

2015 New Releases Catalogue

October

CD-ROM • DVD • VOD



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BUSINESS

AT YOUR SERVICE: A PATH TO BRAND LEADERSHIP AND GOOD BUSINESS IN YOUR COMMUNITY

By Christine Thalwitz

At Your Service: A Path to Brand Leadership and Good Business in Your Community reviews several proven campaigns and initiatives that address community-related causes. In that regard, the DVD explores the factors involved in a high-yield, cause marketing campaign model. The DVD also explains how to develop a high-profile public health initiative. In addition, the DVD details ways health/fitness clubs can build productive business-to-business partnerships. The DVD also details programming models that can reach deep into a club's community.

Among the topics covered:

- Core value #1
- Questions to ask
- 25 days
- Advertising
- Community health
- P.R.E.P.
- Joint replacement
- Go local trends

Item no. : TU08501959
Format : DVD
Duration : 83 minutes
Copyright : 2015
Price : USD 79.95

CONNECTING THE DOTS: HOW TO BUILD A BREAKTHROUGH BUSINESS

By Rick Stollmeyer

Connecting the Dots: How to Build a Breakthrough Business explores what it takes to develop a business from the ground up. The DVD highlights the "dots" that every entrepreneur needs to "connect" before a business can truly break through the barriers to success. The DVD details the factors that make a business, as well as points out the key elements that enable it to stand out and be successful. In that regard, the DVD emphasizes the fact that a breakthrough business is values-driven.

Among the topics covered:

- Know yourself
- Understand how the world works
- Practice conscious leadership
- Understand what makes a business
- Understand what makes a breakthrough business
- Breakthrough businesses have a purpose greater than themselves
- Breakthrough business have exceptional culture
- What are your core values?

Item no. : MA08501960
Format : DVD
Duration : 60 minutes
Copyright : 2015
Price : USD 79.95

CREATE A GAME PLAN TO EFFECTIVELY MAXIMIZE SALES

By Tim Forrester

Create a Game Plan to Effectively Maximize Sales details the steps that health/fitness clubs need to undertake to develop a monthly game plan that will enable them to increase their level of membership sales. The DVD reviews the eight lead buckets that facilities can utilize to draw in more sales. The DVD also explains how clubs can properly manage their game plan to help ensure its success. In addition, the DVD points out the importance of effective time management for the sales team. Finally, the DVD outlines how to create an organizational culture that facilitates success.

Among the topics covered:

- Monthly sales game plan
- Corporates
- Former members
- Eight best practices
- Create a great club experience that creates raving fans
- Seven best practices to create raving fans
- Sell solutions & value
- Five steps to professionally overcome objections

Item no. : LC08501961
Format : DVD
Duration : 63 minutes
Copyright : 2015
Price : USD 79.95

EXCEEDING EXPECTATIONS: STRATEGIES TO DELIVER WHAT TODAY'S CONSUMER REQUIRES

By Justin Tamsett

Exceeding Expectations: Strategies to Deliver What Today's Consumer Requires provides an overview of the traits and behavior of the consumer in current society. The DVD explains how health/fitness clubs can position their businesses to meet the needs of consumers. The DVD also details how facilities can develop a suite of products to generate sales. In addition, the DVD reviews how clubs can devise a marketing approach that effectively targets today's consumers. The DVD also points out how facilities can differentiate their message and their business in the marketplace.

Among the topics covered:

- What does your consumer look like?
- Here is what you need to know

- Youniverse
- Status – deniers vs. brand fanatics
- Betterment
- Local love
- Zero tolerance for waiting
- Ubitech & infolust
- Joyning

Item no. : NC08501962
Format : DVD
Duration : 55 minutes
Copyright : 2015
Price : USD 79.95

LEADING ORGANIZATIONAL CHANGE IN A DISRUPTIVE BUSINESS CLIMATE

By Stephen Tharrett & Mark Williamson

Leading Organizational Change in a Disruptive Business Climate explains how health/fitness clubs can establish an urgency and priority for constantly transforming and changing their organizations, as the business climate continues to evolve. In that regard, the DVD details how clubs can bring forth the challenges and opportunities inherent in change. The DVD also outlines the steps that staff members need to address when leading change. In addition, the DVD looks at the cycle of change from both a leadership and an employee's perspective. Finally, the DVD discusses how to foster a mantra for change in each leader.

Among the topics covered:

- Forces driving organizational change
- Barriers to organizational change
- The challenge of organizational change
- Kotter's model of organizational change
- Get the vision right
- Communicate for buy-in
- Empower action
- Don't let up

Item no. : ES08501963
Format : DVD
Duration : 58 minutes
Copyright : 2015
Price : USD 79.95

SALES EXCELLENCE FOR INDUSTRY LEADERS: STEPS TO AN EFFECTIVE SALES PROCESS

By Jason Reinhardt

Sales Excellence for Industry Leaders: Steps to an Effective Sales Process provides an overview of the six steps involved in a successful sales process. In that regard, the DVD outlines how to develop a simple and productive meet-and-greet script. The DVD also points out the value of using a profile card—past, present, and future. In addition, the DVD discusses the impact that a demonstration tour can have on a

sales presentation. In that regard, the DVD reviews how easy, but important, a pre-close is at the end of the tour. Finally, the DVD addresses how clubs can effectively present membership options to prospects and how to gather guaranteed referrals.

Among the topics covered:

- Creating a sales architecture
- Six steps to the sales process
- The most important part of the sales process is?
- The meet & greet
- The profile card
- Past, present, future
- Demonstration tour
- Pre-close
- Change what comes out of your mouth & get closer to a new member
- Success tips

Item no. : WG08501964
Format : DVD
Duration : 85 minutes
Copyright : 2015
Price : USD 79.95

VISIONARY LEADERSHIP: HOW EFFECTIVE LEADERS DEFINE THE VISION AND BUILD A BRAND

By Scott Goudeseune, Luke Carlson, Mark Miller, Rasmus Ingerslev

Visionary Leadership: How Effective Leaders Define the Vision and Build a Brand details why health/fitness clubs should define their core values and then take specific steps to strengthen their organization's culture. The DVD also explains why clubs should be aware of their organizational core purpose and strategic niche in the marketplace. In addition, the DVD outlines a system that clubs can employ to establish long-term, mid-range, and short-term goals for themselves. Furthermore, the DVD reviews how organizations can evaluate employees and make great people decisions. Finally, the DVD offers specific tools that clubs can use to bring their vision "down to the ground" and achieve predictable quarterly results.

Among the topics covered:

- Visionary leadership
- Defining your core values and taking specific steps to strengthen your culture
- Identifying and implementing the organizational core purpose and strategic niche
- Obtaining a system to create long-term, mid-range, and short term goals
- Learning how to evaluate employees and make great people decisions
- Identify specific tools that bring your vision "down to the ground" and create results

Item no. : EE08501965
Format : DVD
Duration : 91 minutes
Copyright : 2015
Price : USD 79.95

CULTURAL DIVERSITY

CULTURAL DIVERSITY: ORIENTATION FOR ASIAN CULTURES

Culturally competent care adapts care interventions to the cultural needs and preferences (ethnic and religious beliefs, values, and practices) of diverse clients. This video is the first of its kind to explain the major differences in nursing between the East and the West at the philosophical and cultural levels with concrete examples. Join us as Dr. Yu Xu (PhD and RN) discusses these cultural differences.

Item no. : AJ04160298
Format : DVD
Copyright : 2015
Price : USD 150.00

DOCUMENTARY AND FILM

ANTIBIOTIC HUNTERS, THE



Directed by Bruce Mohun

Scientists are hunting urgently for new antibiotics -- a challenge that is taking them to some remote and unusual places.

Increasing resistance to antibiotics has been called the most pressing global health problem of our time. Medical experts are predicting a post-antibiotic era, in which people will die of infections easily treated just a few years ago -- unless we find more of these miracle drugs.

THE ANTIBIOTIC HUNTERS follows drug researchers as they investigate the slimy green fur of sloths, the saliva of Komodo dragons, the blood of alligators, and the bacteria in British Columbia caves and on the ocean floor off the coast of Panama -- all part of the urgent hunt to find the building blocks of new antibiotics.

Reviews

- "Incredibly informative and thought provoking, I highly recommend this film." - Dr. Phil Smith, Associate Professor of Environmental Toxicology, Texas Tech University
- "An outstanding film that get both the science and the human stories right. We see first-hand how hard scientists

work to find new antibiotics and the devastation wrought by drug resistant bacteria. Antibiotics are valuable and hard to discover and should be used with care." - Kevin Outterson, Professor of Health Law, Bioethics, and Human Rights, Boston University

Item no. : TY01110897
Format : DVD
Duration : 44 minutes
Audience : Grades 7-12, College, Adult
Copyright : 2015
StdBkNo : 1941545424
Price : USD 250.00

ENEMY WITHIN, THE



Directed by Owen Gower

The story of Britain's longest strike, the 1984-85 miners' strike, when Margaret Thatcher declared war on the unions, as told by those who lived through it.

THE ENEMY WITHIN provides unique insight into one of the most dramatic events in British history: the 1984-85 Miners' Strike. No experts. No politicians. Thirty years on, this is the raw first-hand experience of those who lived through Britain's longest strike. Follow the highs and lows of that life-changing year.

In 1984, a Conservative government under Prime Minister Margaret Thatcher declared war on Britain's unions, taking on the strongest in the country, the National Union of Mineworkers. Following a secret plan, the government began announcing the closure of coal mines, threatening not just an industry but whole communities and a way of life.

Against all the forces the government could throw at them, 160,000 coal miners took up the fight. THE ENEMY WITHIN tells the story of a group of miners and supporters who were on the frontline of that strike for an entire year. These were people that Margaret Thatcher labelled "the enemy within".

Using interviews and a wealth of rare and never before seen archival footage, THE ENEMY WITHIN draws together personal experiences - whether they're tragic, funny or terrifying - to take the audience on an emotionally powerful journey through the dramatic events of that year.

Reviews

- "Heartfelt, stirring and still urgent account of a historic struggle." - Mark Kermode, The Observer
- "Moving and powerful, this movie shows how manipulative political power can be but also how

passionate and irresistible the struggle for justice is. It redresses history and proves the neo-liberals are the enemies of democracy." - Nadia Urbinati, Professor of Political Theory, Columbia University

- "Highly recommended, especially for public and college library and DVD shelves." - The Midwest Book Review

Award

- Audience Award, Sheffield Doc/Fest

Item no. : ET02560898
Format : DVD
Duration : 112 minutes
Audience : Grades 9-12, College, Adults
Copyright : 2014
StdBkNo : 1941545408
Price : USD 350.00

WEATHER GONE WILD



Directed by Melanie Wood

From floating neighborhoods to massive harbor floodgates, cities around the world are engineering ways to cope with extreme weather events.

Violent stormy weather is a natural outcome of climate change and a warmer planet. WEATHER GONE WILD is about changing the way we live in order to survive a world of superstorms.

WEATHER GONE WILD explores recent extreme weather events and the scientific projections of what we can expect over the next few decades. What can we do to give ourselves the best chance of protecting our homes and families from the weather's devastating effects?

The documentary travels to Calgary, Toronto, New York, Miami, and Rotterdam to detail the dangers of the destructive new weather patterns, and shows the innovative plans in each city trying to engineer their way to a safer future. Everything from farming to the insurance industry to building codes will have to change. How can -- and must -- the average citizen adapt their life to Weather Gone Wild?

Reviews

- "The film shows that extreme weather events associated with climate change don't mean the end of the world, but that they will require rapid, dramatic adaptation while providing enormous opportunities for human ingenuity." - Paul Robbins, Director of the Nelson Institute for Environmental Studies, University of Wisconsin-Madison, Author, Political Ecology: A Critical Introduction

- "Dramatic video coverage...Provide[s] a frightening look at the effects of climate change we are already experiencing. Flooding in Calgary, Superstorm Sandy in New York, and high tide and sea-level rise in Florida are already having their impacts...How cities, states and nations will respond, adapt, or suffer in the future are all integrated into this engaging and timely film." - Dr. Gary Griggs, Distinguished Professor, Earth and Planetary Sciences, Director, Institute of Marine Sciences, University of California Santa Cruz

Item no. : EN02790899
Format : DVD
Duration : 43 minutes
Audience : Grades 7-12, College, Adult
Copyright : 2014
StdBkNo : 1941545432
Price : USD 250.00

ARGENTINIAN LESSON

By Wojciech Staron

With lush and intimate photography, Wojciech Staron documents his family's move from Poland to Argentina. Struggling to adapt in a foreign country, his 8-year-old son Janek finds a friend in Marcia, a grounded 11-year-old Argentinean of Polish descent. With a strength and determination well beyond her years, Marcia must help make ends meet while holding her family together.

In this uniquely cross-cultural and universal coming-of-age story, Janek and Marcia go on adventures throughout the Argentinian countryside together finding work and exploring the beauty of nature around them. Janek's eagerness and Marcia's tenacity make them two unforgettable characters in an unconventional love story that sees the innocence of childhood surrounded by the harsh realities of adulthood.

Reviews

- "Enthralling... as rewardingly rich, complex and heartbreaking as any fiction." - Jeannette Catsoulis, New York Times
- "Staron's gift for finding magical moments is simply breathtaking, giving the viewer an occasional dose of delicately observed humanity one expects from the great cinematic capturers of ethereal beauty and human foible (Burnette, Malick, Almendros etc.)" - Brandon Harris, The Filmmaker Magazine

Awards

- Spotlight Award, Cinema Eye, 2013
- Best Creative Documentary, MakeDox, Macedonia, 2012
- Best Documentary Film Award, Chicago Polish Film Festival, USA, 2012
- Grand Prize, Let's CEE Documentary Film Festival, Austria, 2012
- Best Medium-Length Film, RIDM

Recontres Internationales documentaire de Montreal, Canada 2012

- Golden Horn for the Director of the Best Film, Krakow Film Festival, Poland, 2011
- Award of the Polish Association of Cinematographers (PSC), Krakow Film Festival, Poland, 2011
- Student Jury Award, Krakow Film Festival, Poland, 2011
- Award for the Best Cinematography, Krakow Film Festival, Poland, 2011
- President of the Association of Polish Filmmakers Award, Krakow Film Festival, Poland, 2011
- President of TVP S.A Award for the Best Cinematography, Krakow Film Festival, Poland, 2011
- Student Jury Award, Krakow Film Festival, Poland, 2011
- Silver Dove Award, DOK Leipzig, Germany, 2011
- Grand Prix, LISTAPAD International Film Festival, Belarus, 2011
- The Best Director Prize, Festival dei Popoli in Florence, Italy, 2011
- Grand Prize, International Documentary Film Festival in Guangzhou, China, 2011
- Golden Frog, Plus Camerimage International Film Festival, Poland, 2011

Item no. : AH03650865
Format : DVD (Color, Polish and Spanish with English and Polish subtitles)
Duration : 59 minutes
Copyright : 2011
Price : USD 413.00

COMMON ROADS - PILGRIMAGE AND BACKPACKING IN THE 21ST CENTURY

By Tommi Mendel

While the label of 'pilgrim' is still mostly associated with devout persons leaving home with purely religious motives, young people taking to the road as 'backpackers' are generally perceived as adventure seeking globetrotters. Questioning these stereotypes, anthropologist and filmmaker Tommi Mendel followed two young women, one along the Way of St. James — a centuries old pilgrimage route — through France and Spain, and another backpacking through Thailand, Cambodia and Laos. Documenting their experiences and encounters over a period of three years, this film reveals intriguing parallels between what at first glance appear as two different ways of traveling.

Item no. : MH03720866
Format : DVD (Color, Swiss, German, English, Spanish and French with English subtitles)
Duration : 95 minutes
Copyright : 2013
Price : USD 448.00

DEAD BIRDS (RE-ENCOUNTERED)

By Robert Gardner

In 1961, Robert Gardner organized an expedition to the Highlands of New Guinea to film the Dani people. He stayed for six months to create an essay on the themes of violence and death most dramatically witnessed within the intense ritual warfare between rival Dani villages, and ultimately on the role of violence in human life and culture. The end result was his seminal film, *Dead Birds*.

Twenty-eight years later, Gardner returned to the Dani villages to see what had become of the people he had met and to show them the film. *Dead Birds Re-encountered* is a captivating, reflexive epilogue. The film observes the changes nearly three decades have brought to Dani life and culture, raising questions about modernization, tourism, cross-cultural relations, and the meaning of friendship.

"I have been told by people who know better that it is a risky business returning to a place where you have enjoyed some remarkable experience. But I will say that going back to the Highlands of Western New Guinea (aka West Papua) was enormously engaging. I saw people I cared for deeply and who became part of my life wherever I lived. Making a film about all this was not at all difficult." - Robert Gardner

Item no. : PC03790867
Format : DVD (Color)
Duration : 46 minutes
Copyright : 2013
Price : USD 448.00

DESCENDING WITH ANGELS

By Christian Suhr

Islamic exorcism or psychotropic medication?

Descending with Angels explores two highly different solutions to the same problem: namely Danish Muslims who are possessed by invisible spirits, called jinn. A Palestinian refugee living in the city of Aarhus has been committed to psychiatric treatment after a severe case of jinn possession which caused him to destroy the interior of a mosque, crash several cars, and insult a number of people. He sees no point in psychotropic medication since his illness has already been treated with Quranic incantations. A psychiatrist and nurse try to understand his point of view but find that even further medication is needed.

In the meantime a local imam battles a stubborn jinn-spirit of Iraqi origin and tries to explain the Muslims of Aarhus that they should stop worrying so much about jinn, magic, and other mundane affairs since nothing can harm anyone except by the permission of God. The film compares two

systems of treatment that despite vast differences both share a view of healing as operating through submission of faith to an external non-human agency — namely God or biomedicine.

Awards

- Winner, Berlin Independent Film Festival, 2015
- Special Student Film Award, Göttingen International Ethnographic Film Festival, 2014
- SIEF, Zagreb, 2015

Item no. : ZM03650868
Format : DVD (Color, Arabic, Danish, English with English subtitles)
Duration : 75 minutes
Copyright : 2013
Price : USD 448.00

LIFE AND DEATH AT PREAH VIHEAR

By David A. Feingold

Life and Death at Preah Vihear explores why two Buddhist countries are fighting in the 21st Century over a Hindu temple from the 11th Century because of a bad French map from the early 20th Century.

Filed over a five year period in both Thailand and Cambodia, the film uses the conflict over the ancient temple of Preah Vihear (Khmer) / Khao Phra Viharn (Thai) to illuminate current political and cultural tensions between the two countries. In addition, it shows the ways in which the colonial encounter with the West impacted the concept of borders and boundaries of the Southeast Asian state. Finally, it shows the stark political divisions that have split Thailand into "Red Shirts" and "Yellow Shirts", and exposes how the dispute has influenced — and been influenced by — Thai internal politics.

The documentary shows the magnificence and mystical symbolism of the temple itself. Using rare archival footage, it places the present dispute in its historical context in both Cambodia and Thailand. It contains interviews with policy makers, scholars and ordinary people on both sides of the border; some of whom see the conflict as senseless, while others are willing to fight to the death. In Cambodia, it shows 'spirit warriors' of an ancient general being mobilized through trance to defend the country. In Thailand, both Red Shirts and Yellow Shirts are filmed, as are the street demonstrations and fierce fighting that has periodically erupted.

The film includes the most recent Thai military coup, and concludes by examining the impact of this seizure of power on issues along the border.

Item no. : CC03720869
Format : DVD (Color, Khmer, Thai, and English with English subtitles)
Duration : 51 minutes
Copyright : 2015
Price : USD 448.00

SWISS YODELLING - 30 YEARS LATER

By Hugo Zemp

Thirty years after the making of *A Swiss Yodelling Series*, this film continues the investigation of the particular yodel style of the Muotatal, a small valley in the Swiss Pre-Alps. Shot in the early 1980s by ethnomusicologist-filmmaker Hugo Zemp, the earlier films presented the traditional local yodel (called "yootz") sang at work or whilst socializing in restaurants, in contrast to stage presentations of yodel choirs, federated in a national association, and singing under the direction of choir conductors.

Wondering how the situation had evolved in the second decade of the 21st century, he went back and found that Bernhard, the 7-year old boy who had sung with his parents and sisters, was now 37 years old. During his adolescence, like many teenagers, Bernhard was enthusiastic about American Rock and Country music (which he still performs), but when he watched the old films, he got the final urge to go back to the tradition which he had learned during his childhood in the family farmhouse. With five friends from his village, he founded a traditional yootzing group named "Natur Pur", searching to revive casual singing whilst meeting with friends over a drink. This new film shows performances in various situations — including singing with women and teaching at a workshop. Informal conversations between the singers, where humor is not absent, treat serious topics around tradition and change.

Item no. : YT03790870
Format : DVD (Color, Swiss-German with English subtitles)
Duration : 71 minutes
Copyright : 2015
Price : USD 476.00

TENDER

By Lynette Wallworth

In Port Kembla, Australia, a feisty and resilient community group is determined to take back the responsibility that most leave to strangers — caring for their own dead. However, as their plans for a community-based funeral organization gather momentum, they are put to the test when one of their own is diagnosed with a life-threatening illness. *Tender* is a heart-breaking and beautiful glimpse of an extraordinary group of people as they take on one of the most essential challenges of human life: its end.

Reviews

- "Possibly the cheekiest and most life-affirming documentary on the concept of death and dying since Errol Morris' 'Gates of Heaven'" - Variety

- "A film about dying that is all about living. Tender, and funny, and deeply moving." - Andrew Denton, Australian television producer

Awards

- Grand Jury Prize, Oceania International Documentary Film Festival, 2015
- Best Documentary Television Program, 4th AACTA Awards, 2015
- Best Editing in a Documentary, 4th AACTA Awards, 2015
- Best Sound Television Program, 4th AACTA Awards, 2015
- Best Original Music Score in a Documentary, 4th AACTA Awards, 2015
- ATOM Award for Best Documentary, 2014

Item no. : YT03650871
Format : DVD (Color)
Duration : 73 minutes
Copyright : 2013
Price : USD 448.00

TRACKS ACROSS SAND

By Hugh Brody

In sixteen chapters containing four and a half hours of materials, Tracks Across Sand offers a unique chance to travel to the edge of the Kalahari, to a struggle for indigenous rights, and into the heart of contemporary South Africa. Driven from their lands, forced into a life of destitution, and denied the right even to speak their own languages, the Khomani San fight for their heritage.

Culled from over 130 hours of video recorded between 1996 and 2010, Tracks presents a unique record of the Khomani San, bringing together the story of Africa's first Bushman claim, from preparation through to ten years after the claim was granted. Seen through the eyes and told in the words of the Khomani San themselves, this film chronicles the struggle for indigenous rights by a people who are defying a history that has attempted and failed to make them disappear.

The contents of this interactive DVD set include not only the extraordinary video shot over the course of the project, but archival photos, maps, family trees, stories, segments on Bushman language, and interviews with people outside of the San community who were instrumental in the claim and community building. As an added attraction, the disk also holds a photo gallery of the film's participants which can be downloaded and shared within San communities.

The Khomani San of South Africa speak for themselves; and they also speak for the many, many people like them, who are struggling to have their voices heard and their human rights recognized. Tracks Across Sand is above all a record of a remarkable time and remarkable people — and may be the only record anywhere in the world of a land claim over such a span of time, from dream to retrospect ten years after settlement.

Item no. : FY03720872
Format : DVD (Color)
Duration : 270 minutes
Copyright : 2012
Price : USD 553.00

YUCATEC MAYA DEAF SIGN

By Hubert Smith

In 1976, Hubert Smith set out with a group of researchers to visually document Yucatec Maya society within the village of Chican. This project resulted in the 4-part series, The Living Maya. During filming, however, it was impossible to ignore the use of sign language in the village. Smith and his team saw a lot of the deaf residents, filmed them often, and went back to have these sign exchanges translated. Now it is time to share a story solely about them.

This video contains two conversations in Yucatec Maya Deaf Sign. The first episode features three deaf young men discussing their encounters with snakes. In the second episode, village bachelors tackle a common topic: who can carry out a successful courtship? Full of frank good humor, this conversation also shows a hearing man participating. He not only understands, but also contributes to the conversation using deaf sign.

Margaret Mead, who served as an advisor to the project before her death once remarked, "The language is one thing, but what is remarkable is that the entire community uses it!"

Item no. : JC03790873
Format : DVD (Color, Yucatec Maya Sign Language with English subtitles)
Duration : 31 minutes
Copyright : 2015
Price : USD 385.00

BALLET BOYS

Director: Kenneth Elvebakk

Filmed over four years, Ballet Boys follows the victories, trials, and set-backs of three friends and rising Dutch dance stars: Lukas, Syvert, and Torgeir. They sacrifice a normal high school experience including parties and dating for the sake of ambition and a love of dance. Facing pressure from their parents, school teachers and ballet mentors, the boys prepare for potentially life-altering and career-making auditions at some of Europe's most prestigious ballet schools.

Review

- "An engaging, coming-of-age story with a healthy dose of beautiful dancing." - The Telegraph

Item no. : HZ10800406
Format : DVD (Norwegian with English Subtitles)
Duration : 72 minutes
Copyright : 2014

Price : USD 295.00

BRADDOCK AMERICA

Directors: Gabriella Kessler and Jean-Loc Portron

A few miles outside of Pittsburgh, lies the town of Braddock, the last bastion of steel. Like many cities in the industrial heartland, Braddock has seen better days. But its community continues to come together as it tries to shape the future and reinvent itself in a postindustrial West.

Reviews

- Critics Pick "A blue collar poem that pays bittersweet tribute to a once-thriving steel town. A heartbreaking look at what industrialization wrought and globalization wrecked." - The New York Times
- "Follows in the footsteps of 'Roger and Me' and 'Detropia'." - The Hollywood Reporter
- "Enormously powerful...an unforgettable document of post-industrial America." - The Village Voice

Item no. : MH10800407
Format : DVD
Duration : 100 minutes
Copyright : 2013
Price : USD 295.00

HARPER LEE: FROM MOCKINGBIRD TO WATCHMAN

Director: Mary McDonagh Murphy

To everyone's surprise, fifty-five years after the publication of "To Kill a Mockingbird" Harper Lee is publishing another novel. "Go Set a Watchman" was written before Lee's beloved masterpiece, as director Mary McDonagh Murphy explains in this update of her 2011 documentary Hey Boo: Harper Lee and "To Kill a Mockingbird". Murphy's Harper Lee: From Mockingbird to Watchman brings the story up-to-date as it sifts through the facts and speculation surrounding Lee and both her novels, and includes interviews with Lee's older sister, close friends, and literary admirers, from Oprah Winfrey to Wally Lamb.

Reviews

- "A much appreciated glimpse into the life and legacy of the beloved author. A fitting tribute to Nelle Harper Lee, an American treasure." - About.com
- "Provides wonderful insights into the book's social and literary importance as well as its author's personality." - The Hollywood Reporter
- "Filmmaker Mary Murphy amazingly manages to get to the heart of To Kill a Mockingbird, why it affects people of

all colors, religions, social backgrounds and degrees of education, and why it remains relevant today." - The New York Observer

Item no. : PG10800408
Format : DVD
Duration : 82 minutes
Copyright : 2015
Price : USD 295.00

I AM FEMEN

Director: Alain Margot

They are known around the world as the topless female activists who fight corrupt and patriarchal political systems. Their weapon of choice is their bodies- which they place front and center in protests around the streets of Kiev, where the group began, and all across Europe.

Oksana Shachko is FEMEN's creative backbone. As a teenager, her fascination with religious painting led her to consider entering a convent, but in the end she used her many talents to create FEMEN and devoted herself to a life of activism.

With I am FEMEN, director Alain Margot paints a portrait of the bewitching and many-faceted Oksana, while also revealing the stories of the brave young women around her who put their bodies on the front line in the fight for justice and equality.

Reviews

- "Alain Margot's vastly entertaining film offers an entrée into the FEMEN movement through a profile of co-founder Oksana Shachko. Oksana is every radical's daydream and every oligarch's nightmare-she's feisty, feminist and fabulously charismatic. Even more than Russia's Pussy Riot, FEMEN trades on female beauty to make points about oligarchies, the media and the male gaze. Living the contradiction of being a feminist revolutionary artist and beauty, Oksana highly deserves a documentary... and Alain Margot has delivered the goods." - POV Magazine
- "An incredibly powerful film, not so much because of the promotion of FEMEN and the groups ideas, but because of the strength of Oksana. She is an inspiration to all of us, and proves that no voice is too small to matter." - Toronto Film Scene

Item no. : DH10800409
Format : DVD (Russian and French with English Subtitles)
Duration : 94 minutes
Copyright : 2014
Price : USD 295.00

I DREAM OF WIRES

Director: Robert Fantinatto and Jason Amm

I Dream of Wires is a documentary about the rise, fall and rebirth of the machine that shaped electronic music: the modular synthesizer. The film explores the synthesizer's remarkable history, revealing how innovators like Robert Moog, working at Columbia University's Computer Music Center, helped built the foundation for the machine. It shows how cheap foreign imports destroyed the synthesizer's reputation. And it tracks the phenomenal resurgence of high end modular synthesizers being used by a new generation of musicians, many of them the progenitors of the electronic dance music genre.

Inventors, musicians and enthusiasts are interviewed about their relationship with the modular synthesizer - for many, it's an all-consuming passion. Established musicians such as Trent Reznor (Nine Inch Nails), Gary Numan, Morton Subotnick, Carl Craig and John Foxx show off their systems and explain why they opt to use this volatile but ultimately rewarding technology.

Meanwhile, a new generation of dance and electronica artists including Clark, James Holden and Factory Floor explain why they've embraced the sound and physicality of modular synthesizers. Innovative companies like Modcan and Doepfer, driven by a desire to revive modular synthesizers, discuss how they planted the seeds that have grown into a major cottage industry. What started out as a "vintage-revival scene" in the '90s has evolved into an underground phenomena, with users and aficionados craving ever more wild and innovative sounds and interfaces.

Today, the modular synthesizer is no longer an esoteric curiosity or even a mere music instrument - it is an essential tool for radical new sounds and a bona-fide subculture.

Item no. : AC10800410
Format : DVD
Duration : 96 minutes
Copyright : 2015
Price : USD 295.00

NEW RIJKSMUSEUM, THE

Director: Oeke Hoogendijk

In 2003, the ambitious renovation of one of the world's greatest museums began. The Rijksmuseum in Amsterdam, home to a glorious collection including masterpieces by Rembrandt and Vermeer, was supposed to reopen its doors in 2008 after five years of construction. But from the start, the project was opposed by unyielding bureaucrats and public resistance. The museum directors battled politicians, designers, curators and even the Dutch Cyclists Union as they struggled to complete the renovation and put its massive collection back on public display. Five years late, with costs exceeding half a billion dollars, the museum finally reopened.

Oeke Hoogendijk's epic documentary captures the entire story from design to completion, offering a fly-on-the-wall perspective on one of the most challenging museum construction projects ever conceived. With its decade-long scope, the film reveals a surprisingly dramatic story that art and architecture lovers will not want to miss.

Reviews

- "Epic...Art lovers will find it edifying." - John DeFore, The Hollywood Reporter
- "Eye-opening." - A.O Scott, The New York Times

Item no. : VA10800411
Format : DVD (Region 1, Dutch, English, French, Spanish, With English Subtitles)
Duration : 131 minutes
Copyright : 2014
Price : USD 295.00

PS DANCE! DANCE EDUCATION IN PUBLIC SCHOOLS

Director: Nel Shelby

Step inside the halls of five NYC public schools and celebrate dance! Hosted by veteran TV journalist Paula Zahn, PS Dance! is the documentary that captures what happens when students add dance to their daily studies. The journey is one of imagination, curiosity, hard work and discipline. In these studios dance is for every child.

Reviews

- "A compelling case for the importance of dance in all public schools. Everyone interested in the future of our young people should watch this film." - Arlene Shuler, President & CEO, New York City Center
- "PS DANCE! Filled my heart with the hope that ALL kids can experience the gift of dance so beautifully shown in this wonderful film." - Damian Woetzel, Director and Producer
- "Finally, here is the power, the passion, the need for dance in education. It changes lives, and every child should experience it. Bravo!" - Eduardo Vilaro, Artistic Director, Ballet Hispanico

Item no. : AN10800412
Format : DVD
Duration : 53 minutes
Copyright : 2015
Price : USD 295.00

SECUNDARIA

Director: Mary Jane Doherty

Secundaria quietly follows one high school class over a three-year period on its journey through Cuba's world famous National Ballet School. Our teenage

dancers love to dance, but many of them must dance as their sole way out of poverty and the constraints- both visible and invisible- that shape life in Cuba.

Reviews

- "Don't miss Secundaria... [An] illuminating journey into Cuba's National Ballet School." - The New York Times
- "What struck me... aside from how terrific the shooting was throughout, was the immense sympathy.. Clear-eyed...Stunning!" - Ross McElwee, Filmmaker Sherman's March, Photographic Memory
- "It's very beautiful - being immersed in that building, the dancing, the young people, everything. The dance becomes film in what seems like a very natural way, and there's a transcendence about it. The social realities, these kids' backgrounds, the peculiarities of Cuba, all are made quite plain in the film." - Charles Warren, Professor of Film History and Theory, Harvard College and Boston University

Item no. : HV10800413
Format : DVD (Spanish with English Subtitles)
Duration : 96 minutes
Copyright : 2014
Price : USD 295.00

STORM MAKERS, THE

Director: Guillaume Suon

Hundreds of thousands of Cambodians work abroad, and over a third have been sold as slaves. Most are young women, held prisoner and forced to work in horrific conditions, sometimes as prostitutes. Featuring brutally candid testimony, The Storm Makers is a chilling expose of Cambodia's human trafficking underworld and an eye-opening look at the complex cycle of poverty, despair and greed that fuels this modern slave trade.

At the age of 16, Aya was sold to work as a maid in Malaysia. She was exploited, beaten and eventually ran away, only to be captured and raped. When she returns to Cambodia with an infant son, just as poor as when she left, her mother greets her not with joy, but with anger that her daughter has come back with yet another mouth to feed instead of money. "I should have died over there," says Aya in a singsong, childlike voice that masks the horrors she endured.

Pou Houy, 52, is a successful trafficker who runs a recruitment agency in Phnom Penh and claims to have sold more than 500 girls. Shockingly outspoken and expressing no remorse, he sees himself as a smart businessman and good Christian.

Pou Houy's enterprise relies on local recruiters who bring him candidates from their rural communities. One of these is Ming Dy, who sold her own daughter and

continues to supply Houy with new recruits from her village. In one wrenching scene, Ming Dy's husband cannot bring himself to speak to his daughter when she calls from a new job abroad, where she earns a dollar a day. "I told my wife not to sell young people from the village," he says. "Buddha condemns those who sell people like animals."

As Amnesty International, the United Nations, other NGOs, and governments argue over the best way to protect vulnerable migrants, The Storm Makers shows the real consequences for individuals, their families and communities.

Reviews

- "9 out of 10. Revelatory...breathtaking. In its focus on trauma's lasting effects, The Storm Makers is of a piece with producer Rithy Panh's other work, including S21: The Khmer Rouge Killing Machine." - Popmatters
- "A harrowing, uncompromising portrayal of human trafficking in Cambodia." - Washington City Paper

Awards

- Mecenat Award for Best Asian Documentary Film, Busan International Film Festival
- Full Frame Inspiration Award, Full Frame Documentary Film Festival
- Best Feature Film, Milan Festival of African, Asian and Latin American Cinema
- Special Mention Award, Salaya International Documentary Film Festival

Item no. : NT10800414
Format : DVD (Khmer with English Subtitles)
Duration : 66 minutes
Copyright : 2014
Price : USD 295.00

WAR AFTER, THE

Director: Dena Seidel

The War After is a powerful documentary featuring nine U.S. veterans transitioning from active duty to the unexpected challenges of civilian life. Join these brave and honest veterans as they share their surprising journeys into military service, the intense and at times harrowing experiences of active duty followed by the highs and lows of forging their own independent identities as university students.

At a time when thousands of U.S. service members are returning home from Iraq and Afghanistan, The War After is a timely and personal view of the American service experience, unlike any other military documentary.

Item no. : TY10800415
Format : DVD
Duration : 70 minutes
Copyright : 2014
Price : USD 295.00

WAR PHOTOGRAPHER

Director: Christian Frei

"If your pictures aren't good enough, you're not close enough." - Robert Capa
 War photographer James Nachtwey has been close enough for twenty years. Over this time he hasn't missed a single war. And he probably has seen more suffering and dying than anyone else alive. For War Photographer, which was nominated for the Academy Award for Best Documentary Feature, Christian Frei followed Nachtwey for two years into the wars in Indonesia, Kosovo, and Palestine, as well as to other troubled areas around the world.

If we believe Hollywood pictures, war photographers are all hard-boiled and cynical old troopers. How can they think about 'exposure time' at the very moment of dread? But James Nachtwey is no rumbling swaggerer. He is an unobtrusive man, with grey hair and the deliberation of a professor of philosophy. A thoughtful, rather shy person - who many think of as the bravest and best war photographer ever.

Christiane Amanpour of CNN, Hans-Hermann Klare of Stern Magazine and many other friends and colleagues of Nachtwey talk about his photos, his relationship to his work, and the impact it has on his personal life. And many of his most powerful images are shown in the film.

Finally, and most amazingly, in War Photographer special video micro-cameras are attached to Nachtwey's still camera. We hear every breath of the photographer. We participate in the act of shooting war photos. And for the first time in the history of movies about photographers, this technique allows us the most intimate insight into the work of a concerned photojournalist.

Reviews

- "A great photojournalist and a genuine hero!" - Peter Ranier, New York Magazine
- "A remarkable film about a remarkable man." - Kevin Thomas, Los Angeles Times
- "Engrossing! Exceptionally intimate, allowing us almost literally to see the world through Mr. Nachtwey's eyes." - New York Times

Award

- 2004 Peabody Award

Item no. : KZ10800416
Format : DVD (English and German)
Duration : 96 minutes
Copyright : 2001
Price : USD 295.00

YALOM'S CURE

Director: Sabine Gasiger

Bestselling author, popular scholar and existentialist Irvin D. Yalom is one of the most influential living psychotherapists. This cinematic feature is more than a classic biography. Together with Dr. Yalom we travel in an existential journey through the many layers of the human mind while he shares his fundamental insights and wisdom. Dr. Yalom's books sold millions of copies worldwide and critics describe him as: mind-bending, stunning, inspiring, haunting, life-changing.

Item no. : MN10800417
Format : DVD
Duration : 77 minutes
Copyright : 2014
Price : USD 295.00

HEALTH AND MEDICINE

DEVELOPMENTAL CARE: ADULTS TO SENIORS

Knowing how to provide care in an age specific manner is an important part of meeting a loved one's needs. This DVD covers adults to seniors.

Item no. : WG04160295
Format : DVD
Duration : 25 minutes
Price : USD 99.00

DEVELOPMENTAL CARE: NEONATES & INFANTS

Knowing how to provide care in an age specific manner is an important part of meeting a loved one's needs. This DVD covers neonates to infants.

Item no. : HR03830296
Format : DVD
Duration : 22 minutes
Price : USD 99.00

DEVELOPMENTAL CARE: TODDLERS TO TEENS

Knowing how to provide care in an age specific manner is an important part of meeting a loved one's needs. This DVD covers toddlers to teens.

Item no. : TY04100297
Format : DVD
Duration : 25 minutes
Price : USD 99.00

NURSING ASSISTANT SKILLS: SKIN AND WOUND CARE

This program teaches nursing assistants how to provide proper skin and wound care. It shows how to care for pressure ulcers; demonstrates how to apply elastic

stockings; explains how to apply a dry, non-sterile dressing; covers the patient back rub; and outlines the process for applying an elastic abdominal binder.

Item no. : WZ33950098
Format : DVD
Duration : 17 minutes
Copyright : 2006
Price : USD 249.00

OUTPATIENT MANAGEMENT OF BURN WOUNDS

Emphasizing that proper burn care begins at the emergent phase and continues through the acute and convalescent phases, this program teaches how to care for burn wounds. It shows how to determine whether a burn wound is of partial or full thickness, covers infection prevention, and looks at wound dressing.

Item no. : PJ33950099
Format : DVD
Duration : 23 minutes
Copyright : 2006
Price : USD 199.00

PRESSURE ULCERS AND WOUND HEALING

This program explains the phases of acute and chronic wound healing, teaches how to identify signs of progress or delay in the healing process, and examines factors that affect wound healing. It also shows how to assess and treat pressure ulcers.

Item no. : ER33950100
Format : DVD
Duration : 30 minutes
Copyright : 2006
Price : USD 319.00

UNDERSTANDING BIRTH: A COMPREHENSIVE GUIDE (3RD EDITION)

This comprehensive Understanding Birth DVD supports your entire childbirth program by providing real-world video examples for all of your teaching points. With the all-new third edition you can be sure you are presenting the most recent evidence-based information in a way that appeals to today's parents.

- Current guidelines – Includes ACOG's revised labor and early-term pregnancy guidelines, current AAP circumcision and SIDS policies, and up-to-date breastfeeding information
- Modern animation – Uses the latest animation techniques to explain anatomy, labor, and medical procedures in a way parents will understand
- Relatable stories – Engages parents with story-based education that features other families' birth experiences and feelings

- Objective voice – Explores a variety of birth choices in a positive, respectful way that does not dramatize the labor experience

Includes:

- Pregnancy – fetal development, emotions, anatomy, discomforts, nutrition, preterm labor, hazards, exercise
- Labor – signs labor is near, onset, stages overview, early labor, active labor, transition, 2nd stage, 3rd & 4th stages
- Brandy's Birth Story – unmedicated birth story shows stages of labor, comfort techniques, and partner support
- Comfort Techniques – support team, massage, visualization, vocalization, breathing, relaxation, hydrotherapy, labor positions, pushing positions, pushing techniques
- Medical Procedures – birth plans, BRAIN acronym, induction, monitoring, analgesics, epidurals, augmentation, 2nd stage interventions
- Cesarean Birth – reasons for cesareans, risks, surgery preparation, anesthesia, surgery animation, breastfeeding, recovery
- Newborns – appearance, procedures, first feeding, senses, crying, Abusive Head Trauma, sleep, SIDS safety
- Postpartum – involution, lochia, perineum care, emotions (PPD), support, healthy habits, breastfeeding

Item no. : LM00800222
Format : DVD (Closed Captioned)
Duration : 146 minutes
Audience : Ages 13-Adult
Copyright : 2015
Price : USD 399.95

WOUND CARE AND HEALING IN PERIOPERATIVE PRACTICE

This DVD explains the physiology of wound healing and reviews key concepts and practices for providing wound care in the perioperative setting. Topics covered include types of wound closure, wound classification, and approaches to prevent SSIs.

Item no. : ZP33950101
Format : DVD
Duration : 40 minutes
Copyright : 2014
Price : USD 319.00

WOUND CLOSURE

This DVD explores wound closure. It includes lectures and further information.

Item no. : WM33950102
Format : DVD
Duration : 56 minutes
Copyright : 2006
Price : USD 139.00

WOUND DRESSINGS

This DVD discusses factors to consider when choosing an appropriate wound dressing; describes the properties of temporary wound coverings; and covers the indications, advantages, and disadvantages of a variety of categories of wound dressings.

Item no. : PN33950103
Format : DVD
Duration : 26 minutes
Copyright : 2006
Price : USD 319.00

WOUNDS: TIPS, TRICKS, AND TRIVIA

This program introduces the phases of wounding, explores ways to document wounding, and discusses moist wound products that encourage successful closure. It also explains how wounds are classified.

Item no. : WN33950105
Format : DVD
Duration : 180 minutes
Copyright : 2006
Price : USD 179.00

PSYCHOLOGY

1-2-3 OF INFIDELITY, THE

In this TED-style talk, couples counselor Dr. Paul Peluso discusses two questions to ask to help assess and treat couples dealing with infidelity and explains his three-step "roadmap" for explaining and understanding how infidelities occur. Using this three-step approach, couples counselors can become more effective in their practice by establishing an atmosphere of trust and safety and demonstrating competence.

Item no. : CF33950001
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

ANTI-DISCRIMINATION RESPONSE TRAINING (ART)

Featuring psychologist Ishu Ishiyama, this DVD shows how to respond to incidents of discrimination. It identifies key forms of oppression in relation to such factors as race, gender, and sexual orientation and presents skills for actively responding to discrimination.

Item no. : WH33950002
Format : DVD
Duration : 40 minutes
Copyright : 2006
Price : USD 179.00

ARE YOU OUT OF BOUNDS?

This program covers the agreed-upon roles, rules, and expectations that create happiness and stability in a relationship. It explains that unclear boundaries raise stress levels in families and that understanding the need and nature of healthy boundaries can greatly improve a clinician's practice.

Item no. : TC33950003
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

ASSESSMENT AND TREATMENT PLANNING WITH PERSONALITY DISORDERS

This DVD teaches how to conceptualize personality disorders and develop treatment plans. It shows how the client's style is evident in the workplace, in interpersonal relationships, and during therapy.

Item no. : YA33950004
Format : DVD
Duration : 35 minutes
Copyright : 2006
Price : USD 179.00

BARRIERS TO CROSS-CULTURAL COUNSELING

In this program, Derald Wing Sue discusses basic skills for and barriers to cross-cultural counseling. The DVD emphasizes the importance of understanding and adapting to cultural differences.

Item no. : LH33950005
Format : DVD
Duration : 75 minutes
Copyright : 2006
Price : USD 189.00

BASIC ATTENDING SKILLS

This DVD illustrates Allen Ivey's basic microskills framework for counseling. It demonstrates attending behavior, the use of open and closed questions, paraphrasing, reflection of feelings, and summarization.

Item no. : AA33950006
Format : 2 DVDs
Duration : 110 minutes
Copyright : 2006
Price : USD 299.00

BUILDING RESILIENCY: HOW TO UNLOCK YOUR PERSONAL CODE FOR

WELL BEING

This video describes how to build up resiliency and bounce back from unsettling or distressing events. It explains counseling techniques for putting events into perspective and shows how to specifically apply such techniques to a client.

Item no. : WF33950007
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

BUILDING A SUCCESSFUL CAREER IN COUNSELING AND PSYCHOTHERAPY

By Sherry Smith, PhD & Susan Smith, LPC

Amid an ever-changing field, what are the most important things a beginning therapist should know? In this video, six seasoned clinicians discuss career paths, benefits and pitfalls of the work, successful business practices, and ways to prevent burnout.

More than ever before, new therapists are faced with a rapidly changing field that offers a dizzying array of theoretical approaches, licensure options, and business models. Amid these mystifying career prospects, what are the most important things a beginning therapist should know? In this video, a panel of six seasoned clinicians discuss their career paths, benefits and pitfalls of the work, successful business practices, and ways to prevent burnout.

Over the hour-long video, this diverse group (including MSWs, LPCs, a former HR worker with an MBA, a former musician, and a woman with a more intuitive approach to the work) speak to six different topics: traveling along the career pathway, the ebbs and flows of private practice, getting a job, concerns about the field, managing burnout, and a word to the wise. Firmly opinionated, they discuss everything from the joy of watching clients "become powerful" and the incredible variety of skills one can employ (i.e., blending private practice with university teaching and speaking) to the pressures of maintaining health insurance and "keeping the lights on" in private practice, as well as the manipulative clients that may enter your office.

You'll gain valuable information about a range of issues, a primer on the need to leverage your social networks to find choice jobs, and tips for making your practice burnout-resistant. With plenty of useful food for thought, this is a great resource for those just starting out or those supporting new therapists' growth.

By watching this video, you will:

- Understand several possible educational, clinical, and blended career paths available to counselors and psychotherapists.

- Discover business strategies and the importance of leveraging your social networks to find jobs.
- Learn ways to practice adequate self-care and prevent burnout.

Item no. : VR07620483
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 42 minutes
StdBkNo : 9781601244598
Price : USD 139.00

CAREER COUNSELING: MULTIETHNIC DEMONSTRATIONS

This set demonstrates a career counseling approach that integrates multicultural and career strategies. It features Anika Warren, who examines the ways in which social, familial, and cultural factors influence career development and shows how to conduct an intake session, help a client prioritize needs, and utilize career assessment tools.

Career Counseling: Multi-ethnic Demonstrations - Skills for Contextual Decision Making

Dr Warren counsels a Vietnamese American gay male transitioning from college to work. She shows how social, familial, and cultural factors influence career development. Skills highlighted include: conducting an intake session; helping a client prioritize counseling needs; career meaning making; cultural sensitivity and its intersections with career counseling practice. Clear titles provide material for understanding and discussion.

Career Counseling: Skills for Guided Discovery and Career Assessment
 The client is a college-educated African-American female who has worked for 10 years in the non-profit sector. She is considering a career change. Dr Warren demonstrates five career counseling skill segments that integrate multicultural issues. The video closes by showing how to apply career assessments using the Self-Directed Search Form R (4th Ed). Clear titles provide material for understanding and discussion.

Item no. : ZD33950008
Format : 2 DVDs
Duration : 60 minutes
Copyright : 2006
Price : USD 249.00

CELEBRATING CULTURAL DIVERSITY: A GROUP FOR FIFTH GRADERS - GROUP COUNSELING WITH CHILDREN

With Sheri Bauman

Two experienced counselors lead a six-part group counseling session with a diverse group of 5th grade students. The goal of the group is to increase members'

appreciation of cultural diversity. Viewers will see members' developmental level, the leaders' choice of activities and processing strategies, and issues surrounding the concept of "culture" within the group. This DVD is an excellent tool for counselor educators teaching group work and for school counselors and guidance directors seeking relevant training materials.

Item no. : TH33950104
Format : DVD
Duration : 287 minutes
Copyright : 2012
Price : USD 199.00

COGNITIVE COUNSELING AND PSYCHOTHERAPY

In this program, Jeff Brooks-Harris demonstrates cognitive strategies with a Japanese-American woman in an abusive heterosexual relationship. The DVD also features a demonstration by Jill Oliveira-Berry, who works with an Asian-Hawaiian man to help him develop a more positive gay identity. It highlights twelve specific strategies: impact of thoughts, modification of beliefs, self talk, reinforcement of adaptive cognitions, irrational thoughts, realistic constraints, core beliefs, solution brainstorming, evaluation of evidence, psychoeducation, hypotheses testing, and bibliotherapy.

Item no. : NY33950009
Format : DVD
Duration : 50 minutes
Copyright : 2006
Price : USD 169.00

COGNITIVE-BEHAVIORAL THERAPY WITH OLDER ADULTS FROM DIVERSE POPULATIONS TRANSITIONING TO LONG CARE FACILITIES

This program examines the use of cognitive-behavioral therapy in the treatment of older adults. Focusing on individuals with generalized anxiety disorder, it shows the intake process, the development of a treatment plan, and the follow up.

Item no. : FR33950010
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 199.00

CONFLICT FROM A CONSTRUCTIONIST STANDPOINT

In this presentation, Dr. Kenneth J. Gergen analyzes the problem of communal conflict from a social constructionist point-of-view and highlights constructionist ideas.

Item no. : SR33950011
Format : DVD
Duration : 43 minutes
Copyright : 2013
Price : USD 109.00

COUNSELING GAY AND LESBIAN YOUTH: A MULTIETHNIC DEMONSTRATION VIDEO

This DVD profiles four gay and lesbian youths and explores their struggles with identity confusion and the decision to come out of the closet. It also features counselors who offer guidelines for working with gay and lesbian youth.

Item no. : WN33950012
Format : DVD
Duration : 83 minutes
Copyright : 2006
Price : USD 219.00

COUNSELING MILITARY SPOUSES AND FAMILIES

This program shows a counselor working with a client to address PTSD symptoms in order to deal with the disorder's troublesome manifestations and strengthen a family's cohesiveness and supportiveness. It demonstrates how counselors can move families beyond a focus on the veteran's diagnosis as a way to rationalize his or her behavior. The program also shows how a counselor can challenge the family to make positive, sustainable changes to create more balanced relationships.

Item no. : KF33950013
Format : DVD
Duration : 90 minutes
Copyright : 2013
Price : USD 109.00

COUNSELING MUSLIMS

Featuring a lecture by Farah Ibrahim of the University of Colorado, this program examines issues associated with counseling Muslim clients. It discusses demographics, tenets of the Islamic faith, and strategies to incorporate spiritual beliefs in counseling. It also includes an initial interview with a Muslim woman struggling with infertility and the case of a Muslim woman experiencing trauma post-September 11.

Item no. : YH33950014
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 149.00

COUNSELING PERSONS WITH PHYSICAL DISABILITIES

This DVD teaches how to conduct a first counseling session with a person with a disability. It shows Robbin Miller working with a female client with a mobility impairment and chronic pain and highlight how Miller uses cognitive reframing to change the client's negative thought patterns to more positive thoughts.

Item no. : YH33950015
Format : DVD
Duration : 30 minutes
Copyright : 2006
Price : USD 169.00

COUNSELING RETURNING VETERANS WITH PTSD

This program presents a session in which the counselor helps a veteran client understand and change how he thinks about trauma and its aftermath. It explains that the goal of PTSD therapy is to understand how certain thoughts cause stress and make the symptoms worse. The program illustrates how to help a client learn to better cope with feelings such as anger, guilt, and fear.

Item no. : NH33950016
Format : DVD
Duration : 73 minutes
Copyright : 2013
Price : USD 109.00

COUNSELING VETERANS

This program considers the special counseling needs of veterans. Herbert Exum and Amy Menna cover such topics as PTSD, treatment issues, and how to effectively work with military families.

Item no. : KY33950017
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 159.00

COUNSELORS RESPONDING TO MASS VIOLENCE FOLLOWING A UNIVERSITY SHOOTING

This live demonstration simulates a crisis response counseling session in the wake of a hypothetical university shooting. It illustrates how counselors use de-escalation techniques to meet immediate needs for safety and stabilization of survivors as well as ameliorate intense emotional reactions.

Item no. : TW33950018
Format : DVD
Duration : 73 minutes
Copyright : 2014
Price : USD 109.00

CREATIVE SOCIAL JUSTICE TRAINING: CASE STUDY EXAMPLES

This video describes ethnographic fiction, a transformative teaching technique where students of counseling are assigned a client's story and are asked to "walk in their shoes." It shows how to train counselors effectively to work in global communities by way of "ethnographic fiction."

Item no. : FP33950019
Format : DVD
Duration : 60 minutes
Copyright : 2014
Price : USD 109.00

CULTURALLY SENSITIVE GUIDELINES FOR NON-BLACK THERAPISTS WORKING WITH AFRICAN-AMERICAN COUPLES

African-American couples often experience cultural mistrust when working with non-Black counselors, as they may fear being judged, stereotyped, or simply misunderstood. This video provides specific suggestions for how non-Black clinicians can more effectively build rapport and work with African-American couples. It discusses ways in which non-Black clinicians can understand the specific contextual factors impacting African-American couple relationships, how daily microaggressions effect such couple, how to enact culturally sensitive guidelines, types of presenting issues Black couples bring to counseling, how to join with couples, and how to deal with and interpret potential resistance and possible cultural mistrust. The video reviews the importance of being honest, genuine, and empathetic, the strategic use of self-disclosure, and ways to modify current treatment approaches.

Item no. : HE33950020
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

CULTURALLY SENSITIVE TREATMENT APPROACHES WITH AFRICAN-AMERICAN COUPLES

Counseling literature often speaks of providing diverse clients with culturally sensitive treatment, but rarely breaks down what this means within individual groups. Discussion of culturally sensitive treatment interventions with African-American couples is particularly rare. This program solves this problem by exploring specific culturally sensitive

interventions with African-American couples, including identifying specific contextual factors that impact couples, evaluating intimacy threats to the relationship, exploring the connection between family of origin issues and couples issues, and understanding the role of racism, discrimination, and oppression on the couple.

Item no. : NB33950021
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

DECOLONIZING INTERNATIONAL BORDER CROSSINGS

In this presentation, Dr. Kathryn Norsworthy brings a post-colonial, global feminist analysis to the question of how psychologists and peace workers can engage in decolonizing, power-sharing partnerships.

Item no. : TH33950022
Format : DVD
Duration : 52 minutes
Copyright : 2012
Price : USD 109.00

DEVELOPING CULTURAL HUMILITY: HOW TO ENGAGE IN DIFFICULT DIALOGUES

This video demonstrates how to generate more authentic and genuine multicultural dialogues and relationships and contains dialogues between "white" psychologists and psychologists who represent historically devalued communities. The video instructs viewers how to better situate themselves in difficult dialogues, particularly at times when they might feel offended, don't feel like they belong in the conversation, or simply do not have the energy to continue.

Item no. : WT33950023
Format : DVD
Duration : 85 minutes
Copyright : 2013
Price : USD 169.00

DOUBLE CONSCIOUSNESS: HEGEMONIC PSYCHOLOGY AND THE POLITICS OF ETHNIC MINORITY RESEARCH

This program introduces students to the current controversy regarding psychology research that focuses on ethnic minority experiences. The program addresses the issues related to the hegemonic culture of psychology and discusses implications of conducting ethnic minority research.

Item no. : DE33950024
Format : DVD
Duration : 50 minutes
Copyright : 2013
Price : USD 109.00

EMOTIONAL CYCLE OF DEPLOYMENT, THE

This TED-style talk outlines the emotional cycle of military deployment and explains that helping to normalize this cycle is the main duty of a military therapist.

Item no. : NU33950025
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

EMPOWERING YOUTH VICTIMIZED BY CYBERBULLYING

This program addresses cyberbullying by demonstrating the use of a solution-focused Adlerian counseling model with youth who have been bullied. The program illustrates the method through a live role-play as well as case studies and practical exercises.

Item no. : SH33950026
Format : DVD
Duration : 88 minutes
Copyright : 2014
Price : USD 109.00

EVIDENCE-BASED MENTAL DISORDER DIAGNOSIS

This talk highlights the importance of evidence-based diagnosis, emphasizing that such practices enhance accountability, strengthen one's own reputation and potential for advancement, reduce liability, and help to ensure client care.

Item no. : TZ33950027
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

EXPLORING THE EMOTIONS OF WHITE RACISM AND ANTIRACISM

In this video, Dr. Lisa Spanierman addresses white racial attitudes by presenting her taxonomy of the emotions of racism. She discusses responses to racism, including white guilt, fear, and empathy, and offers recommendations for educators and counselors to recognize race-related emotions.

Item no. : WP33950028
Format : DVD
Duration : 43 minutes

Copyright : 2013
Price : USD 109.00

EXPRESSIVE ARTS WITH ADOLESCENTS

This film provides a practical overview of four major expressive art therapy disciplines for clinicians to utilize with adolescents in psychotherapy. The program also provides sample sessions of successful art therapy, emphasizing the importance of a warm therapeutic relationship, self-expression, and imaginative freedom.

Item no. : FV33950029
Format : DVD
Duration : 101 minutes
Copyright : 2014
Price : USD 109.00

FINANCIAL INFIDELITY: CHEATING, MONEY & INTIMACY

Money and finances have become one of the most challenging issues for individuals and couples to overcome in relationships. In this video, Dr. Waller examines financial infidelity and offers steps couples can follow to discuss money within the relationship and to overcome financial infidelity and promote intimacy.

Item no. : KW33950030
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

FIT ADMINISTRATIVE SUPERVISION

This program highlights the basics of Feedback Informed Treatment (FIT), which involves client feedback in the therapeutic process. Featuring two vignettes of therapy sessions with therapist Scott Miller, the program demonstrates how FIT practitioners use measures of the therapeutic alliance and outcome to make timely adjustments to treatment approaches for maximum satisfaction and change. The vignettes show a group supervision session with focus on one client's therapy work and a consultation with clinic directors on how to improve their clinician/client outcomes through interpretation of data collection.

Item no. : NY33950031
Format : DVD
Duration : 102 minutes
Copyright : 2014
Price : USD 169.00

FIVE APPROACHES TO COUNSELING ADOLESCENTS

This program leads counselors through the unique benefits and challenges of working with adolescent clients from diverse backgrounds. Examining cognitive-behavioral, narrative, interpersonal, and mindfulness approaches, the program presents a theoretical framework for counseling adolescents.

Item no. : KU33950032
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 219.00

FIVE FORCES OF COUNSELING AND PSYCHOTHERAPY, THE - PART 1

Part 1 presents interviews with leading counseling scholars and describes psychoanalytic, cognitive-behavioral, existential-humanistic, multicultural, and social justice forms of therapy.

Item no. : SB33950033
Format : DVD
Duration : 50 minutes
Copyright : 2006
Price : USD 199.00

FIVE FORCES OF COUNSELING AND PSYCHOTHERAPY, THE - PART 2

Part 2 shows counseling sessions in which one client meets with an experienced counselor of each type of therapy.

Item no. : RA33950034
Format : DVD
Duration : 50 minutes
Copyright : 2006
Price : USD 199.00

FIVE FORCES OF COUNSELING AND PSYCHOTHERAPY, THE - PART 3

Part 3 presents debriefing sessions with each therapist and the client featured in Part 2.

Item no. : AZ33950035
Format : DVD
Duration : 50 minutes
Copyright : 2006
Price : USD 199.00

FIVE QUESTIONS THAT

WILL CHANGE YOUR LIFE

This program shows how combining the Socratic process of questioning with the guidelines of Adler can generate life-changing questions for a therapist to utilize in assisting a client. It presents a simple approach to helping clients move from disappointment, discontent, and dysfunction to an autonomous, rewarding, values-focused life.

Item no. : PC33950036
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

FOUR APPROACHES TO COUNSELING ONE CLIENT: MEDICAL, INTRAPSYCHIC, MULTICULTURAL, AND SOCIAL JUSTICE COUNSELING MODELS

Featuring Manivong J. Ratts of Counselors for Social Justice, this DVD features demonstrations of the medical, intrapsychic, multicultural, and social justice counseling models. It provides an analysis of each model along with its strengths and limitations.

Item no. : SU33950037
Format : DVD
Duration : 154 minutes
Copyright : 2006
Price : USD 219.00

FUTURE FOCUS ON THE NEEDS OF TRANSGENDERS

In this program, Phyllis Randolph Frye, the first openly transgender judge in the U.S., discusses such issues facing transgender individuals as which bathroom to use, the legality of marriages, whether or not surgery is necessary, and how to care for transgender elderly.

Item no. : MP33950038
Format : DVD
Duration : 60 minutes
Copyright : 2013
Price : USD 109.00

GROUP COUNSELING WITH CHILDREN

In this program, Sheri Bauman and Sam Steen lead a six-part group counseling session with a diverse group of fifth-grade students and help them work toward an overall group goal of increasing members' appreciation of cultural diversity. The DVD shows how members' developmental levels, leaders' choices of activities and processing strategies, and issues surrounding the concept of culture affect the group.

Item no. : SM33950039
Format : DVD

Duration : 180 minutes
Copyright : 2006
Price : USD 269.00

GROUP COUNSELING: PROCESS AND TECHNIQUE

In this DVD, psychologist Kevin Fall shows how to facilitate a group consisting of six diverse adult members. The program presents examples of the first session, the middle phases of group work, preparation for termination, and termination. It also shows how to manage conflict and move toward group responsibility.

Item no. : BD33950040
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 229.00

GROUP LEADERSHIP IN ACTION

With Jeffrey Kottler, Matt Englar-Carlson

Becoming an exemplary group leader isn't only about what you know and understand; it's also about what you can do to make a difference in people's lives. In this video, two of the profession's most notable experts demonstrate leadership skills in action, discussing the choices, interventions, and strategies that are unique to therapeutic groups. This is not just a demonstration of role-plays but an authentic, highly evocative and emotional experience with a very diverse group of members. Jeffrey and Matt cover a variety of skills in action, then discuss their rationale and underlying thinking for the choices that were made.

Item no. : FH33950041
Format : DVD
Duration : 127 minutes
Copyright : 2014
Price : USD 199.00

HELPING CLIENTS FIND THEIR HAPPILY EVER AFTER

This presentation offers a clear, concise and simple definition of mental health and happiness, explaining that a conception of mental health success is needed to pursue it as a goal. It shows what clients can do daily to cultivate their mental health and happiness.

Item no. : HC33950042
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

HOLISTIC WELLNESS APPROACH TO MENTAL

DISORDER DIAGNOSIS, A

Emphasizing that mental illness diagnosis can often be dehumanizing, this program explains how to make diagnosis into a collaborative process toward understanding human suffering and personalized recovery. It focuses on how to diagnose from a holistic wellness model, highlighting how to avoid pitfalls of judging and labeling clients and how to work as a team for optimum client recovery.

Item no. : TM33950043
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

HOW TO LISTEN SO PARENTS WILL TALK

In this Therapy Talks video, John Sommers-Flanagan teaches how to listen, empathize, collaborate, and validate parents in ways that will open them up to influence. The talk explains the power and potential of working directly with parents and provides a rationale for why learning to work effectively with parents is an essential skill-set for all health professionals.

Item no. : TS33950044
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

IN THE SHADOWS: THE EDUCATIONAL IMPLICATIONS OF UNAUTHORIZED STATUS

This video features Professor Carola Suarez-Orozco, who discusses children and adolescents growing up in families of unauthorized immigrants and the developmental consequences.

Item no. : LK33950045
Format : DVD
Duration : 71 minutes
Copyright : 2012
Price : USD 109.00

INTRODUCTION TO STRUCTURED RELAPSE PREVENTION: AN INTEGRATIVE APPROACH TO WORKING WITH ALCOHOL AND OTHER DRUG PROBLEMS

This program presents an overview of Structured Relapse Prevention, an integrated therapeutic methodology that includes aspects of motivational interviewing, cognitive-behavioral treatment, and coping skills.

Item no. : AC33950046
Format : DVD
Duration : 90 minutes
Copyright : 2006
Price : USD 159.00

IT ONLY HEALS WHEN I LAUGH! HUMOR IN PSYCHOTHERAPY

In this program, author, professor, and counselor, Dr. Paul Peluso discusses the use of humor in psychotherapy. He traces the link between humor as a method to express painful sentiments, as well as open new possibilities to clients.

Item no. : HA33950047
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

LEADING COUNSELING GROUPS WITH ADULTS: A DEMONSTRATION OF THE ART OF ENGAGEMENT

By Ed Jacobs, PhD & Christine Schimmel, EdD

How do group therapists deepen engagement while keeping things moving? In this video, watch two experienced co-leaders demonstrate core techniques for successful group therapy with adults.

Successful group therapy requires clinicians to contend with simultaneous moving parts. At its best, a therapy group presents ample opportunities for members' self-reflection, meaningful interaction, insight, and growth—and group leaders must be skilled in creating the conditions for this. Given the plethora of approaches to this type of work, therapists can benefit from solid primers. This video offers just that, a comprehensive overview of the core skills and techniques of leading therapy groups with adults.

Here, Drs. Ed Jacobs and Christine Schimmel demonstrate a wide range of group therapy essentials with a gathering of eight women. For the purposes of producing a training video, these sessions all took place in one day, creating a condensed but nonetheless realistic microcosm of the experience of ongoing group therapy. Divorce, addiction, anxiety, and parenting are addressed and explored collaboratively, as the women support each other through reflection, crosstalk, and role-play activities.

Skills and techniques covered include asking good, deepening questions; using rounds to engage members; drawing out; holding, deepening and shifting focus; teaching concepts and ideas; use of props and chairs; and much more. With plenty of useful tips shown in a real group, this is an invaluable resource for any clinician who conducts group therapy.

By watching this video, you will:

- Understand the arc of a successful therapy group, including its distinct phases.
- Learn techniques to establish group rapport, deepen the therapy, and keep members engaged.
- Identify the necessary skills for facilitating crosstalk, focusing on members' needs, and linking common issues.

Item no. : PT07620484
Format : DVD (With Instructor's Manual, English subtitles)
Duration : 177 minutes
StdBkNo : 9781601244574
Price : USD 159.00

LEADING GROUPS WITH ADOLESCENTS

With Janice DeLucia-Waack

Nationally known group experts work with high school students in an actual psychoeducational group. The initial stage, goal setting, working activities and termination are all explored. Activities focus on building self-esteem, managing anger, improving communication skills, and resolving irrational beliefs. This group work model is highly applicable to all school and agency work and a valuable training tool for all counselors working with teens.

Item no. : JP33950048
Format : DVD
Duration : 141 minutes
Copyright : 2009
Price : USD 199.00

MAKING A PASSIONATE CAREER LIFE

With the fast changing work environment and ever-increasing career uncertainty, helping people to express themselves through passionate career choices has become an indispensable skill. In this video, Dr. Waller explains that finding one's career passion has become a life goal for individuals looking for life satisfaction and fulfillment. He instructs individuals to explore themselves and presents three steps individuals can follow to find their career path and passion.

Item no. : PN33950049
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

MANAGING CONFLICT IN SCHOOLS: A NEW APPROACH TO A DISCIPLINARY OFFENSE

This program illustrates how school counselors can play a facilitative role in

addressing offenses at school without resorting to punishment. It explains that restorative practices are about addressing the harm done to relationships by an offense rather than framing the act as a challenge to school rules or authorities. It includes a demonstration involving two female students who engaged in cruel and threatening behavior through Facebook after a conflict arose over a boy.

Item no. : ZC33950050
Format : DVD
Duration : 75 minutes
Copyright : 2013
Price : USD 169.00

MANAGING THROUGH LIFE'S TRANSITIONS

This talk demonstrates that once you become a student of life everything you experience can be transferred into a life lesson. It uses a walk through an airport as an analogy for life's transitions and provides life lessons on how to manage support systems and develop situational awareness, showing that we are constantly transitioning through various situations.

Item no. : JY33950051
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

MILITARY AND PTSD, THE: COUNSELING A COUPLE IN CRISIS

In this DVD, psychologist and veteran Joshua Taylor explores the causes and symptoms of PTSD, considers its treatments, and provides practical solutions for working with military families suffering from trauma. The program shows Taylor meeting with a military couple experiencing marital difficulties.

Item no. : MV33950052
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 219.00

MINDFULNESS AND MENTAL HEALTH PRACTICE: BENEFITS FOR CLINICIANS AND CLIENTS

This program explains the importance of mindfulness and analyzes the key aspects of mindfulness practice. It also suggests ways in which a counselor can benefit from mindfulness therapies, showing that, by understanding and cultivating mindfulness as a professional, a counselor can become a model for a client.

Item no. : WW33950053
Format : DVD
Duration : 30 minutes

Copyright : 2014
Price : USD 109.00

MIRROR CRACKED, THE: ATTACHMENT AND THE THERAPEUTIC RELATIONSHIP

In this DVD, Judith Morgan examines the role of attachment in the therapeutic process and explains that when a child is referred for therapy, it is common to discover that he or she has experienced attachment disruptions. Morgan explores experiential techniques for attachment disorders.

Item no. : CR33950055
Format : DVD
Duration : 86 minutes
Copyright : 2006
Price : USD 189.00

MULTICULTURAL FEMINIST LEADERSHIP: BENEFITS FOR ALL

This presentation shows how to develop leadership skills for women and men of color, including descriptions of challenges, strategies for effective leadership, and personal examples from Dr. Melba Vasquez, former president of the American Psychological Association.

Item no. : ZU33950056
Format : DVD
Duration : 66 minutes
Copyright : 2013
Price : USD 109.00

MULTICULTURALISM IN THE CLASSROOM

This presentation, given by Dr. Florence L. Denmark at The 29th Annual Teachers College Winter Roundtable on Cultural Psychology and Education, discusses multiculturalism in the classroom. It examines how psychologists define multiculturalism and analyzes how minority groups interact in the classroom.

Item no. : AG33950057
Format : DVD
Duration : 39 minutes
Copyright : 2012
Price : USD 109.00

MULTIDIMENSIONAL FAMILY THERAPY: A RESEARCH-PROVEN, INNOVATIVE TREATMENT FOR ADOLESCENT SUBSTANCE ABUSE

Explaining that multidimensional family therapy (MDFT) is a comprehensive,

family-centered treatment for adolescent substance abuse and delinquency, this program features a counseling session with MDFT founder Howard Liddle and a 16-year-old boy arrested for purchasing marijuana. The session illustrates the key areas of focus of MDFT and discusses the model's three stages.

Item no. : PL33950058
Format : DVD
Duration : 75 minutes
Copyright : 2013
Price : USD 169.00

MULTI-THEORETICAL COUNSELING AND PSYCHOTHERAPY: BEHAVIORAL COUNSELING AND PSYCHOTHERAPY

In this program, Jeff Brooks-Harris works with a socially isolated international student from Taiwan to help her cope with her loneliness. The DVD also features a demonstration of behavioral strategies by Jill Oliveira-Berry, who works with a Japanese-American woman in an abusive heterosexual relationship.

Item no. : NN33950059
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 189.00

MULTI-THEORETICAL COUNSELING AND PSYCHOTHERAPY: MULTICULTURAL COUNSELING AND PSYCHOTHERAPY

This DVD features Jeff Brooks-Harris, who demonstrates multicultural skills with an Asian Pacific female graduate student who is experiencing symptoms of anxiety related to discrimination. It also features Winter Hamada, who works with a Latina woman who feels culturally isolated and suffers from depression. The program covers such therapeutic strategies as modifying the client's beliefs, reinforcing adaptive cognitions, brainstorming solutions, evaluating evidence, and testing hypotheses. It discusses self-talk, irrational thoughts, core beliefs, realistic constraints, and psychoeducation.

Item no. : RB33950060
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 209.00

MY TEACHER'S PICKING ON ME: REVISING A TEACHER/STUDENT

RELATIONSHIP

This program shows school counselors how to build a conversation between teachers and students, without having blame fall on either the teacher or the student. It provides methods for building the teacher/student relationship. Featuring Dr. John Winslade, the program illustrates a narrative counseling conversation that maintains the position that "the person is not the problem; the problem is the problem."

Item no. : BR33950061
Format : DVD
Duration : 50 minutes
Copyright : 2013
Price : USD 169.00

NARRATIVE MEDIATION WITH COUPLES: TWO SESSIONS

In this program, Gerald Monk works with a divorcing couple to negotiate a custody arrangement. Monk shows how to implement narrative mediation and demonstrates such skills as understanding the story, externalizing, mapping the effects, and scaffolding an alternative story.

Item no. : YW33950062
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 219.00

NARRATIVE THERAPY: PRACTICE EXERCISES FOR DEVELOPING COUNSELING SKILLS

In this program, John Winslade and Lorraine Hedtke demonstrate aspects of counseling conversations using the narrative therapy approach. The DVD features vignettes that show how a simple word can begin a generative conversation that connects with a person's cherished identity; demonstrates the process of externalizing, which is an essential component of narrative therapy that is founded on the belief that "the person is not the problem"; and shows how narrative therapists use decision making conversations.

Item no. : PG33950063
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 209.00

NEUROCOUNSELING: SHATTERING THE MYTHS OF THE BRAIN AND COUNSELING

This video examines the human brain and

explains how behavioral and psychological symptoms have correlating physiological and neurological underpinnings.

Item no. : LN33950064
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

NEUROFEEDBACK: A BRAIN-BASED INTERVENTION

This program examines neurofeedback (NFB), a brain-based therapeutic intervention that has the ability to correct over-arousal, under-arousal, and unstable brain waves. It shows the neurological research that led to the process and explains how to regulate the brain.

Item no. : WA33950065
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

NON-VOLUNTARY CLIENTS: HELPING CLIENTS WHO DON'T WANT YOUR HELP

This video discusses how to help non-voluntary clients, offering techniques for how to align oneself with a resistant client by asking specific evaluation questions. It explains types of non-voluntary clients, such as adolescents, parents with children in out-of-home placement, and those in the correctional system.

Item no. : RF33950066
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

ON A SECRET MISSION: AN UNDERCOVER ANTI-BULLYING TEAM AT WORK IN SCHOOL

Questioning traditional ways of handling bullies in schools, this video describes the "undercover team" approach, which focuses on the bullying relationship itself without anyone being blamed. It shows how the bullies are recruited into participating in a team effort to address the concerns of the victim.

Item no. : KA33950067
Format : DVD
Duration : 70 minutes
Copyright : 2013
Price : USD 169.00

POSITIVE

PSYCHOTHERAPY: HELPING PEOPLE THRIVE

This DVD looks at the benefits of positive psychotherapy. It features eight individual counseling vignettes that demonstrate such strategies as forgiveness, optimism, savoring, gratitude, satisfying and sufficing, and strengths-based clinical supervision.

Item no. : NT33950068
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 219.00

PROMOTING GROWTH WITHIN A GROUP: PERFORMING IN THE HERE AND NOW

With Samuel Gladding

This live demonstration of a simulated counseling group in the performing stage places a focus on how both the leader and group members can foster growth. First, the film shares group leader skills that promote interaction, connectivity, and cohesion, such as active listening, linking, reflecting, confronting, supporting, and summarizing. Next, the demonstration illustrates the power of group members to help and assist others, and shows how the group environment can be therapeutic for members struggling with such issues such as loss, indecision, anxiety, and regret.

Item no. : TU33950069
Format : DVD
Duration : 80 minutes
Copyright : 2013
Price : USD 109.00

QUEER THEORY IN ACTION: THEORETICAL RESOURCES FOR THERAPEUTIC CONVERSATIONS

In this program, Julie Tilsen and David Nylund illustrate the clinical application of queer theory, which is a set of ideas that challenge notions of fixed identity categories. Nylund uses a queer theory-informed practice to help a transgender female appreciate her journey of gender transition. The DVD also shows how Tilsen works with a transgender male to help him navigate his relationship with his mother.

Item no. : FJ33950070
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 219.00

RACIAL AUTHENTICITY:

WALKING THE RACIAL WALK AND CATCHING HELL FOR IT

This talk focuses on what it means to live and conduct one's life from within a racial context. It explains that it can be difficult for professional counselors to understand how history affects race and racial experience in the present.

Item no. : AC33950071
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

REDUCING MENTAL HEALTH DISPARITIES

Emphasizing that Asian Americans often experience delayed mental health utilization because of a cultural stigma against mental illness, this video addresses several fundamental cultural orientations among Chinese immigrants and outlines key empirical findings regarding stigma of mental illness in this group. The program features Dr. Lawrence Yang, who provides a detailed intervention based on countering core forms of stigma.

Item no. : VU33950072
Format : DVD
Duration : 56 minutes
Copyright : 2012
Price : USD 109.00

RELATIONAL CULTURAL THERAPY

Relational cultural theory (RCT) explains the ways in which humans live, grow, and form relationships. This DVD introduces RCT and examines relational competence, relational images, and strategies of disconnection. The program features psychologist Tonya Renee Hammer who demonstrates this approach to therapy.

Item no. : KR33950073
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 219.00

REMEDIATION PLANNING FOR GRADUATE STUDENTS REFUSING TO COUNSEL SPECIFIC POPULATIONS

Citing such court cases as *Ward v. Wilbanks et al.* (2009), this program addresses how many counseling students struggle with counseling clients whose values and behavior conflict with their own principles. It illustrates how a counselor educator should approach such students in a non-judgmental fashion, offering the student new ways of thinking while respecting the student's value system and teaching about the values of the counseling profession. Microtraining

Associates.

Item no. : FS33950074
Format : DVD
Duration : 50 minutes
Copyright : 2013
Price : USD 109.00

RESEARCH FINDINGS ON CULTURE AND MENTAL HEALTH IN ETHNIC MINORITY COMMUNITIES USING NATIONALLY-REPRESENTATIVE DATA

This program explores cultural influences on the nature and distribution of health and mental health and explains that the context of immigration, gender, and age is critical to studying and understanding a client. It features a panel discussion on cultural and sociological research findings on race and ethnicity.

Item no. : HE33950075
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 159.00

RESOLVING PROFESSIONAL-CLIENT CONFLICTS THROUGH RESTORING DIALOGUE

Explaining that a professional therapist must be able to keep a dialogue from breaking down into two disassociated monologues, this presentation focuses on how to keep the client engaged in constructive conversation. It provides an example of a consultation conversation with a professional team and illustrates techniques for restoring dialogue.

Item no. : RN33950076
Format : DVD
Duration : 18 minutes
Copyright : 2013
Price : USD 109.00

RESURRECTING BLACK COUPLES

Spirituality has always been an important tool for the African-American community to survive and thrive during times of personal challenge and in oppressive environments. In this video, Dr. Waller presents the importance of spirituality and explains how it is used to overcome life challenges. He also explores ways in which a professional counselor can better understand how African-American individuals and couples use spirituality and suggests ways to work spirituality into therapy.

Item no. : NF33950077
Format : DVD

Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

SEXY BODY/SEXY BRAIN, IT HELPS TO KNOW THE DIFFERENCE

This program describes the common problem of desire discrepancy in couples therapy. It explains that, when it comes to improving sex, intimacy, and relationships, one approach does not fit all. The program offers a model for knowing your clients and understanding differences created by genetics, gender, and general preferences that will create positive outcomes in therapy.

Item no. : TS33950078
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

SOCIO-STRUCTURAL INFLUENCES ON THE WORK PARTICIPATION OF REFUGEES

This presentation considers social capital effects on the work participation of refugees. It features Dr. Elias Mpofo, who discusses evidence that refugees are active social agents in negotiating the social infrastructure of the host country.

Item no. : PS33950079
Format : DVD
Duration : 33 minutes
Copyright : 2012
Price : USD 109.00

SUCCESSFUL PARENTING THROUGH LOVE, FUN, AND FREEDOM

This video shows how, using the ideas of choice theory psychology, counselors can help parents become more effective and satisfied in parenting duties. It emphasizes that parents can learn the instruction manual their children are born to follow, thereby encouraging beneficial modes of parenting. With the help of this talk, parents can better understand children, what drives them, and how to guide them.

Item no. : TC33950080
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

SUCCESSFULLY MANAGING STRESS: GETTING THE BEST OUT OF A BAD SITUATION

Medication and treatment costs for stress are soaring into the billions, and still people are hard-pressed to find anything inside the body that can be definitively identified as stress. In this talk, Marcus Gentry gives a working definition of stress, as well as five steps to successfully manage stress. The steps are rooted in universal principles and therefore can be used by anyone, under any circumstance when a person is experiencing stress. If applied, such steps will greatly reduce the damaging results that stress has on the body. The steps are summed up in the Triple A plan, which includes Assessment, Adjustment, and Activation. The viewers of this video are asked to think of personal examples as they watch, allowing them to test themselves against the 5 steps provided.

Item no. : MG33950081
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

THREAT ASSESSMENT WITH A NON-TRADITIONAL STUDENT, A

This program demonstrates the core elements of a threat assessment approach on a non-traditional student. It features Dr. Brian Van Brunt, who shows how to develop a rapport with the student, assess for core elements of dangerousness, and discuss how to share these results with the referring party. The program provides a list of 35 risk factors contained in the Structure Interview for Violence Risk Assessment (SIVRA-35).

Item no. : WU33950082
Format : DVD
Duration : 87 minutes
Copyright : 2014
Price : USD 109.00

THREATS TO INTIMACY IN AFRICAN-AMERICAN COUPLES

African-American couples face unique challenges in fostering relationships. This video helps clinicians and those working with African-American couples identify specific threats to intimacy that may be operating in their relationships and may be outside the couple's awareness. Emphasizing the importance of recognizing and laying the groundwork to neutralize these threats, this program covers constructions of Black sexuality, gender stereotypes, SES issues, an unbalanced sex ratio, the extended family, mistrust, and several other identified threats. It also explains that any counseling professional working with

African-American couples must be aware of and understand how to help the couple work with these damaging threats.

Item no. : FN33950083
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

THREE APPROACHES TO MARRIAGE COUNSELING: SOLUTION-FOCUSED, EMOTIONALLY FOCUSED, AND SOMATIC EXPERIENCING

Presenting the solution-focused, emotionally focused, and somatic experiencing theories of psychotherapy, this DVD follows Ed Hamann, Holly Nickels, and Shawn Parmanand as they use these techniques in work with a biracial couple.

Item no. : RH33950084
Format : DVD
Duration : 120 minutes
Copyright : 2006
Price : USD 199.00

THREE SCHOOL COUNSELING SESSIONS: LIFE IS WHAT HAPPENS WHILE YOU'RE ALSO GOING TO SCHOOL

Emphasizing that school counselors need to hold conversations that identify issues that interfere with learning, this program demonstrates three brief sessions with students aged 14 to 18. The conversations include a?female student struggling with her parents' divorce, a?female student discussing college and career possibilities, and a?male student discussing the personal and family struggles that lie behind his truancy.

Item no. : EW33950085
Format : DVD
Duration : 123 minutes
Copyright : 2013
Price : USD 199.00

TOTALIZING CONVERSATION, A: RE-STORYING A TOTALIZING DESCRIPTION OF RACE

In this program, John Winslade and Lorraine Hedtke discuss the definition of a "totalizing description" and the damage it can inflict on a person. Winslade interviews an African-American client who has experienced being totalized on the basis of her dark skin color. The interview is followed by a panel discussion.

Item no. : WY33950086
Format : DVD
Duration : 68 minutes
Copyright : 2006
Price : USD 169.00

TRANSFORMATIVE SCHOOL REFORM: EQUITY-FOCUSED SCHOOL COUNSELING

This DVD demonstrates transformative school counseling and introduces the new vision of school counseling, which involves an expansion of the counselor's skills in collaboration, consultation, advocacy, leadership, and cultural competence. The program features skill-building vignettes that feature a diverse range of students and counselors.

Item no. : JW33950087
Format : DVD
Duration : 75 minutes
Copyright : 2006
Price : USD 219.00

TRANSFORMING CONFLICT IN NON-LINGUISTIC WAYS

This talk offers several illustrations of artistic and other performance-based modalities being conducted globally to help individuals and communities move beyond limited understandings of the Self and the Other. It focuses on the generativity of such non-linguistic communication techniques as movement to coordinate new forms of community.

Item no. : AA33950088
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : USD 109.00

TRANSFORMING POWERLESSNESS INTO POWER: PRACTICAL COUNSELING SKILLS FOR BUILDING HOPE

In this provocative DVD, Vanessa Jackson demonstrates how power complicates the processes of assessment and diagnosis and explains the importance of changing power dynamics. The program also features a therapy session with a woman who is coping with her teenage son's arrest.

Item no. : RN33950089
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 199.00

TREATING VIDEO GAME ADDICTION: THREE BRIEF SESSIONS

This program follows Dr. Brian Van Brunt as he conducts three shortened sessions with a college student addicted to video games. The first session will focus on rapport building and information gathering, the second on treatment progress during the middle of therapy, and the final session on termination and follow-up recommendations. This program centers on harm reduction strategies, assessment techniques, rapport building, Transtheoretical stages of change, and motivational interviewing techniques.

Item no. : CC33950090
Format : DVD
Duration : 61 minutes
Copyright : 2014
Price : USD 109.00

USE OF DOCUMENTATION WITH A NATIVE-AMERICAN CHILD TO SUPPORT THE CONSTRUCTION OF TRIBAL IDENTITY

This DVD follows the planning and implementation of a community-based program designed to investigate the value of a Choctaw naming ceremony as a means of promoting tribal identity for an eleven-year-old Choctaw boy. Explaining that the ceremony was designed with Choctaw elders, the DVD shows how it fostered connectedness among the boy's family.

Item no. : FG33950091
Format : DVD
Duration : 60 minutes
Copyright : 2006
Price : USD 159.00

WAR OF WORDS, A

This TED-style talk analyzes the use of violent language in every day interactions. The video considers the effects of aggressive verbal habits and teaches the benefits of embracing peaceful language as an alternative.

Item no. : TG33950092
Format : DVD
Duration : 19 minutes
Copyright : 2013
Price : USD 109.00

WHERE DO I FIT IN? THE ESTEEM OF BIRACIAL CHILDREN

In this program, Dr. Cyrus Ellis discusses the complicated and sensitive topic of working with biracial children in counseling and therapy. The video places particular emphasis on the social constraints that make healthy development difficult for

these children and includes strategies to overcome this.

Item no. : VZ33950093
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

WHY DO KIDS ACT THAT WAY? HELPING CHILDREN THROUGH NOT CHANGING THEIR BEHAVIOR

This presentation offers an alternative theoretical explanation for children's behavior, shifting the adult's understanding and effective solutions when dealing with a misbehaving child. It explains that trying to change a child's behavior forcibly will only complicate the adult's life.

Item no. : LS33950094
Format : DVD
Duration : 30 minutes
Copyright : 2014
Price : USD 109.00

WORKING ACROSS CULTURAL BORDERS: EXAMPLES FROM HAITI

This talk shares some of the guidelines that have been used to implement sustainable international mental health programs and uses Haiti as a case study to provide an illustrative framework of a sustainable model of mental health programs.

Item no. : CP33950095
Format : DVD
Duration : 47 minutes
Copyright : 2012
Price : USD 109.00

WORKING EFFECTIVELY AND AFFIRMATIVELY WITH QUEER AND QUESTIONING YOUTH

In this program, Colleen R. Logan shows how to address issues of adolescence while affirming different identities, emphasizing strengths, and ameliorating disenfranchisement. It focuses on the experience and challenges of queer and questioning youth and explains how to help clients deal with societal prejudice.

Item no. : WN33950096
Format : DVD
Duration : 90 minutes
Copyright : 2013
Price : USD 109.00

WORKING WITH

PERPETRATORS AND TARGETS OF CYBERBULLYING

This program demonstrates counseling strategies that can be used with persons involved in cyberbullying.

Item no. : ZS33950097
Format : DVD
Duration : 66 minutes
Copyright : 2013
Price : USD 109.00

THEORY OF INVENTIVE PROBLEM SOLVING

PEGASUS: YOUR GUIDE TO BREAKTHROUGH IDEAS (FILM 7) - ALPHABET FOR WIN-WIN SOLUTIONS



The PEGASUS video course is based on well-known methodology for innovation called TRIZ - Theory of Inventive Problem Solving.

An inventive challenge never looks trivial and very often seems impossible. Instead of trying to solve a problem in one go, instantly, we can use a step-by-step methodology, which leads to the ideal solution. TRIZ provides an algorithm that facilitates creating solutions for the challenges if standard solutions are not applicable. TRIZ works well in industrial problem solving when cheap and reliable solutions should be guaranteed and delivered here and now.

PEGASUS VIDEO COURSE TEACHES:

- How to state the problem in the most efficient way and chose the relevant context.
- How to achieve resource efficiency and turn any waste into the resource.
- How to address non-technical company challenge (conflict management, marketing, cost reduction, etc.)
- How to minimize risks: find the failure before it happens.

Film 7: Alphabet for Win-Win Solutions
There is a limited number of thinking

patterns that lead to breakthrough solutions. Such patterns are called inventive principles. Use inventive principles to spark your creativity.

Item no. : HM33910003
Format : DVD
Duration : 80 minutes
Copyright : 2014
Price : GBP 107.65

PEGASUS: YOUR GUIDE TO BREAKTHROUGH IDEAS (FILMS 1-6)



The PEGASUS video course is based on well-known methodology for innovation called TRIZ - Theory of Inventive Problem Solving.

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- How to achieve resource efficiency and turn any waste into the resource.
- How to address non-technical company challenge (conflict management, marketing, cost reduction, etc.)
- How to minimize risks: find the failure before it happens.

Film 1: Inventive Mind

"We can't solve problems by using the same kind of thinking we used when we created them" (Albert Einstein). You may be surprised that a whole variety of problems fit nicely into only two models, and a whole variety of solutions can be described with just 40 general principles. You decide which model best suits your situation and get the answer.

Film 2: Core of a Challenge

We often do not see the solution, because we cannot see the problem. You learn how to state you challenge in such a way that solution appears on a surface.

Film 3: Ideal Final Result

Why not to start from the end: from the solution itself? The Ideal Final Result describes the simplest solution to a problem ignoring any constraints; it is that "miracle" you would like to have.

Film 4: Context

You learn how to investigate the problem in various contexts where the problem may surface. Look for the contexts where your challenge never appears!

Film 5: Resources

If the project requires a lot of additional resources (material, time, money, etc.) then it is the wrong path to the solution. This film shows how to turn any waste or harm into benefit.

Film 6: Contradictions and Resolutions

Do not be afraid of contradictions, search for them. If you can see the obstacles you use them for your benefit, if you do not see them, they will hold you back from your dream.

Item no. : NT33910002
Format : DVD
Duration : 83 minutes
Copyright : 2014
Price : GBP 85.18

management, marketing, cost reduction, etc.)

- How to minimize risks: find the failure before it happens.

Film 1: Inventive Mind

Film 2: Core of a Challenge

Film 3: Ideal Final Result

Film 4: Context

Film 5: Resources

Film 6: Contradictions and Resolutions

Film 7: Alphabet for Win-Win Solutions

Item no. : FM33910001
Format : 2 DVDs
Duration : 163 minutes
Copyright : 2014
Price : GBP 175.04

PEGASUS: YOUR GUIDE TO BREAKTHROUGH IDEAS (FILMS 1-7)



The PEGASUS video course is based on well-known methodology for innovation called TRIZ - Theory of Inventive Problem Solving.

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PEGASUS VIDEO COURSE TEACHES:

- How to state the problem in the most efficient way and choose the relevant context.
- How to achieve resource efficiency and turn any waste into the resource.
- How to address non-technical company challenge (conflict



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