來美味的享受。他們也通過豆腐，實踐著自己對於生活的理解，表達著對生活的熱愛。

- 第一集 豆腐之城
- 第二集 古道徽豆腐
- 第三集 土家奶奶的豆腐人生
- 第四集 李勇的豆腐夢
- 第五集 侑塘豆腐控著寶
- 第六集 鹽神的豆腐
- 第七集 彩雲之南燒豆腐

Item no. : LP31850007
Format : VOD
Duration : 182 分鐘
Copyright : 2013

江南味道

導演：陳建鄂

這是一部“以味求道”的紀錄片。

八集高清系列紀錄片《江南味道》通過記錄人間天堂之地的各色美食和美食家，全景式展現了江南地區的美食傳承和透過美食的生命追求。

在《江南味道》中，既有難得一見的烹飪大師，也有為朋友稱道的私家菜館；既有對當地著名菜品的精心製作，也有最富創意的民間美食料理。但最令人心感懷的是蘊含在一道道菜品背後的情感故事。本片以細膩生動的鏡頭語言，勾勒出江南生活中獨有的人生況味和生命感悟，是一部真正意義上的“以味求道”的精心之作。

在製作方面，本片採用了世界級的高端設備和技術手段，力圖從視聽感覺上最大限度地呈現江南特有的人文風情。在敘事方面，每一集獨立講述一個完整故事。通過對故事主人公和他們身邊人與事的記錄，探尋江南味道的層層機理，從“飲食習慣、手藝傳承、人倫情感、創意生活”等多個角度，描繪出一幅現代江南生活的精神圖冊。

- 第一集：不時不食
- 第二集：梨花陳釀
- 第三集：玩味袁掌櫃
- 第四集：耕讀兄弟
- 第五集：本味茶樓
- 第六集：笑笑的創意
- 第七集：因緣天成
- 第八集：古鎮糕店

Item no. : KA31850009
Format : VOD
Duration : 208 分鐘
Copyright : 2012

收藏春秋

《收藏春秋》集知識性、藝術性、市場性為一體，是一部高品位、有故事、有思想，有獨家視角、獨家鏡頭的專業收藏類紀錄片。

《收藏春秋》通過介紹國內外著名拍賣行和藝術品市場上頂級藏品，走訪私人收藏家，展示私人博物館的珍貴藏品，來講述私人收藏家與藏品之間的傳奇故事，並揭示出這些收藏珍品在其令人驚訝的市場價值的背後，所蘊含的豐富的歷史價值、藝術價值和科技價值。

《收藏春秋》在內容上，將以強烈的矛盾衝突、豐富的戲劇效果，講述珍寶及其主人的傳奇命運。通過製造意想不到的懸念、營造跌宕起伏的情緒，最大程度吸引觀眾的關注度。

此外，《收藏春秋》聚攏整個收藏行業的優勢資源，獨家展示、解讀國際國內各大拍賣行歷年的頂級拍品。《收藏春秋》將是全國唯一針對收藏界頂級珍寶的全景紀錄。

- 第一集 四億字帖——《砥柱銘》
- 第二集 《平定太平天國戰圖》
- 第三集 華封三祝緯絲掛屏
- 第四集 王蒙《稚川移居圖》
- 第五集 《采芝圖》
- 第六集 《放下你的鞭子》
- 第七集 海外藏家與中國犀角杯
- 第八集 放山居的中國藝術品
- 第九集 清帝禦寶
- 第十集 價值連城的乾隆鐘錶
- 第十一集 張大千《空行母》
- 第十二集 張大千《天女散花》
- 第十三集 《百花圖》
- 第十四集 寫生珍禽圖
- 第十五集 禦制料胎畫琺瑯西洋母子圖筆筒
- 第十六集 圓明園十二生肖獸首

銷售區域：香港，澳門，台灣

Item no. : MH31850013
Format : VOD
Duration : 240 分鐘
Copyright : 2012



ORDER FORM

P.O. Number: _____ **P.O. Date:** _____

Bill To

Institution _____
 Department _____
 Address _____

 Country _____
 Phone No. _____
 Fax No. _____
 Email _____
 Contact Name _____

Deliver To (If Different)

Institution _____
 Department _____
 Address _____

 Country _____
 Phone No. _____
 Fax No. _____
 Email _____
 Contact Name _____

Order No.	Title	Quantity	Unit Price	Amount

*Applicable taxes and shipping & handling are extra.

Total: _____

Payment Method (*Please tick the appropriate boxes)

☐ I enclose a cheque payment of \$ _____ (Payable to **Learning Rendezvous Ltd.**)

☐ I authorise you to debit my credit card the sum of \$ _____ ☐ Visa ☐ Master

Card No. _____ / _____ / _____ / _____ Expiry _____ / _____

Name on card: _____ Signature _____

Approved & Authorized by:

Name: _____

Signature: _____