2015 New Releases Catalogue September

CD-ROM · DVD · VOD







Learning Rendezvous Ltd Email: inquiry@learningemall.com http://www.learningemall.com

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20TH CENTURY POLITICS

BURNING BUSH

Director: Agnieszka Holland Starring: Ivan Trojan, Jan Budar, Jaroslava Pokorná, Petr Stach, Tatiana Pauhofova

Acclaimed director Agnieszka Holland (Europa, Europa) returns to a pivotal time in modern Czech history: the shocking act of a student of the Charles University's Faculty of Arts, who in protest of the Soviet occupation, set himself on fire in Prague's Wenceslas Square on the 16th of January 1969, and died four days later.

: WC11990307 Item no. DVD (Region 1, Color) **Format**

: 243 minutes **Duration** 2014 Copyright USD 419.00

ALCOHOL & UNDERAGE DRINKING

TOTALLY DISGUSTING ALCOHOL GROSS OUT VIDEO

This devastating video, will get students to think twice before engaging in underage drinking. It's all there....the vomiting, the stomach pumping, the DUI's, the toilet clutching, the hangovers, the ER visits, the bad decision making. Viewers will gain a thorough understanding of how alcohol affects the body and the risks associated with alcohol use. This program delivers a strong no-use message.

Item no. : MY01390602

DVD (Closed Captioned) **Format**

Duration : 15 minutes Grades 7-College **Audience** Price : USD 149.95

ANTHROPOLOGY

MOANA WITH SOUND

Director: Frances Flaherty, Monica Flaherty, Robert Flaherty

In 1924, documentary film pioneers Robert and Frances Flaherty and family traveled to the Samoan island of Savaii to record the native life and make a film that would try to match the success of Nanook of the North. Restored in 2K with native sounds and traditional songs that Flahertys daughter recorded over a half-century after they shot it, Monica Flaherty's Moana with Sound is a beautiful docufiction and important piece of film history.

TK11990310 Item no.

DVD (Region 1, Black and **Format**

White)

Duration : 98 minutes Copyright: 2015 USD 419.00 Price

ARTS & CULTURE

BIG JOY: THE ADVENTURES OF JAMES BROUGHTON

Director: Eric Slade, Stephen Silha

Years before the Beats arrived in San Francisco, the city exploded with artistic expressions: painting, theatre, film, poetry. At its center was the groundbreaking filmmaker and poet James Broughton. Big Joy explores Broughton's passionate embrace of a life of pansexual transcendence and a fiercely independent mantra: 'follow your own weird.' His remarkable story spans the post-war San Francisco Renaissance, his influence on the Beat generation, escape to Europe during the McCarthy years, a lifetime of acclaim for his joyous experimental films and poetry celebrating the human body, finding his soulmate at age 61, and finally, his ascendancy as a revered bard of sexual liberation.

Item no. : TF11990305

DVD (Region 1, Color) Format

Duration 82 minutes Copyright 2013 USD 419.00 Price

ASIAN STUDIES

MATRIMONY

Director: Hua-Tao Teng Starring: Fan Bing Bing

X Men's Fan Bing Bing stars in this ghostly Chinese love story. When Junchu s girlfriend, Manli, is killed in a car accident, her ghost is determined to be with him forever. However, Junchu is forced to marry another woman, Sansan. Unable to earn his love and affection, Sansan makes a pact with Manli s ghost, but as their love for Junchu clashes their agreement turns from friendship to terrifying vengeance. Reminiscent of the Alfred Hitchcock classic Rebecca but with a supernatural twist, Matrimony is a beautifully terrifying love story.

Item no. : PF11990309

Format DVD (Region 1, Mandarin,

Color) 2011

Copyright : USD 419.00 Price

ATTITUDE, **PROFESSIONALIS** M & ETIQUETTE

DIGITAL COMMUNICATION

SKILLS: DOS AND DON'TS



From texting to email to video calls, digital technology has transformed how we communicate with each other. But in formal situations like at work or in school. which forms of communications are appropriate, and when? Viewers of this video, especially digital natives, may be surprised to discover that communicating isn't just about sharing information-it's creating it-and that the ways in which emails, texts or voice messages are composed and conveyed may make the difference in impressing or disappointing an employer or co-worker. Even for late adopters of digital technology, this video has important points on what you should do-and what you don't want to do-when comes to email. textina. video-conferencing and using the phone for business calls or voice mail.

: DF02455347 Item no

DVD (Closed Captioned) Format

Duration 29 minutes Copyright : 2015

9780816099528 StdBkNo Price USD 129.95

AUTOMOTIVE SYSTEMS & REPAIR

DIESEL ENGINE TECHNOLOGY AND SERVICE: DIESEL CYLINDER HEAD SERVICE



This video will review the most common methods for servicing and rebuilding a diesel engine cylinder head. It will explain how to disassemble, inspect, machine and reassemble different types of diesel cylinder heads, including the complexity of a thorough valve job and the importance of checking the head for cracks, warping, and other forms of damage.

Item no. : LH02455344

DVD (Closed Captioned) Format

Duration 21 minutes Copyright 2015

StdBkNo 9780816098088 USD 129.95 Price

DIESEL ENGINE TECHNOLOGY AND SERVICE: DIESEL ENGINE TEARDOWN



This training video will demonstrate how to properly disassemble any kind of diesel engine, while inspecting each part for signs of wear, cracks, and damage. Viewers will learn the importance of part organization, detailed part inspection, proper part alignment, the use of special engine disassembly tools and the importance of thorough part cleaning.

Item no. : TC00275345

Format : DVD (Closed Captioned)

Duration : 24 minutes **Copyright** : 2015

StdBkNo : 9780816098071 **Price** : USD 129.95

DIESEL ENGINE TECHNOLOGY AND SERVICE: DIESEL ENGINE TECHNOLOGY



This video provides a detailed overview of diesel engine technology and theory, including: a walk through of a standard four-stroke cycle piston engine; an overview of the injection system; a review of the bottom end and cylinder block, with its pistons, crankshafts and bearings; and the cylinder head in the top end, including the head gasket, intake manifold, valve train, and more.

Item no. : WF02305346

Format : DVD (Closed Captioned)

Duration : 20 minutes **Copyright** : 2015

 StdBkNo
 : 9780816098064

 Price
 : USD 129.95

BASKETBALL

OFFENSIVE AND DEFENSIVE TEAM DEVELOPMENT DRILLS

With Mike Procopio

Keep your players engaged as you teach them the foundations of your offense and defense.

In the last of this three-part series, Mike Procopio demonstrates how you can develop effective and savvy players using 3-on-3 and 4-on-4 drills.

Having developed the fundamentals of your offensive philosophy using 2-on-0, 3-on-0, and 4-on-0 drills in the Building Your Half Court Offense with Shell Drills DVD, this video implements those concepts into competitive offensive and defensive 3-on-3 and 4-on-4 drills. Using this system will allow your players to put up game shots at game spots and learn to defend, while you teach the terminology that you use at both ends of the court.

 Item no.
 : TT01852357

 Format
 : DVD

 Duration
 : 79 minutes

 Copyright
 : 2013

 Price
 : USD 69.99

SPEED, AGILITY AND QUICKNESS FOR BASKETBALL

With Kyle Tarp

Basketball is a game of inches where every advantage your players have will help them become successful on the court.

Starting from a basic fundamental athletic stance, Coach Tarp outlines every step and movement that your players make and shows you a resistance training exercise to help them explode from an athletic stance. During the course of the training, your players will learn the keys for creating explosive movements, enhance their ability to grasp the explosive concept, and how their training applies on the basketball court to make them a much more explosive athlete.

 Item no.
 :
 LV01852359

 Format
 :
 DVD

 Duration
 :
 110 minutes

 Copyright
 :
 2013

 Price
 :
 USD 69.99

BLOOD COLLECTION

BLOOD COLLECTION: ANATOMY AND PHYSIOLOGY

Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life. This program reviews the anatomic and physiologic considerations related to phlebotomy - the collection of blood - as well as describe the most common blood tests

After completing this course, the learner should be able to:?

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

 Item no.
 :
 FW08050268

 Format
 :
 DVD

 Duration
 :
 20 minutes

 Copyright
 :
 2015

 Price
 :
 USD 315.00

BLOOD COLLECTION: PERFORMING PHLEBOTOMY

Phlebotomy is the collection of blood, which is done to assess person's state of health, diagnose pathology, treat certain hematologic diseases, and for the collection of blood products like plasma. It can be performed by many healthcare professionals, including physicians, nurses, phlebotomists, and other providers.

This program will focus on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented.

After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association's Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

 Item no.
 :
 VR08050269

 Format
 :
 DVD

 Duration
 :
 30 minutes

 Copyright
 :
 2015

 Price
 :
 USD 315.00

BLOOD COLLECTION: SPECIAL CONSIDERATIONS

Venipuncture is more than just putting a needle into a patient's arm and drawing

3

blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case.

This program will focus on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia.

After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

 Item no.
 :
 CN08050270

 Format
 :
 DVD

 Duration
 :
 22 minutes

 Copyright
 :
 2015

 Price
 :
 USD 315.00

BULLYING AND VIOLENCE

CONFESSIONS OF A BULLY

Many anti-bullying materials focus exclusively on the victims - but what about the bullies themselves? This unique, documentary-style program addresses the nationwide bullying crisis from the perpetrator's point of view. Real former bullies offer frank descriptions of how they once mistreated and harassed their peers, explaining why they acted that way and why they decided to change their behavior. The teens also provide real-life advice on how to stop bullying and make amends. Psychology experts analyze the root causes of bullying and offer guidance on how to stop it.

Item no.:MF01390583Format:DVDDuration:17 minutesAudience:Grades 7-CollegePrice:USD 149.95

STOP THE SLURS

"Slurs" are insulting and demeaning words that children encounter on a regular basis, especially online. This video shows how slurs like "that's so gay," "the n-word," and others are not only insensitive, but emotionally damaging. Students will quickly grasp the role slurs play in bullying,

and how bullies use them to intimidate and abuse their victims. Seeing dramatic scenarios and hearing the practical perspectives of other teens, students will understand there is no such thing as an "innocent" use of a slur.

Item no. : HH01390597
Format : DVD (Closed Captioned)

Duration : 9 minutes

Audience : Grades 5-9
Price : USD 129.95

BUSINESS COMMUNICATION S

BARRIERS TO COMMUNICATION AND HOW TO OVERCOME THEM



A closed door, an exasperated expression, workstation, noisy а cultural misunderstanding—all of these are examples of "noise," a general term for anything that gets in the way of effective communication. The key to overcoming communication barriers is to be able to identify and understand them. This program explains the various types of noise and details specific examples of physical, organizational, emotional, nonverbal, cultural, language-related or written barriers. Through expert interviews and creative vignettes, the video offers solutions to overcoming these common communication barriers.

Item no. : AH00275339

Format : DVD (Closed Captioned)
Duration : 35 minutes

Copyright : 2015

StdBkNo : 9781600575891 **Price** : USD 129.95

CAREER PLANNING & DEVELOPMENT

WORK-LIFE BALANCE: SUCCESS AND HAPPINESS IN AN ALWAYS-CONNECTED WORLD



Not so long ago, people used to go to school or work, then had the rest of the day to enjoy their personal lives. But in today's always-connected world, work life and home life are blending. This video looks at the phenomenon with an eye for keeping a proper balance that leads to happiness, health and success both at home and at work. It presents strategies for coping with stress, taking responsibility, being organized, managing time and maintaining focus with interviews with professionals, experts. seasoned telecommuters and students.

Item no. : RN02455350

Format : DVD (Closed Captioned)

 Duration
 : 31 minutes

 Copyright
 : 2015

 StdBkNo
 : 9781600576911

Price : USD 169.95

COCAINE & HEROIN

HEROIN RISING: CHEAP, ADDICTIVE AND DEADLY

Teen heroin use is on the rise again. Heroin use can result in significant health problems including overdose and death; and, if sharing needles or other injection equipment, exposure to HIV, hepatitis C, and other diseases. SAMHSA reports, "heroin is a highly addictive opiate with a large potential for abuse. It is a danger to teens, resulting in serious psychological, educational and consequences." This program interviews recovering teen heroin addicts to tell their cautionary stories...When, how and why did they start taking heroin? What damage did it do to their bodies and lives? How hard is it to stay clean? How many friends have OD'd on heroin? Drug abuse counselors add their advice and guidance on how to avoid this deadly drug.

Item no. : DM01390589

Format : DVD (Closed Captioned)

Duration: 19 minutesAudience: Grades 7-CollegePrice: USD 149.95

COGNITIVE-BEHA VIORAL THERAPY

PSYCHOTHERAPY IN SIX SESSIONS: COGNITIVE BEHAVIORAL THERAPY OVER TIME

With Amy Wenzel, PhD, ABPP

In Cognitive Behavioral Therapy Over Time, Dr. Amy Wenzel demonstrates this empirically validated approach over the course of six sessions with one client.

Cognitive behavioral theory posits that modifying ones thoughts can change not only cognitions, but also behaviors and feelings. Similarly, behavioral strategies can produce fairly immediate reductions in emotional distress, while also serving as agents of cognitive change. This approach has proven effective for treating clients presenting with a wide range of issues, including depression, anxiety, anger, addictions, personality disorders, and adjustment to medical illness.

In this video program, Dr. Wenzel works with a young woman in college who is trying to maintain a healthy life balance despite a stressful home environment in which she functions as caregiver to two family members. Over the course of treatment, Dr. Wenzel uses cognitive restructuring to engage the client in identifying, evaluating, and modifying the thoughts and underlying beliefs related to her stress and anxiety.

Item no. : NK08310233

Format : DVD (Closed Captioned)

Duration : 300 minutes **Copyright** : 2015

StdBkNo : 9781433821226 Price : USD 399.00

PSYCHOTHERAPY IN SIX SESSIONS: CULTURALLY RESPONSIVE COGNITIVE BEHAVIORAL THERAPY OVER TIME

With Pamela A. Hays, PhD

In Culturally Responsive Cognitive Behavioral Therapy Over Time, Dr. Pamela A. Hays demonstrates an approach to therapy that focuses on helping alleviate a client's presenting issues in a manner best suited to the client's cultural identity, context, and preferences.

This approach seeks ways to explain and adapt techniques so that they make sense from the client's perspective. Such adaptation validates the client's experiences, which in turn can encourage the client to consider the need for change, resulting in overall greater therapeutic effectiveness.

In this program, Dr. Hays demonstrates her approach over the course of six sessions with a middle-aged Polish-American woman experiencing anxiety and depression. Using culturally adaptive language, Dr. Hays works with the client to change unhelpful thoughts to more empowering ones, and helps her to recognize her faith as a potent resource during this process of change.

Item no. : NC08310234

Format : DVD (Closed Captioned)

Duration : 300 minutes **Copyright** : 2015

StdBkNo : 9781433821219 **Price** : USD 399.00

COPING STRATEGIES

STRESS: THE GOOD, THE BAD, AND THE HEALTHY

One-third of all teens feel some negative stress on a daily basis. But not all stress is bad. A young gymnast describes how a certain amount of stress helps him perform better. Peter Montminy, a child psychologist and wellness coach, explains how too little stress makes us bored and listless, whereas too much stress can lead to burnout and exhaustion. The program shows students the importance of achieving the right stress balance.

Real teens talk about the types of situations that cause them to become too stressed. These include academic pressures, financial pressures. family worries, social pressures, and self-imposed pressures to excel. also describe their experience with the harmful effects of stress including headaches, anxiety, depression, strained relationships with family and friends. Dr. Montminy and a group of teens talk about how to successfully manage stress with every day activities. A 15-year-old rap artist describes how he finds relief from stress by performing on stage - an activity that others might find stressful.

Item no. : AA01390598

Format : DVD (Closed Captioned)
Duration : 23 minutes
Audience : Grades 7-College
Price : USD 149 95

DEPRESSION

REASONS FOR HOPE, REASONS TO LIVE: PREVENTING YOUTH SUICIDE

This video emphasizes the hopeful message that suicides can be prevented. It focuses on the preventative actions that students can take if they are having thoughts of suicide or know of others who are at risk. It features the real stories of young people who found help after making an attempt or having suicidal ideation. Evidence and research-based, the program helps students:

- Understand protective factors that decrease the risk of suicide.
- Recognize the importance of seeking help and identifying trusted adults who can provide that help.
- Identify the factors that increase the risk of suicide.
- Know the warning signs that a friend

- or classmate may be thinking of suicide
- Realize the importance of not "keeping a secret" when a friend or classmate is at risk.
- Appreciate that there are effective treatments for depression and other mental health problems.

 Item no.
 : GR01390594

 Format
 : DVD

 Duration
 : 26 minutes

 Audience
 : Grades 7-College

 Price
 : USD 149.95

DISEASES/COMMU NICABLE DISEASES

HEPATITIS C: CAUSES, SYMPTOMS, PREVENTION, TREATMENT

Hepatitis C is the most common blood-borne infection in the United States...more common by far than HIV. young people are putting themselves at risk for this potentially fatal disease, primarily as a result of intravenous drug use but also because of tattoos performed by unlicensed artists, unprotected sex, and the sharing of razors and tooth brushes. Students learn that there is no vaccine that can protect them from the virus. The program describes how many people are not aware that they are infected but are at risk for serious liver disease and cancer later in life. A former intravenous drug user describes how she was infected and how a cousin died from disease. The program details measures to prevent being infected and urges those who have put themselves at risk get tested. A doctor emphasizes that there is now a very effective treatment for the disease.

Item no. : CU01390588

Format : DVD (Closed Captioned)

Duration : 15 minutes
Audience : Grades 7-College
Price : USD 149.95

DOCUMENTARY

BIKES VS CARS

Director: Fredrik Gertten

Deep down, we all know we need to talk about it: Climate, earth's resources, cities where the entire surface is consumed by the car. An ever-growing, dirty, noisy chaos created by gas-consuming machines. Cars would seem to provide the lure of freedom, but in many places, traffic is so bad that drivers spend hours every day just going short distances. The bike is a great tool for change, but the powerful interests who gain from the private car invest billions each year to lobby and advertise to protect their interests against the encroachment of bicycles. Meet

activists and thinkers who are fighting for better cities, who refuse to stop riding despite the increasing number killed in traffic.

Item no. : KG11990306

Format : DVD (Region 1, English,

Portugese, Spanish, Danish, Color)

Duration : 90 minutes Copyright : 2015 Price : USD 419.00

NEW PUBLIC, THE: TEACHER EDUCATION EDITION

Director: Jyllian Gunther

The New Public: Teacher Education Edition speaks eloquently about the challenges facing many schools in accomplishing such basic tasks as:

- Curriculum planning
- Instructional skills
- Staffing
- Discipline
- Safety
- Student Retention
- Graduation
- College application and attendance

Today's teaching students are media savvy, and film is a natural lens through which they can filter, examine, and learn from the experiences of others. Sample this unique package, which includes a DVD with easy access to clips of key talking points, together with a Discussion Guide designed by Teachers College, Columbia University. Together, The New Public Teacher Education Edition and Discussion Guide are an educational tool offering specific examples of teacher, student, and parent interactions cutting across the pre-service curriculum. The package provides opportunities to discuss practical strategies for impactful classroom management, along with nurturing the heart, courage, and conviction to stay the course.

 Item no.
 : HV11990311

 Format
 : DVD (Region 1)

 Duration
 : 87 minutes

 Copyright
 : 2015

 Price
 : USD 359.00

SEEDS OF TIME

Director: Sandy McLeod Starring: Cary Fowler (Himself)

The clock is ticking on one of the greatest potential disasters in the history of our species and one man leads a worldwide crusade to avert it. Crop diversity pioneer Cary Fowler travels the world, educating the public about the dire consequences of our inaction. The world's agriculture - and it's fate - are dependent on the ability of plants to adapt to changes in climate, pests and disease - but today's crops around the globe are grown from human-engineered seeds and have lost

nearly all their diversity and ability to naturally adapt. Could one massive infestation of fungus, blight or insects cause all the world's corn, wheat or lettuce to die? Is modern agriculture setting the stage for economic disaster, food riots, and global starvation? Dr. Fowler is the head of an international consortium to store seeds from every agricultural plant in the world. But is his farsighted program enough to save humanity from annihilation?

Item no. : RH11990312 Format : DVD (Region 1, Color, Closed Captioned)

Duration : 77 minutes Copyright : 2014 Price : USD 419.00

DRIVER'S EDUCATION

DRIVING STUPID

This program dramatizes that most teens overestimate their driving skills and underestimate the risks involved in texting while driving, driving drowsy and driving under the influence. True to life stories accentuate these very real dangers. A young woman describes how a driver who was texting caused a crash that killed her parents and left her with severe injuries. Another teen describes falling asleep while driving and how the resulting crash left him wheel-chair bound for life. A trauma center nurse and a police officer describe the kinds of injuries they have seen for teenage victims of crashes due to alcohol and drugs. The film also shows teens participating in a driving skills program that safely exposes them to a variety of hazards and teaches them the importance of developing safe driving skills.

 Item no.
 : DD01390586

 Format
 : DVD

 Duration
 : 19 minutes

 Audience
 : Grades 7-College

 Price
 : USD 149.95

TEXTING & DRIVING: THE DEADLIEST DISTRACTION

The shocking stats are a wake-up call for all teens - drivers and passengers alike. Driving while texting kills 3,000 teens each year and injures 330,000 more. Half of all teen drivers admit to texting while driving, that's the equivalent of driving blind for five seconds at a time. Factor in the speed of a moving vehicle and inexperienced drivers and you can begin to understand the scope of the problem and why it kills so Texting is the preferred manv kids communication form for teens, averaging tens of thousands of texts per month. Teens mistakenly believe that it's okay to text and drive because it is easy and quick. They do not understand the true dangers. This program clearly explains the dangers, presents the facts and stats, and teaches teens to put the brakes on texting and

driving.

Item no. : SJ01390601 Format : DVD (Closed Captioned)

Duration : 17 minutes
Audience : Grades 7-College
Price : USD 149.95

DRUG EDUCATION

OVERDOSE EPIDEMIC: WHAT CAN BE DONE TO STOP IT?

The spike in drug overdose is alarming and dangerous - it has become an epidemic in many communities across the country. Why is this happening? This program takes a hard look at drug overdose from three points of view - an ER doctor, a pharmacologist, and several teens who have overdosed and lived to tell about it. Viewers learn the most lethal drug overdose happens when users combine various drugs that can cause almost instant death. The program includes vital information on how to recognize drug overdose in others and how to get immediate help.

Item no. : DJ01390591

Format : DVD (Closed Captioned)

Duration: 20 minutesAudience: Grades 7-CollegePrice: USD 149.95

EATING DISORDERS & BODY IMAGE

PERFECTION

Perfection is powerful short-form documentary about three girls and their struggles with eating disorders. The film chronicles the day-to-day lives of Shannon, Steph and Colleen, who discuss what it's with the sometimes symptoms of anorexia, like coping overlapping bulimia and EDNOS (Eating disorder not otherwise specified). Viewers will pick up on the common themes such as striving for perfection, obsession with control, especially in regards to food and weight, and the quest for acceptance, belonging, love. Social worker Hunsberger urges viewers to realize that eating disorders are a form of mental illness, and if not treated can lead to hospitalization and even death, as eating disorders have the highest mortality rate of any mental illness. Director Monica Zinn made "Perfection" at 17 years of age.

Item no. : VL01390592

Format : DVD (Closed Captioned)

Duration: 21 minutesAudience: Grades 7-CollegePrice: USD 149.96

FAMILY SYSTEMS

VIRGINIA SATIR, THE - A FAMILY AT THE POINT OF GROWTH

By Virginia Satir

Hone your clinical skills by watching one of family therapy's most esteemed personalities in action. In this video, Virginia Satir consults with a family in the aftermath of a teenage brother's assault of his sister.

Upon meeting with this family of six, just at the end of son Sean's yearlong court-ordered therapy after assaulting his younger sister, Satir builds a quick, easy rapport, then works to understand how each family member learns best-while normalizing each of their different styles-with the goal of assessing how they can support one another in their future growth. She then guides Linda and Jack in a dyad exercise in communicating their support of each other, using physical touch to ground them in times of stress, and supports Linda in understanding how her views of Jack can be clouded by her projected feelings toward her father. Nurturing, directive, experiential, and engaged, Satir exhibits a charismatic style simultaneously that's unique accessible.

By watching this video, you will:

- Gain an understanding of Satir's unique approach to family therapy.
- Discover ways to create a safe environment for honest communication.
- Learn how to assess a family's current and future needs.

Item no. : FU07620480

Format : DVD (With Instructor's

Manual, English subtitles)

 Duration
 : 64 minutes

 StdBkNo
 : 9781601244536

 Price
 : USD 150.00

VIRGINIA SATIR, THE - A STEP ALONG THE WAY: A FAMILY WITH A DRUG PROBLEM

By Virginia Satir

Watch one of family therapy's most highly regarded pioneers in action! In this video, Virginia Satir firmly but lovingly confronts a large family about their son's longstanding substance abuse.

First, you'll watch Satir in a brief lecture introducing her "universal family didactic man"—her method of understanding the various relational configurations within families. Next, Satir conducts a moving session with a family struggling with the repercussions of 29-year-old son Michael's longstanding drug addiction. You'll observe Satir's natural skill at building authentic rapport with the five members, and you'll get to witness the various creative, experiential methods she employs to shed light on their complex family dynamics. Even through the intensity and resistance that arises during the interview, particularly as mom struggles with her feelings about letting go and moving on, Satir maintains a grounded environment that supports honest cross-communication, staying one step ahead of the family in order to address their most pressing relational issues. Nurturing, directive, and engaged, Satir exhibits a charismatic style that's simultaneously unique and accessible.

By watching this video, you will:

- Learn the principles of Satir's approach to therapy with blended families.
- Understand how a systems therapist can conduct guided sessions with parts of the family unit as well as the whole.
- Identify creative interventions to support cross-communication and connection.

Item no. : WH07620481 Format : DVD (With Instructor's

Manual, English subtitles)

 Duration
 : 63 minutes

 StdBkNo
 : 9781601244512

 Price
 : USD 150.00

VIRGINIA SATIR, THE -BLENDED FAMILY WITH A TROUBLED BOY

By Virginia Satir

Watch one of family therapy's most esteemed pioneers in action! In this engaging video, Virginia Satir helps a blended family of four untangle longstanding parenting and communication issues.

Upon Satir's meeting with this family of four, 16-year-old Tim has fallen into chronic truancy and a sullen attitude. After building an empathic alliance with the whole family, getting the details of the various family dynamics, Satir explores of Jerry and Elaine's relationship—as opposed to pathologizing Tim, the family's "identified patient"—and the family gains a new awareness of the parenting issues influencing Tim's withdrawal. As she gradually uncovers Elaine's need for relief as a key to restoring everyone's connection, you'll get a visceral feeling for the style of work Satir is known for. Nurturing, directive, experiential, and engaged, Satir exhibits a charismatic style simultaneously unique accessible.

By watching this video, you will:

- Learn the principles of Satir's approach to therapy with blended families.
- Understand how a systems therapist can conduct guided sessions with parts of the family unit as well as the whole.
- Identify creative interventions to support cross-communication and connection.

Item no. : EA07620482 Format : DVD (With Instructor's Manual, English subtitles)

 Duration
 : 70 minutes

 StdBkNo
 : 9781601244550

 Price
 : USD 150.00

FINANCE, ACCOUNTING & TAXATION

BUSINESS FINANCE ESSENTIALS: HOW TO READ A FINANCIAL STATEMENT



In sports, the stat sheet shows who won and lost, as well as how or why each team won or lost. These numbers also tell coaches and players what they're doing right and what they need to work on. In the world of business, that stat sheet is known as the financial statement—or simply "the financials." The financials tell the owner or manager the same thing: what you're doing right, what you need to work on and how your stats compare to your competitor's. This video covers the basics of reading and understanding a financial statement.

Item no. : PJ02455341

Format : DVD (Closed Captioned)

Duration : 20 minutes **Copyright** : 2015

StdBkNo : 9781600579004 **Price** : USD 129.95

BUSINESS FINANCE ESSENTIALS: RATIO ANALYSIS



You can't build a house without the right measuring tools to ensure that the structure is sound and won't collapse: tape measures, protractors and levels are used to tell construction workers and architects how much material is needed and where everything goes. In the business world, the measuring tools are called financial ratios, and they help you evaluate a financial statement. By learning how to

calculate and analyze specific ratios, you can evaluate trends, determine how healthy a business is, and have key indicators as to how the business is performing. They also allow you to make financial comparisons between companies. This video covers the ratios most commonly used to analyze a business.

Item no. : NR00275342

Format : DVD (Closed Captioned)

Duration : 19 minutes **Copyright** : 2015

StdBkNo : 9781600579011 **Price** : USD 129.95

FRENCH CINEMA & CULTURE

TU DORS NICOLE

Director: Stephane Lafleur

Nicole (Julianne Cote) is adrift after college graduation, working a dead-end summer job in her small Quebec hometown and spending evenings with her best pal, Veronique. When her older brother Remi unexpectedly returns with his bandmates in tow, disrupting the girls' half-baked summer, it becomes clear to Nicole that something must and will change. Shot in luminous black and white and infused with a sultry melancholy, Tu dors Nicole brilliantly captures that liminal stage where the fading yet familiar attachments of childhood still seem far more appealing, precious, and real than the sterility of the grown-up world.

Item no. : GA11990313

Format : DVD (Region 1, Black and

White)

Duration: 93 minutesCopyright: 2014Price: USD 419.00

GOLF

COACHING THE GOLF SWING

With Dan Brooks

Start out by getting a breakdown of the proper fundamentals of the grip, stance and posture, ball position and see how swing plane and alignment are crucial to the swing. Coach Brooks then gives you a quick look at a full golf lesson teaching you the most important aspects of the beginning and end of each lesson. During the golf lesson you will understand the processes it takes to give the proper feedback to your player and what questions to ask them during the lesson. Discover how "pace of improvement" is important with players you work with. Then gain knowledge of using video to analyze your players' wing flaws, which allows the athlete to "see" vs what they feel.

Item no. : NY01852354

Format : DVD

Duration : 77 minutes Copyright : 2014 Price : USD 59.99

HARASSMENT & ABUSE

COPING WITH DATING VIOLENCE AND ABUSE

Consultants: Dr. Shanti Kukarni, Ph.D and Melissa Siegel, Director of Lovespeaksout.com

Dating abuse is on the rise in high schools and colleges - it is a serious problem that affects many teens, female and male. This program listens to the experiences of four girls and one boy who vividly describe their experiences and offer advice on what to do if you are being abused and how/where to get help. Program describes five types of dating abuse: physical, emotional, verbal, sexual, and social media based. Particular attention is paid to Internet dating which is gaining in popularity and has its own unique dangers. Viewers learn the warning signs of

Item no. : FU01390584

relationships.

Format : DVD (Closed Captioned)

potential abuse situations and how to help

others who are caught in abusive

Duration: 19 minutesAudience: Grades 7-CollegePrice: USD 149.95

LEADERSHIP

NURTURING LEADERSHIP



Are leaders born, or made? This video shows that while certain personality traits may influence leadership abilities, there are also leadership qualities that can be learned and nurtured. Business leaders. politicians, coaches and others share their perceptions of what it takes to be a leader, relating to viewers that observing certain principles and adopting admirable behaviors can help develop leadership attributes. Integrity, honesty, dependability and the belief in an organization's core values are showcased, along with the elements necessary to create a culture of excellence. A basic definition of leadership as the action of leading a group of people toward a common goal is the preface to the importance of creating a vision of the future—the true mark of a leader. Listening, teamwork, motivation and the ability to engage others in a cause are also presented as leadership qualities. Many modern-day or historical capsules of leadership bring to life the concept of developing the traits to become a leader.

Item no. : TL02305349

Format : DVD (Closed Captioned)

Duration: 35 minutes **Copyright**: 2015

StdBkNo : 9781600576874 **Price** : USD 129.95

LIFE SKILLS

SAY NO TO NEGATIVE PEER PRESSURE

This three-part series shows students from grades 3-5 how and when to say, "No!" Viewers follow along with three narrative scenarios as the protagonist decides what to do and how he/she will resolve the problem by saying "No." These true-to-life scenarios pertain to peer pressure, sibling trouble, and bullying. Hosts introduce each section and emphasize key information. After watching, students will be able to demonstrate various ways to say "no" in any appropriate scenario.

Part 1: When To Say No Part 2: How to Say No Part 3: After You Say No

Item no. : MH01390595

Format : DVD (Closed Captioned)

Duration: 29 minutesAudience: Grades 3-5Price: USD 139.95

STRONGER, TOUGHER, SMARTER: STORIES OF TEEN RESILIENCE

Program focuses on five stories of teens who prove that it is possible to "bounce back" from painful events and hard times. Viewers hear from a girl who learned to overcome an eating disorder and another girl who recovered from addiction to alcohol. A boy describes how seeking help from his grandmother helped him cope with his mother's bout with cancer and a student demonstrates how meditation helped her deal with stress and depression. A psychologist offers specific advice on steps that anyone can take to build resilience, including seeking help and support from others, nurturing a self-image, looking positive for opportunities for self-discovery, and developing realistic goals.

Item no. : HJ01390599

Format : DVD (Closed Captioned)

Duration : 20 minutes
Audience : Grades 7-College
Price : USD 149.95

MARIJUANA

POTHEAD

Pothead tells the fictional story of Trevor, a

teen becoming gradually addicted to marijuana as his grades slip, his relationships with his parents and friends become strained, and his motivation to do things other than smoking marijuana diminishes.

As Trevor's downward spiral plays out, the program weaves in interviews with real teens who were potheads, but managed to turn their lives around. Their stories provide a thought-provoking counterpoint to Trevor's story, underscoring the message that addicted teens can change their lives for the better.

Item no. : AP01390593

Format : DVD (Closed Captioned)

Duration : 18 minutes
Audience : Grades 7-College
Price : USD 149.95

MEDICAL ASSISTANT

BLOOD COLLECTION FOR MEDICAL ASSISTANTS: ANATOMY AND PHYSIOLOGY

Blood is the elixir of life. With every beat of the heart, blood circulates through the vessels of the body bringing the cells life-sustaining oxygen, nutrients, and hormones while removing waste products that can be toxic. This process continues second after second, minute after minute, day after day throughout life.

This program designed for medical assistant training. It reviews the anatomic and physiologic considerations related to phlebotomy - the collection of blood - as well as describe the most common blood tests.

After completing this course, the learner should be able to:

- Differentiate between the five types of blood vessels
- Identify the locations of three preferred sites for venipuncture
- Name the three formed elements found in blood
- Name the four blood types
- List seven common blood tests

 Item no.
 :
 SN08050258

 Format
 :
 DVD

 Duration
 :
 20 minutes

 Copyright
 :
 2015

 Price
 :
 USD 199.00

BLOOD COLLECTION FOR MEDICAL ASSISTANTS: PERFORMING PHLEBOTOMY

Phlebotomy is the collection of blood, which is done to assess person's state of health, diagnose pathology, treat certain hematologic diseases, and for the

collection of blood products like plasma.

This program designed for medical assistant training. It focuses on performing venipuncture, troubleshooting problems with gaining venous access, and common complications. In addition, guidelines for documentation of the procedure will be presented.

After completing this course, the learner should be able to:

- Identify the proper labeling used for various blood tests
- Describe the preparation procedure before drawing blood
- Explain the advantages and disadvantages of several equipment options for phlebotomy
- Describe the venipuncture procedure
- Explain the Emergency Nurses Association's Clinical Practice Guidelines for taking a blood culture
- Describe the solutions to three common problems when performing phlebotomy
- List the proper information to include when documenting a blood draw

 Item no.
 :
 PD08050261

 Format
 :
 DVD

 Duration
 :
 30 minutes

 Copyright
 :
 2015

 Price
 :
 USD 199.00

BLOOD COLLECTION FOR MEDICAL ASSISTANTS: SPECIAL

CONSIDERATIONS

Venipuncture is more than just putting a needle into a patient's arm and drawing blood. Many clients are adults who are in good health, have visible veins, and are unafraid of the procedure to have their blood sample obtained for testing. However, that is not always the case.

This program designed for medical assistant training. It focuses on special considerations when performing phlebotomy on specific populations, including pediatric patients, the elderly, women who have had mastectomies, patients who are obese, and those who have needle phobia.

After completing this course, the learner should be able to:

- Estimate the blood volume of patients in different developmental stages
- Describe techniques used to alleviate the stress of venipuncture
- Describe common behavioral reactions to venipuncture for children of different ages
- Explain the blood collection procedure for newborns, children, and elderly patients
- Identify precautions to be taken when drawing blood from women who have had mastectomies and patients who are obese
- Describe the proper approach to phlebotomy for patients with belonephobia

 Item no.
 :
 EA08050267

 Format
 :
 DVD

 Duration
 :
 21 minutes

 Copyright
 :
 2015

 Price
 :
 USD 199.00

NUTRITION & MYPLATE

DANGERS OF SUGAR AND SALT

This entertaining and informative program gets teens to think about how much sugar and salt they are eating, why too much sugar and salt can be harmful, and how to reduce their consumption of sugar and salt. The health dangers of sugar are presented with particular emphasis on sugary soft drinks. Too much sugar puts teens at risk for weight gain, obesity, diabetes, cancers and tooth decay. The average teen consumes a whopping 3.500 mg of salt every day, increasing the risks for high blood pressure, stroke and heart attack. Viewers learn how to decode nutritional labels, so they understand the many different names for sugar and for salt, and be able to identify hidden sugar and salt that lurk in packaged and processed foods.

 Item no.
 : MS01390585

 Format
 : DVD

 Duration
 : 20 minutes

 Audience
 : Grades 7-College

 Price
 : USD 149.95

HEALTHY EATING AND EXERCISE: PUTTING IT ALL TOGETHER WITH MYPLATE.GOV

Obesity now affects 17% of all school-age children in the United States - triple the rate from a generation ago! up-to-date program follows the USDA's latest Dietary Guidelines and introduces the new MyPlate concept - a brand-new graphic representation of the five food groups which visually helps teens understand the importance of appropriate portion sizes and nutrient-rich food choices. Viewers learn many easy-to-follow strategies for life-long health such as eating less, making at least half of their plate fruits and vegetables, cutting down on salt, drinking more water and making exercise a daily habit. The program emphasizes that a healthy diet should not mean cutting calories, but instead is centered around making the most beneficial food choices while avoiding an excess of salt, sugar and fats.

Item no. : HS01390587

Format : DVD (Closed Captioned)

Duration: 25 minutesAudience: Grades 7-CollegePrice: USD 149.95

PERFORMANCE TRAINING

120 EXERCISES FOR KETTLEBELL TRAINING

With Tim McClellan and Jeff Decker

Elite physical trainer Tim McClellan and strength and conditioning coach Jeff Decker teach you 120 effective kettlebell exercises and variations covering 11 major muscle groups. In addition, McClellan provides a rigorous kettlebell warm-up to help prevent injury and to get your body ready for an active workout.

 Item no.
 :
 RK01852349

 Format
 :
 DVD

 Duration
 :
 54 minutes

 Copyright
 :
 2012

 Price
 :
 USD 69.99

PUBERTY & PERSONAL HYGIENE

BASIC HYGIENE

Using clever animation along with entertaining comments from real students, as well as expert commentary from a pediatrician, this straight-forward program teaches the basics of good hygiene. Throughout the video, students are reassured that body odor, bad breath, tooth decay, oily hair, skin break outs and acne can all be managed by developing good habits of personal care. A racial and ethnically balanced group of teens speak directly to students and weigh in with personal advice and hygiene tips.

Item no. : AF01390581

Format : DVD (Closed Captioned)

Duration : 19 minutes
Audience : Grades 6-8
Price : USD 139.95

SCIENCE, MEDICINE & TECHNOLOGY

EBOLA FRONTLINE

Confronting this deadly battle firsthand

This powerful documentary confronts the key issues in the fight against the deadly Ebola virus, giving a firsthand view of its physical and emotional impact on whole families and on the medical staff treating them. With specially adapted cameras attached to their goggles, volunteers from Medecins Sans Frontières - Doctors Without Borders' (MSF) working in the high risk zone of an Ebola Case Management Centre in Sierra Leone give viewers a very real sense of what it's like on the frontline.

Their pain and despair is all too clear when they have to separate parents from a sick child and then when that child loses their fight for life. But even in these desperately difficult circumstances there are moments of euphoria as patients who have been cured leave the centre. Exclusive footage also reveals the medical staff's frustrations at the lack of support from the international community and pharmaceutical companies in fighting the Ebola virus, which has been responsible for more than 5,000 deaths since the outbreak began.

Note: This BBC title not available in Hong Kong, Macau, Taiwan, Mainland China, Japan, USA, Canada.

 Item no.
 : GN29730779

 Format
 : DVD

 Duration
 : 45 minutes

 Copyright
 : 2014

 Price
 : GBP 195.00

SELF-INJURY

SELF INFLICTED: A FILM ABOUT NON SUICIDAL SELF-INJURY

Self Inflicted is an up close and intimate portrait of NSSI (Non Suicidal Self-Injury.) NSSI is the purposeful destruction of one's own bodily tissues in an effort to alleviate emotional distress. Typically, NSSI shows up in the form of cutting, burning, bruising, etc. Through interviews with the top research scientists in the field of NSSI, along with sociologists, as well as life-time to novice self-harmers, viewers gain insight into this increasingly common coping mechanism. Reassuring advice from the people coping with this illness, as well as from the professionals, lets viewers know that NSSI can be managed, and treated with good outcomes.

Item no. : RC01390596

Format : DVD (Closed Captioned)

Duration: 23 minutesAudience: Grades 7-CollegePrice: USD 149.96

SOCCER

COACHING METHODS & STRATEGIES FOR SOCCER

With Corbin Stone

Being a successful coach means helping different types of players understand the basic skills and concepts involved in playing the game. Coaching Methods for Soccer provides a brief overview of the communication tools and methods required to teach various techniques and tactics in soccer.

Knowing the X's and O's is only part of the battle. Understanding all the coaching points and mechanics involved with the skills and techniques of soccer is not

enough to articulate and transmit that knowledge. You need to know how to expose players to your expertise. Different players and circumstances require different teaching methods. Some players respond better to seeing the technique or concept in action while others learn by hearing about it.

Coach Stone highlights four basic methods to better reach your players and become a more effective and efficient coach. With each method, you get five different communication tools. Each method also features practice footage that clearly illustrates the communication tool, showing you the benefits and how to implement it.

Players cannot meet your expectations if they do not understand them. The best way for your athletes to understand them is to practice; to work on the problems they are having. Simply providing solutions to the problems is not enough; players need to see, feel, hear, and practice these in environments where you are directing and managing the learning process. Several methods can be used to better teach and reach your players. When coaches can clearly, effectively and efficiently articulate their expectations and knowledge, their players are more likely to implement ideas, techniques and skills that lead to greater results and understanding.

Coaches are teachers, artists and scientists. The field is their classroom, canvass and laboratory. As a coach, you cannot be a one-trick pony. This presentation offers ways for you to become a more effective communicator, demonstrator and educator on the field.

 Item no.
 : VM01852353

 Format
 : DVD

 Duration
 : 47 minutes

 Copyright
 : 2015

 Price
 : USD 59.99

STERILE PRODUCTION

INTRODUCTION TO STERILE & ASEPTIC PRODUCTION



A completely new visualization of core sterile learning module with intelligent assessment to promote the performance and quality required in sterile and aseptic environments.

This program is an introduction to the subject illustrating the reasons for, and the controls related to, sterile and aseptic

production. The subject chapter headings are:

- Introduction
- The Contaminants
- Sterile Production
- Clean Environments
- Personnel & Sterility
- Cleaning & Disinfection
- Preparation & ProcessingMethods of Sterilization

 Item no.
 : PU06340112

 Format
 : DVD-ROM

 Price
 : USD 1748.00

SWIMMING & DIVING

BACKSTROKE WITH MATT GREVERS

With Matt Grevers

In Swim Like a Champion - Backstroke, you'll get a rare look 'inside the mind' of the world's best backstroker: Matt Grevers. Grevers says every single stroke he takes in practice and in races is executed with purpose and thought. In this video, he will teach you to swim with efficiency and explosive speed by learning good habits and knowing what to think about as you swim.

 Item no.
 :
 LG01852351

 Format
 :
 DVD

 Duration
 :
 67 minutes

 Copyright
 :
 2014

 Price
 :
 USD 59.99

BREASTSTROKE WITH MARK GANGLOFF

With Mark Gangloff

In Swim Like a Champion - Breaststroke, Olympian breaststroker Mark Gangloff demonstrates and explains all of the components of the stroke. Viewers will learn the best drills to improve their 'feel' for the water. His drills will teach you the pressure points and how to make a connection between every part of your body. You will eliminate drag and generate astonishing smooth-flowing power.

 Item no.
 :
 NM01852352

 Format
 :
 DVD

 Duration
 :
 59 minutes

 Copyright
 :
 2014

 Price
 :
 USD 59.99

DAVID MARSH'S NEXT WAVE TECHNIQUE: BUTTERFLY

With David Mars

In this presentation, Coach Marsh shares essential drills for helping swimmers and coaches develop a masterful butterfly.

With the assistance of an elite-level swimmer, Coach Marsh starts with the basics of executing the whole of the stoke correctly and then progresses to more advanced drills that work on timing, rhythm and power.

The butterfly is one of the most difficult strokes to learn and master. With Coach Marsh's "Press and Release" drill progressions, you can overcome the challenge by developing correct body position in the water. These drills teach athletes that the more they press and release the chest without using a power driving kick to create speed, the more potential there is for faster performances.

 Item no.
 :
 HH01852355

 Format
 :
 DVD

 Duration
 :
 53 minutes

 Copyright
 :
 2014

 Price
 :
 USD 69.99

SPRINT FREESTYLE

With Kara Lynn Joyce and Jimmy Feigen

In Sprint Freestyle with Jimmy Feigen and Kara Lynn Joyce you'll get inside the minds' of two of the best sprinters in the world. These are champions who exude a unique combination of power, grace, and speed.

Feigen and Joyce are champions in the pool and expert clinicians. They are well versed at breaking down the components of sprint freestyle in a way that everyone can understand.

Sprinting requires stroke technique, strength, conditioning and mental preparation. Jimmy and Kara Lynn present demonstrations, drills and explanations that will prepare you for all aspects of freestyle sprinting.

 Item no.
 : GG01852360

 Format
 : DVD

 Duration
 : 56 minutes

 Copyright
 : 2014

 Price
 : USD 59.99

SYNTHETIC DRUGS & DESIGNER DRUGS

MOLLY: INNOCENT NAME, DEADLY DRUG

Molly, a pure form of Ecstasy or MDMA, is the new, hot drug of choice for many young people who falsely believe the drug is safe. Often handed out at raves and cut with a variety of dangerous substances, Molly is exposed as the grave danger that it really is. Interviews with former Molly users and drug abuse experts drive home the message that taking Molly is playing Russian Roulette with your life.

Item no. : NF01390590

Format : DVD (Closed Captioned)

Duration : 16 minutes
Audience : Grades 7-College
Price : USD 149.95

TECHNOLOGY IN EDUCATION

INTERNET RESEARCH: WHAT'S CREDIBLE?



On the Internet, it's incredibly easy, and fast, to research a topic with a few simple keystrokes. But it's also incredibly easy to end up with unreliable and non-credible information that makes your research efforts fruitless. With an overwhelming abundance of options after doing an Internet search, how can you tell which results are reliable? In this video, viewers will learn strategies for narrowing down results and honing in on credible sources of information online. Experts such as college professors and media librarians offer advice, while students share their own experiences. A special section on one today's most popular research sites—Wikipedia—investigates whether it's trustworthy or not for academic or professional use.

Item no. : PB00275348

Format : DVD (Closed Captioned)

Duration : 29 minutes Copyright : 2015

 StdBkNo
 : 9780816099511

 Price
 : USD 129.95

TENNIS

DOUBLES STRATEGY & TACTICS

With Eric Wammock

Provides a useful, easy-to-implement series of strategies and tactics for doubles tennis. Hilton Head Tennis' Eric Wammock details the position on the court, responsibility and tactics for:

- the server.
- the returner,
- the returner's partner
- the server's partner

 Item no.
 :
 ET01852356

 Format
 :
 DVD

 Duration
 :
 98 minutes

 Copyright
 :
 2014

 Price
 :
 USD 69.99

SPECIALTY SHOTS:

USEFUL STROKES FOR ALL SITUATIONS

With Eric Wammock

In this excellent DVD, Wammock shares how your body position, or your position on the court, can create a need for specialty shots. All strokes and shots in tennis are variations of the four major strokes - the volley, the forehand, the backhand and serve. Wammock explores all of the most used (and most useful!) specialty shots, and shows how to practice them and when to use them for maximum advantage.

The Approach Shot and the Put Away Shot are taught in detail for both the forehand and backhand. Also covered are the Lob, the Buggy Whip, the Dropshot, and Angle Volley, a Stab Volley, Slices, a Half Volley, Running Down a Lob and a fun one - the 'Tweener.'

 Item no.
 : JV01852358

 Format
 : DVD

 Duration
 : 60 minutes

 Copyright
 : 2012

 Price
 : USD 59.99

TOBACCO & SPIT TOBACCO

TEN BAD THINGS YOU DIDN'T KNOW ABOUT SMOKING AND TOBACCO

Kids know that tobacco use is harmful to their health, but they are stuck in the mindset that nothing bad will happen to them. This program offers teens ten reasons to change that dangerous mindset.

Here are the ten facts:

- 1. Today's cigarettes are more lethal than ever before.
- 2. Nicotine is as addictive as cocaine and heroin.
- 3. Smoking causes type-2 diabetes.
- 4. Smoking causes eye disease and blindness.
- 5. Smoking hurts your chances of having a healthy baby.
- 6. Chew tobacco is as bad as smoking.
- 7. Second and third-hand smoke kills.
- 8. Tobacco causes serious environmental damage.
- Smoking damages the immune system.
 Why e-cigarettes are not the answer.

Consultants: David Whiteson, MD and Shobana Gupta, MD

Item no. : BC01390600

Format : DVD (Closed Captioned)

Duration: 17 minutesAudience: Grades 7-CollegePrice: USD 149.95

TOXIC LIFE CYCLE OF A CIGARETTE

Most people know that smoking is bad for your health, but what about the lesser known effects cigarette manufacturing, consumption and disposal? In this program students hear from teenage farm workers who describe being exposed to harmful pesticides and nicotine poisoning. It details how around 600 chemical additives are added to tobacco and that the purpose of many of these chemicals is to make the experience of smoking more addictive. A leading scientist describes the hazards of secondhand smoke to nonsmokers and how they, too, are put at risk for cancer and heart disease. Students also learn how cigarette smoke can leave a toxic residue called thirdhand smoke that coats furniture, carpets, drapery and clothing and poses a lingering health risk long after smoking has stopped. Finally they see how cigarette butts make up a large part of the world's litter and that the poisonous chemicals remaining in this litter threaten wildlife and our own health.

Item no. : JN01390603

Format : DVD (Closed Captioned)
Duration : 17 minutes
Audience : Grades 7-College
Price : USD 149.95

VAPING: MORE DANGEROUS THAN YOU THINK

This video and print curriculum addresses the new craze of vaping drugs (nicotine, alcohol, liquid marijuana and others). Through interviews with teen users and medical professionals, this program clearly demonstrates the serious health risks of vaping, including drug overdose, instant high or drunk, alcohol poisoning, and impaired thinking and decision making. Explains that vaping delivers an unknown dose of drugs or alcohol directly to the Vaping nicotine carries the additional risk of accidental swallowing of liquid nicotine which has put hundreds of teens into ERs. Vaping pens make it easy to disguise marijuana use because there is little or no odor.

Item no. : DV01390604

Format : DVD (Closed Captioned)

Duration: 20 minutesAudience: Grades 7-CollegePrice: USD 149.95

WHAT'S UP WITH E-CIGARETTES?

Teens' use of e-cigarette and other electronic vaping devices has skyrocketed. Kids think e-cigarettes are a "safe" alternative to smoking. This program gives students the facts and urges extreme caution. Viewers learn the truth about nicotine addiction and its impact on health. They will understand that the supposedly "safe" water vapor contains other harmful chemicals as well. E-cigarettes are unregulated by the FDA

and the amount of nicotine in each e-cigarette varies, so that the user never knows what's inside. E-cigarettes are not approved by the FDA for smoking cessation. Viewers will also learn that big tobacco companies are using advertising techniques to lure in users and hook them for life.

Item no. : AH01390605

Format : DVD (Closed Captioned)

Duration: 20 minutesAudience: Grades 7-CollegePrice: USD 149.95

VOLLEYBALL

TEAM ORIENTED DRILLS TO IMPROVE YOUR PLAY

With Thanh Pham

NCAA Division III National Championship coach Thanh Pham coaches his team through a series of 11 teams drills. These drills develop a variety of skills and concepts including serving, serve-receive, aggressive attacking, team defense, hustle, out of system play, composure, celebration and more. Because Coach Pham shares many variations for each drill, you can use them practice after practice by simply changing the assignments to keep them fresh. These drills will challenge your team throughout the season

These drills will help your players not only enjoy practice, but also all the little things like shagging balls and hustling in and out of breaks.

 Item no.
 : HR01852361

 Format
 : DVD

 Duration
 : 88 minutes

 Copyright
 : 2013

 Price
 : USD 69.99

WORLD CINEMA

MANUSCRIPTS DON'T BURN

Director: Mohammad Rasoulof

Clandestinely produced in disavowal of a 20-year filmmaking ban passed down by the Iranian authorities, the scathing Manuscripts Don't Burn brings a whole new level of clarity and audacity to Mohommad Rasoulof's already laudable career. Drawing from the true story of the government's attempted 1995 murder of several prominent writers and intellectuals. Rasoulof imagines a repressive regime so pervasive that even the morally righteous are subsumed or cast aside. A lacerating and slow-burning thriller filmed in a frigid palate of blues and greys, Manuscripts Don't Burn is perhaps the most subversive and incendiary j'accuse lodged against an authoritarian regime since the fall of the Soviet Union.

Item no. : YA11990308

: DVD (Region 1, Persian with English Subtitles, **Format**

Duration : 125 minutes
Copyright : 2013
Price : USD 419.00



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