

# 2013 New Releases Catalogue

## *September*



CD-ROM ★ DVD ★ VOD



[www.learningmall.com](http://www.learningmall.com) ★ [inquiry@learningmall.com](mailto:inquiry@learningmall.com)

# CONTENT

ACSM CONFERENCE .....	2
AGING .....	2
ALCOHOL & UNDERAGE DRINKING .....	2
ALZHEIMER'S/DEMENTIA CARE .....	2
AMERICAN LITERATURE .....	3
ART HISTORY .....	3
BULLYING & VIOLENCE .....	4
BUSINESS OF FITNESS .....	4
CAREER DEVELOPMENT .....	4
CHALLENGES & REWARDS .....	4
CHINA .....	4
CIVIC ENGAGEMENT .....	5
COGNITIVE-BEHAVIORAL THERAPY .....	5
CREATIVITY & OLDER ADULTS .....	6
CRIMINAL JUSTICE & THE LAW .....	6
CULTURAL ANTHROPOLOGY .....	6
CUSTOMER SERVICE .....	6
DEATH, DYING, & GRIEF .....	6
DIABETES .....	7
DISEASES, DISORDERS & DISABILITIES .....	7
DIVERSITY .....	7
DOCUMENTARY .....	7
EMOTIONAL INTELLIGENCE .....	8
EMPLOYEE RETENTION .....	8
ENGLISH LITERATURE .....	9
ENVIRONMENTAL PROBLEMS & MANAGEMENT .....	9
EXERCISE IS MEDICINE .....	9
EXERCISE PRESCRIPTION .....	9
EXERCISE SCIENCE .....	9
HEALTH & PSYCHOLOGY .....	9
HEALTH CARE & TREATMENT .....	10
HOME & HOW WE LIVE .....	10
HUMAN GEOGRAPHY .....	10
LABOR STUDIES .....	10
LATIN AMERICAN STUDIES .....	11
LIFE SKILLS .....	11
MARIJUANA .....	11
MEDIA LITERACY, ART & CULTURE .....	11
MEDICAL ASSISTANT .....	11
MEETING OPENERS/COFFEE BREAKS .....	12
MENTAL HEALTH & OLDER ADULTS .....	12
MUSIC .....	12
NURSING ASSISTANT SKILLS .....	13
NUTRITION .....	14
PEOPLE & PRODUCTIVITY .....	14
PHILOSOPHY .....	14
SCULPTURE .....	15
SOCIAL PSYCHOLOGY .....	15
SOCIAL STRUCTURE .....	15
SOCIOLOGY .....	16
SPORTS MEDICINE .....	16
STRATEGY & CHANGE .....	17
SUPERVISORY SKILLS .....	18
SYSTEMS OF PSYCHOTHERAPY .....	18
TELEPHONE SKILLS .....	18
TRAUMA AND ABUSE .....	18
VIOLENCE PREVENTION .....	19
WEIGHT MANAGEMENT .....	19
WORLD LITERATURE .....	19
傳統戲劇 .....	19
傳統戲曲精選 .....	20
紀錄片 .....	20
戲曲 .....	20
中國歷代典籍 .....	21

## ACSM CONFERENCE

### IS EXERCISE IS MEDICINE GOOD BUSINESS?

By Barry Franklin, Ian Janssen, Nico Pronk

Is Exercise is Medicine Good Business? Examines the premise that if current trends continue, healthcare in the United States will become unaffordable unless ways are found to implement effective preventive interventions (e.g., regular physical activity) to combat the rampant progression of chronic diseases. The DVD also explains why exercise is a sound, strategic business investment. In addition, the DVD looks at the degree to which EIM can have a positive impact on the healthcare cost dilemma.

Among the topics covered:

- Is EIM good business?
- Broader context
- Is there room in the clinic for physical activity?
- Creating a business case
- How much can EIM save society?
- Does physical inactivity predict disease risk independent of clinical risk factors?
- Can physical activity be improved through interventions delivered in the primary care setting?

**Item no.** : KC08501867  
**Format** : DVD  
**Duration** : 65 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## AGING

### WHAT TIME IS LEFT

A story of family, aging, and the passing of time...

Told from the point of view of the filmmaker/grandson (in his early twenties), who'd had a brush with death himself, this moving film opens up a quiet storm of issues concerning how we all live and die, and how we face or choose to ignore the looming end-of-life choices that affect our aged loved ones--and ultimately, ourselves.

Through the voices of three generations of the family, the film candidly follows the extended Henerson family as they care for two grandmothers who live in the same retirement community - Grandma Polly is in an advanced stage of aphasia, and can no longer walk or speak; Grandma DeeDee is healthy and active, consumed with concerns that her Living Will is followed to the letter. Through unforgettable moments and characters who are both surprisingly funny and heart-wrenchingly honest, the film reveals the web of human connections that keep a family together in the face of death,

decline, and the unpredictability of life, itself.

**Item no.** : RA01370363  
**Format** : DVD  
**Duration** : 64 minutes  
**Copyright** : 2012  
**Price** : USD 141.00

### YOUR LOVE NEVER FAILS

"I was Superwoman. I am no longer Superwoman."

Brenda has cared for her mother, Carolyn, for 25+ years, first in her home, and for one year, while she was in an Assisted Living Facility. Uniquely told from the point of view of both the adult child caregiver and the aging parent, the film takes an honest look at how providing care for an aging parent affects the caregiver, and how being dependent on an adult child can affect the aging parent. Filmed over a span of two-and-a-half years, the film follows daughter, Brenda, as she adjusts to the escalating care needs of her ailing mother, Carolyn, and faces the impact it makes on her own family, health, and life style.

This family's candid story sheds realistic light (and hope) on the caregiving dynamic that will speak to the current wave of baby boomers and adult children who are or will unexpectedly become caregivers. It is also a valuable resource for professionals who work with families.

**Item no.** : CW01370364  
**Format** : DVD  
**Duration** : 21 minutes  
**Copyright** : 2013  
**Price** : USD 113.00

## ALCOHOL & UNDERAGE DRINKING

### HOW COULD THIS HAPPEN? A TRUE STORY ABOUT BINGE DRINKING AND DEATH

This program gives students a close up look at the story of Molly Amman, a vivacious nineteen-year-old, straight-A student who died of acute alcohol poisoning in 2011. Through emotional interviews with family and friends, viewers get a firsthand understanding of how one episode of binge drinking can kill. The choices and errors in judgment that lead to Molly's death are presented in stark detail. Medical experts weigh in about the consequences of binge drinking and how the body systematically shuts down when too much alcohol is consumed. Students are made aware of the all-too-real dangers of alcohol poisoning and learn what actions to take if they suspect that someone is at risk of being poisoned.

**Item no.** : JU01390578  
**Format** : DVD (Closed Captioned)  
**Duration** : 18 minutes  
**Audience** : Grades 7-College  
**Price** : USD 150.00

## ALZHEIMER'S/DE MENTIA CARE

### "I'LL BE THERE FOR YOU" - PROVIDING PERSON-CENTERED DEMENTIA CARE

By Jett Jousma

Learn how person-centered care can positively impact each day for persons with dementia...

This DVD shows how to make a hands-on shift to person-centered dementia care that engages the whole person and creates a support system based on each resident's needs and preferences.

From natural wake-ups to music therapy, the DVD looks at the benefits of involving residents in their care as much as possible, finding ways to help them to "continue" living life the way they prefer, and engaging them in personalized activities that boost self-esteem and interaction. It also empowers nursing assistants to act upon (and communicate to other team members) their first-hand knowledge of each resident to ensure a better understanding of their care needs.

**Item no.** : BB01370360  
**Format** : DVD  
**Duration** : 28 minutes  
**Copyright** : 2013  
**Price** : USD 169.00

### 20 QUESTIONS, 100 ANSWERS, 6 PERSPECTIVES (ON DEMENTIA)

What is dementia? How should the doctor share a diagnosis of dementia with the person and the family members? What happens after the diagnosis? What are some best-care practices?

This program is a compilation of honest answers about dementia from medical doctors, professional care partners, family members of those diagnosed with dementia, and a person living with it. Filled with thoughtful perspectives and firsthand experiences, this DVD will both empower families to understand and deal with dementia on their own terms and encourage healthcare professionals to think beyond their current views of dementia to provide better person- and family-centered care.

The topics include:

- Maintaining a respect for the personhood of each person
- Ways to help persons with dementia to continue to live purposefully
- Recognizing differences in forms of dementia
- Medications and behavioral concerns
- End-of-life care
- Everyone will be informed, encouraged, and challenged by these well-rounded insights.

Hosted by journalist Julie Anderson, this program features Judy Berry, Mona Johnson, G. Allen Power, MD, Richard Taylor, PhD, Sarah Rowan, PhD, and Bill Thomas, MD.

**Item no.** : NE01370361  
**Format** : DVD  
**Duration** : 130 minutes  
**Copyright** : 2012  
**Price** : USD 84.00

## AMERICAN LITERATURE

### LEGENDS OF WORLD POETRY: THE RAVEN - EDGAR ALLAN POE

Americas Great Literary Legend - The most famous poem in American Literature. Illustrated by Gustav Dore. Edgar Allan Poe remains one of Americas great literary legends and in this dramatic program voice artist Bob McGraw brings Poes classic poem of loss and despair "The Raven" to life using a haunting voice and the famous illustrations of Gustav Dore to tell this tragic story. The Raven - The 1845 publication of The Raven made Poe widely popular in his lifetime and remains one of the most famous poems ever written. It is noted for its musicality and supernatural atmosphere and tells of a distraught narrator, lamenting the loss of his love and tracing a slow descent into madness with its constant repetition of the word Nevermore.

**Item no.** : RS00941231  
**Format** : DVD  
**Copyright** : 2012  
**Price** : USD 100.00

## ART HISTORY

### ARTWORLD - THE WORLD OF FINE ART: ABSTRACT & REAL LIFE - FROM THE SUNSET OF THE 20TH CENTURY

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

EUI KYU KIM - The Elusive Figure: This renowned Korean artist creates splendid

spiritual canvases that emphasize the curves and contours of the human body. Includes an exclusive interview with the artist in his native tongue. 5 min.

DON WILLIAMS - Night Visions: Using the medium of pastel in a realistic fashion, Don Williams is one of the San Francisco Bay areas most impressive artists. He documents his surroundings- especially night scenes - with a camera. The photographs are then incorporated to create hauntingly realistic pastels. Includes an interview with the artist and his dealer, Edith Caldwell. 13 min.

**Item no.** : WC00941234  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

### ARTWORLD - THE WORLD OF FINE ART: AVANTE GARD OF THE 60'S - ABSTRACT IN OIL & WATER

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

SAM FRANCIS - Another Quick Look: A montage of Sam Francis Watercolors at the rise of his popularity from the late 1950s to the early 1960s. Includes an interview with longtime friend and art dealer Andre Emmerich. 6 min.

RICHARD POUSETTE-DART - Thinking with the Brush: One of the original Abstract Expressionists, Richard Pousette-Dart has just recently begun to receive the notoriety other New York School painters have long enjoyed. Often termed Painterly abstraction, see why Pousette-Darts paintings express an evocative field of color hinting at myth, ritual and psychological themes. 13 min.

**Item no.** : WZ06041235  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

### ARTWORLD - THE WORLD OF FINE ART: AVANTE GARD OF THE 60'S - ART & ARCHITECTURE

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

ARATA ISOZAKI - Architecture from 1960-1990: An interview with the soft-spoken architect of the Museum of Contemporary Art (MOCA) Los Angeles, CA. An insightful, insiders look plus examples that motivated the design of his symbolically imaginative buildings. 5 min.

ED RUSCHA - Don't Want No Retro: Considered one of the first modern

conceptual artists, Edward Ruscha (b. California 1937) embraced the impersonality of billboard advertising tophilosophize about the arbitrariness of painted and printed expression. Like Warhol, Ruscha exemplifies American Pop Art at its most creative. 7 min.

BOB BRANAMAN - Everybodys Buddah - A distinguished filmmaker, printmaker and painter whose work encompasses a broad and eclectic range of subject matter from the treatment of Aboriginal people in America to his love of the female form. This interview with Branaman includes artwork not seen since the early sixties. 10 min.

**Item no.** : VA06111236  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

### ARTWORLD - THE WORLD OF FINE ART: ENTERING THE 20TH CENTURY - WILD BEASTS, QUILTS AND ASHCANS

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

THE FAUVES - Plein Aire Painters: Historically referred to as The Wild Beasts these artists painted vibrant, colorful landscapes outside in the open air. Considered radical in their approach because of their abandonment of the studio, bold use of colors and disregard for naturalistic accuracy. Find out why Artists such as Henri Matisse, George Braque, Claude Derain and their contemporaries rocked the art world from 1904-1908. 5 min.

WRAPPED IN GLORY - Quilts and Bedcovers from 1700-1900: Stitch by stitch, American history is recorded from a unique perspective, in these rare and beautiful examples of figurative quilt making. Needle workers over the centuries demonstrate how utility meets art in a domestic milieu and captures first hand a dying American tradition. 19 min.

THE EIGHT - The American Independence Movement: A survey of paintings by The Eight, a group of artists who attempted to breakout of the established art traditions of the late 1900s to dominate the early part of the 20th century. A perfect tape for the beginning of a new millennium. 4 min.

**Item no.** : GA00941237  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

## ARTWORLD - THE WORLD OF FINE ART: GREAT COLLECTORS OF THE 20TH CENTURY - RIDING THE WAVES OF ART

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

Andre Emmerich - Riding the Waves: An engaging conversation with Andre Emmerich, one of the world's leading art dealers. He espouses on subjects from Titian to Sam Francis. He reveals never before heard insights into his relationships with renowned artists and exposes the myth of the discovered artist. 20 min.

**Item no.** : ER06041238  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

## ARTWORLD - THE WORLD OF FINE ART: MONUMENTAL SCULPTURE - IT'S IN THE STEEL

The artworld fine art series highlights world famous and infamous artists throughout history, from the Renaissance period to the present.

In the Steel: A Portrait of Mark di Suvero.

**Item no.** : DR06111239  
**Format** : DVD  
**Copyright** : 2013  
**Price** : USD 65.00

## BULLYING & VIOLENCE

### PERFECT DAY, A: A PROVOCATIVE FILM ABOUT SCHOOL VIOLENCE

This award-winning short film takes viewers inside the world of a potential school shooter and offers a dramatic platform for initiating classroom discussions of school violence. With far too many school shootings happening across America, difficult questions arise: What kind of person becomes a shooter? Why? Could the violence have been prevented? Why didn't others see the danger? Are we a violent society? The film is sure to spark a dialogue among students, teachers, administrators, families and the community at large about all these questions, and offer a deeper understanding of the problem and approaches to its solution.

#### Awards

- Big Island Film Festival (Hawaii) - Winner - Best Short Film

- San Francisco Black Film Festival - Winner - Best Short Film
- Life Fest Film Festival (Los Angeles) - Winner - Founder's Excellence Award
- Manhattan Film Festival - Winner - Best Crime Short
- Idyllwild Film Festival - Winner - Best Screenplay - Featurette (15 - 30 min.)
- Los Angeles Cinema Film Festival - Winner - Merit Award
- IndieFest Film Festival - Winner - Award of Merit

**Item no.** : JY01390582  
**Format** : DVD  
**Duration** : 19 minutes  
**Audience** : Grades 7-College  
**Price** : USD 140.00

## BUSINESS OF FITNESS

### IS EXERCISE IS MEDICINE GOOD BUSINESS?

By Barry Franklin, Ian Janssen, Nico Pronk

Is Exercise is Medicine Good Business? Examines the premise that if current trends continue, healthcare in the United States will become unaffordable unless ways are found to implement effective preventive interventions (e.g., regular physical activity) to combat the rampant progression of chronic diseases. The DVD also explains why exercise is a sound, strategic business investment. In addition, the DVD looks at the degree to which EIM can have a positive impact on the healthcare cost dilemma.

Among the topics covered:

- Is EIM good business?
- Broader context
- Is there room in the clinic for physical activity?
- Creating a business case
- How much can EIM save society?
- Does physical inactivity predict disease risk independent of clinical risk factors?
- Can physical activity be improved through interventions delivered in the primary care setting?

**Item no.** : KC08501867  
**Format** : DVD  
**Duration** : 65 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## CAREER DEVELOPMENT

### EMMA'S CHOICE

A happy, productive, team oriented employee, creates a dilemma for her manager. She's entitled to a promotion, but he doesn't want to lose her. For Employee Retention, Communication,

and Career Development programs.

**Item no.** : HB08660222  
**Format** : DVD  
**Duration** : 17 minutes  
**Price** : USD 495.00

## CHALLENGES & REWARDS

### YOUR LOVE NEVER FAILS

"I was Superwoman. I am no longer Superwoman."

Brenda has cared for her mother, Carolyn, for 25+ years, first in her home, and for one year, while she was in an Assisted Living Facility. Uniquely told from the point of view of both the adult child caregiver and the aging parent, the film takes an honest look at how providing care for an aging parent affects the caregiver, and how being dependent on an adult child can affect the aging parent. Filmed over a span of two-and-a-half years, the film follows daughter, Brenda, as she adjusts to the escalating care needs of her ailing mother, Carolyn, and faces the impact it makes on her own family, health, and life style.

This family's candid story sheds realistic light (and hope) on the caregiving dynamic that will speak to the current wave of baby boomers and adult children who are or will unexpectedly become caregivers. It is also a valuable resource for professionals who work with families.

**Item no.** : CW01370364  
**Format** : DVD  
**Duration** : 21 minutes  
**Copyright** : 2013  
**Price** : USD 113.00

## CHINA

### CHINA CONCERTO

By Bo Wang

An observational essay shot in the southwestern city of Chongqing, CHINA CONCERTO probes the uses of public spectacle in contemporary China.

Born and raised in Chongqing, filmmaker Bo Wang visited his hometown at the height of now-disgraced politician Bo Xilai's campaign to revive Mao-era "red culture", promoting among other things the public singing and dancing of Communist songs.

Alongside these participatory street performances, CHINA CONCERTO looks at images from the media, including Michelangelo Antonioni's Chung Kuo-China, and news media and advertising that address the capitalist present in forms reminiscent of the communist past.

The situation is explored in a narration



modeled on Chris Marker's Sans Soleil, which is delivered by a woman with an ambiguous accent. Perched between an insider and outsider perspective, CHINA CONCERTO considers the persistence of totalitarian ideologies and images.

#### <b>Reviews

- "The remarkable collage and found footage editing, the insightful commentary on the absurdity of the power construction, and the allure of the spectacle, greatly facilitated by the female voiceover reading out a letter in undefined accented English, have earmarked Bo Wang as an exciting documentary filmmaker approaching sociopolitical subjects in contemporary China." - Ma Ran, Senses of Cinema
- "Compactly and sensitively offers a Debordian analysis of spectacle and shows the complexity of China's transition into capitalism (as well as a great gunshot montage made from Chinese propaganda films that seems to be inspired by Christian Marclay)." - Tynan Kogane, Cinespect
- "It is absolutely fascinating to watch CHINA CONCERTO apply the techniques of deconstruction to official state propaganda... It also offers trenchant analysis of the capitalism promoted by the state, a mutation described as "collective capitalism," in contrast to the western individualistic variety." - Joe Bendel, Libertas Film Magazine

**Item no.** : WV03400864  
**Format** : DVD (Color)  
**Duration** : 50 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

### **TIMBER GANG (AKA LAST LUMBERJACKS) (MU BANG)**

Directed by YU Guangyi

Yu Guangyi's stunning debut explores a grueling winter amongst loggers in Northeast China as they employ traditional practices through one last, fateful expedition. A lasting testament to disappearing traditions, Last Lumberjacks "is a fascinating glimpse at a rare way of life that few will ever witness" (Ain't It Cool News)

For generations, the lumberjacks of Heilongjiang, China have made their living harvesting timber amidst a barren, wintry landscape. These woodcutters confront the elements, living in makeshift cabins surrounded by snow and ice. Hand tools, sleds and horses are the only technology they employ to drag massive trees down the perilous slopes of Black Bear Valley. At constant risk of injury and death, they attempt to appease the mountain gods with ancient rituals and sacrifices. Despite their heroic efforts to subsist, the deforestation caused by their decades-long customs may lead to their

ultimate demise.

#### **Reviews**

- "Pure, unadorned cinema verite... consistently astonishing." - Robert Koehler, Variety
- "A privileged peek into some exceedingly harsh lives in a snow-bound corner of the remote Heilongjiang province" - Neil Young, Jigsaw Lounge
- "Gives the docu-adventurism of Werner Herzog a run for his money." - Ben Cho, Moving Pictures Magazine

#### **Awards**

- Winner, Jury Prize, Tokyo Filmex
- Winner, Best Director and Jury Film Prize, Cinema Digital Seoul Film Festival

**Item no.** : YA03100889  
**Format** : DVD (Color, Northeastern Chinese dialect with English subtitles)  
**Duration** : 90 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

### **WHEN THE BOUGH BREAKS (WEI CHAO)**

By Ji Dan

On the outskirts of Beijing, two teenage girls from a migrant family struggle to earn the money to pay for their brother's schooling with little help from their troubled and eccentric parents.

Growing up in a rickety hut on a garbage-filled lot, Xia, Ling, and Gang recognize that a good education is their only possible ticket to a better life. Their older sister, who left school to begin working, has disappeared, likely kidnapped and sold into prostitution.

As migrants, they are prevented by China's hukou (residence permit) system from attending a free public school, and when the school that had provided them with scholarships closes, they are forced to look for new options. With very little money to their name, they place all their hopes in Gang, the older brother.

Their complicated home life doesn't make things any easier. Their alcoholic father and their mother are frequently at one another's throats, and do not seem to understand the gravity of their children's situation.

Director Ji Dan, one of China's preeminent female filmmakers, first met Xia, Ling, and Gang in 2004, while making a film about education in China. This intimate, patient portrait grew out of their close relationship over many years.

WHEN THE BOUGH BREAKS at once explores the particular dynamics of one family and exposes the widespread difficulties faced by migrants living at the margins of Chinese society.

#### **Reviews**

- "Ji Dan's film features some of the most engrossing storytelling in movies this year, and...some of the richest "characters" in recent memory." - Mubi Notebook
- "Ji Dan's camera traces the tribulations of the family with an intensity that is unnerving...a shattering viewing experience." - Dan Edwards, Screening China
- "The film captures their arguments with such intimacy that you wonder if director Ji Dan had worn an invisible cloak while filming." - Kevin B. Lee, RogerEbert.com

#### **Award**

- Objectif d'or (Grand Prize), Millenium International Documentary Film Festival

**Item no.** : SK03100895  
**Format** : DVD (Color)  
**Duration** : 144 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

## **CIVIC ENGAGEMENT**

### **AS THE SUN COMES UP, THE BRICKS FALL DOWN**

The youth filmmakers explore powerful stories of change in their own Bronx and Brooklyn neighborhoods. Through the process of exploring gentrification, housing renovation trends, landlord harassment, and neighborhood displacement, students discover critical information about how long-time tenants can maintain their homes and their civil rights.

**Item no.** : RH02710026  
**Format** : DVD  
**Duration** : 21 minutes  
**Price** : USD 150.00

## **COGNITIVE-BEHAVIORAL THERAPY**

### **SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: COGNITIVE BEHAVIORAL THERAPY FOR SOCIAL ANXIETY**

With Amy Wenzel, PhD, ABPP

In Cognitive Behavioral Therapy for Social Anxiety, Amy Wenzel demonstrates the execution of this system of psychotherapy, which is based on the premise that inaccurate and unhelpful ways of thinking about oneself, the world, and the future have the potential to cause, exacerbate, and maintain emotional distress. Cognitive

behavioral therapy's efficacy has been demonstrated extensively in empirical studies for a wide range of clinical presentations, including depression, anxiety, anger, addictions, personality disorders, and adjustment to medical illness.

In this demonstration, Dr. Wenzel works with a young woman who experiences life interference and substantial distress due to social anxiety. Dr. Wenzel uses cognitive restructuring to engage the client to identify, evaluate, and modify situational thoughts and underlying beliefs related to her anxiety.

**Item no.** : JH08310204  
**Format** : DVD (Closed Captioned)  
**Duration** : Approx. 100 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781433815911  
**Price** : USD 100.00

## CREATIVITY & OLDER ADULTS

### BEYOND THE MUSIC: THE POWER OF MUSIC WITH PEOPLE WHO ARE LIVING WITH DEMENTIA AND OTHER AGE-RELATED CONDITIONS

By Sally Jane Archer Alkeiya Brown

Caught on film - evidence of music therapy stimulating memory and social interaction, while reducing behavioral, cognitive, and emotional problems.

This program documents the power of music to transcend the challenges of dementia as it shows non-responsive, non-verbal residents suddenly smiling, singing, moving, and interacting with others when engaged through music. These before-and-after glimpses of residents "reconnecting" encourage the use of music therapy as a method to boost quality of life for residents.

The DVD also touches on the concept of neuroplasticity, which describes the ability of the brain to change its own structure and function through thought and activity, as well as, the palliative effect of music.

Based on the work of registered music therapist, Alkeiya Brown, who has extensive experience working in the arts with all ages from the very young to very old. Chaptered into two parts for easy access to specific clips of interest.

**Item no.** : KN01370362  
**Format** : DVD  
**Duration** : 45 minutes  
**Copyright** : 2012  
**Price** : USD 141.00

## CRIMINAL JUSTICE & THE LAW

### ANOTHER PART OF ME

The Youth Documentary Workshop turn their cameras on the problem of drugs and incarceration in our communities – its impact on young people, their families, and communities. This documentary captures powerful stories from former drug users and dealers as well as advocates for reform of New York's Rockefeller Drug Laws. Their questions frame an important issue not often discussed in mainstream media.

**Item no.** : HZ02710024  
**Format** : DVD  
**Duration** : 23 minutes  
**Price** : USD 150.00

## CULTURAL ANTHROPOLOGY

### BATTLE FOR THE AMAZON, THE: THE XINGU VS. THE BELO MONTE DAM

What will potentially become the world's third-largest hydroelectric dam—and a symbol of the destruction of the last remaining significant rainforest on Earth—is currently under construction in the heart of the Amazon Basin. The Belo Monte Dam complex is expected to devastate an area of more than 370,000 acres of Brazilian rainforest while resulting in the forced displacement of approximately 20,000 people and the expected migration of 100,000 more. In the face of this danger, the Xingu, the indigenous people of the region and hereditary guardians of the forest, have decided to stand their ground and fight. The Battle for the Amazon follows their struggle.

**Note: Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan and South Africa.**

**Item no.** : MJ00275272  
**Format** : DVD  
**Duration** : 58 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617538582  
**Price** : USD 170.00

## CUSTOMER SERVICE

### CUSTOMER SERVICE CENTRAL: THE ESSENTIALS OF GREAT SERVICE

Darell Hammond (in a retail setting) offers

key skills for initiating strategies and guidelines that creates exceptional customer service.

**Item no.** : YY08660221  
**Format** : DVD  
**Duration** : 18 minutes  
**Price** : USD 345.00

## DEATH, DYING, & GRIEF

### WHAT TIME IS LEFT

A story of family, aging, and the passing of time...

Told from the point of view of the filmmaker/grandson (in his early twenties), who'd had a brush with death himself, this moving film opens up a quiet storm of issues concerning how we all live and die, and how we face or choose to ignore the looming end-of-life choices that affect our aged loved ones--and ultimately, ourselves.

Through the voices of three generations of the family, the film candidly follows the extended Henerson family as they care for two grandmothers who live in the same retirement community - Grandma Polly is in an advanced stage of aphasia, and can no longer walk or speak; Grandma DeeDee is healthy and active, consumed with concerns that her Living Will is followed to the letter. Through unforgettable moments and characters who are both surprisingly funny and heart-wrenchingly honest, the film reveals the web of human connections that keep a family together in the face of death, decline, and the unpredictability of life, itself.

**Item no.** : RA01370363  
**Format** : DVD  
**Duration** : 64 minutes  
**Copyright** : 2012  
**Price** : USD 141.00

## DIABETES

### DIABETES IN CLINICAL PRACTICE

In the United States, diabetes has become an epidemic. More than 25.6 million people — 11.3% of our population — are estimated to be affected. Just over one-fourth of these individuals are over the age of 65 while less than 0.26% are younger than 20. And, it is estimated that another 7 million people are unaware they are affected.

This course is designed to provide nurses in clinical practice with an overview of diabetes, risk factors and signs and symptoms associated with a diagnosis of diabetes, factors to consider when providing care to a patient diagnosed with diabetes and practical steps that can be taken to encourage adherence to

treatment regimens.

After completing this course, the learner should be able to:

- Define the types of diabetes.
- Identify signs, symptoms and risk factors for diabetes.
- Describe the roles of clinical and home glucose tests.
- Describe the importance of periodic and ongoing reassessment.
- Describe conditions to look for when assessing patients with diabetes.

**Item no.** : TB08051069  
**Format** : DVD  
**Duration** : 29 minutes  
**Copyright** : 2013  
**Price** : USD 378.00

## DISEASES, DISORDERS & DISABILITIES

### ITP: THE LIFESAVING WORK OF BLOOD PLATELETS

When Kay noticed her gums were bleeding she thought little of it, but after a trip to the doctor and an array of tests, she was diagnosed with immune thrombocytopenia, or ITP, a disorder in which a low platelet count causes excessive bleeding. Treatment for ITP ranges from surgery to steroids to "watch and wait"; Kay used medication and eventually went into remission, as did James, although James had also undergone a splenectomy that failed to correct the condition. After providing background on the cellular components of blood, this program looks at ITP and explains its various types and treatments.

**Item no.** : HH02305276  
**Format** : DVD  
**Duration** : 24 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539992  
**Price** : USD 130.00

### NEW WAYS TO MANAGE MDS

Myelodysplastic syndromes, or MDS, are a group of diseases of the blood cells and bone marrow that can result in anemia and increased infections, and in some cases, even progress to leukemia. The only way to cure MDS is with a stem cell transplant, but since patients are usually elderly and too frail to withstand the procedure, those most in need of treatment have not been able to avail themselves of it. This program goes to Boston, Dusseldorf, and Florence to see how medical breakthroughs are now improving outcomes for people with MDS—even those who are in their 90s.

**Item no.** : PP02455277  
**Format** : DVD

**Duration** : 24 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539985  
**Price** : USD 130.00

### UNDERSTANDING HEMOPHILIA AND HEMOPHILIA B

Patients with hemophilia can experience uncontrollable bleeding that ranges from a nosebleed that won't stop to a fatal cerebral hemorrhage. Fortunately, there are ways to effectively manage the condition. This program goes to a treatment center to see what scientists have learned over the years about hemophilia and how affected patients and their families can bring it under control. The history and evolution of hemophilia, including the role of AIDS research in its management, is also covered.

**Item no.** : JZ02305279  
**Format** : DVD  
**Duration** : 24 minutes  
**Copyright** : 2013  
**StdBkNo** : 9780816086115  
**Price** : USD 130.00

### UNDERSTANDING THE MYSTERIES OF GIST: A RARE CANCER

A gastrointestinal stromal tumor, or GIST, is a fairly rare tumor of the digestive tract. Though there are other kinds of tumors that can develop in this part of the body, GISTs are different because of the type of cell from which they originate. And though GIST can become life-threatening, medical science has discovered new ways to alter the progression of this disease, as this program shows. In addition to informative medical experts, viewers meet patients who are living active, optimistic lives with GIST.

**Item no.** : HU02455280  
**Format** : DVD  
**Duration** : 24 minutes  
**Copyright** : 2013  
**StdBkNo** : 9780816086122  
**Price** : USD 130.00

## DIVERSITY

### WORKFORCE KALEIDOSCOPE, THE: SYSTEMS APPROACH TO DIVERSITY - DIVERSITY STRATEGY AT THE ORGANIZATIONAL LEVEL

Oriented to upper management, it offers strategies for incorporating diversity issues into reward and appraisals systems, and other company wide policies.

**Item no.** : LY08660225

**Format** : DVD  
**Duration** : 16 minutes  
**Price** : USD 345.00

### WORKFORCE KALEIDOSCOPE, THE: SYSTEMS APPROACH TO DIVERSITY - TAPPING THE POTENTIAL OF DIVERSITY

Focuses mid-management/supervisory levels on how to effectively supervising diverse groups of employees.

**Item no.** : NF08660226  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : USD 345.00

### WORKFORCE KALEIDOSCOPE, THE: SYSTEMS APPROACH TO DIVERSITY - VALUING DIVERSITY AT THE INTERPERSONAL LEVEL

Working effectively with various people and deal with the multiplicity of workplace diversity issues.

**Item no.** : KF08660227  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : USD 345.00

## DOCUMENTARY

### CHINA CONCERTO

By Bo Wang

An observational essay shot in the southwestern city of Chongqing, CHINA CONCERTO probes the uses of public spectacle in contemporary China.

Born and raised in Chongqing, filmmaker Bo Wang visited his hometown at the height of now-disgraced politician Bo Xilai's campaign to revive Mao-era "red culture", promoting among other things the public singing and dancing of Communist songs.

Alongside these participatory street performances, CHINA CONCERTO looks at images from the media, including Michelangelo Antonioni's Chung Kuo-China, and news media and advertising that address the capitalist present in forms reminiscent of the communist past.

The situation is explored in a narration modeled on Chris Marker's Sans Soleil, which is delivered by a woman with an ambiguous accent. Perched between an insider and outsider perspective, CHINA CONCERTO considers the persistence of



totalitarian ideologies and images.

#### <b>Reviews

- "The remarkable collage and found footage editing, the insightful commentary on the absurdity of the power construction, and the allure of the spectacle, greatly facilitated by the female voiceover reading out a letter in undefined accented English, have earmarked Bo Wang as an exciting documentary filmmaker approaching sociopolitical subjects in contemporary China." - Ma Ran, Senses of Cinema
- "Compactly and sensitively offers a Debordian analysis of spectacle and shows the complexity of China's transition into capitalism (as well as a great gunshot montage made from Chinese propaganda films that seems to be inspired by Christian Marclay)." - Tynan Kogane, Cinespect
- "It is absolutely fascinating to watch CHINA CONCERTO apply the techniques of deconstruction to official state propaganda... It also offers trenchant analysis of the capitalism promoted by the state, a mutation described as "collective capitalism," in contrast to the western individualistic variety." - Joe Bendel, Libertas Film Magazine

**Item no.** : WV03400864  
**Format** : DVD (Color)  
**Duration** : 50 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

### **TIMBER GANG (AKA LAST LUMBERJACKS) (MU BANG)**

Directed by YU Guangyi

Yu Guangyi's stunning debut explores a grueling winter amongst loggers in Northeast China as they employ traditional practices through one last, fateful expedition. A lasting testament to disappearing traditions, Last Lumberjacks "is a fascinating glimpse at a rare way of life that few will ever witness" (Ain't It Cool News)

For generations, the lumberjacks of Heilongjiang, China have made their living harvesting timber amidst a barren, wintry landscape. These woodcutters confront the elements, living in makeshift cabins surrounded by snow and ice. Hand tools, sleds and horses are the only technology they employ to drag massive trees down the perilous slopes of Black Bear Valley. At constant risk of injury and death, they attempt to appease the mountain gods with ancient rituals and sacrifices. Despite their heroic efforts to subsist, the deforestation caused by their decades-long customs may lead to their ultimate demise.

#### **Reviews**

- "Pure, unadorned cinema verite... consistently astonishing." - Robert

Koehler, Variety

- "A privileged peek into some exceedingly harsh lives in a snow-bound corner of the remote Heilongjiang province" - Neil Young, Jigsaw Lounge
- "Gives the docu-adventurism of Werner Herzog a run for his money." - Ben Cho, Moving Pictures Magazine

#### **Awards**

- Winner, Jury Prize, Tokyo Filmex
- Winner, Best Director and Jury Film Prize, Cinema Digital Seoul Film Festival

**Item no.** : YA03100889  
**Format** : DVD (Color, Northeastern Chinese dialect with English subtitles)  
**Duration** : 90 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

### **WHEN THE BOUGH BREAKS (WEI CHAO)**

By Ji Dan

On the outskirts of Beijing, two teenage girls from a migrant family struggle to earn the money to pay for their brother's schooling with little help from their troubled and eccentric parents.

Growing up in a rickety hut on a garbage-filled lot, Xia, Ling, and Gang recognize that a good education is their only possible ticket to a better life. Their older sister, who left school to begin working, has disappeared, likely kidnapped and sold into prostitution.

As migrants, they are prevented by China's hukou (residence permit) system from attending a free public school, and when the school that had provided them with scholarships closes, they are forced to look for new options. With very little money to their name, they place all their hopes in Gang, the older brother.

Their complicated home life doesn't make things any easier. Their alcoholic father and their mother are frequently at one another's throats, and do not seem to understand the gravity of their children's situation.

Director Ji Dan, one of China's preeminent female filmmakers, first met Xia, Ling, and Gang in 2004, while making a film about education in China. This intimate, patient portrait grew out of their close relationship over many years.

WHEN THE BOUGH BREAKS at once explores the particular dynamics of one family and exposes the widespread difficulties faced by migrants living at the margins of Chinese society.

#### **Reviews**

- "Ji Dan's film features some of the most engrossing storytelling in movies this year, and...some of the

richest "characters" in recent memory." - Mubi Notebook

- "Ji Dan's camera traces the tribulations of the family with an intensity that is unnerving...a shattering viewing experience." - Dan Edwards, Screening China
- "The film captures their arguments with such intimacy that you wonder if director Ji Dan had worn an invisible cloak while filming." - Kevin B. Lee, RogerEbert.com

#### **Award**

- Objectif d'or (Grand Prize), Millenium International Documentary Film Festival

**Item no.** : SK03100895  
**Format** : DVD (Color)  
**Duration** : 144 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

### **EMOTIONAL INTELLIGENCE**

#### **EMOTIONAL I.Q.**

John Stossel and a psychologist, explore the concept, how it effects dealing with anger, anxiousness, reading, nonverbal, and deferring gratification.

**Item no.** : JM08660223  
**Format** : DVD  
**Duration** : 14 minutes  
**Price** : USD 450.00

### **EMPLOYEE RETENTION**

#### **EMMA'S CHOICE**

A happy, productive, team oriented employee, creates a dilemma for her manager. She's entitled to a promotion, but he doesn't want to lose her. For Employee Retention, Communication, and Career Development programs.

**Item no.** : HB08660222  
**Format** : DVD  
**Duration** : 17 minutes  
**Price** : USD 495.00

## ENGLISH LITERATURE

### LEGENDS OF WORLD

#### POETRY: THE RIME OF THE ANCIENT MARINER - SAMUEL TAYLOR COLERIDGE

Samuel Taylor Coleridge's Rime of the Ancient Mariner tells the story of a long sea voyage fraught with danger, mystery, horror and ultimately redemption. This longest of Coleridge's poems, remains one of the most often referenced works in English literature, and in this dramatic program voice artist Bob McGraw brings Coleridge's classic poem of the sea to life using a haunting voice and the famous illustrations of Gustav Dore to tell the epic story of the Ancient Mariner. The Poem was first published in 1798 (with a later 1817 edition adding a Gloss) in Coleridge's First Edition of Lyrical Ballads. It relates the experiences of the Ancient Mariner as he goes on an extended sea voyage. He uses the device of stopping a young man on the way to attend a wedding to tell a story steeped in the lore of the sea, mythology and the superstitions and religious traditions of the times. The poet communicates the various moods of the mariner through narrative techniques such as repetition and personification to alternately invoke feelings of supernatural dread, horror, fear, awe and ultimately redemption.

**Item no.** : JJ06041232  
**Format** : DVD  
**Copyright** : 2012  
**Price** : USD 100.00

## ENVIRONMENTAL PROBLEMS & MANAGEMENT

### BATTLE FOR THE AMAZON, THE: THE XINGU VS. THE BELO MONTE DAM

What will potentially become the world's third-largest hydroelectric dam—and a symbol of the destruction of the last remaining significant rainforest on Earth—is currently under construction in the heart of the Amazon Basin. The Belo Monte Dam complex is expected to devastate an area of more than 370,000 acres of Brazilian rainforest while resulting in the forced displacement of approximately 20,000 people and the expected migration of 100,000 more. In the face of this danger, the Xingu, the indigenous people of the region and hereditary guardians of the forest, have decided to stand their ground and fight. The Battle for the Amazon follows their struggle.

**Note:** Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South

Korea, Malaysia, Japan and South Africa.

**Item no.** : MJ00275272  
**Format** : DVD  
**Duration** : 58 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617538582  
**Price** : USD 170.00

## EXERCISE IS MEDICINE

### RELATIONS OF RESISTANCE TRAINING AND STRENGTH WITH MORBIDITY AND MORTALITY, THE

By Allen W. Jackson, Jakob Vingren

The Relations of Resistance Training and Strength with Morbidity and Mortality explores the history of recommendations for strength (resistance) training. The DVD also reviews selected research on the impact of strength training on morbidity and mortality levels. In addition, the mechanisms of the health benefits that can be derived from resistance training are detailed.

Among the topics covered:

- History of recommendations
- Review of selected research
- Obesity
- Metabolic syndrome
- Hypertension
- Mortality
- Review of potential mechanisms for health benefits of resistance training

**Item no.** : CG08501866  
**Format** : DVD  
**Duration** : 51 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## EXERCISE PRESCRIPTION

### RELATIONS OF RESISTANCE TRAINING AND STRENGTH WITH MORBIDITY AND MORTALITY, THE

By Allen W. Jackson, Jakob Vingren

The Relations of Resistance Training and Strength with Morbidity and Mortality explores the history of recommendations for strength (resistance) training. The DVD also reviews selected research on the impact of strength training on morbidity and mortality levels. In addition, the mechanisms of the health benefits that can be derived from resistance training are

detailed.

Among the topics covered:

- History of recommendations
- Review of selected research
- Obesity
- Metabolic syndrome
- Hypertension
- Mortality
- Review of potential mechanisms for health benefits of resistance training

**Item no.** : CG08501866  
**Format** : DVD  
**Duration** : 51 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## EXERCISE SCIENCE

### RELATIONS OF RESISTANCE TRAINING AND STRENGTH WITH MORBIDITY AND MORTALITY, THE

By Allen W. Jackson, Jakob Vingren

The Relations of Resistance Training and Strength with Morbidity and Mortality explores the history of recommendations for strength (resistance) training. The DVD also reviews selected research on the impact of strength training on morbidity and mortality levels. In addition, the mechanisms of the health benefits that can be derived from resistance training are detailed.

Among the topics covered:

- History of recommendations
- Review of selected research
- Obesity
- Metabolic syndrome
- Hypertension
- Mortality
- Review of potential mechanisms for health benefits of resistance training

**Item no.** : CG08501866  
**Format** : DVD  
**Duration** : 51 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## HEALTH & PSYCHOLOGY

### ANOTHER PART OF ME

The Youth Documentary Workshop turn their cameras on the problem of drugs and incarceration in our communities – its impact on young people, their families, and communities. This documentary captures powerful stories from former drug users and dealers as well as advocates for reform of New York's Rockefeller Drug Laws. Their questions frame an important issue not often discussed in mainstream media.

**Item no.** : HZ02710024  
**Format** : DVD  
**Duration** : 23 minutes  
**Price** : USD 150.00

### UNDER 21: WHY WE DRINK

Under 21 is an intimate portrait of how two NYC youth get access to alcohol, why they drink, and the potential consequences. Taking the spotlight off the individual consumer, this documentary explores how the drinking culture and oversaturation of alcohol ads in the Lower East Side and Upper East Side influence young people from these neighborhoods.

**Item no.** : DY02710030  
**Format** : DVD  
**Duration** : 21 minutes  
**Price** : USD 150.00

## HEALTH CARE & TREATMENT

### UNDERSTANDING THE MYSTERIES OF GIST: A RARE CANCER

A gastrointestinal stromal tumor, or GIST, is a fairly rare tumor of the digestive tract. Though there are other kinds of tumors that can develop in this part of the body, GISTs are different because of the type of cell from which they originate. And though GIST can become life-threatening, medical science has discovered new ways to alter the progression of this disease, as this program shows. In addition to informative medical experts, viewers meet patients who are living active, optimistic lives with GIST.

**Item no.** : HU02455280  
**Format** : DVD  
**Duration** : 24 minutes  
**Copyright** : 2013  
**StdBkNo** : 9780816086122  
**Price** : USD 130.00

## HOME & HOW WE LIVE

### AS THE SUN COMES UP, THE BRICKS FALL DOWN

The youth filmmakers explore powerful stories of change in their own Bronx and Brooklyn neighborhoods. Through the process of exploring gentrification, housing renovation trends, landlord harassment, and neighborhood displacement, students discover critical information about how long-time tenants can maintain their homes and their civil rights.

**Item no.** : RH02710026  
**Format** : DVD  
**Duration** : 21 minutes  
**Price** : USD 150.00

## HUMAN GEOGRAPHY

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: FIVE DIMENSIONS OF CULTURE IN ETHIOPIA, SOUTH AFRICA, AND THE U.S.

Might an African nation with a long history of apartheid and one that experienced only a brief period of colonization have different national mores? Could citizens of either type of country hold the same views as second-generation Asian-Americans? Are there beliefs about societal behavior that are common to all peoples? In this program, college students from Ethiopia, South Africa, and the U.S. discuss what Geert Hofstede called "the five dimensions of culture"—regard for individuality, gender roles, ability to tolerate social change, hierarchy, and long-term planning. As the students explain how these values are expressed in their home countries, viewers learn which attitudes are unique and which are shared by communities around the world.

**Item no.** : HK02305273  
**Format** : DVD  
**Duration** : 39 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539800  
**Price** : USD 130.00

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE PURSUIT OF HAPPINESS IN ETHIOPIA AND THE U.S.

Traditionally, psychologists have focused on what goes wrong in people's lives rather than what's going right, but theorists now are shifting their attention to the

dynamics of thriving individuals and communities. Approaching the concept from diverse cultural perspectives, this program identifies factors that lead to lasting happiness for both American and Ethiopian students. Dr. Alexis Karris Bachic provides an overview of positive psychology as she debunks the notion that lottery winners must be happier than the poor; and while the two groups of students pursue joy in different ways, Bachic maintains that gratitude, pursuing goals, and good personal relationships are fundamental to well-being across all cultures.

**Item no.** : ZE02455274  
**Format** : DVD  
**Duration** : 19 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539817  
**Price** : USD 130.00

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE ROLE OF ALTRUISM IN A MEANINGFUL LIFE

Although Ethiopia and the U.S. are worlds apart economically, citizens of both countries cite the same factors when asked what makes their lives meaningful. Is it possible that humanitarian ideals could play a part once a community's basic survival needs are met? This program discusses the role of altruism in personal happiness, profiling individuals from vastly different cultures who all say that helping others is key. Experts in positive psychology explain how the charitable impulse relates to well-being, and the link is further explored when African and American volunteers from four international philanthropic groups tell why they get involved. In addition, the video looks at how, when, and why altruism develops in children.

**Item no.** : CY00275275  
**Format** : DVD  
**Duration** : 28 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539794  
**Price** : USD 130.00

## LABOR STUDIES

### TIMBER GANG (AKA LAST LUMBERJACKS) (MU BANG)

Directed by YU Guangyi

Yu Guangyi's stunning debut explores a grueling winter amongst loggers in Northeast China as they employ traditional practices through one last, fateful expedition. A lasting testament to disappearing traditions, Last Lumberjacks "is a fascinating glimpse at a rare way of life that few will ever witness" (Ain't It Cool News)

For generations, the lumberjacks of Heilongjiang, China have made their living harvesting timber amidst a barren, wintry landscape. These woodcutters confront the elements, living in makeshift cabins surrounded by snow and ice. Hand tools, sleds and horses are the only technology they employ to drag massive trees down the perilous slopes of Black Bear Valley. At constant risk of injury and death, they attempt to appease the mountain gods with ancient rituals and sacrifices. Despite their heroic efforts to subsist, the deforestation caused by their decades-long customs may lead to their ultimate demise.

#### Reviews

- "Pure, unadorned cinema verite... consistently astonishing." - Robert Koehler, Variety
- "A privileged peek into some exceedingly harsh lives in a snow-bound corner of the remote Heilongjiang province" - Neil Young, Jigsaw Lounge
- "Gives the docu-adventurism of Werner Herzog a run for his money." - Ben Cho, Moving Pictures Magazine

#### Awards

- Winner, Jury Prize, Tokyo Filmex
- Winner, Best Director and Jury Film Prize, Cinema Digital Seoul Film Festival

**Item no.** : YA03100889  
**Format** : DVD (Color, Northeastern Chinese dialect with English subtitles)  
**Duration** : 90 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

## LATIN AMERICAN STUDIES

### BATTLE FOR THE AMAZON, THE: THE XINGU VS. THE BELO MONTE DAM

What will potentially become the world's third-largest hydroelectric dam—and a symbol of the destruction of the last remaining significant rainforest on Earth—is currently under construction in the heart of the Amazon Basin. The Belo Monte Dam complex is expected to devastate an area of more than 370,000 acres of Brazilian rainforest while resulting in the forced displacement of approximately 20,000 people and the expected migration of 100,000 more. In the face of this danger, the Xingu, the indigenous people of the region and hereditary guardians of the forest, have decided to stand their ground and fight. The Battle for the Amazon follows their struggle.

**Note:** Only available in the US, Canada, Hong Kong, Singapore, Taiwan, South Korea, Malaysia, Japan and South Africa.

**Item no.** : MJ00275272  
**Format** : DVD  
**Duration** : 58 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617538582  
**Price** : USD 170.00

## LIFE SKILLS

### SURVIVAL TIPS FOR TEENS: DEFENSIVE DRIVING

With Mike Pehl

Mike Pehl remembers that when his father gave him the car keys for the first time, it was with one succinct message: "Do not crash." Now, after years of experience analyzing automobile wreckage, Pehl understands all too well that that sort of simple advice is not enough to keep new drivers safe. In this program, Pehl draws on his career as a crash investigator to let viewers know the best way to react to adverse situations on the road. Focusing on the types of accidents most common to teens, he advises on navigating intersections, preventing rear-end collisions, and the hazards of country roads—which he calls "killers" for young people—along with providing important, bottom-line, defensive driving tips.

**Item no.** : PR00275278  
**Format** : DVD  
**Duration** : 16 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539770  
**Price** : USD 100.00

## MARIJUANA

### MARIJUANA AND THE TEENAGE BRAIN

This program informs students about the latest research on the effects of marijuana on the brain. Animated graphics clearly shows how THC, the active ingredient in marijuana, hijacks the brain's endocannabinoid system and harms the functioning of different parts of the brain associated with coordination, cognition and intelligence, and mental illness. Clinicians who treat marijuana users forcefully explain that it's possible to become addicted to marijuana and that the risk of addiction is higher for teenagers because their brains are not yet fully developed. The author of a long-term study cites research that shows that people who started using marijuana as teens show an average loss of 8 points in IQ. Recovering marijuana addicts provide a human face to the effects of marijuana as they describe why they started using and how use led to dependency and addiction.

**Item no.** : AM01390579  
**Format** : DVD  
**Duration** : 23 minutes  
**Audience** : Grades 7-College  
**Price** : USD 150.00

## MARIJUANA: DOES LEGAL MEAN SAFE?

Many teens think that pot is harmless because some states have legalized marijuana for medical and/or recreational purposes. This fact-based program emphasizes that legality is not the same thing as safety and details the risks of marijuana on mental and physical health. Clinicians talk about how the vast majority of their patients have been addicted to marijuana, and recovering addicts themselves vividly describe their struggles with addiction. Their stories illustrate how marijuana has affected their school and family lives, their ability to drive a car, and their mental health. A scientist describes her research showing that marijuana use by teens causes decline in mental functioning and IQ. The program stresses that even in states that have legalized marijuana it is still illegal for anyone under 21, and it is still illegal at the federal level.

**Item no.** : TH01390580  
**Format** : DVD  
**Duration** : 20 minutes  
**Audience** : Grades 7-College  
**Price** : USD 150.00

## MEDIA LITERACY, ART & CULTURE

### SEARCHING FOR PEACE: A YOUTH LOOK AT RELIGION

In Searching for Peace: A Youth Look at Religion, 11 teens are driven by the diversity, questions, and doubts within their own group to explore a variety of religious experiences. The youth producers also investigate if and how religion has brought peace, both to individuals and the world. They hope to encourage open-mindedness among today's youth.

**Item no.** : BN02710029  
**Format** : DVD  
**Duration** : 20 minutes  
**Price** : USD 150.00

## MEDICAL ASSISTANT

### INFECTION CONTROL FOR THE MEDICAL ASSISTANT: PART 1: PRINCIPLES OF INFECTION CONTROL

The importance of infection control has increased in recent decades due to diseases such as AIDS, hepatitis B and hepatitis C, and diseases caused by drug-resistant pathogens. This program focuses on the basic principles of infection control.

After watching this program viewers should be able to:

- Describe each link in the Chain of



- Infection
- Identify the single most effective procedure for preventing the spread of infection
- Name the infection prevention strategy developed by the CDC and required to be used by OSHA

**Item no.** : WC08051070  
**Format** : DVD  
**Duration** : 16 minutes  
**Copyright** : 2013  
**Price** : USD 239.00

## **INFECTION CONTROL FOR THE MEDICAL ASSISTANT: PART 2: PREVENTING BLOODBORNE PATHOGEN**

Bloodborne pathogens are disease-causing germs such as viruses and bacteria carried in the blood that can cause diseases like AIDS and hepatitis B. This program describes common bloodborne pathogens medical assistants should be concerned about, OSHA's Bloodborne Pathogens rule, and how to be protected using personal protective equipment (PPE).

After watching this program viewers should be able to:

- Name common bloodborne pathogens
- Identify body fluids that can carry bloodborne pathogens
- Explain the important safety strategies found in both Universal Precautions and Standard Precautions
- Describe the use of PPE to prevent the spread of infections
- Describe ways to prevent being stuck by needles and sharp objects
- Describe what to do in case of being exposed to blood or infectious material

**Item no.** : WB08051071  
**Format** : DVD  
**Duration** : 23 minutes  
**Copyright** : 2013  
**Price** : USD 239.00

## **INFECTION CONTROL FOR THE MEDICAL ASSISTANT: PART 3: TUBERCULOSIS PREVENTION**

Tuberculosis remains a widespread disease in much of the world with estimates that as much as one-third of the world's population carry the bacteria that causes TB. There are many challenges in the fight to control TB, including drug-resistant forms of the disease and the fact that many people in the U.S. remain unaware of the increasing number of infections. This program will describe TB occurrence rates, explain the different types of TB, and describe the CDC's three levels of TB infection control.

After watching this program viewers

should be able to:

- Identify groups with a high rate of TB infection
- Explain the difference between latent TB infection and TB disease
- Describe TB symptoms
- Define multidrug-resistant TB and explain how it develops
- Describe steps that should be taken to prevent the spread of TB

**Item no.** : DH08051072  
**Format** : DVD  
**Duration** : 10 minutes  
**Copyright** : 2013  
**Price** : USD 239.00

## **PROFESSIONALISM FOR MEDICAL ASSISTANTS**

Medical assistants are healthcare professionals, and therefore should act in ways that show respect for themselves, others and their profession. This program discusses ways the medical assistant can exhibit professionalism while caring for patients. It focuses on improving communications with patients and colleagues, and how to improve professionalism through personal development.

After watching this program viewers should be able to:

- Describe professional looking grooming and attire
- Describe elements of professional conduct
- Identify professional organizations for medical assistants
- Describe strategies for overcoming obstructions to professional conduct

**Item no.** : HA08051074  
**Format** : DVD  
**Duration** : 17 minutes  
**Copyright** : 2013  
**Price** : USD 239.00

## **MEETING OPENERS/COFFEE BREAKS**

### **C & THE BOX**

A humorous, animated video illustrating that people must break free of old assumptions, limitations, negativity, but to grow, develop, and innovate.

**Item no.** : JR08660220  
**Format** : DVD  
**Duration** : 6 minutes  
**Price** : USD 395.00

## **MENTAL HEALTH & OLDER ADULTS**

### **BEYOND THE MUSIC: THE POWER OF MUSIC WITH PEOPLE WHO ARE LIVING**

## **WITH DEMENTIA AND OTHER AGE-RELATED CONDITIONS**

By Sally Jane Archer Alkeiya Brown

Caught on film - evidence of music therapy stimulating memory and social interaction, while reducing behavioral, cognitive, and emotional problems.

This program documents the power of music to transcend the challenges of dementia as it shows non-responsive, non-verbal residents suddenly smiling, singing, moving, and interacting with others when engaged through music. These before-and-after glimpses of residents "reconnecting" encourage the use of music therapy as a method to boost quality of life for residents.

The DVD also touches on the concept of neuroplasticity, which describes the ability of the brain to change its own structure and function through thought and activity, as well as, the palliative effect of music.

Based on the work of registered music therapist, Alkeiya Brown, who has extensive experience working in the arts with all ages from the very young to very old. Chaptered into two parts for easy access to specific clips of interest.

**Item no.** : KN01370362  
**Format** : DVD  
**Duration** : 45 minutes  
**Copyright** : 2012  
**Price** : USD 141.00

## **MUSIC**

### **ABLETON LIVE 8: ADVANCED LEVEL**

By Andrew Eisele

Picking up from the Beginner edition, this DVD covers: the fundamentals of synthesis; how to use Racks, Launch triggers and Follow Actions; how to Capture and Insert Scenes; automating MIDI and audio effects; using equalizers, compressors and mastering effects; exporting a mix; and more.

**Item no.** : PT01221656  
**Format** : DVD  
**Duration** : 3 hours  
**StdBkNo** : 9781423488101  
**Price** : USD 70.00

### **ABLETON LIVE 8: BEGINNER LEVEL**

By Andrew Eisele

This beginner DVD explains in detail how to record audio and MIDI from the Arrangement view as well as the Session view. You'll learn how to use quantization to tighten up tracks and audio and MIDI editors to enhance performances. Also covers power-user techniques, on-board

synthesizers, Racks, Warp Markers, the Arpeggiator and much more.

**Item no.** : AT01221657  
**Format** : DVD  
**Duration** : 210 minutes  
**StdBkNo** : 9781423488095  
**Price** : USD 70.00

## PRO TOOLS 10: ADVANCED LEVEL

Host Andrew Eisele begins the program with a tutorial that introduces you to how synthesizers work in preparation for using the onboard soft synths in Pro Tools 10. You'll learn how to set up and use Rewire instruments, and you'll get acquainted with each of the synths in Pro Tools 10, including the Boom drum module, the DB-33 organ, and the Mini Grand piano. You'll also explore Structure Free (an RTAS sample player), and the Xpand2 (a multi-timbral virtual synth).

Using sounds from these modules, Andrew will build up an arrangement using a variety of tools, such as combining analog and electronic drum tracks, working with loops and groove clips, and using the many onboard audio and MIDI editing tools, sound-processing effects, and utility plug-ins. In the mixing segment, Andrew explains advanced production techniques such as setting up busses, inserting dynamic and real-time effects, writing automation and applying effects, both to tracks and to the stereo bus during mastering that will give your tracks a professional edge. Throughout this video, you'll learn many tips and tricks you can use right away to make your own productions sound amazing!

**Item no.** : PW01221658  
**Format** : DVD  
**Duration** : 178 minutes  
**StdBkNo** : 9781458423320  
**Price** : USD 70.00

## PRO TOOLS 10: BEGINNER/INTERMEDIATE LEVELS

In this DVD, host Andrew Eisele will break it all down for the beginner or intermediate user by providing an in-depth overview of the Pro Tools interface including the Edit and Mix windows, the Transport, and the file menus. Next, he'll show you how to import a variety of files into a Pro Tools session, as well as how to record and edit audio and MIDI. Then, using several of the onboard virtual instruments including the Boom drum machine, the Xpand 2 multi-timbral synth, and the Structure Free, an RTAS sample player, Andrew will build up a track from scratch while showing you how to create an efficient workflow within the program.

**Item no.** : NC01221659  
**Format** : DVD  
**Duration** : 170 minutes  
**StdBkNo** : 9781458423313  
**Price** : USD 70.00

## REASON 6: ADVANCED LEVEL

Andrew Eisele will give you an overview of Synthesis, which will provide you with a fundamental understanding of how all synthesizers work, as well as how to unleash the hidden power of the Spider CV and Spider Audio Merger & Splitter functions. Then, you'll build up a track from scratch in Reason 6 using many of the on-board synths. Andrew will show you many complex methods for working with Redrum, the Kong Drum Designer, Subtractor, the Thor Polysonic synthesizer, the Malstron Grintable synthesizer, the RPG-8 Arpeggiator, and the ReGroove mixer. You'll also learn how to integrate advanced MIDI editing procedures using the Tool window. In the Mixing segment, you'll learn about editing automation, working with insert effects, advanced equalization and compression techniques, working with Reason's amazing Combinators, as well as creative uses of Reason's onboard mixer.

**Item no.** : HZ01221660  
**Format** : DVD  
**Duration** : 185 minutes  
**StdBkNo** : 9781458423344  
**Price** : USD 70.00

## REASON 6: BEGINNER/INTERMEDIATE LEVEL

In this DVD, Reason instructor Andrew Eisele first takes you on a tour of the Reason 6 interface, including the dropdown menus, the Transport, and the Tool palette. Next, he'll introduce you to all of Reason's on-board synths. Then, you'll learn the fundamentals of sequencing and how to record and edit using MIDI. Harnessing the power of all of Reason's on-board synths, Andrew will show you how to build up amazing tracks. You'll create realistic-sounding drum parts, add bass loops, pads, lead lines, as well as work with the Arpeggiator. In the mixing segment, you'll explore Reason's powerful Combinators, including the fantastic MClass mastering suite combo. You'll learn how to add EQ, compression, insert effects, and automate effects. Along the way Andrew will show you many tips and techniques that will put you well on your way to becoming a Reason 6 power user!

**Item no.** : HN01221661  
**Format** : DVD  
**Duration** : 190 minutes  
**StdBkNo** : 9781458423337  
**Price** : USD 70.00

## SONAR X2 PRODUCER: BEGINNER/INTERMEDIATE LEVEL

This DVD takes an in-depth look at the Producer version of Sonar X2, from set-up to mix down and each step in-between. First, host Andrew Eisele will demonstrate how to navigate the Sonar X2 interface.

Then, you'll learn how to record and import audio and MIDI clips. You'll use Sonar's many on-board MIDI and audio editors to transpose and quantize MIDI, edit audio loops, and work with MIDI groove clips. You'll work with the latest on-board soft-synths in Sonar X2 and learn how to harness their amazing sounds for your own recordings. Next, you'll be guided through the mixing process, including how to set up and use a compressor and equalizer; how to insert audio and dynamic effects; how to use time-based effects, and you'll even learn automation techniques. Finally, you'll learn how to export your final stereo mix. Along the way, Andrew will share many tips and techniques he has learned from teaching Sonar.

**Item no.** : SJ01221662  
**Format** : DVD  
**Duration** : 150 minutes  
**StdBkNo** : 9781480312890  
**Price** : USD 70.00

## WAVELAB 7: BEGINNING/INTERMEDIATE LEVEL

In this DVD, engineer Andrew Eisele will give you an in-depth overview of the WaveLab 7 interface including how to configure the program to record and playback audio; the waveform displays; the processing and analysis features; the Transport; the Utilities, the Effects master section, the Tools, and many other features. Next, using two different pre-mastered music files, Andrew will walk you through the mastering process. You'll learn how to analyze a file and use the WaveLab tool set to correct problems such as loudness, panning, bit depth, channel levels, and much more. Using WaveLab's high quality compressors and equalizers, you'll learn how to fine tune a mix to create the most impactful and professional sounding master possible.

**Item no.** : RC01221663  
**Format** : DVD  
**Duration** : 120 minutes  
**StdBkNo** : 9781617740770  
**Price** : USD 70.00

## NURSING ASSISTANT SKILLS

### NURSING ASSISTANT, THE: ESSENTIAL ELIMINATION SKILLS

Specimen collection, measuring urinary output and assisting with elimination are all important skills a nursing assistant needs to develop to provide effective care. Not only do they assist monitoring an individual's condition, but also help to maintain physical comfort and emotional well-being. This program teaches new nursing assistants these important skills.

After watching this program viewers

13

should be able to:

- Collect a stool specimen
- Collect a urine specimen
- Measuring urinary output
- Insert a rectal suppository
- Administer a cleansing enema

**Item no.** : DG08051073  
**Format** : DVD  
**Duration** : 20 minutes  
**Copyright** : 2013  
**Price** : USD 189.00

## NUTRITION

### "WASSUP" WITH THE LATEST IN DIETARY SUPPLEMENTS? - HYPE VS. SCIENCE

By Cindy J. Chang

"Wassup" With the Latest in Dietary Supplements?—Hype vs. Science reviews the scope of the "problem" with taking dietary supplements and points out the risks that they pose for both competitive and recreational athletes. The DVD also discusses the laws and regulations concerning the labeling of dietary supplements. In addition, the DVD identifies four recommended educational resources for dietary supplements, as well as details four more resources that can provide appropriate information on these dietary substances. Finally, the DVD offers several suggestions regarding the advice that should be given to those individuals who are considering taking dietary supplements. Among the topics covered:

- Scope of the problem
- Labeling
- Risks facing a "competitive" vs. recreational athlete
- Four educational resources for dietary supplements
- Four additional resources to help reduce risk
- Case #1
- What do you advise?
- Legislation

**Item no.** : HZ08501854  
**Format** : DVD  
**Duration** : 43 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

### DECODING FOOD ALLERGIES AND SPECIAL DIETS

By Lisa Cranwell-Bruce

Not surprisingly, the different food allergies and special diet requests that camps receive every year can be confusing in some situations. Furthermore, camps can be challenged by the need to develop their menus and stay in budget, while meeting the needs of their campers and staff. Decoding Food Allergies and Special Diets presents an overview of the most common

food allergies, explains what a true allergy is, and discusses special diets that address specific medical and religious needs. The DVD also details how camps can serve healthy and camp-friendly food.

Among the topics covered:

- What is a food allergy?
- Food intolerance
- Food aversions
- Lifestyle choices
- Gluten free diet
- Kosher diet
- Preference diets
- How to work with your campers and their families

**Item no.** : TM08501857  
**Format** : DVD  
**Duration** : 76 minutes  
**Copyright** : 2013  
**Price** : USD 80.00

### EAT LESS, MOVE MORE: EASY 2 SAY, HARD 2 DO

By Dixie Stanford

Efforts to change health behaviors at the population level, despite the simplicity of the underlying message—eat less, move more—have been spectacularly unsuccessful. Eat Less, Move More: Easy 2 Say, Hard 2 Do details the challenges of getting people to respond to such undertakings in meaningful ways, looks at common communication strategies for reaching individuals who needs to modify their health-related behaviors, and suggests methods for overcoming any barriers to such change that may exist. The DVD points out the value of using science and evidence-based practices to guide message development and delivery of exceptional programs.

- Among the topics covered:
- What about mood and mental health?
- Resolutions & intentions
- Goals ≠ implementation intentions
- iPhone app for behavior change using implementation intentions
- How to make a switch

**Item no.** : NN08501858  
**Format** : DVD  
**Duration** : 59 minutes  
**Copyright** : 2013  
**Price** : USD 80.00

## PEOPLE & PRODUCTIVITY

### MINIMIZING GENDER BIAS IN THE WORKPLACE

By Shelley J. Correll

- Why both men and women are prone to gender stereotyping.
- How cumulative biases limit women's rise to leadership positions.
- Six strategies to reduce or eliminate gender bias.

When we process a lot of information in decision-making, such as evaluating candidates for a position, we unconsciously use cognitive shortcuts, including gender stereotypes, to speed the process. Unfortunately, these stereotypes bias our evaluations and often give men the edge. Drawing from compelling research, Dr. Correll maintains that women are held to higher standards than men, pay a penalty for being mothers, and experience the classic double bind of being viewed as either competent or likable, but not both, limiting their rise in organizations.

We can minimize gender bias by knowingly avoiding stereotypes as shortcuts. Additional strategies include setting clear evaluation criteria before the evaluation process begins and then adhering to them, holding decision makers accountable for their decisions, measuring and reporting our organization's progress in gender fairness, and legitimizing women leaders by vouching for their competence.

**Item no.** : TA00300364  
**Format** : DVD  
**Duration** : 55 minutes  
**Copyright** : 2013  
**Price** : USD 95.00

## PHILOSOPHY

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: FIVE DIMENSIONS OF CULTURE IN ETHIOPIA, SOUTH AFRICA, AND THE U.S.

Might an African nation with a long history of apartheid and one that experienced only a brief period of colonization have different national mores? Could citizens of either type of country hold the same views as second-generation Asian-Americans? Are there beliefs about societal behavior that are common to all peoples? In this program, college students from Ethiopia, South Africa, and the U.S. discuss what Geert Hofstede called "the five dimensions of culture"—regard for individuality, gender roles, ability to tolerate social change, hierarchy, and long-term planning. As the students explain how these values are expressed in their home countries, viewers learn which attitudes are unique and which are shared by communities around the world.

**Item no.** : HK02305273  
**Format** : DVD  
**Duration** : 39 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539800  
**Price** : USD 130.00



## SCULPTURE

### SCULPTING A STYLIZED CHARACTER

With David Meng

In this DVD, Creature Designer David Meng guides you through his process of designing and sculpting a stylized character maquette. Beginning with the armature assembly and block out, he demonstrates his method for building up a rigid, yet still flexible, base onto which he will build up his sculpture. At this stage, he begins to add clay to begin defining the forms of his "stylized" orangutan character, all the while narrating specific anatomical and creative choices he makes as he builds up the forms. He then moves in with tools to begin fine tuning the sculpture, creating folds and refining forms before moving into the detailing phase. In this phase, he demonstrates how to sculpt skin wrinkles and pores, as well as how to handle long fur on a character. When finished, David creates a highly believable, yet stylized interpretation of an orangutan.

**Item no.** : NE06370345  
**Format** : DVD-ROM  
**Duration** : 150 minutes  
**StdBkNo** : 1597627348  
**Price** : USD 89.00

## SOCIAL PSYCHOLOGY

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: FIVE DIMENSIONS OF CULTURE IN ETHIOPIA, SOUTH AFRICA, AND THE U.S.

Might an African nation with a long history of apartheid and one that experienced only a brief period of colonization have different national mores? Could citizens of either type of country hold the same views as second-generation Asian-Americans? Are there beliefs about societal behavior that are common to all peoples? In this program, college students from Ethiopia, South Africa, and the U.S. discuss what Geert Hofstede called "the five dimensions of culture"—regard for individuality, gender roles, ability to tolerate social change, hierarchy, and long-term planning. As the students explain how these values are expressed in their home countries, viewers learn which attitudes are unique and which are shared by communities around the world.

**Item no.** : HK02305273  
**Format** : DVD  
**Duration** : 39 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539800  
**Price** : USD 130.00

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE PURSUIT OF HAPPINESS IN ETHIOPIA AND THE U.S.

Traditionally, psychologists have focused on what goes wrong in people's lives rather than what's going right, but theorists now are shifting their attention to the dynamics of thriving individuals and communities. Approaching the concept from diverse cultural perspectives, this program identifies factors that lead to lasting happiness for both American and Ethiopian students. Dr. Alexis Karris Bachic provides an overview of positive psychology as she debunks the notion that lottery winners must be happier than the poor; and while the two groups of students pursue joy in different ways, Bachic maintains that gratitude, pursuing goals, and good personal relationships are fundamental to well-being across all cultures.

**Item no.** : ZE02455274  
**Format** : DVD  
**Duration** : 19 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539817  
**Price** : USD 130.00

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE ROLE OF ALTRUISM IN A MEANINGFUL LIFE

Although Ethiopia and the U.S. are worlds apart economically, citizens of both countries cite the same factors when asked what makes their lives meaningful. Is it possible that humanitarian ideals could play a part once a community's basic survival needs are met? This program discusses the role of altruism in personal happiness, profiling individuals from vastly different cultures who all say that helping others is key. Experts in positive psychology explain how the charitable impulse relates to well-being, and the link is further explored when African and American volunteers from four international philanthropic groups tell why they get involved. In addition, the video looks at how, when, and why altruism develops in children.

**Item no.** : CY00275275  
**Format** : DVD  
**Duration** : 28 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539794  
**Price** : USD 130.00

## SOCIAL STRUCTURE

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE PURSUIT OF HAPPINESS IN ETHIOPIA AND THE U.S.

Traditionally, psychologists have focused on what goes wrong in people's lives rather than what's going right, but theorists now are shifting their attention to the dynamics of thriving individuals and communities. Approaching the concept from diverse cultural perspectives, this program identifies factors that lead to lasting happiness for both American and Ethiopian students. Dr. Alexis Karris Bachic provides an overview of positive psychology as she debunks the notion that lottery winners must be happier than the poor; and while the two groups of students pursue joy in different ways, Bachic maintains that gratitude, pursuing goals, and good personal relationships are fundamental to well-being across all cultures.

**Item no.** : ZE02455274  
**Format** : DVD  
**Duration** : 19 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539817  
**Price** : USD 130.00

### INTERCULTURAL CONNECTIONS IN PSYCHOLOGY: THE ROLE OF ALTRUISM IN A MEANINGFUL LIFE

Although Ethiopia and the U.S. are worlds apart economically, citizens of both countries cite the same factors when asked what makes their lives meaningful. Is it possible that humanitarian ideals could play a part once a community's basic survival needs are met? This program discusses the role of altruism in personal happiness, profiling individuals from vastly different cultures who all say that helping others is key. Experts in positive psychology explain how the charitable impulse relates to well-being, and the link is further explored when African and American volunteers from four international philanthropic groups tell why they get involved. In addition, the video looks at how, when, and why altruism develops in children.

**Item no.** : CY00275275  
**Format** : DVD  
**Duration** : 28 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781617539794  
**Price** : USD 130.00



## SOCIOLOGY

### WHEN THE BOUGH BREAKS (WEI CHAO)

By Ji Dan

On the outskirts of Beijing, two teenage girls from a migrant family struggle to earn the money to pay for their brother's schooling with little help from their troubled and eccentric parents.

Growing up in a rickety hut on a garbage-filled lot, Xia, Ling, and Gang recognize that a good education is their only possible ticket to a better life. Their older sister, who left school to begin working, has disappeared, likely kidnapped and sold into prostitution.

As migrants, they are prevented by China's hukou (residence permit) system from attending a free public school, and when the school that had provided them with scholarships closes, they are forced to look for new options. With very little money to their name, they place all their hopes in Gang, the older brother.

Their complicated home life doesn't make things any easier. Their alcoholic father and their mother are frequently at one another's throats, and do not seem to understand the gravity of their children's situation.

Director Ji Dan, one of China's preeminent female filmmakers, first met Xia, Ling, and Gang in 2004, while making a film about education in China. This intimate, patient portrait grew out of their close relationship over many years.

WHEN THE BOUGH BREAKS at once explores the particular dynamics of one family and exposes the widespread difficulties faced by migrants living at the margins of Chinese society.

#### Reviews

- "Ji Dan's film features some of the most engrossing storytelling in movies this year, and...some of the richest "characters" in recent memory." - Mubi Notebook
- "Ji Dan's camera traces the tribulations of the family with an intensity that is unnerving...a shattering viewing experience." - Dan Edwards, Screening China
- "The film captures their arguments with such intimacy that you wonder if director Ji Dan had worn an invisible cloak while filming." - Kevin B. Lee, RogerEbert.com

#### Award

- Objectif d'or (Grand Prize), Millenium International Documentary Film Festival

**Item no.** : SK03100895  
**Format** : DVD (Color)  
**Duration** : 144 minutes  
**Copyright** : 2012  
**Price** : USD 295.00

## SPORTS MEDICINE

### ARE HIGH-INTENSITY EXERCISE STUDIES RELEVANT FOR GENERATING PUBLIC HEALTH GUIDELINES

By Brendon Gurd, Steve Boutcher, Robert Ross, Ian Janssen

The (4) presentations form the Select Symposium at the 2012 ACSM annual meeting that explored the differences between engaging in high-intensity versus moderate intensity exercise and whether the outcomes associated with these differences influence health are included on a single DVD. Almost two hours of authoritative information and insights featuring:

Among the topics covered:

- Mechanisms By Which High-Intensity Exercise Alters Metabolism to a Greater Extent Than Moderate-Intensity Exercise (Brendon Gurd)
- The Effect of Intermittent High-Intensity Exercise on Clinical Outcomes (Steve Boutcher)
- Are High-Intensity Exercise Studies Relevant for Generating Public Health Guidelines (Robert Ross)
- High-Intensity Physical Activity Influences Cardiometabolic Risk Independent of the Physical Activity: Evidence From Population-Based Studies (Ian Janssen)

**Item no.** : AK08501855  
**Format** : DVD  
**Duration** : 115 minutes  
**Copyright** : 2012  
**Price** : USD 100.00

### CARDIAC ARREST DURING SPORT: FACTS, FICTION, AND FIXES

By Aaron L. Baggish

Cardiac Arrest During Sport: Facts, Fiction, and Fixes looks at the key factors involved in athletes experiencing sudden cardiac death. The DVD looks at how common this phenomenon is and reviews the underlying pathology that causes athletes to drop dead while participating in sport. The DVD also details potential solutions (fixes) for this problem.

Among the topics covered:

- Sudden cardiac death in athletes: the problem
- Incidence: how common
- Causes: underlying pathology
- Prevention: solutions/fixes
- The Harvard athlete initiative
- Sudden cardiac death: summary
- Sudden cardiac death in athletes: steps moving forward

**Item no.** : BH08501856

**Format** : DVD  
**Duration** : 63 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

### EXERCISE AND MENTAL HEALTH: THE MIND-BODY CONNECTION

By Terry Eckmann

A growing body of research has looked at the mind-body connection. The results of these investigative effects have found that exercise has a positive impact in a number of mental-health related areas, including reducing anxiety, helping balance the challenges of ADHD, decreasing the negative effects of depression, and helping to effectively manage stress. Exercise and Mental Health: The Mind-Body Connection reviews how exercise balances neurotransmitters and brain chemicals to keep the brain and the body functioning in harmony.

Among the topics covered:

- Brain regions
- 30 minutes of moderate-to-vigorous aerobic activity as it relates to brain health
- Exercise increases levels of key neurotransmitters and neurotrophic factors
- Stress defined
- Brain on stress
- Defining anxiety
- Exercise for anxiety reduction
- Defining depression
- Exploring ADHD/ADD

**Item no.** : BM08501859  
**Format** : DVD  
**Duration** : 83 minutes  
**Copyright** : 2013  
**Price** : USD 80.00

### INJECTIONS: THE SUBSTANCES WE USE AND THE EVIDENCE

By Rob Johnson

Injections: The Substances We Use and The Evidence provides an overview of several substances that are commonly injected by physicians into their patients. The DVD points out why such substances are commonly used and discusses the mechanisms of their perceived level of efficacy as well as their anticipated duration of effectiveness. The DVD also looks at possible substances and techniques that may be used for injection therapy in the future.

Among the topics covered:

- Corticosteroids
- Viscosupplementation with hyaluronate preparations
- Proliferants/sclerosants
- Platelet rich plasma
- Autologous blood
- Local anesthetics

- The future

**Item no.** : RF08501860  
**Format** : DVD  
**Duration** : 43 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## MONITORING AND PERIODIZING TRAINING LOAD IN SPORTS

By Carl Foster and Oliver Faude

Monitoring and Periodizing Training Load in Sports reviews the concepts and methods being used to monitor the physiological effects of training and points out the primary difficulties in performing such monitoring in team sports (as opposed to individual athletic endeavors). With regard to monitoring training, the DVD discusses the need to determine whether the training was in the amount and of the kind required to provoke unacceptable side effects. The DVD also examines the need to ascertain what is wanted from monitoring the training. In addition, the DVD explores how to take some of the information obtained during the monitoring of training and implement it in training programs for team sports.

Among the topics covered:

- Monitoring exercise training
- What do you want from training monitoring?
- Is there a right distribution pattern of training for team sports?
- Periodization of training in team sports to support recovery
- The seasonal schedule
- What science says

**Item no.** : JE08501861  
**Format** : DVD  
**Duration** : 58 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## RECENT ADVANCES IN PREVENTIVE CARDIOLOGY AND LIFESTYLE MEDICINE

By Barry A Franklin

Recent Advances in Preventive Cardiology and Lifestyle Medicine provides an overview of a number of underlying factors attendant to preventive cardiology and lifestyle medicine. The DVD discusses cardioprotective mediations, as well as looks at dietary strategies that can help enhance heart health. The DVD also reviews the effect of a sedentary as opposed to a physically active lifestyle on all-cause mortality. In addition, the DVD looks at whether psychosocial stressors can trigger a cardiac event. Finally, the DVD explores whether elective angioplasty improves outcomes over and above modern medical therapy.

Among the topics covered:

- Osteochondrosis/apophyseal injuries
- Specific conditions
- Moving to the lower extremities
- History/physical exam
- Case #1
- Case #2
- General treatment principles for hip apophyseal injuries
- OSD: a diagnostic dilemma?

**Item no.** : HW08501862  
**Format** : DVD  
**Duration** : 52 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## STEPPING TO THE PLATE: MANAGING PHYSEAL AND APOPHYSEAL INJURIES IN YOUNG ATHLETES

By Peter Kriz, James MacDonald

Stepping to the Plate: Managing Physeal and Apophyseal Injuries in Young Athletes clarifies the terminology regarding (apo)physeal injuries and osteochondroses and reviews the predisposing factors and contributors to (apo)physeal injuries. The DVD also provides an overview of common anatomic sites of (apo) physeal injuries and osteochondroses in skeletally immature athletes. In addition, the DVD details problematic issues and situations that physicians who have to deal with either condition may encounter.

Among the topics covered:

- Coronary remodeling, plaque rupture, and traditional and emerging risk factors
- Cardioprotective medications
- Evidence-based dietary strategies
- Fitness, sitting time and mortality
- Psychosocial stressors
- Rehab: modern-day mortality benefit?
- Enhanced external counterpulsation therapy
- Medical management versus coronary revascularization

**Item no.** : EN08501863  
**Format** : DVD  
**Duration** : 63 minutes  
**Copyright** : 2012  
**Price** : USD 80.00

## STRESS FRACTURES: DIAGNOSIS AND TREATMENT

By Deepak S. Patel

Stress Fractures: Diagnosis and Treatment details the risk factors for stress fractures and reviews the evidence-based signs and symptoms suggestive of stress fractures. The DVD also discusses how to utilize appropriate imaging modalities to aid in the diagnosis of stress fractures, based on the latest evidence. In addition, the DVD outlines how to apply evidence-based treatments for stress

fractures to allow for the safe and expedited return to play by athletes. Finally, the DVD points out prevention strategies that can help lower the incidence of stress fractures..

Among the topics covered:

- Risk factors
- Diagnosis
- Diagnosis: imaging
- Grading systems
- Stress fracture imaging evidence
- Treatment
- Prevention

**Item no.** : LL08501864  
**Format** : DVD  
**Duration** : 42 minutes  
**Copyright** : 2013  
**Price** : USD 80.00

## STRATEGY & CHANGE

### PLAYING TO WIN: HOW STRATEGY REALLY WORKS

With A.G. Lafley, Roger L. Martin

- Game-changing choices that trounce the competition.
- Why your goal must be winning, not just playing well.
- Choosing the right metrics to support your strategy.

Most companies aren't winning today—not because of the economy, rapid change, or rising complexity. It's because they confuse strategy with vision and don't make the critical decisions it takes to win. Using the example of P&G's dramatic turnaround of its Olay skincare line, A.G. Lafley and adviser Roger Martin prescribe a disciplined approach to five strategic choices.

First, define your winning aspiration—that is, choose "what" you want to be the best at (in P&G's case, to be a leading skincare brand). Then, determine "where" you'll play (P&G's mass-market channel to a younger buyer). This opens up your possibilities for being distinctive and helps you choose "how" to win (P&G's unique products). Then tap or develop the capabilities to deliver what your competitors cannot. Lastly, identify the management systems you'll need to maintain your winning position.

**Item no.** : MV02460365  
**Format** : DVD  
**Duration** : 46 minutes  
**Copyright** : 2013  
**Price** : USD 95.00

## SUPERVISORY SKILLS

### ACHIEVING SUPERVISORY EXCELLENCE

Various office and factory supervisors deal with an array of common situations, problems and challenges, using 5 key strategies for success.

**Item no.** : LE08660219  
**Format** : DVD  
**Duration** : 22 minutes  
**Price** : USD 345.00

## SYSTEMS OF PSYCHOTHERAPY

### SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: COGNITIVE BEHAVIORAL THERAPY FOR SOCIAL ANXIETY

With Amy Wenzel, PhD, ABPP

In Cognitive Behavioral Therapy for Social Anxiety, Amy Wenzel demonstrates the execution of this system of psychotherapy, which is based on the premise that inaccurate and unhelpful ways of thinking about oneself, the world, and the future have the potential to cause, exacerbate, and maintain emotional distress. Cognitive behavioral therapy's efficacy has been demonstrated extensively in empirical studies for a wide range of clinical presentations, including depression, anxiety, anger, addictions, personality disorders, and adjustment to medical illness.

In this demonstration, Dr. Wenzel works with a young woman who experiences life interference and substantial distress due to social anxiety. Dr. Wenzel uses cognitive restructuring to engage the client to identify, evaluate, and modify situational thoughts and underlying beliefs related to her anxiety.

**Item no.** : JH08310204  
**Format** : DVD (Closed Captioned)  
**Duration** : Approx. 100 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781433815911  
**Price** : USD 100.00

### SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: EMOTION-FOCUSED THERAPY FOR TRAUMA

With Sandra C. Paivio, PhD, Cpsych

Emotion-focused therapy for trauma (EFTT) is an evidence-based, short-term, individual therapy for adult clients dealing

with issues stemming from child abuse trauma.

In this program, Dr. Sandra C. Paivio is featured in a clinical demonstration of EFTT, and further outlines its strategies for reprocessing trauma feelings and memories and working directly with emotional processes to bring about client change.

EFTT posits that the therapeutic relationship and emotional processing of trauma memories are mechanisms of change. By emphasizing access to previously inhibited adaptive feelings and meanings, the clinician and client can use the adaptive information associated with these emotions to modify maladaptive meanings associated with fear, avoidance, and shame.

In Emotion-Focused Therapy for Trauma, Dr. Paivio works with a young woman who has a history of trauma and current symptoms of posttraumatic stress disorder. Dr. Paivio first works to establish an alliance with the client to build safety and collaborate on the tasks and goals for therapy, then helps the client to allow the painful feelings and memories associated with traumatic events. Dr. Paivio helps her to express her anger at violation and sadness at loss, accessing self-soothing resources and compassion for self in the process.

**Item no.** : AH08310205  
**Format** : DVD (Closed Captioned)  
**Duration** : Approx. 100 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781433815607  
**Price** : USD 100.00

### SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: EMOTION-FOCUSED THERAPY IN PRACTICE: WORKING WITH GRIEF AND ABANDONMENT

With Jeanne C. Watson, PhD, Cpsych

In Emotion-Focused Therapy in Practice, Jeanne C. Watson demonstrates her approach to psychotherapy, which helps to facilitate change in clients' psychological, emotional, and interpersonal functioning.

Emotion-focused therapy (EFT), the process-experiential approach, is rooted in experiential psychotherapy and emphasizes the role of "experiencing" in the change process. The primary goals of this approach are to promote more effective emotional processing and affect regulation, as well as enhanced differentiation of self and other to increase autonomy and self-care in relationships, and to engender more positive treatment of self.

In EFT, the therapeutic relationship is seen as central to the change process — not only as a facilitator of the development of a positive working alliance, but also as an

active ingredient of change.

This program features Dr. Watson's work with a young woman who has experienced abandonment and trauma. Dr. Watson demonstrates maximal responsiveness to the client — establishing empathy, acceptance, genuineness, and prizing — to help the client feel safe and to begin to explore her emotional experience and conceptualize her grief.

**Item no.** : GB08310206  
**Format** : DVD (Closed Captioned)  
**Duration** : Approx. 100 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781433815591  
**Price** : USD 100.00

## TELEPHONE SKILLS

### TELEPHONE FILM, THE

Telephone customer service for all, featuring answering the phone clearly, taking correct messages, placing customers on hold, and being courteous.

**Item no.** : PA08660224  
**Format** : DVD  
**Duration** : 16 minutes  
**Price** : USD 435.00

## TRAUMA AND ABUSE

### SPECIFIC TREATMENTS FOR SPECIFIC POPULATIONS: EMOTION-FOCUSED THERAPY FOR TRAUMA

With Sandra C. Paivio, PhD, Cpsych

Emotion-focused therapy for trauma (EFTT) is an evidence-based, short-term, individual therapy for adult clients dealing with issues stemming from child abuse trauma.

In this program, Dr. Sandra C. Paivio is featured in a clinical demonstration of EFTT, and further outlines its strategies for reprocessing trauma feelings and memories and working directly with emotional processes to bring about client change.

EFTT posits that the therapeutic relationship and emotional processing of trauma memories are mechanisms of change. By emphasizing access to previously inhibited adaptive feelings and meanings, the clinician and client can use the adaptive information associated with these emotions to modify maladaptive meanings associated with fear, avoidance, and shame.

In Emotion-Focused Therapy for Trauma, Dr. Paivio works with a young woman who has a history of trauma and current



symptoms of posttraumatic stress disorder. Dr. Paivio first works to establish an alliance with the client to build safety and collaborate on the tasks and goals for therapy, then helps the client to allow the painful feelings and memories associated with traumatic events. Dr. Paivio helps her to express her anger at violation and sadness at loss, accessing self-soothing resources and compassion for self in the process.

**Item no.** : AH08310205  
**Format** : DVD (Closed Captioned)  
**Duration** : Approx. 100 minutes  
**Copyright** : 2013  
**StdBkNo** : 9781433815607  
**Price** : USD 100.00

## VIOLENCE PREVENTION

### IS THIS LOVE?

Dating violence is a hidden crime that affects an estimated 30% of U.S. teenagers each year. Through interviews with lawyers, social workers, young victims and batterers, youth filmmakers reveal common misconceptions about dating violence and highlight strategies for ending abusive relationships. This documentary was produced in partnership with the Brooklyn Youth Offenders Domestic Violence Court, an experimental court that addresses the problem of underreported battering.

**Item no.** : NY02710027  
**Format** : DVD  
**Duration** : 27 minutes  
**Price** : USD 150.00

## PATRIARCHY IS MALARKEY!

The youth producers examine the causes of violence and discrimination against women. Skillfully weaving interviews with peers, feminist scholars and social workers, they offer an insightful critique of the media's role in reinforcing negative gender stereotypes. A powerful media literacy discussion tool, this video has been used for training by the New York City Alliance Against Sexual Assault and screened by educators at the University of Istanbul in Turkey.

**Item no.** : GW02710028  
**Format** : DVD  
**Duration** : 15 minutes  
**Price** : USD 150.00

## WEIGHT MANAGEMENT

### TACKLING THE CHILDHOOD OBESITY EPIDEMIC: A MULTIDISCIPLINARY TEAM APPROACH

By Linda Moore

Tackling the Childhood Obesity Epidemic: A Multidisciplinary Team Approach looks at the importance of employing a total-body approach to treating childhood obesity. The DVD discusses why such a strategy should include physicians, psychologists, and dieticians, as well as exercise physiologists. The DVD also details how clinical measures, psychological assessments, nutritional evaluations, and exercise prescriptions and assessments can help overweight and obese children to make appropriate changes in their lifestyle.

Among the topics covered:

- Proposed solution to obesity
- Health complications associated with childhood obesity
- Future: protocols for weight management programs
- Childhood obesity program
- Portion sizes
- How do I make an impact in the office?
- Psychological/behavioral risk factors in development of childhood obesity
- What can I do?
- Exercise to combat childhood obesity
- Why an exercise prescription?
- What do you want to do when you are 100?

**Item no.** : WZ08501865  
**Format** : DVD  
**Duration** : 66 minutes  
**Copyright** : 2013  
**Price** : USD 80.00

## WORLD LITERATURE

### LEGENDS OF WORLD POETRY: THE RUBAIYAT OF OMAR KHAYYAM - EDWARD FITZGERALD

A translation of the work of the Persian mathematician, astronomer, and poet, Omar Khayyam 1048 -1131. Translated and popularized by the English scholar Edward Fitzgerald in 1859, this poem is one of the most influential to come out of the 19th Century. Edward Fitzgerald's translation of the Rubaiyat of Omar Khayyam, is a mystical, highly symbolic poem that deals with man's relation to God, the nature of the divine, the fleeting nature of life, and a host of other issues important to the contemplative mind. The poem, by the Persian poet, astronomer and

mathematician Omar Khayyam, is a distillation and translation of the over 1000 quatrains originally rendered in Farsi.

In this program, the haunting, melancholy musings of the Persian philosopher-poet are brought to life in vivid detail by voice artist Bob McGraw. Accompanied by color illustrations by Edmund Dulac and the Artist-photographer team of Blanche Cumming and Adelaide Hanscom, together with haunting melodies inspired by the cultures of the Arabian peninsula, this program brings the classic poem into vivid focus.

The Rubaiyat of Omar Khayyam - The term rubaiyat is the plural of the Farsi word for quatrain (a four line stanza). Fitzgerald's translation consists of 101 quatrains and was first published in the West in 1859. It is actually a distillation of over 1000 quatrains in the original rendering rendered in such a manner as to be more thematically consistent (it was a common practice with this type of poetry to rearrange the quatrains to suit a particular rendering). In this poem, the author deals with a variety of philosophical issues and perspectives about the nature of life, the importance of religion, fate and predestination along with a host of other interrelated issues. Known for its lyrical beauty and well-crafted rhyme and meter, the Rubaiyat has been one of the most popular poems to come out of the 19th century.

**Item no.** : WS06111233  
**Format** : DVD  
**Copyright** : 2012  
**Price** : USD 100.00

## 傳統戲劇

### 京華再現

全套完整呈現京劇溫厚含蓄的傳統原味，展露眾多名角的藝術精華，更將台灣京劇的獨特面貌與文化內涵淋漓展現！

經典戲碼

1. 四郎探母：群英薈萃，西皮唱腔精華板式貫穿全劇（周正榮、徐露、鈕方雨）
2. 捉放宿店：取材自《三國演義》，此劇乃譚派經典傑作（王正廉、周正榮、孫元坡）
- 3-1. 問樵鬧府：踢鞋噴火絕搬，為罕見老生骨子戲（周正榮、馬維勝、吳劍虹）
- 3-2. 打混出箱：唱腔韻味醇厚濃烈，富含深厚腰腿功夫（周正榮、吳劍虹、王正廉）
4. 鎖麟囊：程派經典名劇，再創程腔新風貌（徐露、張素貞、孫麗虹）
5. 孔雀東南飛：焦仲卿和劉蘭芝的愛情悲劇，刻畫忠貞愛情（徐露、高蕙蘭、王銀麗）
6. 貴妃醉酒：不凡唱腔及高難度下腰、酒杯、銜杯精彩表演（徐露、周金福、高蕙蘭）
- 7-1. 遊湖借傘：表演維妙維肖，京劇久演不衰經典保留劇目（徐露、劉玉麟、楊蓮英）
- 7-2. 斷橋會：楊派代表劇目亦稱斷橋，為著名唱功戲（徐露、張鴻福、劉玉麟、楊蓮英）
- 8-1. 金山寺：典子婉轉動聽，高難度動作組合堆砌壯觀場面（徐露、張鴻福、劉玉麟、楊蓮英）
- 8-2. 雷峰塔：劇中大段成套的皮黃唱腔，輕



動緩急變化多端 (徐露、于金驊、劉慧芬)  
 9. 女起解：源自清代花部亂彈，行腔中和抑揚頓挫唱作自如 (徐露、王鳴兆、邵鳴皋)  
 10. 蝴蝶盃：荀派花旦第一人鈕方雨，人物刻畫維妙維肖 (鈕方雨、馬維勝、王鳴詠)  
 11. 六月雪：最代表性的程派本戲、大段的二黃、反二黃唱腔 (邵佩瑜、于金驊、拜慈禱)  
 12. 楚漢爭：經典的梅派代表劇目，青衣奇才徐露以情潤腔 (徐露、孫元坡、楊傳英)  
 13. 紅樓二尤：荀派六大悲劇之一，郭小莊唱、念、做、表功底深厚 (郭小莊、張素貞、孫麗虹)  
 14. 桑園寄子：大段唱腔淋漓盡致，鬚口和臺步功夫刻畫入微 (李金棠、張素貞、沈東生)  
 15. 八百八：臺灣菊壇雨代青衣霸王同台獻藝、金鐘獎殊榮肯定 (徐露、魏海敏、孫元坡)  
 16. 王魁負桂英：俞大綱教授編劇、郭小莊女士擔綱領銜主演 (郭小莊、劉玉麟、張鴻福)  
 17. 一捧雪：唱念吐字輕重相間，富含音樂性和節奏感 (孫元坡、吳劍虹、張素貞)  
 18. 義俠記：表演滑稽、生動、人物刻畫入木三分 (李桐春、李環春、戴綺霞)

**Item no.** : BN02111407  
**Format** : 18 DVDs (Chinese, With Chinese Subtitles)  
**Price** : USD 3119.00

## 傳統戲曲精選

### 南柯夢

演員：江蘇崑劇院

崑曲「南柯夢」是中國最著名的劇作家湯顯祖的「臨川四夢」之一。「南柯夢」的傳奇之處在於，雖然原劇本 44 折唱詞與曲牌都被完整保留下來，卻未曾在近代舞台上連本搬演，這次全本南柯夢的製作推出，補全了崑劇史上的一個重要的缺憾！

本劇邀集中國國寶級崑曲大師蔡正仁、張繼青指導，由台灣新生代劇場導演台新藝術獎得主王嘉明跨界執導，集合了台灣當代劇場的夢幻設計團隊，加上以古典質樸風格著稱的江蘇省演藝集團崑劇院的第四代青年演員擔綱演出，這樣的組合，讓「南柯夢」這齣寓意深遠的傳奇之作，融合了傳統與當代、典雅與創意，除了情節引人入勝、發人深省，整體舞台設計所呈現當代寫意的風格，為傳統戲曲帶來全新的視覺風貌。

**Item no.** : VS00836397  
**Format** : 2 DVDs (Chinese, With Traditional Chinese Subtitles)  
**Duration** : 180 分鐘  
**Price** : USD 205.00

## 紀錄片

### 創意未來

《創意未來》橫跨社交網路、遊戲、動漫、設計與綠色科技五大創意領域，在美國、日本、英國、德國、荷蘭、芬蘭等國家跟蹤拍攝了各個領域中最前衛最頂級的創意設計師、教育家、創業者們，與他們交流並暢想未來。憤怒的小鳥緣何如此火爆？皮克斯是如何成為一所造夢工廠？社交網路是如何影響人們的生活？中國的創意產業將如何發展？所有的答案都將由節目一一解答。歷時一年製作，橫跨三大洲，6 集大型紀錄片《創意未來》將為觀眾勾繪出一幅未來的藍圖。

### 《社交媒體》

社交媒體的興起已經永久性地改變了我們相互溝通以及與世界互動的方式。這種改變給我們帶來了哪些新穎的交流方式？它對我們的未來又會產生怎樣的影響？為了尋找答案，我們前往社交媒體的發源地美國，採訪了紐約與矽谷的頂級社交媒體創業者與投資人，從科技、人文與創業的角度探索這個新興媒體的發展與未來。社交媒體的時代，就是現在！

### 《遊戲人生》

遊戲世界的新趨勢是什麼？遊戲能夠吸引更多廣泛的人群嗎？我們前往紐約、洛杉磯、東京、赫爾辛基，拜訪那些網路線上遊戲、手機遊戲和傳統主機遊戲的頂級設計師，觀察他們正在進行的工作。系好你的安全帶，我們正在進入遊戲的未來。

### 《動漫時代》

我們走訪各地，去看看在好萊塢皮克斯和夢工廠的同行們，以及在東京高達、日出公司的夥伴都在做什麼，去聽聽這些互為競爭對手的公司如何看待對方。誰能贏得動畫未來的主導地位？或許還有第三種融合“真實”和“虛擬”的可能。好萊塢、日本，小心了，動畫的未來也可能在歐洲！

### 《大設計+》

讓我們前往丹麥、芬蘭、德國、英國和美國，去拜訪那些當今在設計領域最出色的天才。讓我們來看看現在的設計如何超越物理物件，用於各種系統設計和商業模式。讓我們來看看未來的設計將把我們帶往何處。

### 《綠色星球》

什麼是今天世界上最令人興奮的、創新的、綠色的和可持續發展的項目？我們將帶你開啓一個全球旅程：從生態城市，到可持續發展的建築；從令人興奮的電動車、無人駕駛的汽車，到太陽能動力的船隻、3D 立體大巴；從太陽能 3D 印表機，到可持續的、漂亮的產品設計。

### 《創意中國》

中國在世界經濟中正變得越來越重要，可是中國更多地是被看做一個從事低端製造業的國家，而非提供設計和創造的國家。這對中國創意的未來意味著什麼？互聯網、遊戲、動畫、設計，我們來檢視各個領域裏不同的成功商業模式。和年輕的中國創意家交流，聆聽他們正面對哪些障礙和挑戰。

**Item no.** : SW31630111  
**Format** : 6 DVDs (Mandarin)

**Duration** : 360 分鐘  
**Copyright** : 2012  
**Price** : USD 1770.00

### 玄奘之路

《玄奘之路》記錄了高僧玄奘傳奇而瑰麗的一生，第一次真實再現了玄奘的西行之旅，是西元七世紀整個亞洲的全景史詩。

### 獎項

- 第二屆佛教國際論壇主題影片
- 東京國際電影節展映影片
- 上海國際電影節展映影片
- 中國廣播電視學會優秀紀錄片大獎
- 上海影評人獎優秀優秀國產片

**Item no.** : AU32080001  
**Format** : VOD  
**Duration** : 360 分鐘

## 戲曲

### 長生殿 (昆劇)

**Item no.** : PJ32090001  
**Format** : 2 DVDs  
**StdBkNo** : 9787799426921  
**Price** : CNY 2760.00

### 谷好好專輯：角色

**Item no.** : EF32090002  
**Format** : 2 DVDs  
**StdBkNo** : 9787799409363  
**Price** : CNY 2760.00

### 關漢卿彩樓記 (越劇)

**Item no.** : WH32090003  
**Format** : 2 VCDs  
**Price** : CNY 2760.00

### 紅鬃烈馬 (京劇)

**Item no.** : TA32090004  
**Format** : 3 VCDs  
**Price** : CNY 4140.00

### 金玉奴 (京劇)

**Item no.** : DR32090005  
**Format** : 2 VCDs  
**Price** : CNY 2760.00

## 驚春誰似我 - 黎安專輯

Item no. : RZ32090006  
Format : 2 DVDs  
StdBkNo : 9787884093670  
Price : CNY 2760.00

## 爛柯山 (昆劇)

Item no. : TZ32090007  
Format : DVD  
StdBkNo : 9787799426204  
Price : CNY 1380.00

## 李慧娘 (京劇) (電影版全劇)

Item no. : HU32090008  
Format : DVD  
Price : CNY 1380.00

## 李慧娘 (越劇)

Item no. : BL32090009  
Format : 2 VCDs  
Price : CNY 2760.00

## 良國清歌 - 袁國良專輯

Item no. : TH32090010  
Format : 2 DVDs  
StdBkNo : 9787884093700  
Price : CNY 2760.00

## 夢回春如 - 許餘彬專輯

Item no. : TE32090011  
Format : 2 DVDs  
StdBkNo : 9787884093717  
Price : CNY 2760.00

## 穆桂英掛帥 (越劇)

Item no. : TH32090012  
Format : 2 VCDs  
Price : CNY 2760.00

## 鳥籠院 坐樓殺惜

Item no. : AH32090013  
Format : 2 VCDs  
Price : CNY 2760.00

## 牆頭馬上

Item no. : TA32090014  
Format : DVD  
Price : CNY 1380.00

## 天然映麗 - 沈映麗專輯

Item no. : RH32090015  
Format : 2 DVDs  
StdBkNo : 9787884093687  
Price : CNY 2760.00

## 尋吳雙專輯

Item no. : WP32090016  
Format : 2 DVDs  
StdBkNo : 9787884093694  
Price : CNY 2760.00

## 張火丁戲劇工作室: 鎖麟囊

Item no. : WU32090017  
Format : 2 DVDs  
StdBkNo : 9787883012351  
Price : CNY 2760.00

## 中國昆曲音像庫: 昭君出塞 絮閣亭會

Item no. : TL32090018  
Format : DVD  
Price : CNY 1380.00

## 中國歷代典籍

### 申報數據庫 A 型 (鏡像版, 共享)

《申報》於 1872 年 4 月 30 日 (清同治十一年三月二十三日) 創刊, 1949 年 5 月 27 日 (中華民國三十八年五月二十七日) 終刊, 是中國近代創辦最早、存續時間最長和最具影響力的中文日報, 被稱為中國近代百科全書, 具有極高的史料價值。

《申報數據庫》具有以下特點:

1. 資料完整, 所收《申報》含上海、漢口、香港版共 27534 個期號, 首尾相連; 在提供全部影像的同時, 並提供全部錄文, 包括新聞、副刊專刊增刊特刊、廣告, 無一缺漏。

2. 製作精良, 所有影像掃描精度均達到 300dpi, 清晰可辨; 全文採用四位元組 Unicode 國際編碼的七萬字大字形檔手工錄入, 錯誤率控制在萬分之三左右, 並爭取通過持續改進, 將整體錯誤率降低到萬分之一以下, 部分資料達到零錯誤率。

3. 使用便捷, 可從多個層面進行毫秒級檢索; 可以一站式完成閱讀、批註、下載、列印等整理研究工作; 支援多語言 Windows

平臺, 適用廣泛。

A 型《申報數據庫》數據完整: 不但有原報影像, 而且有錄入全文; 不但有新聞和副刊專刊增刊特刊錄文, 而且有廣告錄文。

### 收錄範圍

- 1.《申報》上海版自 1872 年 4 月 30 日創刊至 1949 年 5 月 27 日終刊共 26847 號
- 2.《申報》漢口版自 1938 年 1 月 15 日發刊至 1938 年 7 月 31 日停刊共 198 號
- 3.《申報》香港版自 1938 年 3 月 1 日發刊至 1939 年 7 月 10 日停刊共 489 號

### 資料內容

- 1.全部原報影像, 約 42 萬頁; 掃描精度: 300dpi
- 2.全部錄入全文, 包括新聞、副刊專刊增刊特刊、廣告, 約 18 億

### 注意:

1. 權限  
第 1-6 年限遠端登錄使用, 付費使用權  
第 7 年起限在局域網內安裝使用, 永久使用權

### 2. 價格

第 1 年 CNY 270,000 +5,000/1 用戶  
第 2-6 年 CNY 90,000/年 + 3,000/1 用戶

Item no. : HU01491145  
Format : Database (Remote Login, 1 User, 1 Year)  
Price : CNY 275000.00



## ORDER FORM

**P.O. Number:** \_\_\_\_\_ **P.O. Date:** \_\_\_\_\_

**Bill To**

Institution \_\_\_\_\_  
 Department \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Country \_\_\_\_\_  
 Phone No. \_\_\_\_\_  
 Fax No. \_\_\_\_\_  
 Email \_\_\_\_\_  
 Contact Name \_\_\_\_\_

**Deliver To (If Different)**

Institution \_\_\_\_\_  
 Department \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Country \_\_\_\_\_  
 Phone No. \_\_\_\_\_  
 Fax No. \_\_\_\_\_  
 Email \_\_\_\_\_  
 Contact Name \_\_\_\_\_

Order No.	Title	Quantity	Unit Price	Amount

\*Applicable taxes and shipping & handling are extra.

**Total:** \_\_\_\_\_

**Payment Method** (\*Please tick the appropriate boxes)

☐ I enclose a cheque payment of \$ \_\_\_\_\_ (Payable to **Learning Rendezvous Ltd.**)

☐ I authorise you to debit my credit card the sum of \$ \_\_\_\_\_ ☐ Visa ☐ Master

Card No. \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry \_\_\_\_\_ / \_\_\_\_\_

Name on card: \_\_\_\_\_ Signature \_\_\_\_\_

**Approved & Authorized by:**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_